

# NEW ZEALAND DATA SHEET

## 1. MAXIGESIC TABLET

Maxigesic tablet – Paracetamol 500 mg/Ibuprofen 150 mg.

## 2. QUALITATIVE AND QUANTITATIVE COMPOSITION

Maxigesic: Each tablet contains 500 mg of paracetamol and 150 mg of ibuprofen.

### Excipients with known effect:

Maize starch, microcrystalline cellulose, crosscarmellose sodium, magnesium stearate, opadry white and talc.

For the full list of excipients, see section 6.1.

## 3. PHARMACEUTICAL FORM

Tablet.

A white coloured, capsule shaped, film coated tablet with breakline on one side and plain on the other side.

## 4. CLINICAL PARTICULARS

### 4.1 Therapeutic indications

Maxigesic® tablets are indicated for relief of pain and reduction of fever and inflammation.

### 4.2 Dose and method of administration

Adults and children over 12 years: The usual dosage is 1-2 tablets taken every four to six hours, up to a maximum of eight tablets in 24 hours.

Children under 12 years: Maxigesic® is not recommended for children under 12 years.

### 4.3 Contraindications

Maxigesic® is contraindicated for use in patients with known hypersensitivity reaction to paracetamol, ibuprofen, other NSAIDs or any other ingredients in the product.

Maxigesic® is contraindicated for use in patients with severe heart and renal failure (glomerular filtration below 30ml/min)

Maxigesic® is contraindicated for use in women during third trimester of pregnancy.

### *Paracetamol:*

Paracetamol should not be used in patients with active alcoholism as chronic excessive alcohol ingestion may predispose patients to paracetamol hepatotoxicity.

### *Ibuprofen*

Ibuprofen should not be given to patients who have experienced asthma, urticaria, or allergic-type reactions after taking aspirin or other NSAIDs. Severe, rarely fatal, anaphylactic-like

reactions to NSAIDs have been reported in such patients (see Precautions, Pre-existing Asthma).

Ibuprofen is contraindicated for use in patients with active gastrointestinal bleeding or peptic ulceration. Use of ibuprofen is contraindicated during the third trimester of pregnancy (see Use in pregnancy).

Maxigesic® should not be taken with other products containing ibuprofen, aspirin, salicylates or with any other anti-inflammatory medicines unless under a doctor's instruction. Refer to 'Interactions with other medicines' for additional information.

#### **4.4 Special warnings and precautions**

##### Use in Chronic Liver Disease or a History of Liver Disease Paracetamol:

Paracetamol at higher than recommended doses can lead to hepatotoxicity and even hepatic failure and death. Paracetamol can be used in patients with liver disease and has been studied in both one-time single (1500 mg) and multiple doses (4000 mg/d) in adult patients with chronic stable liver disease. A double-blind, two-period, crossover study was conducted to evaluate the use of 4000 mg/d of paracetamol for 13 days in patients with stable chronic liver disease. There were no abnormalities indicative of an adverse reaction to paracetamol. The metabolism following a single 1500-mg dose was compared in normal subjects, patients with mild liver disease, and patients with severe liver disease. There were no significant differences in overall 24-hour urinary excretion of paracetamol and glucuronide, cysteine, and mercapturic acid conjugates of paracetamol. Following a single (10 mg/kg) dose of paracetamol, the pharmacokinetic profiles in patients with mild, moderate, or severe liver disease were not significantly different. Although the plasma half-life of paracetamol was prolonged in patients with severe liver disease, there were no significant differences in the 24-hour (adult) and 36-hour (children) urinary excretion of paracetamol or its conjugates (glucuronide, cysteine, mercapturic acid).

##### *Ibuprofen:*

Patients with impaired liver function or a history of liver disease who are on long term ibuprofen therapy should have hepatic function monitored at regular intervals. Ibuprofen has been reported to have a minor and transient effect on liver enzymes.

Severe hepatic reactions, including jaundice and cases of fatal hepatitis, though rare, have been reported with ibuprofen as with other NSAIDs. If abnormal liver tests persist or worsen, or if clinical signs and symptoms consistent with liver disease develop, or if systemic manifestations occur (e.g. eosinophilia, rash, etc.), ibuprofen should be discontinued

##### Use in Renal Disease Paracetamol:

Paracetamol can be used in patients with chronic renal disease without dosage adjustment. In a single-dose study, the disposition and metabolite kinetics of 1000 mg of paracetamol were compared in patients with renal disease and in healthy volunteers. The fractional urinary recovery of paracetamol and its conjugates (e.g., glucuronide, sulphate, cysteine, mercapturate) was similar in healthy volunteers and in patients with moderate renal failure. In a 10-day, multi-dose study, the disposition of paracetamol 3000 mg daily in healthy volunteers was compared with patients with chronic renal failure. A slight increase in predose trough paracetamol levels was noted in patients with renal failure (3.1 µg/mL) compared with controls (1.1 µg/mL), but there was no evidence of accumulation of the glutathione-derived metabolites of paracetamol (e.g., cysteine, mercapturate). Although mean daily predose plasma

concentrations of sulphate and glucuronide conjugates were higher in patients with chronic renal disease, these conjugates disappeared rapidly when paracetamol was discontinued. There is no significant risk of paracetamol toxicity in patients with moderate to severe renal failure.

#### *Ibuprofen:*

Caution should be used when initiating treatment with ibuprofen in patients with considerable dehydration.

The two major metabolites of ibuprofen are excreted mainly in the urine and impairment of renal function may result in their accumulation. The significance of this is unknown. NSAIDs have been reported to cause nephrotoxicity in various forms; interstitial nephritis, nephritic syndrome and renal failure. In patients with renal, cardiac or hepatic impairment, those taking diuretics and ACE Inhibitors, and the elderly, caution is required since the use of nonsteroidal anti-inflammatory drugs may result in deterioration of renal function. The dose should be kept as low as possible and renal function should be monitored in these patients.

#### Use in Older Patients

**Paracetamol:** No adjustment in labelled dosage is necessary for older patients who require paracetamol therapy. Those who require therapy for longer than 10 days should consult their physician for condition monitoring; however, no reduction in recommended dose is necessary.

**Ibuprofen:** Ibuprofen should not be taken by adults over the age of 65 without consideration of comorbidities and co-medications because of an increased risk of adverse effects, in particular heart failure, gastrointestinal ulceration and renal impairment.

#### Haematological Effects

##### *Paracetamol:*

**Glucose-6-Phosphate Dehydrogenase (G6PD) Deficiency** In therapeutic doses, paracetamol does not shorten the lifespan of red blood cells and does not produce any clinically perceptible destruction of circulating red blood cells. It can alter the metabolism of oral anticoagulants (see Interactions with Other Medicines).

##### *Ibuprofen:*

**Haematological Monitoring** Blood dyscrasias have been rarely reported. Patients on long-term therapy with ibuprofen should have regular haematological monitoring.

**Coagulation Defects** Like other NSAIDs, ibuprofen can inhibit platelet aggregation. Ibuprofen has been shown to prolong bleeding time (but within the normal range), in normal subjects. Because this prolonged bleeding effect may be exaggerated in patients with underlying haemostatic defects, ibuprofen should be used with caution in persons with intrinsic coagulation defects and those on anti-coagulation therapy.

#### Gastrointestinal Events

##### *Ibuprofen:*

Upper GI ulcers, gross bleeding or perforation have been described with NSAIDs. The risks increase with dose and duration of treatment and are more common in patients over the age of 65 years. Some patients will experience dyspepsia, heartburn, nausea, stomach pain or diarrhoea.

These risks are minimal when Maxigesic® is used at the prescribed dose for a few days.

Ibuprofen should be used with extreme caution, and at the lowest effective dose for the shortest duration, in patients with a history of gastrointestinal haemorrhage or ulcer since their condition may be exacerbated.

Maxigesic® should be discontinued if there is any evidence of gastrointestinal bleeding.

The concurrent use of aspirin and NSAIDs also increases the risk of serious gastrointestinal adverse events.

### Cardiovascular Thrombotic Events

#### *Ibuprofen:*

Epidemiological data suggest that use of ibuprofen, particularly at a high dose (2400 mg/daily) may be associated with an increased risk of arterial thrombotic events such as myocardial infarction or stroke. Overall, epidemiological studies do not suggest that low dose ibuprofen ( $\leq$  1200mg/ daily) is associated with an increased risk of arterial thrombotic events.

Patients with uncontrolled hypertension, congestive heart failure, established ischaemic heart disease, peripheral arterial disease, and/or cerebrovascular disease should only be treated with ibuprofen after careful consideration. Similar consideration should be made before initiating treatment in patients with risk factors for cardiovascular events (e.g. hypertension, hyperlipidaemia, diabetes mellitus, and smoking).

There is no consistent evidence that the concurrent use of aspirin mitigates the possible increased risk of serious cardiovascular thrombotic events associated with NSAIDs use.

Hypertension: NSAIDs may lead to onset of new hypertension or worsening of pre-existing hypertension and patients taking antihypertensive medicines with NSAIDs may have an impaired anti-hypertensive response. Caution is advised when prescribing NSAIDs to patients with hypertension. Blood pressure should be monitored closely during initiation of NSAID treatment and at regular intervals thereafter.

Heart failure: Fluid retention and oedema have been observed in some patients taking NSAIDs; therefore caution is advised in patients with fluid retention or heart failure.

### Severe Skin Reactions

#### *Ibuprofen:*

NSAIDs may very rarely cause serious cutaneous adverse events such as exfoliative dermatitis, toxic epidermal necrolysis (TEN) and Stevens-Johnson syndrome (SJS), which can be fatal and occur without warning. These serious adverse events are idiosyncratic and are independent of dose. Patients appear to be at highest risk of these reactions early in the course of therapy, the onset of the reaction occurring in the majority of cases within the first month of treatment. Acute generalised exanthematous pustulosis (AGEP) has been reported in relation to ibuprofen-containing products. Patients should be advised of the signs and symptoms of serious skin reactions and to consult their doctor at the first appearance of a skin rash or any other sign of hypersensitivity. Ibuprofen should be discontinued, at the first appearance of signs and symptoms of severe skin reactions, such as skin rash, mucosal lesions, or any other sign of hypersensitivity.

### Pre-existing asthma

#### *Ibuprofen:*

Patients with asthma may have aspirin-sensitive asthma. The use of aspirin in patients with aspirin sensitive asthma has been associated with severe bronchospasm, which can be fatal. Since cross reactivity, including bronchospasm, between aspirin and NSAIDs has been reported

in such aspirin-sensitive patients, ibuprofen tablets should not be administered to patients with this form of aspirin sensitivity and should be used with caution in patients with pre-existing asthma.

#### Ophthalmological effects

##### *Ibuprofen:*

Adverse ophthalmological effects have been observed with NSAIDs; accordingly, patients who develop visual disturbances during treatment with ibuprofen should have an ophthalmological examination.

Combination use of ACE inhibitors or angiotensin receptor antagonists, anti-inflammatory drugs and thiazide diuretics  
**Ibuprofen:** The use of an ACE inhibiting drug (ACE-inhibitor or angiotensin receptor antagonist), an anti-inflammatory drug (NSAID or COX-2 inhibitor) and thiazide diuretic at the same time increases the risk of renal impairment. This includes use in fixed-combination products containing more than one class of drug. Combined use of these medications should be accompanied by increased monitoring of serum creatinine, particularly at the institution of the combination. The combination of drugs from these three classes should be used with caution particularly in elderly patients or those with pre-existing renal impairment.

#### Aseptic Meningitis

##### *Ibuprofen:*

Aseptic meningitis has been reported only rarely, usually but not always in patients with systemic lupus erythematosus (SLE) or other connective tissue disorders.

#### Masking Signs of Infection

##### *Ibuprofen:*

As with other drugs of this class, ibuprofen may mask the usual signs of infection.

#### Special Precautions

##### *Ibuprofen:*

In order to avoid exacerbation of disease or adrenal insufficiency, patients who have been on prolonged corticosteroid therapy should have their therapy tapered slowly rather than discontinued abruptly when ibuprofen is added to the treatment program.

#### Female Fertility

The use of ibuprofen may impair female fertility and is not recommended in women attempting to conceive. In women who have difficulties conceiving or who are undergoing investigation of infertility, withdrawal of ibuprofen should be considered.

### **4.5 Interaction with other medicines and other forms of interaction**

Anti-platelet agents Anti-platelet agents and selective serotonin reuptake inhibitors (SSRIs):  
Increased risk of gastrointestinal bleeding

Aminoglycosides: NSAIDs may decrease the excretion of aminoglycosides

Cholestyramine: The concomitant administration of ibuprofen and cholestyramine may reduce the absorption of ibuprofen in the gastrointestinal tract. However, the clinical significance is unknown.

Herbal Extracts: Ginkgo biloba may potentiate the risk of bleeding with NSAIDs

Other analgesics: Avoid concomitant use of two or more NSAIDs, including aspirin and cyclooxygenase-2 (COX-2) selective inhibitors, because of the potential of increased adverse effects.

Ibuprofen antagonizes the irreversible inhibition of platelet cox-1 induced by low dose aspirin. To reduce this effect, ibuprofen should be administered at least 8 hours before or 30 minutes after taking low dose aspirin.

Experimental data suggest that ibuprofen may inhibit the effect of low dose aspirin on platelet aggregation when they are dosed concomitantly. However, the limitations of these data and the uncertainties regarding extrapolation of ex vivo data to the clinical situation imply that no firm conclusions can be made for regular ibuprofen use, and no clinically relevant effect is considered to be likely for occasional ibuprofen use (see PHARMACOLOGY).

Cyclosporine or Tacrolimus: Increased risk of nephrotoxicity when used with NSAIDs.

Mifepristone: NSAIDs should not be used for 8-12 days after mifepristone administration as NSAIDs can reduce the effect of mifepristone.

Quinolone antibiotics: Animal data indicate that NSAIDs can increase the risk of convulsions associated with quinolone antibiotics. Patients taking NSAIDs and quinolones may have an increased risk of developing convulsions.

Sulfonylureas: NSAIDs may potentiate the effects of sulfonylurea medications. There have been rare reports of hypoglycaemia in patients on sulfonylurea medications receiving ibuprofen.

CYP2C9 Inhibitors: Concomitant administration of ibuprofen with CYP2C9 inhibitors may increase the exposure to ibuprofen (CYP2C9 substrate). In a study with voriconazole and fluconazole (CYP2C9 inhibitors), an increased S(+)-ibuprofen exposure by approximately 80 to 100% has been shown. Reduction of the ibuprofen dose should be considered when potent CYP2C9 inhibitors are administered concomitantly, particularly when high-dose ibuprofen is administered with either voriconazole or fluconazole.

*Paracetamol:*

The following interactions have been noted:

- Anticoagulant drugs (warfarin) - dosage may require reduction if paracetamol and anticoagulants are taken for a prolonged period of time
- Paracetamol absorption is increased by substances that increase gastric emptying, e.g. Metoclopramide
- Paracetamol absorption is decreased by substances that decrease gastric emptying, e.g. Propantheline, antidepressants with anticholinergic properties, and narcotic analgesics
- Paracetamol may increase chloramphenicol plasma concentrations
- The risk of paracetamol toxicity may be increased in patients receiving other potentially hepatotoxic drugs or drugs that induce liver microsomal enzymes such as alcohol and anticonvulsant agents
- Paracetamol excretion may be affected and plasma concentrations altered when given with probenecid

- Cholestyramine reduces the absorption of paracetamol if given within 1 hour of paracetamol.
- Severe hepatotoxicity at therapeutic doses or moderate overdoses of paracetamol has been reported in patients receiving isoniazid alone or with other drugs for tuberculosis.
- Severe hepatotoxicity has occurred after use of paracetamol in a patient taking zidovudine and co-trimoxazole.

### *Ibuprofen*

The following interactions have been noted:

- Anticoagulants, including warfarin – ibuprofen interferes with the stability of INR and may increase risk of severe bleeding and sometimes fatal haemorrhage, especially from the gastrointestinal tract. Ibuprofen should only be used in patients taking warfarin if absolutely necessary and they must be closely monitored.
- Ibuprofen may decrease renal clearance and increase plasma concentration of lithium
- Ibuprofen may reduce the anti-hypertensive effect of ACE inhibitors, beta-blockers and diuretics and may cause natriuresis and hyperkalemia in patients under these treatments
- Ibuprofen reduces methotrexate clearance
- Ibuprofen may increase plasma levels of cardiac glycosides
- Ibuprofen may increase the risk of gastrointestinal bleeding especially if taken with corticosteroids
- Ibuprofen may prolong bleeding time in patients treated with zidovudine
- Ibuprofen may also interact with probenecid, antidiabetic medicines and phenytoin.

### **4.6 Fertility, pregnancy and lactation**

Inhibition of prostaglandin synthesis may adversely affect pregnancy and/or embryo/fetal development. Some data from epidemiological studies suggest an increased risk of miscarriage after use of a prostaglandin synthesis inhibitor (such as NSAIDs) in early pregnancy. In animals, administration of prostaglandin synthesis inhibitors has been shown to result in increased pre- and post-implantation loss. During the first and second trimester of pregnancy, Maxigesic should not be given unless clearly necessary. If Maxigesic is used by a woman attempting to conceive, or during the first and second trimester of pregnancy, the dose should be kept as low as possible and the duration of treatment as short as possible.

#### *Paracetamol:*

Category A: Paracetamol has been taken by a large number of pregnant women and women of childbearing age without any proven increase in the frequency of malformations or other direct or indirect harmful effects on the foetus having been observed.

#### *Ibuprofen:*

Category C: Drugs which, owing to their pharmacological effects, have caused or may be suspected of causing, harmful effects on the human foetus or neonate without causing malformations. These effects may be reversible. Ibuprofen inhibits prostaglandin synthesis and, when given during the latter part of pregnancy, may cause closure of the foetal ductus arteriosus, foetal renal impairment, inhibition of platelet aggregation and may delay labour and birth.

Thus, using Maxigesic® which contains ibuprofen is contraindicated during the third trimester of pregnancy, especially over the last few days before expected birth.

Further, there is insufficient experience with the safety of use of ibuprofen in humans during

pregnancy. Therefore, Maxigesic® should not be used during the first 6 months of pregnancy unless the potential benefits to the patient outweigh the possible risk to the foetus.

#### Use in lactation

Maxigesic® is not recommended for nursing mothers.

#### **4.7 Effects on ability to drive and use machines**

Following treatment with ibuprofen, the reaction time of patients may be affected. NSAIDs may cause dizziness, drowsiness, fatigue and visual disturbances. If affected patients should not drive or operate machinery.

#### **4.8 Undesirable effects**

##### *Paracetamol:*

Side effects of paracetamol are rare and usually mild, although haematological reactions have been reported. Skin rashes and hypersensitivity reactions occur occasionally. Overdosage with paracetamol if left untreated can result in severe, sometimes fatal liver damage and rarely, acute renal tubular necrosis.

##### *Ibuprofen:*

Hypersensitivity reactions have been reported following treatment with ibuprofen. These may consist of non-specific allergic reaction and anaphylaxis, respiratory tract reactivity comprising asthma, aggravated asthma, bronchospasm or dyspnea, or assorted skin disorders, including rashes of various types, pruritus, urticaria, purpura, angioedema and very rarely, bullous dermatoses (including Stevens-Johnson syndrome, toxic epidermal necrolysis and erythema multiforme).

##### More common reactions: (greater than 1%)

Gastrointestinal: The most commonly observed adverse events are gastrointestinal in nature. Gastrointestinal complaints include nausea, epigastric pain, heartburn, diarrhoea, abdominal distress, nausea and vomiting, dyspepsia, constipation, abdominal cramps or pain, gastrointestinal haemorrhage, haematemesis, melaena, fullness of the GI tract (bloating and flatulence).

Ear and labyrinth disorders: Tinnitus, hearing impaired.

General disorders and administration site conditions. Oedema, fluid retention; fluid retention generally responds promptly to discontinuation of the drug.

Nervous system disorders: Dizziness, headache, nervousness.

Skin and subcutaneous tissue disorders: Rash (including maculopapular type), pruritus.

General disorders: Decreased appetite, fatigue

##### Less common reactions: (less than 1%)

Nervous system disorders: Depression, insomnia, anxiety, confusion, emotional lability, somnolence, aseptic meningitis with fever and coma.



Skin and subcutaneous tissue disorders: Vesiculobullous eruptions, urticaria, erythema multiforme, Stevens-Johnson syndrome, alopecia

Gastrointestinal: Gastric or duodenal ulcer with bleeding and/or perforation, mouth ulceration, ulcerative stomatitis, pancreatitis, gastritis

Hepatobiliary disorders: Hepatitis, jaundice, abnormal liver function

Blood and lymphatic system disorders: Neutropenia, leucopenia, agranulocytosis, aplastic anaemia, haemolytic anaemia (sometimes Coombs positive), thrombocytopenia with or without purpura, eosinophilia and decrease in haemoglobin and haematocrit.

Cardiac disorders: Cardiac failure, myocardial infarction

Vascular disorder: Hypertension

Respiratory, thoracic and mediastinal disorders: Asthma, bronchospasm, dyspnoea

Infections and infestations: Rhinitis and meningitis aseptic

Eye disorders: Amblyopia (blurred and/or diminished vision, scotomata and/or changes in colour vision) have occurred but is usually reversed after cessation of therapy. Any patient with eye complaints should have an ophthalmological examination which includes central vision fields (see PRECAUTIONS). Visual impairment and toxic neuropathy have also been reported.

Allergic: Syndrome of abdominal pain, fever, chills, nausea and vomiting, anaphylaxis

Precise Incidence Unknown (but less than 1%) Causal Relationship Unknown

Nervous System disorders: Paraesthesias, hallucinations, dream abnormalities, vertigo

Skin and subcutaneous tissue disorders: Toxic epidermal necrolysis, photoallergic skin reactions

Eye disorders: Conjunctivitis, diplopia, optic neuritis, cataracts

Blood and lymphatic system disorders: Bleeding episodes (eg epistaxis, menorrhagia)

Metabolism and nutrition disorders: Gynaecomastia, hypoglycaemic reaction, acidosis

Renal and urinary disorders: Renal nephrotoxicity in various forms, including interstitial nephritis, nephrotic syndrome and renal failure.

Hepatobiliary disorders: Abnormal liver function, hepatic failure, hepatitis and jaundice.

Cardiac disorders: Arrhythmias (sinus tachycardia, sinus bradycardia)

Immune system disorders: Serum sickness, lupus erythematosus syndrome, Henoch-Schönlein vasculitis, angioedema

Not known

Skin and subcutaneous tissue disorders

Acute generalised exanthematous pustulosis (AGEP)

Drug reaction with eosinophilia and systemic symptoms (DRESS)

Additional Post-Marketing Adverse Reactions

Gastrointestinal: Exacerbation of colitis and Crohn's Disease (see Contraindications section). Pancreatitis has been reported very rarely.

## **4.9 Overdose**

Symptoms

*Paracetamol:*

Symptoms of paracetamol overdosage in the first 24 hours are pallor, nausea, vomiting, anorexia and abdominal pain. Liver damage may become apparent 12 to 48 hours after ingestion. Abnormalities of glucose metabolism and metabolic acidosis may occur. In severe poisoning, hepatic failure may proceed to encephalopathy, coma and death.

Acute renal failure with acute tubular necrosis may develop in the absence of severe liver damage. Cardiac arrhythmias have been reported. Liver damage is likely in adults who have taken 10 g or more of paracetamol, due to excess quantities of a toxic metabolite becoming irreversibly bound to liver tissue.

*Ibuprofen:*

Symptoms include nausea, abdominal pain and vomiting, dizziness, convulsion and rarely, loss of consciousness. Clinical features of overdose with ibuprofen which may result are depression of the central nervous system and the respiratory system.

Treatment

*Paracetamol:*

Prompt treatment is essential in the management of paracetamol overdosage even when there are no obvious symptoms, and should not be delayed while waiting for laboratory results. Any patient who has ingested 7.5 g or more of paracetamol in the preceding 4 hours should undergo gastric lavage. Specific therapy with an antidote such as acetylcysteine (intravenous) or methionine (oral) should be instituted as soon as possible.

Acetylcysteine is most effective when administered during the first 8 hours following ingestion of the overdose and the effect diminishes progressively between 8 and 16 hours. It used to be believed that starting treatment more than 15 hours after overdosage was of no benefit and might possibly aggravate the risk of hepatic encephalopathy. However, late administration has now been shown to be safe, and studies of patients treated up to 36 hours after ingestion suggest that beneficial results may be obtained beyond 15 hours. Furthermore, administration of intravenous acetylcysteine to patients who have already developed fulminant hepatic failure has been shown to reduce morbidity and mortality.

An initial dose of 150 mg/kg of acetylcysteine in 200 mL 5% glucose is given intravenously over 15 minutes, followed by an I.V. infusion of 50 mg/kg in 500 mL 5% glucose over 4 hours and then 100 mg/kg in 1 litre 5% glucose over 16 hours. The volume of I.V. fluids should be modified for children.

Methionine is given orally as 2.5 g every 4 hours up to 10 g. Methionine treatment must be started within 10 hours after ingestion of paracetamol; otherwise it will be ineffective and may exacerbate liver damage.

Evidence of serious symptoms may not become apparent until 4 or 5 days following overdose and patients should be carefully observed for an extended period.

#### *Ibuprofen:*

Patients should be treated symptomatically as required. Within one hour of ingestion of a potentially toxic amount of ibuprofen, use of activated charcoal should be considered. Alternatively in adults gastric lavage may be considered for potentially life-threatening overdoses. For advice on the management of overdose contact the Poisons Information Centre on 0800 764 766.

## 5. PHARMACOLOGICAL PROPERTIES

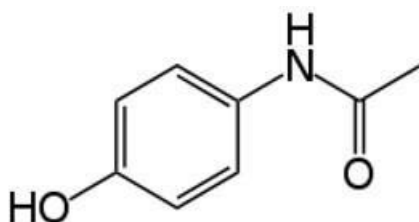
### 5.1 Pharmacodynamic properties

#### *Paracetamol:*

Chemical Name: N-acetyl-p-aminophenol

CAS number: 103-90-2

Structural Formula:

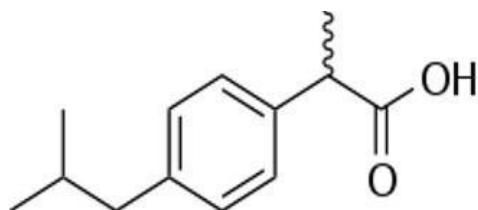


#### *Ibuprofen:*

Chemical Name: (±) - 2 - (p - isobutylphenyl) propionic acid.

CAS number: 15687-27-1

Structural Formula:



#### *Paracetamol:*

Although the exact site and mechanism of analgesic action is not clearly defined, paracetamol appears to produce analgesia by elevation of the pain threshold. The potential mechanism may involve inhibition of the nitric oxide pathway mediated by a variety of neurotransmitter receptors including N-methyl-D-aspartate and substance P.

### *Ibuprofen:*

Ibuprofen possesses analgesic, antipyretic and anti-inflammatory properties, similar to other non-steroidal anti-inflammatory drugs (NSAIDs). Its mechanism of action is unknown, but is thought to be through peripheral inhibition of cyclooxygenases and subsequent prostaglandin synthesis inhibition.

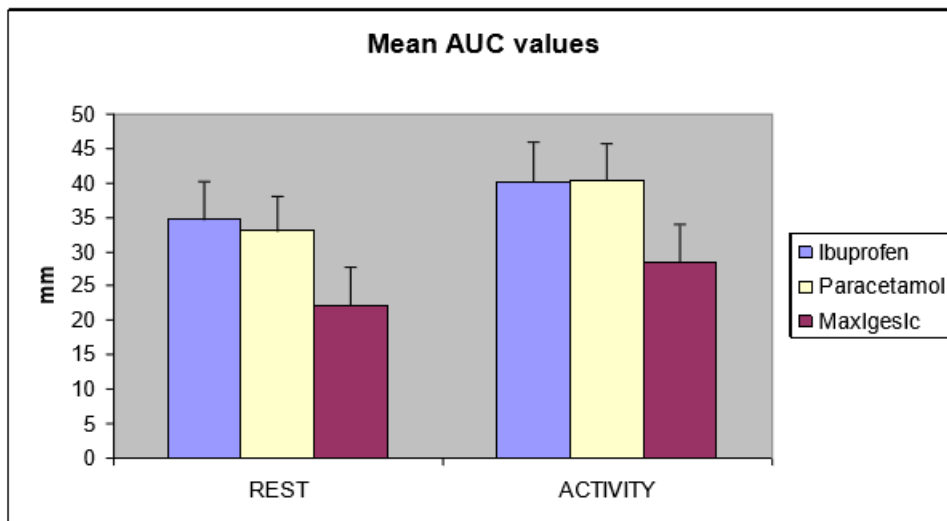
### Clinical Trials

A prospective, Parallel Group, Double-Blind Comparison of the Analgesic Effect of Maxigesic®, Paracetamol alone, or Ibuprofen alone in Patients with Post-Operative dental pain for 48 hours following oral surgery was conducted. Total dose in the 24 hours were paracetamol 4000mg, ibuprofen 1200mg and Maxigesic®. Analgesia, the primary efficacy end point was a time-corrected AUC (Area under the Curve) calculated from 100mm VAS (Visual Analogue Scale) pain scores over 48 hours at both rest and on activity.

The primary end points, assessed on the Intent to Treat (ITT) population, showed the mean time-adjusted AUCs over 48 hours calculated from the VAS pain scores for Maxigesic® were significantly lower than for paracetamol at rest (22.344 [SE 3.2] and 33.016 [3.005] respectively ( $p=0.007$ ), and on activity 28.377 [SE 3.396] and 40.364 [SE 3.271] respectively ( $p=0.006$ ).

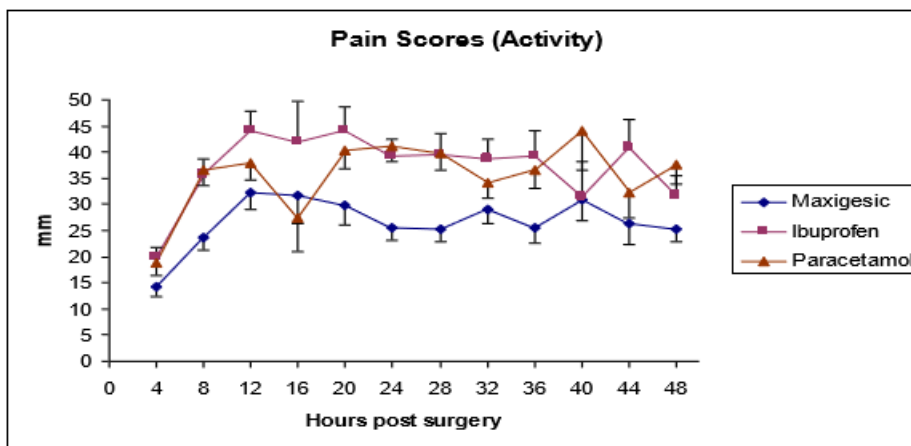
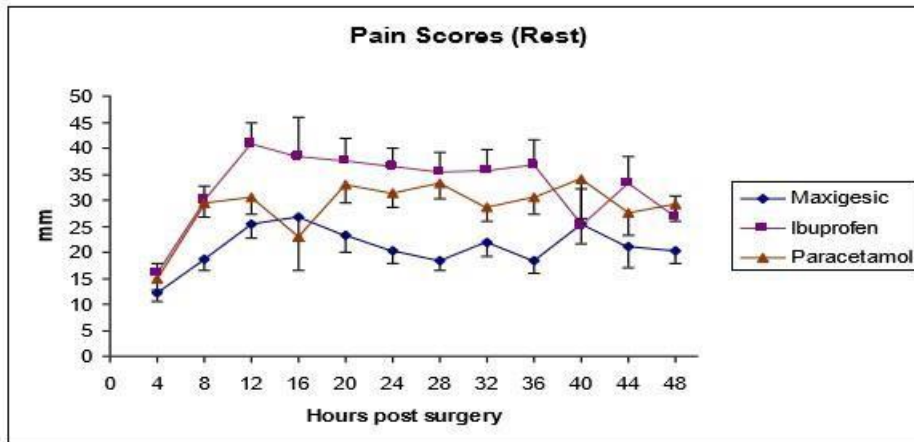
A similar outcome is seen for the Maxigesic® comparison where the AUCs over 48 hours showed the VAS for the combination drug were significantly lower than for ibuprofen at rest, 22.344 [SE 3.2] and 34.78 [SE 3.22] respectively ( $p=0.003$ ) and during activity 28.377 [SE 3.396] and 40.217 [SE 3.418] respectively ( $p=0.007$ ).

**Figure 1: Means of Time-adjusted AUC at rest and on activity by treatment groups**



A presentation of the pain records during the 48 hours also shows the Maxigesic® analgesic effect showed a faster onset than either of its two active ingredients, and exhibited superior analgesia at almost all time points at both rest and during activity (Fig 2).

**Figure 2: Pain Score Plot-- Scores Given Are Those Rated During Each 4-Hour Period Post Surgery**



## 5.2 Pharmacokinetics properties

### Paracetamol

Paracetamol is readily absorbed from the gastrointestinal tract with peak plasma concentration occurring about 10 to 60 minutes after oral administration. Paracetamol is distributed into most body tissues. The elimination half-life varies from about 1 to 3 hours.

Paracetamol is metabolised extensively in the liver and excreted in the urine, mainly as inactive glucuronide and sulphate conjugates. Less than 5% is excreted unchanged. The metabolites of paracetamol include a minor hydroxylated intermediate which has hepatotoxic activity. This active intermediate is detoxified by conjugation with glutathione, however, it can accumulate following paracetamol overdose and if left untreated has the potential to cause irreversible liver damage.

Paracetamol is metabolised differently by premature infants, newborns, and young children compared with adults, the sulphate conjugate being most predominant.

### Ibuprofen

Ibuprofen is well absorbed from the gastrointestinal tract. It is highly bound (90-99%) to plasma proteins and is extensively metabolised to inactive compounds in the liver, mainly by glucuronidation. Both the inactive metabolites and a small amount of unchanged ibuprofen are

excreted rapidly and completely by the kidney, with 95% of the administered dose eliminated in the urine within four hours of ingestion. The elimination half-life of ibuprofen is in the range of 1.9 to 2.2 hours.

#### The Fixed Dose Combination

Pharmacokinetics: A specific study to investigate possible effects of paracetamol on the plasma clearance of ibuprofen and vice versa did not identify any drug interactions.

Metabolism: The metabolic pathways of paracetamol and ibuprofen are distinct and there should be no drug interactions where the metabolism of one affects the metabolism of the other. A formal study to investigate such a possibility failed to find any potential drug interaction on the metabolic pathways.

### **5.3 Preclinical safety data**

#### Potential Laboratory Test Interferences

##### *Paracetamol:*

Using current analytical systems, paracetamol does not cause interference with laboratory assays. However, there are certain methods with which the possibility of laboratory interference exists, as described below:

#### Blood Tests

Paracetamol at recommended doses does not appear to interfere with glucose analysis using currently marketed blood glucose meters. For further detail, it may be advisable to contact the specific laboratory instrumentation manufacturer.

#### Urine Tests

Paracetamol in therapeutic doses may interfere with the determination of 5-hydroxyindoleacetic acid (5-HIAA), causing false-positive results. False determinations may be eliminated by avoiding paracetamol ingestion several hours before and during the collection of the urine specimen.

#### Carcinogenicity/Mutagenicity

##### *Paracetamol:*

Various animal bioassays on a weight-of-evidence basis have demonstrated no evidence of carcinogenic potential for paracetamol.

#### Carcinogenicity (Human)

Although it has been hypothesized that long-term use of analgesics may be associated with a slight increase in urinary tract tumours and renal cell cancer in man, a number of population-based, case-controlled studies have shown that it is unlikely that paracetamol use plays a major role in renal cell cancer.

A comprehensive and conclusive review, accepted by the Committee for Proprietary Medicinal Products (CPMP) of the European Union, considered the genotoxic and carcinogenic properties of paracetamol. This review concluded that genotoxic effects of paracetamol are not reached at therapeutic dosage.

### Reproductive and Teratogenic Effects (Animal)

There was no effect on pregnancy or offspring when paracetamol was given at dose levels of 600 mg/kg/d in the diet of male rats for 60 days prior to mating and to female rats from 14 days before mating to the end of pregnancy. An oral dose of 600 mg/kg/d produced no teratogenicity or embryotoxicity when given from days 6 through 15 of pregnancy. When paracetamol was given from day 16 of pregnancy through a 3-week lactation period, no deleterious effect was noted on pregnancy rate or on percent of live births, but a decrease in body weight gain and survival rate was noted among offspring of drug-treated females. In another study, paracetamol 250 mg/kg/d did not affect foetal length or weight, incidence of resorptions, or placental weight.

## **6. PHARMACEUTICAL PARTICULARS**

### **6.1 List of excipients**

#### Coat

Opaddy white OY-LS-58900

#### Other

Crosscarmellose sodium, magnesium stearate, maize starch, microcrystalline cellulose, pregelatinised maize starch, purified talc, water q.s.

### **6.2 Incompatibilities**

Not applicable.

### **6.3 Shelf life**

Package	Contents	Shelf life
Blister pack Sample pack Al/PVC foil	8 tablets	36 months from date of manufacture stored at or below 30°C.
Blister pack Al/PVC foil	10 tablets	36 months from date of manufacture stored at or below 30°C.
Blister pack Al/PVC foil	16 tablets	36 months from date of manufacture stored at or below 30°C.
Blister pack Al/PVC foil	20 tablets	36 months from date of manufacture stored at or below 30°C.

### **6.4 Special precautions for storage**

Store below 30°C in a dry place, protected from light.

### **6.5 Nature and contents of container**

Available in blister pack containing 16, 50, and 100 tablets.

## **6.6 Special precautions for disposal**

No special requirements.

## **7. MEDICINE SCHEDULE**

General sale medicine.

## **8. SPONSOR**

AFT Pharmaceuticals Ltd

PO Box 33-203

Takapuna

Auckland 0740

Phone: 0800 423 823

Email: customer.service@aftp pharm.com

## **9. DATE OF FIRST APPROVAL**

5 March 2009

## **10. DATE OF REVISION OF THE TEXT**

October 2020

Summary table of changes

Date	Section(s) changed	Changes(s)
October 2020	4.4, 4.8	Safety update