

# Tranexamic Acid Tablets

## *Tranexamic acid*

Film-coated tablets, 500 mg

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## What is in this leaflet

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Please read this leaflet carefully before you start taking Tranexamic Acid Tablets.

This leaflet answers some common questions about Tranexamic Acid Tablets. It does not contain all the available information. The most up-to-date Consumer Medicine Information can be downloaded from [www.medsafe.govt.nz](http://www.medsafe.govt.nz).

Reading this leaflet does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits. Your doctor has weighed the risks of you taking Tranexamic Acid Tablets against the benefits this medicine is expected to have for you.

**If you have any concerns about taking this medicine, ask your doctor or pharmacist.**

**Keep this leaflet with the medicine.**

You may want to read it again.

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## What Tranexamic Acid Tablets are used for

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Tranexamic Acid Tablets contain tranexamic acid. Tranexamic acid belongs to a group of medicines called antifibrinolytic agents that work by slowing the processes that cause bleeding.

Tranexamic Acid Tablets are used to treat and prevent excessive bleeding in patients:

- with blood clotting disorders
- who are having surgery or dental extraction
- with conditions such as heavy periods, nose bleeds, ulcerative colitis, bleeding into the urine or intestines, inflammation of the colon and bowel.

Tranexamic Acid Tablets may also be used to treat hereditary angioneurotic oedema (periodic swelling of the throat).

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Your doctor may have prescribed this medicine for another reason.

**Ask your doctor if you have any questions about why it has been prescribed for you.**

Tranexamic Acid Tablets are only available with a doctor's prescription.

Tranexamic Acid Tablets are not addictive.

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## Before you take Tranexamic Acid Tablets

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Tranexamic Acid Tablets are not suitable for everyone.

### ***When you must not take it***

**Do not take Tranexamic Acid Tablets if you:**

- are being treated for a stroke
- have a history of, are being treated for blood clots in your legs, arteries, lungs or anywhere else in your body
- have a problem with colour vision that developed after you were born
- have suffered bleeding in the brain
- have severe kidney disease
- have a history of convulsions (fits).

**Do not take Tranexamic Acid Tablets if you are allergic to any medicine containing tranexamic acid or any of the ingredients listed at the end of this leaflet.**

**Do not take it after the expiry date ('Exp.')** printed on the pack.

If you take it after the expiry date has passed, it may not work as well.

**Do not take it if the packaging is torn or shows signs of tampering.**

**If you are not sure whether you should start taking Tranexamic Acid Tablets, talk to your doctor or pharmacist.**

### ***Before you start to take it***

**Tell your doctor or pharmacist if you have allergies to any other medicines, foods, preservatives or dyes.**

**Tell your doctor if you have or have had any medical conditions, especially the following:**

- severe bruising
- kidney disease, with or without blood in the urine
- irregular periods where the cause is unknown
- colour-blindness, or any other colour vision problem.

**Also tell your doctor if you or someone in your family has ever suffered from blood clots or a stroke.**

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### **Tell your doctor if you are pregnant or intend to become pregnant.**

The safety of the use of this medicine in women who are pregnant or may become pregnant has not been established. Tranexamic Acid Tablets are not recommended for use during pregnancy, unless you and your doctor have discussed the risks and benefits involved.

### **Tell your doctor if you are breast-feeding or plan to breast-feed.**

Tranexamic acid passes into breast milk in low concentrations but at normal doses is not likely to affect your baby. Your doctor will discuss the risks and benefits of breast-feeding with you.

### *Children aged 2 years and under*

### **Discuss with your doctor the risks and benefits of giving this medicine to your child.**

There is limited information on the use of this medicine for children under 2 years old.

**If you have not told your doctor or pharmacist about any of the above, tell them before you start taking Tranexamic Acid Tablets.**

## ***Taking other medicines***

**Tell your doctor or pharmacist if you are taking any other medicines, including any that you get without a prescription from your pharmacy, supermarket or health food shop.**

**Tell any health care professional who is prescribing a new medicine for you that you are taking Tranexamic Acid Tablets.**

Some medicines and Tranexamic Acid Tablets may interfere with each other. These include:

- other medicines used to prevent bleeding, because these may increase the risk of a blood clot
- medicines used to thin the blood
- oral contraceptives, because these may increase the risk of a blood clot.

The above medicines may be affected by Tranexamic Acid Tablets, or may affect how well they work. You may need different amounts of Tranexamic Acid Tablets, or take them at different times, or you may need to take different medicines.

Your doctor and pharmacist have more information on medicines to be careful with or avoid while taking Tranexamic Acid Tablets.

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## **How to take Tranexamic Acid Tablets**

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**Read the label carefully and follow all directions given to you by your doctor and pharmacist.**

They may differ from the information contained in this leaflet.

**If you do not understand the instructions on the pack, ask your doctor or pharmacist for help.**

## Tranexamic Acid Tablets

### ***How much to take***

The usual dose is 2-3 tablets taken two to three times daily. However, the dose varies according to your condition and your doctor will tell you how much to take and how long to take the tablets. This depends on your condition and whether or not you are taking any other medicines.

**Ask your doctor or pharmacist if you are unsure of the correct dose for you.**

If you take the wrong dose, Tranexamic Acid Tablets may not work as well and your problem may not improve.

**Swallow Tranexamic Acid Tablets with a full glass of water, with or without food.**

### ***How long to take it***

Your doctor will tell you how much to take and how long to take the tablets. Continue taking the tablets until you finish the pack or until your doctor tells you to stop.

**If you are unsure whether you should stop taking Tranexamic Acid Tablets, talk to your doctor or pharmacist.**

### ***If you forget to take it***

**If it is almost time for your next dose, skip the dose you missed and take the next dose when you are meant to.**

**Do not try to make up for missed doses by taking more than one dose at a time.**

This may increase the chance of getting an unwanted side effect.

**If there is still a long time to go before your next dose, take it as soon as you remember, and then go back to taking it as you would normally.**

**If you are not sure what to do, ask your doctor or pharmacist.**

**If you have trouble remembering to take your medicine, ask your pharmacist for hints.**

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## **While you are taking Tranexamic Acid Tablets**

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### ***Things you must do***

**If you are about to be started on any new medicine, tell your doctor and pharmacist that you are taking Tranexamic Acid Tablets. Likewise, tell any other doctors, dentists and pharmacists who are treating you that you are taking this medicine.**

**If you are going to have surgery, tell the surgeon and anaesthetist that you are taking this medicine.**

It may affect other medicines used during surgery.

## Tranexamic Acid Tablets

**If you become pregnant while taking this medicine, tell your doctor immediately.**

**Keep all of your doctor's appointments so that your progress can be checked.**  
Your doctor may perform blood tests to check your condition.

**See your doctor if you feel that your condition is not improving or is getting worse.**

### ***Things you must not do***

**Do not give your medicine to anyone else, even if they have the same condition as you.**

This medicine is only intended for the person it has been prescribed for.

**Do not take Tranexamic Acid Tablets to treat any other complaints unless your doctor tells you to.**

**Do not stop taking Tranexamic Acid Tablets or change the dosage without checking with your doctor.**

### ***Things to be careful of***

**Be careful driving or operating machinery until you know how Tranexamic Acid Tablets affects you.**

This medicine may cause dizziness. Make sure you know how you react to it before you drive a car, operate machinery, or do anything else that could be dangerous.

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## **In case of overdose**

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### ***If you take too much***

**Immediately telephone your doctor, or the Poisons Information Centre (telephone 0800 POISON or 0800 764 766), or go to Accident and Emergency at your nearest hospital, if you think that you or anyone else may have taken too much Tranexamic Acid Tablets.**

**Do this even if there are no signs of discomfort or poisoning.**

You may need urgent medical attention.

Symptoms of an overdose may include nausea, vomiting, diarrhoea, low blood pressure, headache, dizziness and convulsions (fits).

## Side effects

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**Tell your doctor or pharmacist as soon as possible if you do not feel well while you are taking Tranexamic Acid Tablets.**

Like all medicines, Tranexamic Acid Tablets may occasionally cause side effects in some people. Sometimes they are serious, most of the time they are not. You may need medical attention if you get some of the side effects.

**Ask your doctor or pharmacist to answer any questions you may have.**

**Tell your doctor or pharmacist if you notice any of the following and they worry you:**

- nausea
- vomiting
- diarrhoea.

These side effects are usually mild and short-lived.

**Tell your doctor immediately if you notice any of the following:**

- unexpected pain
- unexpected swelling in your legs or arms
- giddiness
- allergic skin reactions
- changes in your eyesight.
- convulsions, fits or seizures

These may be serious side effects. You may need urgent medical attention. These side effects are rare.

**Tell your doctor immediately, or go to Accident and Emergency at your nearest hospital if you notice the following:**

- serious allergic reaction (swelling of the face, lips, mouth or throat which may cause difficulty in swallowing or breathing).

This is a very serious side effect; you may need urgent medical attention or hospitalisation.

**Tell your doctor or pharmacist if you notice anything else that is making you feel unwell.**

Other side effects not listed above may also occur in some patients.

**Do not be alarmed by this list of possible side effects.**

You may not experience any of them.

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## After taking Tranexamic Acid Tablets

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### **Storage**

**Keep your tablets in the pack until it is time to take them.**

If you take the tablets out of the pack they may not keep well.

## Tranexamic Acid Tablets

**Keep Tranexamic Acid Tablets in a cool dry place where the temperature stays below 25°C.**

**Do not store it or any other medicine in the bathroom, near a sink, or on a window sill.**

**Do not leave it in the car.**

Heat and damp can destroy some medicines.

**Keep it and any other medicine where children cannot reach it.**

A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

**Do not keep Tranexamic Acid Tablets past their expiry date.**

### ***Disposal***

**Return any unused medicine, and any medicine past its expiry date (as shown on the labelling) to your pharmacy.**

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## **Product description**

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### ***What it looks like***

Tranexamic Acid Tablets are available in blister packs of 60 tablets. They are white, film-coated, oblong tablets, marked on one side with 'TA500', with a break-line on the reverse.

### ***Ingredients***

#### Active ingredient:

- tranexamic acid

#### Inactive ingredients:

- microcrystalline cellulose
- povidone
- croscarmellose sodium
- colloidal anhydrous silica
- purified talc
- magnesium stearate
- titanium dioxide
- macrogol 8000
- vanillin
- amino methacrylate copolymer.

Tranexamic Acid Tablets do **not** contain lactose, sucrose, gluten, tartrazine or any other azo dyes.

## **Sponsor details**

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Boucher & Muir (New Zealand) Limited t/a Mercury Pharma (NZ)  
39 Anzac Road  
Browns Bay  
Auckland 0753

Ph: 0800 565 633

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## **Date of preparation**

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This leaflet was prepared on 20 May 2019.