

# PRECEDEX®

*Dexmedetomidine (dex-med-e-toh-med-een) hydrochloride*

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## Consumer Medicine Information

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### What is in this leaflet

This leaflet answers some common questions about PRECEDEX. It does not contain all the available information. It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits. Your doctor has weighed the risks of you taking PRECEDEX against the benefits they expect it will have for you.

**If you have any concerns about taking this medicine, ask your doctor or pharmacist.**

**Keep this leaflet with the medicine.**

You may need to read it again.

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### What PRECEDEX is used for

#### ***Intensive Care Sedation***

PRECEDEX can be used as a sedative (calming agent) if adults need to be calm or sleepy in the Intensive Care Unit whilst they are being ventilated (on a breathing machine). It may be given as an infusion up to 24 hours.

#### ***Procedural Sedation***

PRECEDEX can be given to adults prior to an operation if they are not on a ventilator (breathing machine) if it is required for the procedure or surgery that they be sleepy and calm.

This medicine belongs to a group of medicines called alpha-2-receptor agonists.

This medicine works by its actions on brain chemicals.

**Ask your doctor if you have any questions about why this medicine has been prescribed for you.**

Your doctor may have prescribed it for another reason.

PRECEDEX is available only with a doctor's prescription.

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### Before you are given PRECEDEX

#### ***When you must not take it***

**Do not take PRECEDEX if you have an allergy to:**

- any medicine containing dexmedetomidine hydrochloride
- any of the ingredients listed at the end of this leaflet.

Some of the symptoms of an allergic reaction may include:

- shortness of breath
- wheezing or difficulty breathing
- swelling of the face, lips, tongue or other parts of the body
- rash, itching or hives on the skin

**Do not give this medicine to a child under the age of 18 years.**

Safety and effectiveness in children younger than 18 years have not been established.

**Do not take this medicine after the expiry date printed on the pack or**

**if the packaging is torn or shows signs of tampering.**

If it has expired or is damaged, return it to your pharmacist for disposal.

**If you are not sure whether you should start taking this medicine, talk to your doctor.**

#### ***Before you start to take it***

**Tell your doctor if you have allergies to any other medicines, foods, preservatives or dyes.**

**Tell your doctor if you have or have had any of the following medical conditions:**

- heart problems
- high or low blood pressure
- diabetes
- kidney or liver problems

Elderly patients greater than 65 years old may be more prone to the blood pressure lowering effects of PRECEDEX.

**Tell your doctor if you are pregnant or plan to become pregnant or are breast-feeding.**

The active ingredient in PRECEDEX may affect your developing baby if you take it during pregnancy.

It also passes into breast milk and there is a possibility that your baby may be affected.

Your doctor can discuss with you the risks and benefits involved.

**If you have not told your doctor about any of the above, tell him/her before you start taking PRECEDEX.**

## **Taking other medicines**

**Tell your doctor or pharmacist if you are taking any other medicines, including any that you get without a prescription from your pharmacy, supermarket or health food shop.**

Some medicines and PRECEDEX may interfere with each other. These include:

- medicines used to produce calmness or to help you sleep, such as sevoflurane, isoflurane, propofol, alfentanil and midazolam
- strong pain relievers

These medicines may be affected by PRECEDEX or may affect how well it works. You may need different amounts of your medicines, or you may need to take different medicines.

Your doctor and pharmacist have more information on medicines to be careful with or avoid while taking this medicine.

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## **How to take PRECEDEX**

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**Follow all directions given to you by your doctor or pharmacist carefully.**

They may differ from the information contained in this leaflet.

### **How much to take**

Your doctor will decide what dose you will receive. This depends on your condition and other factors such as your weight. The dose will be adjusted to keep you at the right depth of sleep or sedation.

### **How it is given**

PRECEDEX is given by a slow injection (drip) into a vein. PRECEDEX should only be given by a doctor or nurse.

## **If you take too much (overdose)**

As PRECEDEX is given to you under the supervision of your doctor, it is very unlikely that you will receive too much.

Symptoms of an overdose may include extreme drowsiness, confusion, dizziness, weakness or becoming unconscious.

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## **While you are using PRECEDEX**

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### **Things you must do**

**Tell any other doctors, dentists, and pharmacists who treat you that you are taking this medicine.**

**If you are going to have surgery, tell the surgeon or anaesthetist that you are taking this medicine.**

It may affect other medicines used during surgery.

**If you become pregnant while taking this medicine, tell your doctor immediately.**

**If you are about to have any blood tests, tell your doctor that you are taking this medicine.**

It may interfere with the results of some tests.

### **Things you must not do**

**Do not take PRECEDEX to treat any other complaints unless your doctor tells you to.**

**Do not give your medicine to anyone else, even if they have the same condition as you.**

### **Things to be careful of**

**Be careful driving or operating machinery until you know how PRECEDEX affects you.**

This medicine may cause dizziness, light-headedness, tiredness, drowsiness, and therefore affect alertness in some people. If you have any of these symptoms, do not drive,

operate machinery or do anything else that could be dangerous. Ask your doctor when you can return to work involving driving or operating machinery or heavy equipment.

**If you feel light-headed, dizzy or faint when getting out of bed or standing up, get up slowly.**

Standing up slowly, especially when you get up from bed or chairs, will help your body get used to the change in position and blood pressure. If this problem continues or gets worse, talk to your doctor.

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## **Side effects**

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**Tell your doctor or pharmacist as soon as possible if you do not feel well while you are taking PRECEDEX.**

This medicine helps most people with sedation, but it may have unwanted side effects in a few people. All medicines can have side effects. Sometimes they are serious, most of the time they are not. You may need medical attention if you get some of the side effects.

If you are over 65 years of age you may have an increased chance of getting side effects.

**Do not be alarmed by the following lists of side effects. You may not experience any of them.**

**Ask your doctor or pharmacist to answer any questions you may have.**

**Tell your doctor or pharmacist if you notice any of the following and they worry you:**

- dizziness
- light-headedness
- nausea and/or vomiting
- high temperature
- dry mouth
- constipation or diarrhoea
- feelings of agitation, confusion or tiredness

- fluid retention or swelling in the arms or legs
- changes in your blood sugar levels
- increased sweating
- changes to your vision
- reduced urine output or feeling thirsty

The above list includes the more common side effects of your medicine. They are usually mild and short-lived.

**Tell your doctor as soon as possible if you notice any of the following:**

- changes in heart rate including slowing or quickening of heart beat
- shortness of breath, rapid breathing or breathing difficulties

The above list includes serious side effects that may require medical attention.

**If any of the following happen, tell your doctor immediately or go to Accident and Emergency at your nearest hospital:**

- pressure, tightness or pain in your chest or arms that may spread to your neck, jaw or back
- unusual bruising

The above list includes very serious side effects. You may need urgent medical attention or hospitalisation.

**Tell your doctor or pharmacist if you notice anything that is making you feel unwell.**

Other side effects not listed above may also occur in some people.

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## Product description

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### *What it looks like*

PRECEDEX (100 micrograms/mL) is a clear, colourless solution. It is available in 2 mL glass vials.

### *Ingredients*

PRECEDEX (100 micrograms/mL) contains 118 micrograms/mL of dexmedetomidine hydrochloride (equivalent to 100 micrograms/mL dexmedetomidine base) as the active ingredient.

It also contains:

- sodium chloride
- water for injections

This medicine does not contain lactose, sucrose, gluten, tartrazine or any other azo dyes.

### *Supplier / Sponsor*

PRECEDEX is supplied by:

Pfizer New Zealand Limited

PO Box 3998

Auckland

Toll Free Number: 0800 736 363

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## After using PRECEDEX

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### *Storage*

PRECEDEX will be stored in the pharmacy or kept on the ward. They are kept in a cool dry place where the temperature stays below 25°C.