

DP-ANASTROZOLE

ANASTROZOLE, 1 mg Film coated tablets

What is in this leaflet

This leaflet answers some of the common questions about DP-ANASTROZOLE.

It does not contain all the information that is known about DP-ANASTROZOLE.

It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits. Your doctor has weighed the risks of taking DP-ANASTROZOLE against the benefits they expect it will have for you.

If you have any concerns about taking this medicine, ask your doctor or pharmacist.

Keep this leaflet with your medicine. You may need to read it again.

What DP-ANASTROZOLE is used for

DP-ANASTROZOLE is used to treat breast cancer in women after they have undergone menopause. DP-ANASTROZOLE slows or stops the growth of cancer cells, but it does not kill these cells.

Your doctor can answer any questions that you have about your condition or this medicine.

How DP-ANASTROZOLE works

DP-ANASTROZOLE is an aromatase inhibitor that acts on the body to stop the body producing oestrogen (female sex hormone). Only small quantities of oestrogens are produced in post-menopausal women, which may encourage cancer cells to grow in women with breast cancer.

In pre-menopausal women, the ovaries produce high concentrations of oestrogen. Oestrogen acts to prepare the womb for pregnancy, allow sex drive to develop and make breasts grow.

Before you use DP-ANASTROZOLE

Before you start to use it:

You must tell your doctor if:

- You have allergies to DP-ANASTROZOLE or any of the other ingredients in this product.

- You are on any other medicine, including medicine from a chemist, supermarket or health shop that you brought without a prescription.
- You are taking a medicine containing oestrogen.
- You have any disease or disorder that involves your kidney or liver.

If you have not told your doctor any of the above things, please tell them before you begin taking DP-ANASTROZOLE.

When you must not take it:

Do not use DP-ANASTROZOLE if you have not yet experienced menopause.

Do not use DP-ANASTROZOLE if you are pregnant or breastfeeding unless your doctor says that it is safe. It is not known if it is safe for you to take DP-ANASTROZOLE while you are pregnant. It may affect your baby if you take it early in pregnancy or in the last weeks before your baby is due.

Do not give DP-ANASTROZOLE to children. There is no data to support the safety of DP-ANASTROZOLE in children.

Do not use DP-ANASTROZOLE after the expiry date printed on the pack, or if the packaging is damaged or torn. It may have no effect, or worse, an entirely unexpected effect if you take it after the expiry date.

Do not use this medicine to treat any other complaints unless your doctor says it is safe.

Do not give this medicine to anyone else, even if they have the same symptoms as you.

Using DP-ANASTROZOLE

How to take it:

Your doctor will have told you how much DP-ANASTROZOLE to take. The normal adult dose is one tablet per day.

DP-ANASTROZOLE tablets are presented in a calendar pack of 30 tablets. Within each pack there are two blister trays, each containing 15 tablets. Start taking the tablets from one tray on the relevant day of the week and complete that tray by taking one tablet daily according to the days shown on the tray. Once all tablets have been taken from the tablet pockets marked with the day of the week, complete the tray by taking the tablet from the pocket marked "Take Last". On the next day, start the second blister tray by taking the first tablet from the relevant day of the week and continuing to completion as for the first tray.

DP-ANASTROZOLE tablets should be swallowed whole with a full glass of water. Do not chew the tablets.

You may take DP-ANASTROZOLE before or after food.

Do not stop taking DP-ANASTROZOLE unless your doctor tells you to, even if you feel better.

If you forget to take it:

You should take DP-ANASTROZOLE as prescribed by your doctor. If you miss a dose, do not take an extra dose. Just resume your normal schedule. For example, if you forget to take Monday's tablet leave the tablet allocated to Monday. Then on Tuesday resume as normal by taking the tablet allocated to Tuesday. Do not take extra tablets to make up for a missed dose.

Try to take your tablet at the same time everyday. This will help you remember.

Ask your doctor or pharmacist for more hints if you have trouble remembering to take DP-ANASTROZOLE.

Overdose

Telephone your doctor or the National Poisons and Hazardous Chemicals Information Centre (**0800 POISON – 0800 764 766**) or go to the Accident and Emergency at your nearest hospital immediately if you think that you or anyone else may have taken too much DP-ANASTROZOLE. **Do this even if there are no signs of discomfort or poisoning.**

While you are using DP-ANASTROZOLE

Things you must do:

- Only stop taking DP-ANASTROZOLE if your doctor tells you to.
- If you go into hospital, or need treatment from another doctor or dentist, please let them know that you are taking DP-ANASTROZOLE.

Things to be careful of:

Be careful driving or operating machinery until you know how DP-ANASTROZOLE affects you. DP-ANASTROZOLE may cause drowsiness in some people, especially after the first dose. Make sure that you know how you react to DP-ANASTROZOLE before you drive a car, operate machinery, or do anything else that could be dangerous if you are sleepy.

Side effects

Tell your doctor or pharmacist as soon as possible if you do not feel well while you are taking DP-ANASTROZOLE. DP-ANASTROZOLE helps most people, but it may have unwanted side effects in a few patients. All medicines can have side effects. Sometimes they are serious, but most of the time they are not. You may need medical treatment if you get some of the side effects.

Ask your doctor or pharmacist to answer any questions that you may have.

Tell your doctor if you notice any of the following and they worry you:

- nausea
- vomiting

- diarrhoea
- hot flushes
- anorexia (loss of appetite)
- weakness
- headache
- joint pain or stiffness
- drowsiness
- slight increases in cholesterol (this is rare)
- liver changes
- skin rash
- vaginal dryness
- vaginal bleeding (usually in the first few weeks of treatment)

Tell your doctor if you notice anything else that is making you feel unwell. Some people may get other side effects from taking DP-ANASTROZOLE

After using DP-ANASTROZOLE

Storage

Keep your tablets in the blister pack or bottle until it is time to take them. If you take the tablets out of the blister pack or bottle they may not keep well.

Do not store any medicine in the bathroom or near a sink. Heat and dampness can destroy some medicines.

Keep DP-ANASTROZOLE tablets where young children cannot reach them. A locked cupboard at least one and a half meters above the ground is a good place to store medicines.

Do not leave it in the car on hot days.

Disposal

Return any unused or expired DP-ANASTROZOLE tablets to your pharmacist for safe disposal.

Product description

What it looks like:

DP-ANASTROZOLE 1 mg film-coated tablets are white to off-white, round, film-coated, biconvex tablets engraved with “A 1” on one side and plain on the other.

DP-ANASTROZOLE tablets come in calendar blister packs of 30 tablets and bottle packs of 30 or 90 tablets.

Ingredients:

Each tablet contains 1 mg of the active ingredient, DP-ANASTROZOLE. Each tablet also contains the following ingredients:

- hypromellose
- lactose
- macrogol
- magnesium stearate
- povidone
- sodium starch glycolate
- titanium dioxide

Manufacturer

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