

# Anthisan<sup>TM</sup> Cream (ann-thi-san)

*Mepyramine maleate (me-pea-rar-mine mall-e-ate)*

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## Consumer Medicine Information (CMI)

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### What is in this leaflet

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Please read this leaflet carefully before you start using Anthisan Cream.

This leaflet answers some common questions about Anthisan Cream.

It does not contain all the available information. It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits. Your doctor or pharmacist has weighed the risks of you using this medicine against the benefits they expect it will have for you.

**If you have any concerns about using this medicine, ask your doctor or pharmacist.**

**Keep this leaflet with the medicine.**

You may need to read it again.

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### What Anthisan Cream is used for

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Anthisan Cream is a type of antihistamine used for the relief of insect bites, stings and nettle rash.

Anthisan Cream works by relieving the pain, itching and inflammation from insect bites, stings and nettle rash.

Your doctor or pharmacist, however, may recommend Anthisan Cream for another purpose.

**Ask your doctor or pharmacist if you have any questions about why Anthisan Cream has been recommended for you**

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### Before you use Anthisan Cream

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#### ***When you must not use it***

**Do not use Anthisan Cream if you are allergic to mepyramine maleate, or to any of the other ingredients listed at the end of this leaflet under Product Description.**

Some of the symptoms of an allergic reactions may include:

- shortness of breath
- wheezing or difficulty breathing
- swelling of the face, lips, tongue or other parts of the body
- rash, itching or hives on the skin.

**Do not use Anthisan Cream if you have:**

- eczema
- extensively broken skin on the area with the insect bite, sting or nettle rash.

**Do not use it if you are pregnant or intend to become pregnant.**

There is limited information about the use of Anthisan during pregnancy.

**Do not use it if you are breast-feeding or planning to breast-feed.**

There is limited information about the use of Anthisan during breast-feeding.

**Do not use this medicine after the expiry date (EXP) printed on the pack or if the packaging is torn or shows signs of tampering.**

If it has expired or is damaged, return it to your pharmacist for disposal.

**If you are not sure whether you should start taking this medicine, talk to your doctor of pharmacist.**

#### ***Before you start to use it***

**Tell your doctor or pharmacist if you have allergies to:**

- any of the ingredients listed at the end of this leaflet
- any other substances, such as foods, preservatives or dyes.

**Tell your doctor or pharmacist if you are pregnant or intend to become pregnant.**

**Tell your doctor or pharmacist if you are breast-feeding or planning to breast-feed.**

Your doctor or pharmacist will discuss the risk and benefits involved.

**Tell your doctor or pharmacist if you have or have had any medical conditions, especially the following:**

- eczema
- extensively broken skin.

**Tell your doctor or pharmacist if you plan to have surgery.**

If you are not sure whether you should start using this medicine, talk to your pharmacist or doctor.

### ***Taking other medicines***

Tell your doctor or pharmacist if you are taking any other medicines, including any that you buy without a prescription from your pharmacy, supermarket or health food store.

You should also tell any health professional who is prescribing a new medication for you that you are using Anthisan Cream.

Some medicines may interact with Anthisan Cream.

Your doctor or pharmacist has more information on medicines to be careful with or avoid while taking Anthisan.

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## **How to use Anthisan Cream**

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### ***How to use it***

Apply Anthisan Cream directly to the site of the insect bite or sting or nettle rash, two to three times a day.

**Ask your doctor or pharmacist if you are unsure of the correct amount to use.**

### ***When to use it***

For best results, use as soon as possible after the bite, sting or appearance of nettle rash.

### ***How long to use it***

Use for up to three days.

Ask your doctor or pharmacist if you are not sure how long to use the medicine for.

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## **While you are using Anthisan Cream**

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### ***Things you must do***

Tell all the doctors, dentists and pharmacists who are treating you that you are using Anthisan Cream.

If you are about to be started on any new medicine, tell your doctor and pharmacist that you are using Anthisan Cream.

If you plan to have surgery that needs a general anaesthetic, tell your doctor or dentist that you are using this medicine.

### ***Things you must not do***

**Do not use more than the recommended dose unless your doctor or pharmacist tells you to.**

**Do not use this medicine for more than few days.**

**Do not use this medicine to treat any other complaints unless your doctor or pharmacist tells you to.**

### ***Things to be careful of***

**Be careful driving or operating machinery until you know how Anthisan Cream affects you.**

This medicine may cause drowsiness and mild disorientation when applied over large areas of skin. If this happens, do not drive or use any tools or machines.

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## **In case of overdose**

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### ***If you use too much (overdose)***

**Immediately telephone your doctor, or the National Poisons Centre (telephone New Zealand 0800 POISON or 0800 764 766), or go to Accident and Emergency at your nearest hospital, if you**

**think you or anyone else may have used too much or have ingested Anthisan Cream.**

**Do this even if there are no signs of discomfort or poisoning.**

You may need urgent medical attention.

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## **Side Effects**

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All medicines have some unwanted side effects. Sometimes they are serious, but most of the time they are not.

**Tell your doctor or pharmacist as soon as possible if you do not feel well while you are using Anthisan Cream.**

It helps most people with the relief of insect bites and stings and nettle rash, but it may have unwanted side effects in a few people.

**Tell your doctor or pharmacist if you notice any of the following and they worry you:**

- skin sensitisation (e.g. rash)

**If this occurs, stop use immediately.**

**Other adverse effects not listed above may also occur in some people. Tell your doctor or pharmacist if you notice any other effects.**

**Do not be alarmed by the possible side effects.**

You may not experience them.

**Ask your doctor or pharmacist to answer any questions you may have.**

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## **After using Anthisan Cream**

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**Repeated application of Anthisan Cream for periods longer than a few days is not recommended and treatment**

**should be discontinued immediately if skin sensitisation occurs.**

### **Storage**

Keep the medicine in a cool, dry place where the temperature stays below 25°C.

Do not store Anthisan Cream or any other medicine in the bathroom or near a sink. Do not leave it on a windowsill or in the car.

Heat and damp can destroy some medicines.

**Keep it where children cannot reach it.**

A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

### **Disposal**

If your doctor or pharmacist tells you to stop using Anthisan Cream, or it has passed its expiry date, ask your pharmacist what to do with any that are left over.

Return any unused medicine to your pharmacist.

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## **Product description**

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### **What it looks like**

Anthisan Cream is a white to off-white cream in a metal tube with a plastic cap.

### **Ingredients**

Active Ingredient:

- mepyramine maleate

Inactive Ingredients:

- ceto-stearyl alcohol
- macrogol 600
- castor oil
- methyl hydroxybenzoate

- foin coupe
- simethicone
- purified water

Anthisan Cream does not contain gluten, sucrose, lactose, tartrazine or any other azo dyes.

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## **Sponsor Details**

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Anthisan Cream is made in France.

Anthisan Cream is supplied in New Zealand by:

Healthcare Logistics

58 Richard Pearse Drive

Airport Oaks

Auckland

New Zealand

Phone: (09) 918 5100

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## **Date of Preparation**

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This leaflet was prepared in December 2021.

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