

# ROBITUSSIN COUGH & CHEST CONGESTION ORAL LIQUID

## Consumer Medicine Information (for New Zealand)

### What is in this leaflet

This leaflet answers some common questions about Robitussin Cough & Congestion. It does not contain all the available information. It does not take the place of talking to your pharmacist or doctor.

All medicines have risks and benefits. Your pharmacist or doctor has weighed the risks of you taking Robitussin Cough & Chest Congestion against the benefits they expect it will have for you.

**If you have any concerns about taking this medicine, ask your pharmacist or doctor.**

**Keep this leaflet with the medicine.** You may need to read it again.

### What Robitussin Cough & Chest Congestion is used for

- Expectorant, cough suppressant.
- For the temporary relief of cough and chest congestion due to cold and flu.

Robitussin Cough & Chest Congestion combines the action of the expectorant guaiphenesin and the cough suppressant dextromethorphan

Guaiphenesin is an expectorant that loosens and reduces the thickness of phlegm, making it easier to cough up

Dextromethorphan is a cough suppressant that acts on the cough centre in the brain to suppress a dry cough.

**Ask your pharmacist or doctor if you have any questions about this medicine.**

Your pharmacist or doctor may have given it for another reason.

### Before you take/give Robitussin Cough & Chest Congestion

#### *When you must not take it*

**Do not give this medicine to:**

- children under 6 years of age

**Do not take Robitussin Cough & Chest Congestion if you have an allergy to:**

- any medicine containing guaiphenesin or dextromethorphan
- any of the ingredients listed at the end of this leaflet

Some of the symptoms of an allergic reaction may include:

- shortness of breath
- wheezing or difficulty breathing
- swelling of the face, lips, tongue or other parts of the body
- rash, itching or hives on the skin

**Do not take this medicine if:**

- you are now taking a prescription monoamine oxidase inhibitor (MAOI) or for 14 days after stopping the MAOI drug.
- are having an acute asthma attack

**Do not take this medicine/it after the expiry date printed on the pack or if the packaging is torn or shows signs of tampering.**

If it has expired or is damaged, return it to your pharmacist for disposal.

**If you are not sure whether you should start taking this medicine, talk to your pharmacist or doctor .**

#### *Before you start to take it*

**Tell your pharmacist or doctor if you have allergies to any other**

medicines, foods, preservatives or dyes.

**Tell your doctor before use if you have or have had any of the following medical conditions:**

- asthma
- bronchitis
- pneumonia
- any other respiratory (breathing) conditions
- chronic obstructive pulmonary disease (COPD)
- emphysema
- smoker's cough
- porphyria, a rare blood pigment disorder

**Tell your pharmacist or doctor if you have a chronic cough.**

This medicine may make your cough worse.

**Tell your pharmacist or doctor if you have a condition that produces large amounts of mucus.**

This medicine may make your condition worse.

**Tell your pharmacist or doctor if you are pregnant or plan to become pregnant.**

Your pharmacist or doctor will discuss the benefits and possible risks of taking the medicine during pregnancy.

**Ask your pharmacist or doctor about taking Robitussin Cough & Chest Congestion if you are breastfeeding.**

It is not known whether guaiphenesin or dextromethorphan passes into the breast milk. Your pharmacist or doctor will discuss the potential benefits and risks of taking the medicine if you are breastfeeding.

**If you have not told your pharmacist or doctor about any of the above, tell him/her before you start taking Robitussin Cough & Chest Congestion.**

## ***Taking other medicines***

**Tell your pharmacist or doctor if you are taking any other medicines, including any that you get without a prescription from your pharmacy, supermarket or health food shop.**

Some medicines and guaiphenesin or dextromethorphan may interfere with each other.

**Ask your pharmacist or doctor if you are unsure about whether you should take Robitussin Cough & Chest Congestion**

Your pharmacist or doctor will have more information on medicines to be careful with or avoid while taking this medicine.

**In particular, you should tell your doctor or pharmacist if you are using:**

- opioid analgesics used to treat pain
- medicines used to help you relax, sleep or relieve anxiety, such as sedatives
- monoamine oxidase inhibitors (MAOI) a medicine used to treat depression, especially if taken within the last 14 days
- medicines used to treat depression
- medicines used to treat abnormal or irregular heart beat such as quinidine and amiodarone,
- medicines to treat psychotic disorders such as medicines containing haloperidol and thioridazine.
- alcohol

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## **How to take Robitussin Cough & Chest Congestion**

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**If you do not understand the instructions on the box/bottle, ask your pharmacist or doctor for help.**

### ***How much to take***

Adults and Children 12 years and over	10 mL
Children 6 years to under 12 years:	5 mL

Do not use in children under 6 years of age. For children 6 to under 12 years of age consult a healthcare professional before use.

Do not exceed 4 doses in 24 hours.

**Do not take more than the recommended dose.**

### ***When to take it***

Every 6 to 8 hours orally when necessary.

### ***How long to take it***

Stop use and consult your doctor if you have a cough that persists for more than one week, tends to recur or is accompanied by fever rash or persistent headache. These could be signs of a serious condition.

**If you are not sure what to do, ask your pharmacist or doctor.**

### ***If you take too much (overdose)***

**Discontinue use and immediately telephone your doctor or the Poisons Information Centre in New Zealand on 0800 764 766 for advice or go to Accident and Emergency at the nearest hospital, if you think you or anyone else may have taken too much take Robitussin Cough & Chest Congestion. Do this even if there are no signs of discomfort or poisoning.**

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## **While you are using Robitussin Cough & Chest Congestion**

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### ***Things you must do***

**Talk to your pharmacist or doctor if your symptoms do not improve.**

Your pharmacist or doctor will assess your condition and decide if you should continue to take the medicine.

### ***Things you must not do***

**Do not take Robitussin Cough & Chest Congestion to treat any other complaints unless your pharmacist or doctor tells you to.**

**Do not give your medicine to anyone else, even if they have the same condition as you.**

**Do not take more than the recommended dose unless your doctor tells you to.**

### ***Things to be careful of***

**Be careful driving or operating machinery until you know how Robitussin Cough & Chest Congestion affects you.**

This medicine may cause dizziness in some people. If this happens, do not drive or use operate machinery.

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## **Side effects**

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**Tell your pharmacist or doctor as soon as possible if you do not feel well while you are taking Robitussin Cough & Chest Congestion.**

This medicine helps most people with relief of cough and chest congestion due to cold and flu, but it may have unwanted side effects in a few people. All medicines can have side effects. Sometimes they are serious, most of the time they are not. You may need medical attention if you get some of the side effects.

**Do not be alarmed by the following lists of side effects. You may not experience any of them.**

**Ask your pharmacist or doctor to answer any questions you may have.**

**Tell your pharmacist or doctor if you notice any of the following and they worry you:**

- nausea or vomiting
- stomach pain/discomfort
- dizziness
- headache
- drowsiness
- rash
- diarrhoea
- fatigue
- constipation

The above list includes the more common side effects of your medicine. They are usually mild.

**Tell your doctor as soon as possible if you notice any of the following:**

- muscle spasms affecting the eyes, head, neck and body

**If any of the following happen, tell your doctor immediately or go to Accident and Emergency at your nearest hospital:**

- excitation
- extreme confusion
- nervousness and anxiety
- irritability
- restlessness
- psychotic disorders e.g. hallucinations
- depressed level of consciousness
- speech disorders
- vision impairment
- severe nausea and vomiting
- shortness of breath, wheezing or difficulty breathing
- swelling of the face, lips, tongue or other parts of the body
- skin rashes

**The above list includes very serious side effects. You may need urgent medical attention or hospitalisation.** These side effects are very rare. They usually only happen if an overdose of the medicine has been taken.

**Tell your pharmacist or doctor if you notice anything that is making you feel unwell. Other side effects not listed above may also occur in some people.**

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## **After using Robitussin Cough & Chest Congestion**

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### **Storage**

**Keep your medicine in the original pack until it is time to take.**

**Keep your medicine in a cool dry place where the temperature stays below 25°C.**

**Do not store Robitussin Cough & Chest Congestion or any other medicine in the bathroom or near a**

**sink. Do not leave it on a window sill or in the car.**

Heat and dampness can destroy some medicines.

**Keep it where children cannot reach it.**

A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

### **Disposal**

**Ask your pharmacist what to do** with any medicine that is left over, or if the expiry date has passed.

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## **Product description**

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### **What it looks like**

Robitussin Cough & Chest Congestion is a clear, red syrup with mentholated cherry flavour

Ingredients

Each 10 mL of Robitussin Cough & Chest Congestion oral solution contains as active ingredients:

- Guaiphenesin 200mg
- Dextromethorphan hydrobromide 30mg

It also contains the following inactive ingredients:

- Glycerol
- Sodium Benzoate
- Saccharin Sodium
- Citric Acid Anhydrous
- Propylene Glycol
- Sorbitol Solution (70%) (crystallizing)
- Allura Red AC
- Ethanol
- Menthol
- Cherry Vanilla 21146 Flavour
- Vanilla Bean Flavour 52.089A
- 961376 Natural Lemon Flavour No 462924
- Cherry Flavour Wild Artificial 119062
- 13540488 Artificial Sweet Flavour
- Water – Purified.

This medicine does not contain lactose, sucrose, gluten or any animal products

### **Manufacturer/Distributor/Supplier**

*(use appropriate heading)*

Robitussin® Cough & Chest Congestion is supplied in New Zealand by ©Wyeth Consumer Healthcare a division of Pfizer NZ limited.

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