

## TRAVOPT

### *Travoprost eye drops 0.004%*

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## What is in this leaflet

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This leaflet answers some common questions about TRAVOPT eye drops.

It does not contain all the available information. It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits. Your doctor has weighed the risks of you taking TRAVOPT against the benefits they expect it will have for you.

**If you have any concerns about using this medicine, ask your doctor or pharmacist.**

**Keep this leaflet with the medicine.** You may need to read it again.

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## What TRAVOPT eye drops are used for

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For adult patients with high fluid pressure inside the eye, including those affected by glaucoma, TRAVOPT eye drops can be used by themselves or with other eye drops/medicines to lower pressure in the eye.

TRAVOPT eye drops contain the active ingredient travoprost. It belongs to a group of medicines known to lower the pressure in the eye by increasing the outflow of fluid from the eye.

Although TRAVOPT eye drops help to control your glaucoma, they won't cure it.

**Ask your doctor if you have any questions about why this medicine has been prescribed for you.**

Your doctor may have prescribed it for another reason.

This medicine is available only with a doctor's prescription.

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## Before you use TRAVOPT eye drops

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### *When you must not use it*

**Do not use TRAVOPT if you have an allergy to:**

- any medicine containing travoprost.
- any of the ingredients listed at the end of this leaflet.

Some of the symptoms of an allergic reaction may include: shortness of breath; wheezing or difficulty breathing; swelling of the face, lips, tongue or other parts of the body; rash, itching or hives on the skin.

**Do not use TRAVOPT if you are pregnant or trying to become pregnant.**

It may affect your developing baby if you use it during pregnancy.

**Do not use TRAVOPT after the expiry date printed on the bottle or if the packaging is torn or shows signs of tampering.**

If the medicine has expired or the packaging appears damaged, return it to your pharmacist for disposal.

**If you are not sure whether you should start using TRAVOPT, talk to your doctor.**

### *Before you start to use it*

**Tell your doctor if you have allergies to any other medicines, foods, preservatives or dyes.**

**Tell your doctor if you have or have had any of the following:**

- cataract surgery
- damaged or absent lens of the eye

- risk of swollen pigmented area of the eye
- inflammation of the eye.

**Tell your doctor if you are breast-feeding.**

The active ingredient in TRAVOPT, travoprost, passes into breast milk. Your doctor can discuss with you the risks and benefits involved.

**If you have not told your doctor about any of the above, tell him/her before you start using TRAVOPT eye drops.**

**TRAVOPT eye drops are not recommended for use in children.** Safety and effectiveness in children have not been established.

## *Taking or using other medicines*

**Tell your doctor or pharmacist if you are taking any other medicines, including any that you get without a prescription from your pharmacy, supermarket or health food shop.**

**This is particularly important if you are currently taking any tablets to treat glaucoma or you are using any other type of eye drops.**

Some medicines and TRAVOPT may interfere with each other.

**If your eye drops have been switched to TRAVOPT from another glaucoma treatment, this should be discontinued and TRAVOPT started on the following day.**

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## How to use TRAVOPT eye drops

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**Follow all directions given to you by your doctor or pharmacist carefully.**

They may differ from the information contained in this leaflet.

**If you do not understand the instructions on the carton, ask your doctor or pharmacist for help.**

### ***How much to use***

The usual dose of TRAVOPT is **one drop in the affected eye(s) each day**. The dosing instructions for you will be printed on the label your pharmacist puts on the carton.

### ***How to use it***

**It is important to use TRAVOPT exactly as your doctor or pharmacist has told you.**

If you use it less often than you should, it may not work as well and the eye problem may not improve. Using it more often than you should may not improve the eye problem any faster and may cause increased side effects.

**Be careful not to touch the dropper tip against your eye, eyelid or anything else.**

This will help prevent the drops getting dirty or contaminated.

**Gently pinch the bridge of your nose for two minutes after instilling the drops.**

**You should remove your contact lens(es) prior to instilling TRAVOPT in the affected eye.** Do not insert your lens(es) until 15 minutes after instillation of the eye drops.

**If you are using other treatment in or around your eye(s), the medicines must be administered at least 5 minutes apart.**

### ***When to use it***

**Use TRAVOPT eye drops at about the same time each day.**

Using it at the same time each day will have the best effect. It will also help you remember when to use it.

**TRAVOPT eye drops work most effectively in the evening.**

### ***How long to use it***

**Continue using TRAVOPT for as long as your doctor tells you.**

### ***If you forget to use it***

**Never use more than one drop in the affected eye(s) in a single day. Skip the dose you missed and continue with your next regular dose.**

**Do not double the number of drops to make up for the dose that you missed.**

This may increase the chance of you getting an unwanted side effect.

**If you are not sure what to do, ask your doctor or pharmacist.**

If you have trouble remembering to use your medicine, ask your pharmacist for some hints.

### ***If you use too much (overdose)***

If you accidentally put several drops in your eye(s), immediately rinse your eye(s) with warm tap water.

**Immediately telephone your doctor or the National Poisons Information Centre (0800 POISON or 0800 764 766) for advice, or go to Accident and Emergency at the nearest hospital, if you think that you or anyone else may have swallowed any or all of the contents of a bottle of TRAVOPT eye drops. Do this even if there are no signs of discomfort or poisoning.** You may need urgent medical attention.

## **While you are using TRAVOPT eye drops**

### ***Things you must do***

**If you are about to be started on any new medicine, remind your doctor and pharmacist that you are taking TRAVOPT.**

**If you become pregnant while taking this medicine, tell your doctor immediately.**

**You should have your eye pressure checked when instructed to ensure that TRAVOPT is working.**

### ***Things you must not do***

**Do not use TRAVOPT to treat any other complaints unless your doctor tells you to.**

**Do not give your medicine to anyone else, even if they have the same condition as you.**

**Do not stop using your medicine or lower the dosage without checking with your doctor.**

### ***Things to be careful of***

**Be careful driving or operating machinery until you know how TRAVOPT affects you.**

This medicine may cause you to experience blurred vision. You should wait until your vision clears before you drive or operate machinery.

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## **Side effects**

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**Tell your doctor or pharmacist as soon as possible if you do not feel well while you are using TRAVOPT.**

This medicine helps most people with high fluid pressure inside the eye, but it may have unwanted side effects in a few people. All medicines can have side effects. Sometimes they are serious, most of the time they are not. You may need medical attention if you get some of the side effects.

**Do not be alarmed by the following lists of side effects. You may not experience any of them.**

**Ask your doctor or pharmacist to answer any questions you may have.**

**Tell your doctor or pharmacist if you notice any of the following effects in the eye(s):**

- redness
- inflammation
- pain or swelling
- strain
- irritation
- discharge
- sunken eyes
- sensitivity to light
- blurred, reduced or abnormal vision/halo vision
- dryness or itchiness

- discomfort in or around the eye
- increased tear production
- abnormal or decreased sensation
- eyelid abnormality, irritation, itching, redness, pain, swelling or crusting
- eczema on the eyelids
- discolouration of the eyelashes
- increased or decreased growth or number of eyelashes
- changes in the colour of the iris (coloured portion of the eye).
- viral infection, generalised weakness
- cough, throat pain or irritation, dry or stuffy nose, nasal discomfort, voice changes
- increased allergic symptoms
- abdominal pain, gastrointestinal discomfort, ulcer, constipation, diarrhoea, vomiting, nausea
- skin inflammation, redness, itching, discolouration
- increased body hair
- hair colour changes
- shoulder pain
- bad taste
- dry mouth
- headache, dizziness, ringing in ears
- depression, anxiety
- increased prostate antigen
- body weakness
- muscular or joint pain
- painful or inability to control passing of urine.

TRAVOPT may gradually change the colour of the eye(s); this is due to an increase in pigment within the iris. This change in eye colour is most frequently seen with mixed colours (e.g. blue-brown, grey-brown), however, it may also occur with single coloured eyes. This change in eye colour may be permanent.

The above list includes the more common side effects of your medicine.

**Additional side effects that are noticed more rarely in the eye include:**

- inflammation or infection of the conjunctiva
- inflammation of the back of the eye
- corneal disorder
- eye allergy
- tired eyes
- eyes herpes simplex
- ingrowth or introversion of the eyelashes
- cataract

**Occasionally, some people notice unwanted effects in the rest of the body as a result of using TRAVOPT eye drops. These effects may include:**

- discolouration of the skin around the eye(s)
- shortness of breath, asthma or worsening of asthma
- increased or decreased blood pressure
- irregular, increased or decreased heart rate
- chest pain

**If any of the following happen, tell your doctor immediately or go to Accident and Emergency at your nearest hospital:**

- signs of allergic reaction, such as shortness of breath; wheezing or difficulty breathing; swelling of the face, lips, tongue or other parts of the body; rash, itching or hives on the skin.

The above list includes very serious side effects. You may need urgent medical attention or hospitalisation. These side effects are very rare.

**Tell your doctor or pharmacist if you notice anything that is making you feel unwell.**

## After using TRAVOPT eye drops

### Storage

**Keep your eye drops in a cool dry place where the temperature stays below 25°C.**

Do not store TRAVOPT eye drops or any other medicine in the bathroom or near a sink. Do not

leave it on a window sill or in the car.

Heat and dampness can destroy some medicines.

**Keep it where children cannot reach it.**

A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

### Disposal

**Discard each bottle of TRAVOPT 6 weeks after it has been opened.**

After 6 weeks there is a greater chance that the drops may become contaminated and cause an eye infection.

**If your doctor tells you to stop using the eye drops or the expiry date has passed, ask your pharmacist what to do with any medicine that is left over.**

## Product description

### What it looks like

TRAVOPT is a clear, colourless, sterile and preserved solution for topical application to the eye.

TRAVOPT is in a 2.5 mL or 5 mL plastic bottle with a plastic dropper, packaged inside a carton.

### Ingredients

Active ingredient(s):  
TRAVOPT contains 40 mg/ml (or 0.004%) travoprost as the active ingredient.

Inactive ingredient(s):  
TRAVOPT also contains:

- boric acid
- propylene glycol
- propoxyl 40 hydrogenated castor oil
- sorbitol
- zinc chloride.
- sodium hydroxide
- hydrochloric acid
- water for injection

## If you want to know more

Should you have any questions regarding this product, please contact your pharmacist or doctor.

### ***Who supplies this medicine***

TRAVOPT is supplied in New Zealand by:

Viatrix Ltd,  
PO Box 11-183,  
Eilerslie  
AUCKLAND  
[www.viatrix.co.nz](http://www.viatrix.co.nz)  
Telephone: 0800 0168 169

### ***Date of Information***

01 September 2021  
(Based on datasheet dated 01 September 2021).