

# New Zealand Data sheet

## 1. PRODUCT NAME

Buccastem 3mg Buccal Tablets

## 2. QUALITATIVE AND QUANTITATIVE COMPOSITION

### Name and strength of the active substance

Prochlorperazine maleate 3 mg

Each buccal tablet contains 3.0 mg prochlorperazine maleate BP.

### Excipient(s) with known effect

Compressible sugar (contains sucrose) 49.493 mg

For the full list of excipients, see section 6.1.

## 3. PHARMACEUTICAL FORM

Buccal tablet.

### Presentation

Circular, biconvex, pale-yellow, glossy tablets. Imprinted "JI" on one side and plain on the other. 7/32 inches.

## 4. CLINICAL PARTICULARS

### 4.1. Therapeutic indications

As a Prescription Medicine:

Symptomatic treatment of vertigo due to Meniere's Disease, Labyrinthitis and other causes. For nausea and vomiting from whatever cause.

In the treatment of migraine.

As a Pharmacist Only Medicine:

In the treatment of nausea associated with migraine.

The sale of up to 10 tablets by pharmacists for the treatment of nausea associated with migraine or, when sold by nurses or pharmacists accredited to sell the emergency contraceptive pill, for the prevention of nausea associated with emergency contraception.

### 4.2. Dose and method of administration

To be placed in the buccal cavity high up along the top gum under the upper lip, until dissolved. Do not chew or swallow the tablet.

Adults and children aged 12 years and over: One or two Buccastem 3 mg Buccal Tablets twice a day.

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Children under 12 years: Not recommended.

Elderly patients: There is no evidence that dosage need be modified for the elderly.

### 4.3. Contraindications

- Hypersensitivity to the active substance or to any of the excipients listed in section 'List of Excipients'
- Impaired liver function
- Existing blood dyscrasias
- Epilepsy
- Parkinson's Disease
- Prostatic hypertrophy
- Narrow angle glaucoma.

### 4.4. Special warnings and precautions for use

Buccastem 3 mg Buccal Tablets should be avoided in patients with stroke risk factors and myasthenia gravis.

Agranulocytosis has been reported with phenothiazines. The occurrence of unexplained infections or fever may be evidence of blood dyscrasia (see section 'Undesirable effects'), and requires immediate haematological investigation.

It has been reported that patients with AIDS may be particularly susceptible to antipsychotic-induced extrapyramidal effects.

Because of the risk of photosensitisation, patients should be advised to avoid exposure to direct sunlight and use sunscreen (see section 'Undesirable effects').

Hypotension, usually postural, may occur, particularly in elderly or volume depleted patients. Nausea and vomiting as a sign of organic disease may be masked by the anti-emetic action of Buccastem 3 mg Buccal Tablets.

Neuroleptic malignant syndrome (NMS) is a potentially fatal symptom complex associated with antipsychotic medicinal products. Alteration in mental status and other neurological signs often precede systemic signs of NMS. It is imperative that treatment be discontinued in the event of NMS (characterised by unexplained fever, hyperthermia, autonomic dysfunction, altered consciousness, muscle rigidity) (see section 'Undesirable effects').

Cases of venous thromboembolism (VTE) have been reported with antipsychotic drugs. Since patients treated with antipsychotics often present with acquired risk factors for VTE, all possible risk factors for VTE should be identified before and during treatment

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with Buccastem 3 mg Buccal Tablets and preventive measures undertaken (see section 'Undesirable effects').

### Increased Mortality in Elderly People with Dementia

Data from two large observational studies showed that elderly people with dementia who are treated with antipsychotics are at a small increased risk of death compared with those who are not treated. There are insufficient data to give a firm estimate of the precise magnitude of the risk and the cause of the increased risk is not known.

Buccastem 3mg Buccal Tablets is not licensed for the treatment of dementia-related behavioural disturbances.

Patients with rare hereditary problems of fructose intolerance, glucose-galactose malabsorption or sucrose-isomaltase insufficiency should not take this medicine.

#### 4.5. Interaction with other medicines and other forms of interaction

Alcohol and CNS depressants should be used with caution due to the possible additive CNS depressant effect.

The hypotensive effect of antihypertensive drugs may be exaggerated.

The mild anticholinergic effect of neuroleptics may be enhanced by other anticholinergic drugs.

Anticonvulsants – efficacy may be diminished necessitating dosage adjustment, as prochlorperazine may lower the seizure threshold.

The concomitant use of lithium may result in severe extrapyramidal side effects or severe neurotoxicity.

The concurrent use of desferrioxamine and prochlorperazine should be avoided.

#### 4.6. Fertility, pregnancy and lactation

There is inadequate evidence of the safety in human pregnancy. Buccastem 3 mg Buccal Tablets/ prochlorperazine maleate should be avoided unless absolutely necessary during the first trimester of pregnancy. Since data from animal studies show that prochlorperazine may be found in breast milk, Buccastem 3 mg Buccal Tablets should not be used during lactation.

Neonates exposed to antipsychotics (including prochlorperazine) during the third trimester of pregnancy are at risk of adverse reactions including Extrapyramidal and/or withdrawal symptoms that may vary in severity and duration following delivery.

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There have been reports of agitation, hypertonia, hypotonia, tremor, somnolence, respiratory distress, or feeding disorder. Consequently, newborns should be monitored carefully.

### 4.7. Effects on ability to drive and use machines

Patients who drive or operate machinery should be warned of the possibility of drowsiness.

### 4.8. Undesirable effects

Undesirable effects are listed by MedDRA System Organ Classes.

Assessment of undesirable effects is based on the following frequency groupings:

Very common:  $\geq 1/10$

Common:  $\geq 1/100$  to  $< 1/10$

Uncommon:  $\geq 1/1,000$  to  $< 1/100$

Rare:  $\geq 1/10,000$  to  $< 1/1,000$

Very rare:  $< 1/10,000$

Not known: cannot be estimated from the available data

Tabulated list of adverse reactions

System organ class	Undesirable effect and frequency
Blood and lymphatic system disorders	<i>Rare:</i> Blood dyscrasia
Immune system disorders	<i>Not known:</i> Hypersensitivity reactions such as rash and angioedema
Endocrine disorders	<i>Very rare:</i> Hyperprolactinaemia which may result in gynaecomastia, galactorrhoea and amenorrhoea
Metabolism and nutrition disorders	<i>Not known:</i> Hyponatraemia Syndrome of inappropriate antidiuretic hormone secretion Hyperglycaemia Glucose tolerance impaired
Psychiatric disorders	<i>Not known:</i> Insomnia Agitation
Nervous system disorders	<i>Not known:</i> Convulsion Drowsiness Dizziness Extrapyramidal reactions including acute dystonia, akathisia, parkinsonism and tardive dyskinesia

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Vascular disorders	<i>Not known:</i> Hypotension (usually orthostatic)
Gastrointestinal disorders	<i>Not known:</i> Dry mouth Irritation gum Mouth irritation Hypoaesthesia oral Paraesthesia oral Taste disorders
Hepatobiliary disorders	<i>Rare:</i> Jaundice <i>Not known:</i> Cholestasis
Skin and subcutaneous tissue disorders	<i>Not known:</i> Skin reaction Photosensitivity (see section 'Special warnings and precautions for use')
Pregnancy, puerperium and perinatal conditions	<i>Not known:</i> Drug withdrawal syndrome neonatal (see section 'Fertility, pregnancy and lactation')

### Description of selected adverse reactions

Impotence, ejaculation disorder, priapism, and agranulocytosis (see section 'Special warnings and precautions for use') are class effects associated with phenothiazines.

Neuroleptic malignant syndrome may occur with any neuroleptic (see section 'Special warnings and precautions for use').

Cases of venous thromboembolism, including cases of pulmonary embolism and cases of deep vein thrombosis have been reported with antipsychotic drugs - frequency unknown (see section 'Special warnings and precautions for use').

### Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of the medicine is important. It allows continued monitoring of the benefit/risk balance of the medicine. Healthcare professionals are asked to report any suspected adverse reactions

<https://nzphvc.otago.ac.nz/reporting/>

### 4.9. Overdose

The signs and symptoms will be predominantly extrapyramidal and may be accompanied either by restlessness and agitation or central nervous depression. Hypotension may also occur. Treatment is essentially symptomatic and supportive. There is no specific antidote. Do not induce vomiting. Particular attention must be directed to maintaining a clear airway since this may be threatened by extrapyramidal muscle dystonias. Severe dystonic reactions usually respond to procyclidine or orphenadrine given i.m. or i.v.

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If convulsions occur, they should be treated using i.v. diazepam. If hypotension is present, strict attention to ventilation and posturing of the patient will often secure the desired effect, but failing this, consideration should be given to volume expansion by i.v. fluids. If this is insufficient, positive inotropic agents such as dopamine may be tried, but peripheral vasoconstrictor agents are not generally recommended. Adrenaline should NOT be used.

### 5. PHARMACOLOGICAL PROPERTIES

#### 5.1. Pharmacodynamic properties

Pharmacotherapeutic group: Phenothiazines with piperazine structure

ATC code: N05AB

Prochlorperazine is a member of the phenothiazine group of neuroleptics which, in doses lower than those used in psychiatry, is usually employed for its anti-emetic properties. The site of action is thought to be the chemoreceptor trigger zone.

#### 5.2. Pharmacokinetic properties

Buccastem 3 mg Buccal Tablets are placed in the buccal cavity where they form a gel from which the prochlorperazine is released and absorbed. The plasma levels achieved at steady-state on a dosage regimen of one Buccastem 3 mg Buccal Tablet twice daily are similar to those observed with the standard oral dosage of one 5 mg tablet taken three times daily. The elimination half-life of prochlorperazine in this formulation is 9.0 hours, similar to that observed with the oral formulation.

#### 5.3. Preclinical safety data

No preclinical findings of relevance have been reported.

### 6. PHARMACEUTICAL PARTICULARS

#### 6.1. List of excipients

Compressible sugar, povidone K30, xanthan gum, locust bean gum, talc, magnesium stearate and riboflavin sodium phosphate.

#### 6.2. Incompatibilities

None

#### 6.3. Shelf life

Three years for blister packs.

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### 6.4. Special precautions for storage

Protect from light.

### 6.5. Nature and contents of container

250 micron PVC/PVDC aluminium foil blister pack in a cardboard carton.  
Blister packs of 50 tablets (prescription)

### 6.6. Special precautions for disposal

No special requirements.

## 7. MEDICINE SCHEDULE

1. Prescription Medicine (50 tablet blister pack)
2. Pharmacist Only Medicine (The sale of up to 10 tablets by pharmacists for the treatment of nausea associated with migraine or, when sold by nurses or pharmacists accredited to sell the emergency contraceptive pill, for the prevention of nausea associated with emergency contraception.)

## 8. SPONSOR

Max Health Limited  
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Telephone: (09) 815 2664

## 9. DATE OF FIRST APPROVAL

12/05/1988

## 10. DATE OF REVISION OF THE TEXT

31<sup>st</sup> March 2022

## 11. SUMMARY TABLE OF CHANGES

Section changes	Summary of new information
Section 8	Sponsor details updated from PSM Healthcare limited, t/a API Consumer Brands to Max Health Limited.
Section 10	Date of revision of text updated.