

# Detrusitol

1mg and 2mg Tablets

Tolterodine L-Tartrate

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## What is in this leaflet

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This leaflet answers some common questions about Detrusitol. It does not contain all the available information and does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits. Your doctor has weighed the risks of you taking this medicine against the benefits it is expected to have for you.

**If you have any concerns about using this medicine, ask your doctor or pharmacist. Keep this leaflet with the medicine.** You may need to read it again.

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## What Detrusitol is used for

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Detrusitol is used to treat symptoms of an overactive bladder, for example, urinary frequency, urgency or incontinence.

Detrusitol belongs to a group of medicines called antimuscarinics. It helps to control the release of urine by reducing spasm, and relaxing the smooth muscle of the bladder wall. It also increases the storage volume of the bladder, and can act on the brain to delay the desire to urinate.

**Ask your doctor if you have any questions about why Detrusitol has been prescribed for you.**

This medicine is only available with a doctor's prescription.

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## Before you take Detrusitol

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### *When you must not take it*

**Do not take Detrusitol if:**

**1. you have an allergic reaction to:**

- tolterodine or any other antimuscarinic medicine,
- any of the other ingredients listed at the end of this leaflet.

Some of the symptoms of an allergic reaction may include shortness of breath, wheezing or difficulty breathing; swelling of the face, lips, tongue or other parts of the body; rash, itching or hives on the skin.

**2. you are unable to pass urine.**

**3. you have uncontrolled high pressure in the eye (narrow-angle glaucoma).**

**4. you are breast-feeding or plan to breast-feed.**

**Do not take Detrusitol after the expiry date (EXP) printed on the pack or if the packaging is torn or shows signs of tampering.** If it has expired or is damaged, return it to your pharmacist for disposal.

**Detrusitol should not be given to children.** Safety and effectiveness of Detrusitol in children have not been established.

### ***Before you start to take it***

**Tell your doctor if:**

- 1. you have any allergies to any other medicines or any other substances such as foods, preservatives or dyes.**
- 2. you have or have ever had:**
  - kidney or liver problems,
  - heart problems,
  - problems with passing urine,
  - gastrointestinal (stomach or gut) problems, including severe constipation,
  - raised pressure in the eye(s).
- 3. you are pregnant or intend to become pregnant.** Your doctor will discuss the risks and benefits of taking Detrusitol during pregnancy.

### ***Taking other medicines***

**Tell your doctor if you are taking other medicines, including medicines that you buy without a prescription from a pharmacy, supermarket or health food shop.**

Some medicines and Detrusitol may interfere with each other. These include medicines to treat:

- irregular heart beats, such as quinidine, procainamide, amiodarone, sotalol,
- fungal infection, such as ketoconazole, itraconazole and miconazole,
- bacterial infection, such as erythromycin and clarithromycin.

These medicines may be affected by Detrusitol or may affect how well it works. You may need different amounts of your medicine or you may need to take different medicines. Your doctor or pharmacist has more information on medicines to be careful with or avoid while taking Detrusitol.

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## **How to take Detrusitol**

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Your doctor or pharmacist will tell you how to take your medicine.

**Follow all directions given to you by your doctor or pharmacist carefully.** They may differ from the information contained in this leaflet.

### ***How much to take***

The normal dose is 2mg twice daily, taken with or without food. The dose may need to be decreased to 1mg twice daily if you experience troublesome side effects. Your doctor will prescribe the dose that is right for you. Detrusitol may take up to 4 weeks before you see the maximum benefit of treatment.

### ***How long to take it***

**Continue taking your medicine for as long as your doctor tells you.** This medicine helps to control your condition, but does not cure it. It is important to keep taking your medicine even if you feel well.

Your doctor should re-assess your condition at regular intervals, for example after 6 months, to determine how long you need to keep taking Detrusitol for.

### ***If you forget to take it***

If it is almost time for your next dose, skip the dose you missed and take your next dose when you are meant to. Otherwise, take it as soon as you remember, and then go back to taking it as you would normally.

**Do not try to make up for missed doses by taking more than one dose at a time.** This may increase the chance of you getting an unwanted side effect.

If you are unsure about whether to take your next dose, speak to your doctor or pharmacist.

### ***In case of overdose (if you are given too much)***

**Immediately telephone your doctor or the National Poisons Information Centre (telephone 0800 POISON or 0800 764 766) for advice, or go to Accident and Emergency at your nearest hospital if you think that you or anyone else may have taken too much Detrusitol. Do this even if there are no signs of discomfort or poisoning.** You may need urgent medical attention.

The symptoms of taking too much Detrusitol may include shortness of breath, fits, fast heartbeat, inability to pass urine, dilated pupils, feeling excited, or hallucinations.

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## **While you are using Detrusitol**

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### ***Things you must do***

- If symptoms of your unstable bladder do not improve, or if they become worse, tell your doctor.
- If you become pregnant while you are taking Detrusitol, tell your doctor.
- If you feel light-headed, dizzy or faint when getting out of bed or standing up, get up slowly.
- Be careful driving or operating machinery until you know how Detrusitol affects you. As Detrusitol may cause dizziness and blurred vision, you will need to take extra care.
- If you are about to start taking any new medicines, remind your doctor and pharmacist that you are taking Detrusitol.
- Tell all doctors, dentists and pharmacists who are treating you that you are taking Detrusitol.
- Always discuss with your doctor any problems or difficulties during or after taking Detrusitol.

### ***Things you must not do***

- Do not stop taking your medicine until your doctor tells you to, even if you are feeling better.
- Do not give Detrusitol to anyone else, even if they have the same condition as you.
- Do not use Detrusitol to treat any other medical complaints unless your doctor tells you to.

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## **Side effects**

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**Tell your doctor as soon as possible if you have any problems while taking Detrusitol, even if you do not think the problems are connected with the medicine or they are not listed in this leaflet.**

Like many medicines, Detrusitol may cause side effects. If they occur, they are likely to be minor and temporary. However, some may be serious and require medical attention.

**Do not be alarmed by the following lists of possible side effects.** You may not experience any of them.

Ask your doctor or pharmacist to answer any questions you may have.

**Tell your doctor if you notice any of the following and they worry you:**

- Dry mouth
- Heartburn
- Headache
- Constipation, flatulence or stomach pain
- Dry eyes
- Weight gain
- Tiredness

**Tell your doctor immediately if you notice any of the following:**

- Swelling of the face, lips, mouth, tongue or throat which may cause difficulty in swallowing or breathing
- Dizziness or confusion
- Blurred vision
- Difficulty or pain in urinating (passing water)
- Skin rash
- Shortness of breath, chest pain or irregular heartbeats (fast heartbeat or palpitations)
- Swollen ankles
- Seeing, hearing or feeling things that are not really there (hallucinations)

**Tell your doctor if you notice anything else that is making you feel unwell.** Other side effects not listed above may also occur in some patients.

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## **After taking Detrusitol**

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### ***Storage***

- Keep your tablets in the blister until it is time to take them.
- Keep the tablets in a cool dry place where the temperature stays below 25°C.
- Do not store Detrusitol, or any other medicines, in a bathroom or near a sink.
- Do not leave Detrusitol in the car or on windowsills. Heat and dampness can destroy some medicines.
- Keep Detrusitol where children cannot reach it. A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

### ***Disposal***

If your doctor tells you to stop taking Detrusitol, or you find that it has passed the expiry date, ask your pharmacist what to do with the medicine you have left over.

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## **Product description**

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### ***What it looks like***

Detrusitol tablets are available in blister packs containing 56 tablets. There are 2 strengths of tablets available, 1mg and 2mg.

The 1mg tablet is a white, round, biconvex, film-coated tablet, engraved with arcs above and below the letters "TO".

The 2mg tablet is a white, round, biconvex, film-coated tablet, engraved with arcs above and below the letters "DT".

### ***Ingredients***

Detrusitol tablets contain either 1mg or 2mg of tolterodine L-tartrate as the active ingredient.

The tablets also contain calcium hydrogen phosphate, microcrystalline cellulose, sodium starch glycollate, colloidal silicon dioxide, magnesium stearate, hypromellose, stearic acid, and titanium dioxide.

### ***Supplier***

Detrusitol is supplied in New Zealand by:

Pfizer New Zealand Ltd  
PO Box 3998  
Auckland, New Zealand

Toll Free Number: 0800 736 363

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