

RUPATAL[®] 10 mg Tablets

Rupatadine (as fumarate) 10 mg

Consumer Medicine Information

What is in this leaflet

This leaflet answers some common questions about RUPATAL tablets.

It does not contain all the available information.

It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits. Your doctor or pharmacist has weighed the risks of you taking RUPATAL against the benefits they expect it will have for you.

If you have any concerns about taking this medicine, ask your doctor or pharmacist.

Keep this leaflet with the medicine.

You may need to read it again.

What RUPATAL is used for

RUPATAL is an antihistamine.

RUPATAL relieves symptoms of allergic rhinitis such as sneezing, runny nose, itching in the eyes and nose.

RUPATAL is also used to relieve symptoms associated with chronic idiopathic urticaria (an allergic skin rash) such as itching and hives (localised skin redness and swelling).

This medicine is available only with a doctor's prescription.

Your doctor, however, may prescribe RUPATAL for another purpose.

Ask your doctor if you have any questions about why RUPATAL has been prescribed for you.

Before you take/give RUPATAL

When you must not take/give it

Do not take RUPATAL if you have an to rupatadine or any of the ingredients listed at the end of this leaflet.

Some of the symptoms of an allergic reaction may include skin rash, difficulty in breathing or faintness.

Do not take RUPATAL if you have, or have had liver or kidney disease.

Do not take RUPATAL with grapefruit juice, as this may increase the level of RUPATAL in your body.

There is currently not enough information available to recommend RUPATAL for use in children under 12 years of age.

Do not take RUPATAL after the expiry date (EXP) printed on the pack.

If you take this medicine after the expiry date has passed, it may not work (as well).

Do not take RUPATAL if the packaging is torn or shows signs of tampering.

Before you start to take/give it

Tell your doctor or pharmacist if you have allergies to:

- any other medicines
- any other substances, such as foods, preservatives or dyes

Tell your doctor or pharmacist if you are pregnant or intend to become pregnant.

Your doctor or pharmacist will discuss the possible risks and benefits of using RUPATAL during pregnancy.

Tell your doctor or pharmacist if you are breast-feeding or plan to breast-feed.

Your doctor or pharmacist will discuss the possible risks and benefits of using RUPATAL during breastfeeding.

Tell your doctor or pharmacist if you have or have had any medical conditions:

- cardiovascular disease
- liver or kidney disease

Taking other medicines

Tell your doctor or pharmacist if you are taking any other medicines, including any that you buy without a prescription from your pharmacy, supermarket or health food shop.

Some medicines should not be taken with RUPATAL. These include:

- ketoconazole medicine used to treat fungal infections
- erythromycin, medicine used to treat bacterial infections
- CNS depressants, medicines which act on central nervous system such as codeine,

- morphine and dextropropoxyphene
- statins, medicines used to treat elevated cholesterol levels

Taking RUPATAL with food or drink

It does not matter if you take RUPATAL with or without food.

RUPATAL should not be taken in combination with grapefruit juice, as this may increase the level of rupatadine in your body.

How to take RUPATAL

How much to take

Adults and adolescents (over 12 years of age): the recommended dose is 10 mg (one tablet) once a day with or without food.

Follow all directions given to you by your doctor or pharmacist carefully. They may differ from the information contained in this leaflet. **If you do not understand the instructions on the box, ask your doctor or pharmacist for help.**

How to take it

Swallow RUPATAL with a glass of water or as directed by your pharmacist or doctor.

It does not matter if you take RUPATAL with or without food.

If you forget to take it

If it is almost time for your next dose, skip the dose you missed and take your next dose when you are meant to.

Otherwise, take it as soon as you remember, and then go back to taking your medicine as you would normally.

Do not take a double dose to make up for the dose you missed.

If you are not sure what to do, ask your doctor or pharmacist. If you have trouble remembering to take your medicine, ask your pharmacist for some hints.

If you take too much (overdose)

Immediately telephone your doctor or pharmacist or:
Poisons Information Australia: Tel. 13 11 26,
Poisons Information New Zealand: Tel. 0800 POISON (0800 764 766), or go to Accident and Emergency at your nearest hospital, if you think that you or anyone else may have taken too much RUPATAL. Do this even if there are no signs of discomfort or poisoning.

You may need urgent medical attention.

While you are using RUPATAL

Things you must do

Tell all the doctors, dentists, and pharmacists who are treating you that you are taking RUPATAL.

If you are about to be started on any new medicine, tell your doctor, dentist or pharmacist that you are taking RUPATAL.

Things you must not do

Do not give RUPATAL to anyone else, even if they have the same condition as you.

Do not take RUPATAL to treat any other complaints unless your doctor or pharmacist tells you to.

Talk to your doctor or pharmacist if your symptoms do not improve.

Things to be careful of

Make sure you know how you react to RUPATAL before you drive a car or operate machinery. RUPATAL is unlikely to make you drowsy. However, if you are drowsy, do not drive a car or operate machinery.

Side effects

Tell your doctor or pharmacist as soon as possible if you do not feel well while you are using RUPATAL.

RUPATAL helps most people with symptoms of allergic rhinitis and chronic idiopathic urticaria, but it may have unwanted side effects in a few people.

Like other medicines, RUPATAL can cause some side effects. If they occur, they are most likely to be minor and temporary. However, some may be serious and need medical attention.

Some of the side effects that may occur with RUPATAL are:

- sleepiness
- headache
- fatigue
- asthenia
- dry mouth
- dizziness

Do not be alarmed by this list of possible side effects.

You may not experience any of them. Other unwanted side effects may occur in some people taking RUPATAL

Ask your doctor or pharmacist to answer any questions you may have.

After using RUPATAL

Storage

Keep your tablets in the pack until it is time to take them. If you take the tablets out of the pack they may not keep well. **Keep your tablets in a cool dry place at temperatures below 25°C.**

Do not store RUPATAL or any other medicine in the bathroom or near a sink.

Do not leave it in the car on hot days or on window sills.

Heat and dampness can destroy some medicines.

Keep it where children cannot reach it.

A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

Disposal

If your doctor or pharmacist tells you to stop taking RUPATAL or the tablets have passed their expiry date, ask your pharmacist what to do with any that are left over.

Product description

What it looks like

RUPATAL are round, light salmon coloured tablets packed in blisters of 3 and 20 tablets.

Ingredients

Active ingredient:

- rupatadine (as fumarate) 10 mg

Other ingredients:

- pregelatinised maize starch
- cellulose – microcrystalline
- red iron oxide (E-172)
- yellow iron oxide (E-172)
- lactose monohydrate
- magnesium stearate

Sponsor

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88 Shortland Street
Auckland

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