

New Zealand Data Sheet

1. PRODUCT NAME

Parizem® 1 microgram capsules

Parizem® 2 microgram capsules

2. QUALITATIVE AND QUANTITATIVE COMPOSITION

Each Parizem 1 microgram capsule contains 1 microgram of paricalcitol.

Each Parizem 2 microgram capsule contains 2 micrograms of paricalcitol.

Excipient(s) with known effect

Parizem capsules contain ethanol. For the full list of excipients, see section 6.1.

3. PHARMACEUTICAL FORM

Parizem 1 microgram: white to off-white, oval, soft gelatin capsule

Parizem 2 microgram: red, oval, soft gelatin capsule

4. CLINICAL PARTICULARS

4.1. Therapeutic indications

Parizem is indicated in adult and paediatric patients 10 to 16 years of age for the prevention and treatment of secondary hyperparathyroidism associated with chronic kidney disease Stages 3 and 4.

Parizem is indicated in adult patients for the prevention and treatment of secondary hyperparathyroidism associated with chronic kidney disease Stage 5 in patients who are on haemodialysis or peritoneal dialysis.

4.2. Dose and method of administration

Dose

Chronic Kidney Disease (CKD) Stages 3 and 4

Parizem should be administered once a day, either daily or three times a week taken every other day.

Initial Dose

The initial dose is based on baseline intact parathyroid hormone (iPTH) levels.

Baseline iPTH Level	Daily Dose	Three Times a Week Dose*
≤ 500 pg/ml (56 pmol/l)	1 microgram	2 micrograms
> 500 pg/ml (56 pmol/l)	2 micrograms	4 micrograms

* To be administered no more frequently than every other day

Dose Titration

Dosing must be individualised based on serum or plasma iPTH levels, with monitoring of serum calcium and serum phosphorus. Table 2 presents a suggested approach for dose titration.

iPTH Level Relative to Baseline	Dose Adjustment at 2 to 4 Week Intervals	
	Daily Dose	Three Times a Week Dose ¹
The same or increased	Increase 1 microgram	Increase 2 micrograms
Decreased by < 30%		
Decreased by ≥30%, ≤60%	Maintain	Maintain
Decreased > 60%	Decrease ² 1 microgram	Decrease ² 2 micrograms
iPTH < 60 pg/ml (7 pmol/l)		

¹ To be administered no more frequently than every other day.
² If a patient is taking the lowest dose on the daily or three times a week regimen, and a dose reduction is needed, dosing frequency can be decreased.

Serum calcium levels should be closely monitored after initiation of the treatment and during dose titration periods. If hypercalcaemia or a persistently elevated calcium-phosphate product greater than 55 mg²/dl² (4.4 mmol²/l²) is observed, the dose of calcium based phosphate binders should be reduced or withheld. Alternatively, the dose of Parizem may be reduced or temporarily interrupted. If interrupted, the drug should be restarted at a lower dose, when serum calcium and calcium-phosphate product are in the target range.

Chronic Kidney Disease (CKD), Stage 5

Parizem should be administered three times a week every other day.

Initial Dose

The initial dose of Parizem in micrograms is based on a baseline iPTH level (pg/ml)/60 [(pmol/l)/7], up to an initial maximum dose of 32 micrograms.

Dose Titration

Subsequent dosing should be individualised and based on iPTH, serum calcium and phosphorus levels. A suggested dose titration of paricalcitol capsules is based on the following formula:

$$\text{Titration dose (micrograms)} = \frac{\text{most recent iPTH level (pg/ml)}}{60}$$

OR

$$\text{Titration dose (micrograms)} = \frac{\text{most recent iPTH level (pmol/l)}}{7}$$

Serum calcium and phosphorus levels should be closely monitored after initiation, during dose titration periods, and with co-administration of strong P450 3A inhibitors. If an elevated serum calcium or elevated Ca x P is observed and the patient is on a calcium-based phosphate binder, the binder dose may be decreased or withheld, or the patient may be switched to a non-calcium-based phosphate binder.

If serum calcium > 11.0 mg/dl (2.8 mmol/l) or Ca x P > 70 mg²/dl² (5.6 mmol²/l²) or iPTH ≤ 150 pg/ml, the dose should be decreased by 2 to 4 micrograms with respect to that calculated by the most recent iPTH/60 (pg/ml) [iPTH/7 (pmol/l)]. If further adjustment is required, the dose of paricalcitol capsules should be reduced or interrupted until these parameters are normalised.

As iPTH approaches the target range (150-300 pg/ml), small, individualised dose adjustments may be necessary in order to achieve a stable iPTH. In situations where monitoring of iPTH, Ca or P occurs less frequently than once per week, a more modest initial and dose titration ratio may be warranted.

Special populations

Hepatic impairment

No dose adjustment is required in patients with mild to moderate hepatic impairment.

There is no experience in patients with severe hepatic impairment (see section 5.2).

Renal transplant

Post-renal transplant patients with CKD Stages 3 and 4 and secondary hyperparathyroidism were not studied in phase 3 clinical trials. Based on the published literature, the initial dose and dose-titration algorithm for patients with post-transplant CKD Stages 3 and 4 and secondary hyperparathyroidism is the same as for patients with native CKD Stages 3 and 4 and secondary hyperparathyroidism. Serum calcium and phosphorus levels should be closely monitored after initiation, during dose titration periods, and with co-administration of strong cytochrome P450 3A inhibitors.

Paediatric population

The safety and efficacy of Parizem capsules in children under the age of 10 years have not yet been established.

CKD Stages 3 and 4 (Ages 10 to 16 years old)

Initial Dose

The recommended starting dose of paricalcitol capsules is 1 microgram administered three times a week, no more frequently than every other day.

Dose Titration

Subsequent dosing should be individualized and based on iPTH, serum calcium and phosphorus levels to maintain an iPTH level between 35 and 69 pg/ml (Stage 3) or 70 and 110 pg/ml (Stage 4).

Paricalcitol dose may be increased in 1 microgram increments every 4 weeks, maintaining the three times per week regimen. At any time, the dose may be decreased by 1 microgram or may be held if the patient is receiving a 1 microgram dose. Paricalcitol may be stopped if the patient requires reduction while receiving 1 microgram three times per week, resuming when appropriate. The maximum dose administered in the clinical study was 7 micrograms per dose.

CKD Stage 5

The efficacy of Parizem in children with CKD Stage 5 has not been established.

Elderly population

No overall differences in safety and effectiveness were observed between elderly patients (65 – 75 years) with regards to younger patients, but greater sensitivity of some older individuals cannot be ruled out.

Method of Administration

Parizem can be taken with or without food.

4.3. Contraindications

Paricalcitol should not be given to patients with evidence of vitamin D toxicity, hypercalcaemia, or hypersensitivity to paricalcitol or any of the excipients listed in section 6.1.

4.4. Special warnings and precautions for use

Over suppression of parathyroid hormone may result in elevations of serum calcium levels and may lead to low-turnover bone disease. Patient monitoring and individualised dose titration is required to reach appropriate physiological endpoints.

If clinically significant hypercalcaemia develops and the patient is receiving a calcium-based phosphate binder, the dose of the calcium-based phosphate binder should be reduced or interrupted.

Chronic hypercalcaemia may be associated with generalised vascular calcification and other soft-tissue calcification.

Phosphate or vitamin D-related medicinal products should not be taken concomitantly with paricalcitol due to an increased risk of hypercalcaemia and Ca x P product elevation (see section 4.5).

Digitalis toxicity is potentiated by hypercalcaemia of any cause, so caution should be applied when digitalis is prescribed concomitantly with paricalcitol (see section 4.5).

In pre-dialysis patients, paricalcitol, like other vitamin D receptor activators, may increase serum creatinine (and therefore decrease the estimated GFR [eGFR]) without changing true glomerular filtration rate (GFR).

Caution should be exercised if co-administering paricalcitol with ketoconazole (see section 4.5).

This product contains small amounts of ethanol (alcohol), which may be harmful to those suffering from alcoholism (refer to sections 2 and 4.2). To be taken into account in pregnant or breast-feeding women, children and high risk groups such as patients with liver disease or epilepsy.

4.5. Interaction with other medicines and other forms of interaction

Ketoconazole is known to be a nonspecific inhibitor of several cytochrome P450 enzymes. The available *in vivo* and *in vitro* data suggest that ketoconazole may interact with enzymes that are responsible for the metabolism of paricalcitol and other vitamin D analogues. Caution should be taken while dosing paricalcitol with ketoconazole. The effect of multiple doses of ketoconazole administered as 200 mg, twice daily (BID) for 5 days on the pharmacokinetics of paricalcitol capsule has been studied in healthy subjects. The C_{max} of paricalcitol was minimally affected, but $AUC_{0-\infty}$ approximately doubled in the presence of ketoconazole. The mean half-life of paricalcitol was 17.0 hours in the presence of ketoconazole as compared to 9.8 hours, when paricalcitol was administered alone (see section 4.4). The results of this study indicate that following either oral or intravenous administration of paricalcitol the maximum amplification of the paricalcitol AUC_{INF} from a drug interaction with ketoconazole is not likely to be greater than about two-fold.

Specific interaction studies were not performed. Digitalis toxicity is potentiated by hypercalcaemia of any cause, so caution should be applied when digitalis is prescribed concomitantly with paricalcitol.

Phosphate or vitamin D-related medicinal products should not be taken concomitantly with paricalcitol due to an increased risk of hypercalcaemia and Ca x P product elevation (see section 4.4).

High doses of calcium-containing preparation or thiazide diuretics may increase the risk of hypercalcaemia.

Magnesium-containing preparations (e.g. antacids) should not be taken concomitantly with vitamin D preparations, because hypermagnesemia may occur.

Aluminium-containing preparations (e.g. antacids, phosphate-binders) should not be administered chronically with Vitamin D medicinal products, as increased blood levels of aluminium and aluminium bone toxicity may occur.

Drugs that impair intestinal absorption of fat-soluble vitamins, such as cholestyramine, may interfere with the absorption of Parizem capsules.

4.6. Fertility, pregnancy and lactation

Pregnancy

There is no adequate data on the use of paricalcitol in pregnant women. Animal studies have shown reproductive toxicity (see section 5.3). Potential risk in human use is not known, therefore paricalcitol should not be used unless clearly necessary.

Breast-feeding

It is not known whether paricalcitol is excreted in human milk. Animal studies have shown excretion of paricalcitol or its metabolites in breast milk, in small amounts. A decision on whether to continue/discontinue breast-feeding or to continue/discontinue therapy with Parizem should be made taking into account the benefit of breast-feeding to the child and the benefit of paricalcitol therapy to the woman.

Fertility

Refer to section 5.3.

4.7. Effects on ability to drive and use machines

Parizem has negligible influence on ability to drive and use machines.

4.8. Undesirable effects

Summary of the safety profile

The safety of paricalcitol capsules has been evaluated in three 24-week, double-blind, placebo-controlled, multi-centre clinical trials involving 220 CKD Stage 3 and 4 adult patients and in one 12-week, double-blind, placebo-controlled, multi-centre clinical trial involving 88 CKD Stage 5 adult patients. In addition, there is post-marketing experience with paricalcitol capsules from three additional studies, and paediatric experience from two studies. The most commonly reported adverse reactions for paricalcitol treated patients were hypercalcaemia and calcium phosphate product increased.

In the Stage 3/4 and Stage 5 clinical trials, the incidence of hypercalcaemia was paricalcitol (3/167, 2%) vs placebo (0/137, 0%) and elevated calcium phosphate product was paricalcitol (19/167, 11%) vs placebo (8/137, 6%).

Tabulated list of adverse reactions

All adverse reactions associated with paricalcitol capsules are displayed in Table 3 by MedDRA System Organ Class, Preferred Term and frequency. The following frequency groupings are used: very common ($\geq 1/10$); common ($\geq 1/100$ to $< 1/10$); uncommon ($\geq 1/1,000$ to $< 1/100$); rare ($\geq 1/10,000$ to $< 1/1,000$); very rare ($< 1/10,000$), unknown (cannot be estimated from the available data).

System Organ Class	Frequency*	Adverse Reaction
Infections and infestations	Uncommon	Pneumonia
Immune system disorders	Uncommon	Hypersensitivity
	Unknown	Angioedema, laryngeal oedema
Endocrine Disorders	Uncommon	Hypoparathyroidism
Metabolism and nutrition disorders	Common	Hypercalcaemia, hyperphosphataemia
	Uncommon	Decreased appetite, hypocalcaemia
Nervous system disorders	Uncommon	Dizziness, dysgeusia, headache
Cardiac	Uncommon	Palpitations
Gastrointestinal disorders	Uncommon	Abdominal discomfort, abdominal pain upper, constipation, diarrhoea, dry mouth, gastroesophageal reflux disease, nausea, vomiting
Skin and subcutaneous tissue disorders	Uncommon	Acne, pruritus, rash, urticaria
Musculoskeletal and connective tissue disorders	Uncommon	Muscle spasms, myalgia
Reproductive system and breast disorders	Uncommon	Breast tenderness
General disorders and administration site conditions	Uncommon	Asthenia, malaise, oedema peripheral, pain
Investigations	Common	Calcium phosphate product increased
	Uncommon	Blood creatinine increased [†] , hepatic enzyme abnormal
*Frequencies for adverse reactions from postmarketing experience cannot be estimated and have been reported as "Unknown."		
[†] This adverse reaction has been observed in studies in predialysis patients (see also section 4.4).		

Paediatric population

In children 10 years of age and older, the nature of the safety profile is similar to that seen in adults. Adverse reactions for paricalcitol treated patients were hypercalcaemia (4/47, 9%), hyperphosphataemia (2/47, 4%), headache (1/47, 2%), and nausea (1/47, 2%).

Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of the medicine is important. It allows continued monitoring of the benefit/risk balance of the medicine. Healthcare professionals are asked to report any suspected reactions <https://nzphvc.otago.ac.nz/reporting/>

4.9. Overdose

Excessive administration of Parizem capsules can cause hypercalcaemia, hypercalciuria, hyperphosphataemia, and over suppression of parathyroid hormone. High intake of calcium and phosphate concomitant with Parizem capsules may lead to similar abnormalities.

Treatment of patients with clinically significant hypercalcaemia consists of immediate dose reduction or interruption of paricalcitol therapy and includes a low calcium diet, withdrawal of calcium supplements, patient mobilisation, attention to fluid and electrolyte imbalances, assessment of electrocardiographic abnormalities (critical in patients receiving digitalis), and haemodialysis or peritoneal dialysis against a calcium-free dialysate, as warranted.

Signs and symptoms of vitamin D intoxication associated with hypercalcaemia include:

Early: Weakness, headache, somnolence, nausea, vomiting, dry mouth, constipation, muscle pain, bone pain and metallic taste.

Late: Anorexia, weight loss, conjunctivitis (calcific), pancreatitis, photophobia, rhinorrhoea, pruritis, hyperthermia, decreased libido, elevated BUN, hypercholesterolaemia, elevated AST and ALT, ectopic calcification, hypertension, cardiac arrhythmias, somnolence, death and rarely, overt psychosis.

Serum calcium levels should be monitored frequently until normocalcaemia ensues.

Paricalcitol is not significantly removed by dialysis.

For advice on the management of overdose please contact the National Poisons Centre on 0800 POISON (0800 764766).

5. PHARMACOLOGICAL PROPERTIES

5.1. Pharmacodynamic properties

Pharmacotherapeutic group: Anti-parathyroid agents; ATC code: H05BX02

Mechanism of action

Paricalcitol is a synthetic, biologically active vitamin D analog of calcitriol with modifications to the side chain (D₂) and the A (19-nor) ring. Unlike calcitriol, paricalcitol is a selective vitamin D receptor (VDR) activator. Paricalcitol selectively upregulates the VDR in the parathyroid glands without increasing VDR in the intestine and is less active on bone resorption. Paricalcitol also

upregulates the calcium sensing receptor in the parathyroid glands. As a result, paricalcitol reduces parathyroid hormone (PTH) levels by inhibiting parathyroid proliferation and decreasing PTH synthesis and secretion, with minimal impact on calcium and phosphorus levels, and can act directly on bone cells to maintain bone volume and improve mineralization surfaces. Correcting abnormal PTH levels, with normalisation of calcium and phosphorus homeostasis, may prevent or treat the metabolic bone disease associated with chronic kidney disease.

Clinical efficacy

Chronic Kidney Disease, Stages 3-4

Adult Pivotal Studies

The primary efficacy endpoint of at least two consecutive $\geq 30\%$ reductions from baseline iPTH was achieved by 91% of paricalcitol capsules-treated patients and 13% of the placebo patients ($p < 0.001$). Serum bone specific alkaline phosphatase like serum osteocalcin were significantly reduced ($p < 0.001$) in patients treated with paricalcitol capsules compared to placebo, which is associated with a correction of the high bone turnover due to secondary hyperparathyroidism. No deterioration in the kidney function parameters of estimated glomerular filtration rate (via MDRD formula) and serum creatinine was detected in paricalcitol capsules treated patients in comparison to placebo treated patients. Significantly more of paricalcitol capsules treated patients experienced a reduction in urinary protein, as measured by semiquantitative dipstick, compared to placebo treated patients.

Paediatric population

The safety and efficacy of paricalcitol capsules were evaluated in a 12-week, double-blind, placebo-controlled, randomized, multicentre study in paediatric patients ages 10 to 16 years with CKD Stages 3 and 4. A total of 18 patients received paricalcitol capsules and 18 patients received placebo during the blinded phase of the study. The mean age of the patients was 13.6 years, 69% were male, 86% were Caucasian, and 8% were Asian. Seventy-two percent (72%) of the paricalcitol-treated patients and 89% of the placebo patients completed the 12 week blinded treatment period.

The initial dose of paricalcitol capsules was 1 microgram three times a week. iPTH, calcium, and phosphorus levels were monitored every 2-4 weeks with a goal to maintain levels within KDOQI target ranges for CKD Stages 3 and 4. Starting at Treatment Week 4, doses may have been increased in 1 microgram increments every 4 weeks based upon safety observations and blood chemistry evaluations. The dose could be decreased by 1 microgram or held if the patient was receiving a 1 microgram dose as appropriate at any time. The maximum allowable dose was 3 micrograms three times a week.

Following the 12-week blinded phase, 13 paricalcitol patients and 16 placebo patients were treated with open-label paricalcitol capsules. Although the maximum allowable dose was 18 micrograms three times a week, the highest dose administered was 7 micrograms three times a week.

The primary efficacy endpoint was proportion of Stage 3 and 4 patients achieving two consecutive $\geq 30\%$ reductions from baseline in iPTH levels. Final iPTH within KDOQI target ranges also was evaluated. Results are shown in Table 4.

Phase/Treatment	Two Consecutive $\geq 30\%$ Reductions From Baseline in iPTH Levels	Final iPTH Within KDOQI Target Ranges*
Blinded Phase		
Placebo	0/18 (0%)	2/18 (11.1%)
Paricalcitol	5/18 (27.8%)**	6/18 (33.3%***)
Open-label Phase		
Placebo to Paricalcitol	7/16 (43.8%)	6/16 (37.5%)
Paricalcitol to Paricalcitol	5/13 (38.5%)	2/13 (15.4%)
* CKD Stage 3: 35 to 69pg/ml; CKD Stage 4: 70 to 110pg/ml. ** p < 0.05 compared to placebo *** p = 0.128 compared to placebo		

During the blinded phase, the between-group difference in mean change from baseline iPTH to each post-baseline visit was statistically significant ($p < 0.05$). Similarly, the between-group difference in mean percent change from baseline to each post-baseline visit was statistically significant ($p < 0.05$). None of the other secondary efficacy analyses had a statistically significant between-group difference.

Chronic kidney disease, Stage 5

Adult Pivotal Study

The primary efficacy endpoint of at least two consecutive $\geq 30\%$ reductions from baseline iPTH was achieved by 88% of paricalcitol capsules treated patients and 13% of the placebo patients ($p < 0.001$).

Paediatric clinical data with paricalcitol injection (IV)

The safety and effectiveness of paricalcitol IV were examined in a 12-week randomised, double-blind, placebo-controlled study of 29 paediatric patients, aged 5-19 years, with end-stage renal disease on haemodialysis. The six youngest paricalcitol IV-treated patients in the study were 5 - 12 years old. The initial dose of paricalcitol IV was 0.04 micrograms/kg 3 times per week, based on baseline iPTH level of less than 500 pg/ml, or 0.08 micrograms/kg 3 times a week based on baseline iPTH level of ≥ 500 pg/ml, respectively. The dose of paricalcitol IV was adjusted in 0.04 micrograms/kg increments based on the levels of serum iPTH, calcium, and Ca x P. 67% of the paricalcitol IV-treated patients and 14% placebo-treated patients completed the trial. 60% of the subjects in the paricalcitol IV group had 2 consecutive 30% decreases from baseline iPTH compared with 21% patients in the placebo group. 71% of the placebo patients were discontinued due to excessive elevations in iPTH levels. No subjects in either the paricalcitol IV group or placebo group developed hypercalcaemia. No data are available for patients under the age of 5.

5.2. Pharmacokinetic properties

Absorption

Paricalcitol is well absorbed. In healthy subjects, following oral administration of paricalcitol at 0.24 micrograms/kg, the mean absolute bioavailability was approximately 72%; the maximum plasma concentration (C_{max}) was 0.630 ng/ml (1.512 pmol/ml) at 3 hours and area under the concentration time curve ($AUC_{0-\infty}$) was 5.25 ng·h/ml (12.60 pmol·h/ml). The mean absolute bioavailability of paricalcitol in haemodialysis (HD) and peritoneal dialysis (PD) patients is 79% and 86%, respectively, with the upper bound of 95% confidence interval of 93% and 112%, respectively. A food interaction study in healthy subjects indicated that the C_{max} and $AUC_{0-\infty}$ were unchanged when paricalcitol was administered with a high fat meal compared to fasting. Therefore, Parizem capsules may be taken without regard to food.

The C_{max} and $AUC_{0-\infty}$ of paricalcitol increased proportionally over the dose range of 0.06 to 0.48 micrograms/kg in healthy subjects. Following multiple dosing, either as daily or three times a week in healthy subjects, steady-state exposure was reached within seven days.

Distribution

Paricalcitol is extensively bound to plasma proteins (> 99%). The ratio of blood paricalcitol to plasma paricalcitol concentration averaged 0.54 over the concentration range of 0.01 to 10 ng/ml (0.024 to 24 pmol/ml) indicating that very little drug associated with blood cells. The mean apparent volume of distribution following a 0.24 micrograms/kg dose of paricalcitol in healthy subjects was 34 litres.

Biotransformation

After oral administration of a 0.48 micrograms/kg dose of 3H -paricalcitol, parent drug was extensively metabolised, with only about 2% of the dose eliminated unchanged in the faeces, and no parent drug found in the urine. Approximately 70% of the radioactivity was eliminated in the faeces and 18% was recovered in the urine. Most of the systemic exposure was from the parent drug. Two minor metabolites, relative to paricalcitol, were detected in human plasma. One metabolite was identified as 24(R)-hydroxy paricalcitol, while the other metabolite was unidentified. The 24(R)-hydroxy paricalcitol is less active than paricalcitol in an *in vivo* rat model of PTH suppression.

In vitro data suggest that paricalcitol is metabolised by multiple hepatic and non-hepatic enzymes, including mitochondrial CYP24, as well as CYP3A4 and UGT1A4. The identified metabolites include the product of 24(R)-hydroxylation, as well as 24,26- and 24,28-dihydroxylation and direct glucuronidation.

Elimination

In healthy subjects, the mean elimination half-life of paricalcitol is five to seven hours over the studied dose range of 0.06 to 0.48 micrograms/kg. The degree of accumulation was consistent

with the half-life and dosing frequency. Haemodialysis procedure has essentially no effect on paricalcitol elimination.

Special Populations

Elderly population

The pharmacokinetics of paricalcitol have not been investigated in patients greater than 65 years.

Paediatric population

The pharmacokinetics of a single 3 microgram dose of paricalcitol was characterized in paediatric CKD Stage 3 (n=6) and Stage 4 (n=6) patients 10 to 16 years of age. In CKD Stage 3 paediatric patients, the C_{max} was 0.12 ± 0.06 ng/ml and the $AUC_{0-\infty}$ was 2.63 ± 0.76 ng·h/ml. In CKD Stage 4 paediatric patients, the C_{max} was 0.14 ± 0.05 ng/ml and the $AUC_{0-\infty}$ was 3.12 ± 0.91 ng·h/ml. The $t_{1/2}$ of paricalcitol in CKD Stage 3 and 4 paediatric patients was 13.3 ± 4.3 hour and 15.2 ± 4.4 hours, respectively.

Paricalcitol C_{max} , AUC, and $t_{1/2}$ values were similar between Stage 3 and Stage 4 CKD paediatric subjects 10-16 years of age.

Gender

The pharmacokinetics of paricalcitol following single doses over 0.06 to 0.48 micrograms/kg dose range were gender independent.

Hepatic Impairment

In a study performed with paricalcitol intravenous, the disposition of paricalcitol (0.24 micrograms/kg) was compared in patients with mild (n = 5) and moderate (n = 5) hepatic impairment (in accordance with the Child-Pugh method) and subjects with normal hepatic function (n = 10). The pharmacokinetics of unbound paricalcitol was similar across the range of hepatic function evaluated in this study. No dosing adjustment is required in patients with mild to moderate hepatic impairment. The influence of severe hepatic impairment on the pharmacokinetics of paricalcitol has not been evaluated.

Renal Impairment

Paricalcitol pharmacokinetics following single dose administration were characterised in patients with CKD Stage 3 or moderate renal impairment (n = 15, GFR = 36.9 to 59.1 ml/min/1.73 m²), CKD Stage 4 or severe renal impairment (n = 14, GFR = 13.1 to 29.4 ml/min/1.73 m²), and CKD 5 or end-stage renal disease [n = 14 in haemodialysis (HD) and n = 8 in peritoneal dialysis (PD)]. Similar to endogenous 1,25(OH)₂ D₃, the pharmacokinetics of paricalcitol following oral administration were affected significantly by renal impairment, as shown in Table 5. Compared to healthy subjects' results obtained, CKD Stage 3, 4, and 5 patients showed decreased CL/F and increased half-life.

Table 5. Comparison of Mean ± SD Pharmacokinetic Parameters in Different Stages of Renal Impairment versus Healthy Subjects					
Pharmacokinetic Parameter	Healthy Subjects	CKD Stage 3	CKD Stage 4	CKD Stage 5	
				HD	PD
n	25	15	14	14	8
Dose (micrograms/kg)	0.240	0.047	0.036	0.240	0.240
CL/F (l/h)	3.6 ± 1.0	1.8 ± 0.5	1.5 ± 0.4	1.8 ± 0.8	1.8 ± 0.8
t _½ (h)	5.9 ± 2.8	16.8 ± 2.6	19.7 ± 7.2	13.9 ± 5.1	17.7 ± 9.6
f _u * (%)	0.06 ± 0.01	0.06 ± 0.01	0.07 ± 0.02	0.09 ± 0.04	0.13 ± 0.08

* Measured at 15 nM paricalcitol concentration.

Following oral administration of paricalcitol capsules, the pharmacokinetic profile of paricalcitol for chronic kidney disease, Stages 3 to 5 was comparable. Therefore, no special dosing adjustments are required other than those recommended (see section 4.2).

5.3. Preclinical safety data

Salient findings in the repeat-dose toxicology studies in rodents and dogs were generally attributed to paricalcitol's calcaemic activity. Effects not clearly related to hypercalcaemia included decreased white blood cell counts and thymic atrophy in dogs, and altered APTT values (increased in dogs, decreased in rats). WBC changes were not observed in clinical trials of paricalcitol.

Paricalcitol did not affect fertility in rats and there was no evidence of teratogenic activity in rats or rabbits. High doses of other vitamin D preparations applied during pregnancy in animals lead to teratogenesis. Paricalcitol was shown to affect foetal viability, as well as to promote a significant increase of peri-natal and post-natal mortality of newborn rats, when administered at maternally toxic doses.

Paricalcitol did not exhibit genotoxic potential in a set of *in vitro* and *in vivo* genotoxicity assays.

Carcinogenicity studies in rodents did not indicate any special risks for human use.

Doses administered and/or systemic exposures to paricalcitol were slightly higher than therapeutic doses/systemic exposures.

6. PHARMACEUTICAL PARTICULARS

6.1. List of excipients

Ethanol, medium chain triglycerides, butylhydroxytoluene, purified water, gelatin, glycerol and titanium dioxide.

6.2. Incompatibilities

Not applicable.

6.3. Shelf life

36 months

6.4. Special precautions for storage

Store at or below 25°C.

6.5. Nature and contents of container

Parizem capsules are presented in 28, 30, 84 and 90 packs containing PVDC/PVC/Aluminium blister strips.

Not all strengths or pack sizes may be marketed.

6.6. Special precautions for disposal and other handling

No special requirements.

7. MEDICINE SCHEDULE

Prescription medicine

8. SPONSOR

Douglas Pharmaceuticals Ltd
P O Box 45 027
Auckland 0651
New Zealand
Phone: (09) 835 0660

9. DATE OF FIRST APPROVAL

3 December 2020

10. DATE OF REVISION OF THE TEXT

3 December 2020