NEW ZEALAND CONSUMER MEDICINE INFORMATION

CELOL
Celiprolol hydrochloride 200 mg tablets

What is in this leaflet

Please read this leaflet carefully before you start taking CELOL.

This leaflet answers some common questions about CELOL.

It does not contain all the available information. It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits. Your doctor has weighed the risks of you taking CELOL against the benefits they expect it will have for you.

If you have any concerns about taking this medicine, ask your doctor or pharmacist.

Keep this leaflet with the medicine. You may need to read it again.

What CELOL is used for

CELOL is used to treat

- High blood pressure (hypertension)
- Effect-induced angina pectoris (chest pain)

CELOL tablets contain the active ingredient celiprolol hydrochloride. It belongs to a group of medicines known as beta-blockers.

CELOL works by decreasing the hearts need for blood and oxygen and therefore reduces the amount of work the heart has to do. It also widens the blood vessels in the body, causing blood pressure to fall. It also helps the heart beat more regularly.

Your doctor may have prescribed it for another reason.

Ask your doctor if you have any questions about why this medicine has been prescribed for you.

This medicine is available only with a doctor’s prescription.

There is no evidence that CELOL is addictive.

Before you take CELOL

When you must not take it:

Do not take CELOL if you have an allergy to:

- Any medicine containing celiprolol hydrochloride
- Any other beta-blocking agent
- Any of the ingredients listed at the end of this leaflet

Some of the symptoms of an allergic reaction may include: shortness of breath; wheezing or difficulty breathing; swelling of the face, lips, tongue or other parts of the body; rash, itching or hives on the skin.

Do not take this medicine after the expiry date printed on the pack or if the packaging is torn or shows signs of tampering.

If it has expired or is damaged, return it to your pharmacist for disposal.

If you are not sure whether you should start taking this medicine, talk to your doctor.

Before you start to take it:

Tell your doctor if you have allergies to any other medicines, foods, preservatives or dyes.

Tell your doctor if you have or have had any of the following medical conditions:

- Asthma
- Any heart problems, kidney or liver problems
- Suffer from a type of chest pain called Prinzmetal’s angina
- Adrenal gland tumour
- Diabetes
- Suffer from psoriasis

Tell your doctor if you are pregnant or plan to become pregnant or are breast-feeding.

Your doctor can discuss with you the risks and benefits involved.

If you have not told your doctor about any of the above, tell them before you start using CELOL.

CELOL may give a positive result in drug-screening tests.
**Taking other medicines**

Tell your doctor or pharmacist if you are taking any other medicines, including any that you buy without a prescription from your pharmacy, supermarket or health food shop.

You should also tell any health professional who is prescribing a new medication for you that you are taking CELOL.

Some medicines may interfere with CELOL. These include:

- Medicines used to lower blood pressure, such as clonidine, chlorthalidone, hydrochlorothiazide
- Medicines used for chest pain, such as verapamil, nifedipine and diltiazem
- Medicines used for heart problems, such as amiodarone, digitalis glycosides, disopyramide and quinidine
- Medicines used to treat depression called (monoamine oxidase inhibitors) such as moclobemide, phenelzine or tranylcypromine
- Insulin and/or tablets to treat diabetes
- Anaesthetic drugs
- Non-Steroidal Anti-inflammatory Drugs (NSAIDs) used to relieve pain such as ibuprofen, flotafenine and indomethacin
- Sympathomimetic agents such as adrenaline
- Tricyclic antidepressants, barbiturates and phenothiazines
- Medicines used for the prevention of malaria such as mefloquine

These medicines may be affected by CELOL or may affect how well it works. You may need different amounts of your medicines, or you may need to take different medicines.

Your doctor and pharmacist have more information on medicines to be careful with or avoid while taking this CELOL.

Also tell your doctor if you drink grapefruit or orange juice.

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**How to take CELOL**

Follow all directions given to you by your doctor or pharmacist carefully. They may differ from the information contained in this leaflet.

If you do not understand the instructions on the box, ask your doctor or pharmacist for help.

**How much to take**

The usual daily dose of CELOL is a single oral dose of 200 mg daily. This may be increased to 400 mg once daily after a 2 to 4 week interval.

The same dosage applies to elderly patients however, the elderly require closer monitoring, especially those with kidney or liver problems.

Your doctor may reduce the dose if you have kidney or liver failure.

CELOL is not recommended for use in children.

**How to take it**

Swallow the tablets whole with a full glass of water.

**When to take it**

Take your medicine at about the same time each day. Taking it at the same time each day will have the best effect. It will also help you remember when to take it.

CELOL tablet should be taken once daily, preferably in the morning. Take tablet with a glass of water, preferably at least 30 minutes prior to a meal or 2 hours after a meal.

In some people, grapefruit juice or orange juice may affect how well CELOL works. It is best to avoid taking these juices with CELOL.

**How long to take it**

Continue taking your medicine for as long as your doctor tells you. This medicine helps to control your condition, but does not cure it. It is important to keep taking your medicine even if you feel well.

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**If you forget to take it**

If it is almost time for your next dose, skip the dose you missed and take your next dose when you are meant to.

Otherwise, take it as soon as you remember, and then go back to taking your medicine as you would normally.

Do not take a double dose to make up for the dose that you missed.

If you are not sure what to do, ask your doctor or pharmacist.

If you have trouble remembering to take your medicine, ask your pharmacist for some hints.

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**While you are using CELOL**

**Things you must do**

If you are about to be started on any new medicine, tell your doctor and pharmacist that you are taking CELOL.

Tell any other doctors, dentists, and pharmacists who treat you that you are taking this medicine.

If you are going to have surgery, tell the surgeon or anaesthetist that you are taking this medicine. It may affect other medicines used during surgery.

If you become pregnant while taking this medicine, tell your doctor immediately.

If you are about to have any blood tests, tell your doctor that you are taking this medicine. It may interfere with the results of some tests.

Keep all of your doctor’s appointments so that your progress can be checked. Your doctor may do some tests from time to time to make sure the medicine is working and to prevent unwanted side effects.


**Things you must not do**

Do not take CEOL to treat any other complaints unless your doctor tells you to.

Do not give CEOL to anyone else, even if they have the same condition as you.

Do not stop taking your medicine or lower the dosage without checking with your doctor. If you stop taking it suddenly, your condition may worsen or you may have unwanted side effects. If possible, your doctor will gradually reduce the amount you take each day before stopping the medicine completely.

**Things to be careful of**

Be careful driving or operating machinery until you know how CEOL affects you. This medicine may cause dizziness, tiredness, drowsiness, headaches, tremors or impaired vision in some people. If you have any of these symptoms, do not drive, operate machinery or do anything else that could be dangerous.

If you feel light-headed, dizzy or faint when getting out of bed or standing up, get up slowly. Standing up slowly, especially when you get up from bed or chairs, will help your body get used to the change in position and blood pressure. If this problem continues or gets worse, talk to your doctor.

**In case of overdose**

**If you take too much (overdose)**

Immediately telephone your doctor or the National Poisons Information Centre (0800 POISON or 0800 764 766), or go to accident and emergency at the nearest hospital, if you think that you or anyone else may have taken too much CEOL. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Symptoms of an overdose may include slow heart beat, dizziness, lightheadedness, difficulty in breathing, wheezing or coughing.

**Side effects**

Tell your doctor or pharmacist as soon as possible if you do not feel well while you are taking CEOL.

This medicine helps most people with high blood pressure but it may have unwanted side effects in a few people.

All medicines can have side effects. Sometimes they are serious, most of the time they are not. You may need medical treatment if you get some of the side effects.

Ask your doctor or pharmacist to answer any questions you may have.

Tell your doctor or pharmacist if you notice any of the following and they worry you:

- Decreased libido
- Gastrointestinal problems (diarrhoea, vomiting, nausea, stomach cramps)
- Slow or abnormal heart beat
- Male impotence
- Headaches and hot flushes
- Dizziness
- Tiredness
- Disturbed sleep
- Tremor

The above list includes the more common side effects of your medicine.

Tell your doctor as soon as possible if you notice any of the following:

- Unusual weakness
- Nightmares, hallucinations, confusion
- Hurting, cold or numb and tingling hands and feet
- Dry eyes
- Depression

The above list includes serious side effects that may require medical attention. Serious side effects are rare.

If any of the following happen, tell your doctor immediately or go to Accident and Emergency at your nearest hospital:

- Swelling of the face, lips, mouth or throat which may cause difficulty in swallowing or breathing
- Hives or skin rashes
- Any change in your eyesight
- Fainting
- Yellowing of the skin and eyes, also called jaundice
- Wheezing or coughing
- Palpitations (fast heart beat)

The above list includes very serious side effects. You may need urgent medical attention or hospitalisation.

Tell your doctor or pharmacist if you notice anything that is making you feel unwell.

Other side effects not listed above may also occur in some people. Tell your doctor if you notice any other effects.

Some of these side effects (for example, changes to your blood sugar and liver enzyme levels) can only be found when your doctor does tests from time to time to check your progress.

Do not be alarmed by this list of possible side effects. You may not experience any of them.

**After taking CEOL**

**Storage**

Keep your tablets in the pack until it is time to take them. If you take the tablets out of the pack they may not keep well.

Keep your tablets in a cool dry place protected from light where the temperature stays below 30°C.

Do not store CEOL or any other medicine in the bathroom or near a sink. Do not leave it on a window sill or in the car. Heat and dampness can destroy some medicines.

Keep it where children cannot reach it. A locked cupboard at least one-and-
a half metres above the ground is a good place to store medicines.

Disposal

If your doctor tells you to stop taking this medicine or the expiry date has passed, ask your pharmacist what to do with any medicine that is left over.

Product description

What it looks like

CELOL 200 mg tablets are yellow, round, biconvex, 9.5 mm in diameter and film-coated, with “CL 200” marked on one side and "G" on the other.

Ingredients

Active ingredient:
CELOL contains 200 mg of celiprolol hydrochloride as the active ingredient.

Inactive ingredients:
CELOL also contains:

- mannitol
- microcrystalline cellulose
- croscarmellose sodium
- magnesium stearate
- hypromellose
- macrogol 400
- macrogol 6000
- lactose monohydrate
- triacetin
- titanium dioxide (E171)
- quinoline yellow aluminium lake (E104)
- iron oxide yellow (E172).

Lactose is a component of the film coating. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product.

CELOL tablets are gluten free.

If you want to know more

Should you have any questions regarding this product, please contact your pharmacist or doctor.