

# DEMAZIN<sup>®</sup> COLD RELIEF COLOUR FREE SYRUP

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## What is in this leaflet

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The medicine you have purchased contains Chlorpheniramine Maleate and Phenylephrine Hydrochloride.

This leaflet is intended to provide information on the active ingredient chlorpheniramine and phenylephrine which is contained in DEMAZINE COLD RELIEF COLOUR FREE Syrup.

The packaging of the medicine you have bought should be read carefully. This leaflet provides additional information on DEMAZIN COLD RELIEF COLOUR FREE Syrup which should also be read and understood.

Please read this leaflet and the packaging of the medicine you purchased, carefully before you start using DEMAZIN COLD RELIEF COLOUR FREE Syrup.

This leaflet answers some common questions about DEMAZIN COLD RELIEF COLOUR FREE Syrup. It does not contain all of the available information. It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits.

**If you have any concerns about taking this medicine, ask your doctor or pharmacist.**

Keep this leaflet with the medicine. You may need to read it again.

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## What DEMAZIN<sup>®</sup> COLD RELIEF COLOUR FREE Syrup is used for

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DEMAZIN COLD RELIEF COLOUR FREE Syrup provides relief of upper respiratory congestion associated with common cold, nasal allergy, hayfever and sinusitis.

DEMAZIN COLD RELIEF COLOUR FREE Syrup contains a combination of two medicines, chlorpheniramine maleate a sedating antihistamine and phenylephrine hydrochloride a decongestant.

Antihistamines help reduce allergic symptoms such as sneezing, runny or itchy nose, and burning or itchy eyes, by preventing the effects of a substance called histamine.

Histamine is produced by the body in response to foreign substances which the body is allergic to. It also works directly on the brain to help you feel more relaxed.

Decongestants produce narrowing of blood vessels. This leads to clearing of stuffy or blocked noses.

Your doctor or pharmacist, however, may have given you DEMAZIN COLD RELIEF COLOUR FREE Syrup for another purpose.

**Ask your doctor or pharmacist if you have any questions about why this medicine has been given to you.**

DEMAZIN COLD RELIEF COLOUR FREE Syrup can be used in adults and children aged six and over.

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## **Before you use DEMAZIN<sup>®</sup> COLD RELIEF COLOUR FREE Syrup**

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### **When you must not use it**

Do not use DEMAZIN COLD RELIEF COLOUR FREE Syrup

- If you have heart problems
- If you have high blood pressure (particularly due to a tumour near the kidney)
- If you have diabetes
- If you have an overactive thyroid gland.
- If you are a woman who is pregnant or breast feeding.
- If you have or have had glaucoma (high pressure in the eyes).
- If you have or have had a stomach or duodenal ulcer, or other stomach problems.
- If you are a man with prostate problem.
- If have or have had bladder problems.
- If you are taking a medicine known as a monoamine oxidase inhibitor (MAOI) or have taken one in the last 14 days.

- In a child under 6 years of age to relieve cough and cold symptoms.
- If you have an allergy to DEMAZIN COLD RELIEF COLOUR FREE Syrup or any of the ingredients listed at the end of this leaflet.

Some of the symptoms of an allergic reaction may include:

- o shortness of breath
- o wheezing or difficulty breathing
- o swelling of the face, lips, tongue or other parts of the body
- o rash, itching or hives on the skin

### **Pregnancy and Breastfeeding**

Do not use DEMAZIN COLD RELIEF COLOUR FREE Syrup if you are pregnant or breast feeding.

Do not give DEMAZIN COLD RELIEF COLOUR FREE Syrup to newborn or premature infants or children under the age of six.

Do not give DEMAZIN COLD RELIEF COLOUR FREE Syrup to children who have breathing problems (e.g. chronic bronchitis) and children with asthma, liver disease or seizure disorders unless under the direction of your doctor.

Do not use DEMAZIN COLD RELIEF COLOUR FREE Syrup after the expiry date printed on the pack.

Do not use DEMAZIN COLD RELIEF COLOUR FREE Syrup if the packaging is torn or shows signs of tampering.

### **Before you start to use it**

**Talk to your doctor or pharmacist before taking this medicine if you:**

- Have problems with your blood circulation (including Raynaud's Phenomenon, which makes the toes and fingers numb and pale).
- Intend giving this medicine to a child aged 6 to under 12 years.

**Tell your doctor or pharmacist if**

- you have allergies to any other medicines, any other substances, such as foods, preservatives or dyes.
- You are taking medicines to help you relax or sleep (sedatives).

**Tell your doctor if you have or have had any medical conditions, especially the following:**

- eye problems (such as high pressure in the eye or glaucoma)
- stomach ulcer
- intestinal obstruction
- prostate or urinary bladder problems
- heart disease
- diabetes
- kidney or liver disease.
- epilepsy.
- asthma or other breathing problems.
- high blood pressure.
- an overactive thyroid.

\* if you are 60 years of age or older (older adults may be more sensitive to the effects of this medicine)

**Tell your doctor or pharmacist if you are pregnant or plan to become pregnant.** Your doctor or pharmacist will discuss the benefits and possible risks of taking DEMAZIN COLD RELIEF COLOUR FREE Syrup during pregnancy.

**Ask your doctor or pharmacist about taking DEMAZIN COLD RELIEF COLOUR FREE Syrup if you are breastfeeding.** It is not known if DEMAZIN COLD RELIEF COLOUR FREE Syrup passes into the breast milk. Your doctor or pharmacist will discuss the potential benefits and risks of taking the medicine if you are breastfeeding.

If you have not told your doctor or pharmacist about any of the above, tell them before you take DEMAZIN COLD RELIEF COLOUR FREE Syrup, or before you start giving this medicine to a child of six years and over.

### **Taking other medicines**

Tell your doctor or pharmacist if you are taking any other medicines, including medicines that you buy without a prescription from a pharmacy, supermarket or health food shop.

Tell your doctor or pharmacist if you are taking any other cough and cold medicines.

You should also tell any health professional who is prescribing a new medication for you that you are taking DEMAZIN COLD RELIEF COLOUR FREE Syrup.

Some medicines and DEMAZIN COLD RELIEF COLOUR FREE Syrup may interfere with each other and should not be taken with DEMAZIN COLD RELIEF COLOUR FREE Syrup. These include:

- monoamine oxidase inhibitors, medicines (used for depression and Parkinson's disease) or have taken them within the last 14 days. These includes moclobemide, phenelzine and tranylcypromine.
- Medicine used to treat depression such as tricyclic antidepressants (e.g. amitriptyline).
- Medicines used to help you sleep or relax (sedative and hypnotics)
- Strong pain killers (opioid analgesic).
- Phenytoin, a medicine used to treat epilepsy.
- Any heart medicines (especially digoxin)
- Drugs for helping blood circulation and controlling angina (such as glyceryl trinitrate) or beta-blockers (e.g. atenolol)
- Alcohol.
- some medicines used to treat heart or blood pressure
- medicines to prevent blood clots
- antacids / kaolin
- appetite suppressants

These medicines may be affected by DEMAZIN COLD RELIEF COLOUR FREE Syrup, or may affect how well it works. You may need different amounts of your medicine, or you may need to take different medicines. Your doctor or pharmacist will advise have more information on medicines to be careful with or avoid while taking DEMAZIN COLD RELIEF COLOUR FREE Syrup.

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## How to take DEMAZIN<sup>®</sup> COLD RELIEF COLOUR FREE Syrup

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Age	How much	How often	Max Daily Dose
6 – 12 years	8 – 15 mL	Every 6 - 8 hours	32 – 60 mL
12 years and over	15 mL	Every 6 hours	60 mL

DEMAZIN COLD RELIEF COLOUR FREE Syrup can be taken with or without food.

Be sure to take DEMAZIN COLD RELIEF COLOUR FREE Syrup exactly as your doctor or pharmacist has told you to. Use the provided measuring cup to dispense the correct amount of syrup. If symptoms persist for more than 48 hours or are accompanied by high fever, consult your doctor.

Do not take more DEMAZIN COLD RELIEF COLOUR FREE Syrup than recommended by your doctor or pharmacist.

Nervousness, dizziness or sleeplessness may occur at higher dose.

### **If you forget to take it**

If it is almost time for your next dose, skip the dose you missed and take your next dose when you are meant to.

Otherwise, take it as soon as you remember, and then go back to taking your medicine as you would normally.

Do not take a double dose to make up for the dose you missed.

### **If you take too much (overdose)**

Symptoms of overdose of DEMAZIN COLD RELIEF COLOUR FREE Syrup include extreme sleepiness, confusion, weakness, ringing in the ears, blurred vision, large pupils, dry mouth, flushing, fever, shaking, insomnia, hallucinations and possible seizures.

Immediately telephone your doctor or the National Poison Centre (telephone 0800POISON or 0800 764 766) for advice, or go to accident and emergency at your nearest hospital, if you think that you or anyone else may have taken too much DEMAZIN COLD RELIEF COLOUR FREE Syrup.

Do this even if there are no signs of discomfort or poisoning.

You may need urgent medical attention.

Keep telephone numbers for these places handy.

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## **While you are taking DEMAZIN<sup>®</sup> COLD RELIEF COLOUR FREE Syrup**

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### **Things you must do**

Tell all the doctors, dentists and pharmacists who are treating you that you are taking DEMAZIN COLD RELIEF COLOUR FREE Syrup.

Tell your doctor or pharmacist if you become pregnant while you are taking DEMAZIN COLD RELIEF COLOUR FREE Syrup.

### **Things you must not do**

Do not give DEMAZIN COLD RELIEF COLOUR FREE Syrup to anyone else, even if their symptoms seem similar to yours.

Do not give to children under 12 years of age without medical advice.

Do not use it to treat any other complaints unless your doctor or pharmacist says to.

### **Things to be careful of**

DEMAZIN COLD RELIEF COLOUR FREE Syrup may cause drowsiness. Make sure you know how you react to this medicine before you drive a car or operate machinery.

DEMAZIN COLD RELIEF COLOUR FREE Syrup contains sorbitol which may have a laxative effect or cause diarrhoea in some people.

**Stop taking DEMAZIN COLD RELIEF COLOUR FREE Syrup 48 hours before you have any skin tests.**

Antihistamines may interfere with the results of skin tests.

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## **Side effects**

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Tell your doctor or pharmacist as soon as possible if you do not feel well while you are using DEMAZIN COLD RELIEF COLOUR FREE Syrup.

DEMAZIN COLD RELIEF COLOUR FREE Syrup helps most people, but it may have unwanted effects in a few people.

Like other medicines, DEMAZIN COLD RELIEF COLOUR FREE Syrup can cause some side effects. If they occur, they are most likely to be minor and temporary.

Ask your doctor or pharmacist to answer any questions you may have.

Most unwanted effects seen with DEMAZIN COLD RELIEF COLOUR FREE Syrup have been mild to moderate. These include:

- \* drowsiness
- \* hives / rash
- \* increased sensitivity to sunlight
- \* excessive sweating
- \* chills
- \* dry mouth, nose and throat
- \* nausea
- \* dizziness
- \* weakness
- \* fast or irregular heart beats

- \* trouble sleeping
- \* dilated pupils
- \* excitability in children

Other unwanted effects may also occur in some people taking DEMAZIN COLD RELIEF COLOUR FREE Syrup. Tell your doctor or pharmacist if you notice any other effects.

Do not be alarmed by this list of possible side effects. You may not experience any of them.

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## After using DEMAZIN<sup>®</sup> COLD RELIEF COLOUR FREE Syrup

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### **Storage**

Keep your syrup in a cool dry place where the temperature stays below 25 degrees C. Do not store it or any other medicine in the bathroom or near a sink.

Do not leave it in the car on hot days or on window sills.

Keep it where children cannot reach it.

A locked cupboard at least one-and-a-half meters above the ground is good place to store medicines.

### **Disposal**

If your doctor or pharmacist tells you to stop taking DEMAZIN COLD RELIEF COLOUR FREE Syrup or the syrup has passed the expiry date, ask your pharmacist what to do with any that is left over.

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## Product description

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### **What it looks like**

DEMAZIN COLD RELIEF COLOUR FREE Syrup has an aromatic odour and sweet taste, and is vanilla and peach flavoured.

DEMAZIN COLD RELIEF COLOUR FREE Syrup is colourless syrup.

### **Ingredients**

Active ingredients:

- \* chlorpheniramine maleate 1.25mg/5mL
- \* phenylephrine hydrochloride 2.5mg/5mL

Other ingredients:

- \* sucrose
- \* sorbitol
- \* vanillin
- \* benzaldehyde
- \* menthol
- \* ethanol
- \* artificial peach flavour
- \* water

Preservatives:

- \* methyl hydroxybenzoate
- \* propyl hydroxybenzoate

**Supplier**

In Australia:

Schering-Plough Pty Limited  
A subsidiary of Merck & Co., Inc.  
66 Waterloo Rd North Ryde NSW Australia 2113  
Locked Bag 2234 North Ryde NSW Australia 1670

In New Zealand:

Merck Sharp & Dohme (New Zealand) Limited  
Level 3, 109 Carlton Gore Rd  
PO Box 99851 Newmarket, Auckland 1149

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