

# Corangin®

40mg tablet

isosorbide-5-mononitrate

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## Consumer Medicine Information

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### What is in this leaflet

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This leaflet answers some common questions about Corangin.

It does not contain all the available information. It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits. Your doctor has weighed the risks of you having Corangin against the benefits they expect it will provide.

**If you have any concerns about this medicine, ask your doctor or pharmacist.**

**Keep this leaflet.**

You may need to read it again.

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### What Corangin is used for

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Corangin contains the active ingredient isosorbide-5-mononitrate. It belongs to a class of medicines known as organic nitrate vasodilators, meaning that they cause blood vessels to widen. Widening the blood vessels means that blood flow and blood pressure is improved, and so the heart does not need to do as much work and does not need as much oxygen.

Corangin is used to prevent angina pectoris and to treat heart failure. It is not suitable for the treatment of acute attacks of angina pectoris.

**Ask your doctor if you have any questions about why this medicine has been prescribed for you.**

Your doctor may have prescribed it for another purpose.

Corangin is only available with a doctor's prescription. It is not addictive.

There is not enough information to recommend the use of this medicine in children.

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### Before you take Corangin

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#### **When you must not take it**

**Do not take Corangin if you have ever had an allergic reaction to:**

- isosorbide-5-mononitrate (the active ingredient in Corangin) or any of the other ingredients listed at the end of this leaflet
- any other medicine containing nitrates or nitrites.
- You have low blood pressure
- You have recently had a heart attack or other serious heart disease, a stroke or a head injury

Do not use Corangin if you are taking Viagra, a medicine for impotence in men.

If you use these two medicines together your blood pressure may fall to a dangerously low level.

Symptoms of an allergic reaction may include shortness of breath, wheezing or difficulty breathing; swelling of the face, lips, tongue or other parts of the body; rash, itching or hives on the skin.

**Do not take Corangin after the expiry date printed on the pack or if the packaging is torn or shows signs of tampering.**

In that case, return the medicine to your pharmacist.

### **Before you start to take it**

**Tell your doctor if you are pregnant or planning to become pregnant.**

There is limited information available on the use of this medicine in pregnancy. Your doctor can discuss with you the benefits and risks involved.

**Tell your doctor if you are breast-feeding.**

Breast-feeding is not recommended while you are taking Corangin. It is not known if the active ingredient, isosorbide-5-mononitrate, passes into the breast milk and could affect your baby.

**Tell your doctor if:**

- you have any cardiac or circulatory diseases
- blood enzyme deficiencies
- headaches
- allergies to any other medicines, foods, dyes or preservatives
- any other health problems

Your doctor may want to take special precautions if you have any of the above conditions.

### **Taking other medicines**

**Tell your doctor if you are taking any other medicines, including medicines that you buy without a prescription from a pharmacy, supermarket or health food shop.**

Some medicines and Corangin may interfere with each other. These include:

- Viagra, a medicine for impotence in men
- other medicines for angina
- medicines for high blood pressure or heart trouble
- diuretic medicines, also called water or fluid tablets
- tricyclic antidepressants, medicines used to treat

- depression
- medicines for mental disorders
- dihydroergotamine, a medicine for migraine
- acetylsalicylic acid (aspirin)
- medicines used to treat inflammation called non-steroidal anti-inflammatory drugs (NSAIDs)
- alcohol

You may need to take different amounts of your medicines or you may need to take different medicines. Your doctor and pharmacist have more information.

**If you have not told your doctor about any of these things, tell him/her before you take Corangin.**

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## How to take Corangin

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**Follow all directions given to you by your doctor or pharmacist carefully.**

They may differ from the information contained in this leaflet.

Your doctor will tell you how many Corangin tablets to take each day.

Corangin is presented in the form of divitabs. These are divisible slow-release tablets, which allow the dosage to be increased or decreased stepwise, so that it can be more closely adapted to individual requirements.

### **How much to take**

The adult dose is usually one tablet of Corangin 40mg once daily and increased as required by adding ½ of a 40mg tablet. Tablets can be taken either in the morning or evening depending on what time of day the angina attacks occur.

Swallow the table with a full glass of water or other liquid.

### **What if you miss a dose**

If you forget to take a dose of this medicine, but remember to do so within 2 hours, take the missed dose right away with a full glass of water or other liquid. Then go back to your regular dosing schedule. However, if you do not remember until later, skip the missed dose and then go back to your regular dosing schedule. Do not double the doses.

### **If you take too much**

**Tell your doctor if you have any of the following symptoms, which may point to possible signs of overdose.**

- feeling of extreme pressure in the head
- unusual lightheadedness, dizziness or faintness
- shortness of breath, rapid breathing
- blueness around the mouth and at extremities due to lack of oxygen
- weak and unusually fast heartbeat.

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## While you are taking Corangin

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### **Things you must do**

**Follow your doctor's instructions carefully and keep all appointments.**

**Tell your doctor immediately if you become pregnant while having treatment with Corangin.** Your doctor can discuss with you the risks of taking it while you are pregnant.

**If you are about to be started on any new medicine, remind your doctor and pharmacist that you are taking Corangin.**

**Tell any other doctor, dentist or pharmacist who treats you that you are taking Corangin.**

### **Things you must not do**

**Do not give this medicine to anyone else even if their**

**symptoms seem to be the same as yours.**

**Do not use it to treat any other complaints unless your doctor tells you to.**

### **Things to be careful of**

**Be careful driving, operating machinery or doing jobs that require you to be alert until you know how Corangin affects you.**

**Be careful when drinking alcohol while you are using Corangin TTS.**

If you drink alcohol while you are using it, your blood pressure may drop, making you feel dizzy or faint.

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## Side effects

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**Tell your doctor or pharmacist as soon as possible if you do not feel well while you are taking Corangin.**

All medicines can have side effects. Sometimes they are serious, most of the time they are not. You may need medical treatment if you get some of the side effects.

**If you are over 65 years old, you should be especially careful and report any side effects promptly to your doctor.**

As people grow older, they are more likely to get side effects from medicines.

**Do not be alarmed by these lists of possible side effects. You may not experience any of them. Ask your doctor or pharmacist to answer any questions you may have.**

**Tell your doctor if you notice any of the following side effects and they worry you:**

- faintness
- dizziness and/or lightheadedness upon standing

- flushing – these normally occur at the start of treatment
- headache – these normally occur at the start of treatment
- nausea, vomiting
- allergic skin reactions such as rash

**Tell your doctor immediately or go to the Accident and Emergency Department at your nearest hospital if you notice any of the following:**

- signs of allergy such as rash, itching or hives on the skin; swelling of the face, lips, tongue or other part of the body; shortness of breath, wheezing or troubled breathing
- collapse
- symptoms of angina get worse
- chest pain

The above side effects may be serious. You may need urgent medical attention.

**Tell your doctor if you notice anything else that is making you feel unwell.**

Some people may have other side effects not yet known or mentioned in this leaflet. Some side effects can only be found by laboratory testing.

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## After taking Corangin

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### Storage

- Store the medicine in a cool dry place. .
- Do not store Corangin or any other medicine in the bathroom or near a sink.
- Do not leave it in the car or on window sills.

**Keep the medicine where children cannot reach it.**

A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

### Disposal

**If you no longer need Corangin or it has passed its expiry date, return any unused medicine to your pharmacist.**

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## Product description

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### *What it looks like*

Corangin is a white capsule shaped divisible (scored) slow-release tablet with convex faces imprinted with CG/CG on one side and EDE/EDE on the other. Packs containing 30 tablets

### *Ingredients*

Corangin tablets contain 40mg isosorbide-5-mononitrate of the active ingredient including the following:

- Silicagel
- Aerosil 200
- Lactose
- Magnesium stearate
- Hydroxypropyl-methylcellulose
- Polyethyleneglycol 400
- Polyvinylpyrrolidone K 30

### *Sponsor*

Corangin is supplied in New Zealand by:  
 Novartis New Zealand Limited  
 Novartis New Zealand Limited  
 Private Bag 65904  
 Mairangi Bay  
 Auckland  
 Building G, 5 Orbit Drive  
 Rosedale  
 Auckland 0632  
 Telephone 0800 652 422

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