

CONSUMER MEDICINE INFORMATION

LOMIDE Eye Drops 0.1%

Lodoxamide trometamol

What is in this leaflet

Please read this leaflet carefully before you use Lomide Eye Drops.

This leaflet answers some common questions about Lomide Eye Drops. It does not contain all of the available information. It does not take the place of talking to your doctor or pharmacist.

The information in this leaflet was last updated on the date listed on the final page. More recent information on the medicine may be available.

You should ensure that you speak to your pharmacist or doctor to obtain the most up to date information on the medicine.

You can also download the most up to date leaflet from www.medsafe.govt.nz.

The updates may contain important information about the medicine and its use of which you should be aware.

All medicines have risks and benefits. Your doctor has weighed the expected benefits of you using Lomide against the risks this medicine could have for you.

The information in this leaflet applies to Lomide only. This information does not apply to similar products, even if they contain the same ingredients.

If you have any concerns about using this medicine, ask your doctor or pharmacist.

Keep this leaflet with the medicine.

You may need to read it again.

What Lomide is used for

Lomide Eye Drops are used to treat seasonal allergic conjunctivitis, an allergic condition of the eye that is commonly caused by pollens or other agents that produce an allergic response in the eye. Seasonal allergic conjunctivitis, as suggested by its name, normally occurs in line with seasonal increases in pollens.

Lomide Eye Drops may also be used to treat a severe allergic condition of the eye (commonly known as vernal keratoconjunctivitis) that is associated with redness, itching, pain and swelling in or around the eye(s) and/or eyelid(s).

Lomide Eye Drops contain the active ingredient lodoxamide trometamol which belongs to a class of medicines known as “Mast Cell Stabilisers” which have a direct effect on Mast Cells preventing them from stimulating the allergic reaction. Lomide Eye Drop begins to work even before an allergen has entered your eye, helping to stop the allergic symptoms before they start.

Your doctor may have prescribed Lomide for another reason. Ask your doctor if you have any questions about why Lomide has been prescribed for you.

There is no evidence that Lomide is addictive.

Use in Children

Lomide Eye Drops are not recommended for use in children under the age of 4 years.

When you must not use it

Do not use Lomide if you have an allergy to:

- lodoxamide
- any of the ingredient listed at the end of the this leaflet.

Some of the symptoms of an allergic reaction may include:

- shortness of breath
- wheezing or difficulty breathing
- swelling of the face, lips, tongue or other parts of the body
- rash, itching or hives on the skin.

Do not use this medicine after the expiry date printed on the pack or bottle, if the seal around the pack is broken or shows signs of tampering.

If it is has expired or is damaged, return it to your pharmacist for disposal.

If you use this medicine after the expiry date has passed, it may not work.

Do not put Lomide Eye Drops into your eye(s) while you are wearing soft contact lenses.

Treatment for eye allergies will usually be more successful if you do not wear contact lenses.

You can put your soft contact lenses into your eyes 15 minutes after you have used Lomide Eye Drops.

If you are not sure whether you should start using Lomide, talk to your doctor or pharmacist.

Before you start to use it

Tell your doctor if you have had an allergy to any other medicines or any other substances, such as foods, preservatives or dyes.

Tell your doctor if you are pregnant or plan to become pregnant.

Your doctor will discuss the possible risks and benefits of using Lomide during pregnancy.

Tell your doctor if you are breast-feeding.

Your doctor will discuss the possible risks and benefits of using Lomide when you are breast-feeding.

If you have not told your doctor about any of the above, tell them before you use Lomide.

Taking or using other medicines

Tell your doctor if you are taking or using any other medicines, including other eye drops or ointments, and any other medicines that you buy without a prescription from your pharmacy, supermarket or health food shop.

How to use Lomide

Carefully follow all directions given to you by your doctor and pharmacist. They may differ from the information contained in this leaflet.

If you are being changed from one medicine to another, follow your doctor's instructions carefully as to when to stop the medicine and when to start the new eye drops.

If you do not understand the instructions on the carton, ask your doctor or pharmacist for help.

How much to use

The usual dose of Lomide in adults and children 4 years and older is one drop in each eye four times a day at regular intervals.

After using Lomide Eye Drops wait at least 10 minutes before putting any other eye drops in your eye(s).

How to use it

It is important to use Lomide exactly as your doctor or pharmacist has told you. If you use the drops less often than prescribed, they may not work as well and the eye problem may not improve. Using the drops more often than prescribed may not improve the eye problem any faster and may cause increased side effects. If you are wearing soft contact lenses, remove them before putting the drops in your eye.

Follow these steps to use Lomide Eye Drops:

1. Wash your hands thoroughly.
2. Remove the cap from the bottle.
3. Hold the bottle upside down in one hand between your thumb and middle finger .
4. While tilting your head back, gently pull the lower eyelid of your eye down using the forefinger of your other hand.
5. Place the dropper tip close to, but not touching, your lower eyelid and gently tap or press the base of the bottle with your forefinger to release one drop.
6. Close your eye gently without blinking.

If necessary repeat the above steps 1-6 for your other eye.

Place the cap on the bottle and close it tightly.

Wash your hands again. If you have been using Lomide Eye Drops in a child's eye(s) make sure that you wash the child's hands as well.

You may feel a slight burning sensation in the eye shortly after using Lomide Eye Drops. If this persists, or is very uncomfortable, contact your pharmacist.

Do not touch the tip of the dropper to your eye or to any other surface.

This will help to prevent your eye drops becoming dirty or contaminated.

When to use it

It is important to use Lomide at regular intervals to help treat your condition.

How long to use it

If treatment is started while eye allergy symptoms are present a response will be seen within a few days. Some people will have to use Lomide Eye Drops for a longer period before a response is seen.

Do not stop using Lomide Eye Drops as soon as your eye(s) begins to feel better.

If you are unsure about when or how to stop using Lomide, you should talk to your doctor or pharmacist.

If you forget to use it

If it is almost time for your next dose, skip the dose you missed and use your next dose when you are meant to.

Otherwise, use the drops as soon as you remember, and then go back to using them as you would normally.

Do not use double the amount to make up for the dose that you missed. Using multiple doses may cause unwanted side effects.

If you are not sure whether to skip the dose, talk to your doctor or pharmacist.

If you have trouble remembering to use your eye drops, ask your pharmacist for some hints.

If you use too much (overdose)

If you accidentally put several drops in your eye(s), immediately rinse your eye(s) with warm water.

If you think that you or anyone else may have swallowed any or all of the contents of a bottle of Lomide, immediately telephone your doctor or the National Poisons Centre on 0800 POISON or 0800 764 766 for advice, or go to Accident and Emergency at your nearest hospital. Do this even if there are no signs of discomfort or poisoning.

While you are using Lomide

Things you must do

If you become pregnant or decide to breastfeed while using Lomide, tell your doctor immediately.

Tell your doctor and pharmacist that you are using Lomide Eye Drops before you start taking or using any other medicines.

Tell your doctor if your eye allergy symptoms do not improve within a few days.

Things you must not do

Do not use Lomide to treat other complaints unless your doctor tells you to.

Do not give Lomide to anyone else, even if they have the same condition as you.

Do not stop using Lomide without first talking to your doctor. If you stop using your eye drops your symptoms may return.

Do not put the Lomide eye drops into your eye(s) while you are wearing soft contact lenses.

The preservative in Lomide (benzalkonium chloride) may be deposited in soft contact lenses. You can put your soft contact lenses back into your eyes 15 minutes after you have used Lomide.

Do not let children handle Lomide Eye Drops. If a child accidentally swallows any of the drops read the instructions under ***“If you use too much (overdose)”***.

Things to be careful of

Be careful driving, operating machinery or performing tasks requiring mental alertness and/or physical coordination until you know how Lomide affects you and your vision. As with any eye medicine, temporary blurred vision or other visual disturbances may affect the ability to drive or use machinery in some people. If blurred vision occurs when you use your drops, wait until your vision is clear before driving or operating machinery.

Side effects

Tell your doctor or pharmacist as soon as possible if you do not feel well while you are using Lomide.

Lomide helps most people with allergy, but it may have unwanted side effects in a few people.

All medicines can have side effects. Sometimes they are serious, most of the time they are not. You may need medical treatment if you get some of the side effects.

Do not be alarmed by the following list of possible side effects. You may not experience any of them.

Ask your doctor or pharmacist to answer any questions you may have.

Most side effects from Lomide Eye Drops occur in, or around, the eye.

Tell your doctor if you notice any of the following effects in the eye(s) and the eye area, and they worry you:

- Stinging or irritation in the eye(s)

- Itchy and/or red eye(s)
- Blurred vision and/or watering eye(s)
- Crusting around the eyelid(s)
- Dry eye(s).

Additional side effects that are noticed more rarely in the eye

include:

- A feeling that something is in your eye(s)
- Pain in the eye(s)
- Swelling of the eye(s) and/or eyelid(s)
- Discharge from the eye(s)
- Tired eye(s)
- A feeling that your eye(s) is warm
- Erosion or abrasion of the surface of the eye (cornea)
- Sticky feeling in the eye(s)
- Dim or dull vision.

Occasionally some people notice unwanted effects in the rest of their body as a result of using Lomide Eye Drops.

Tell your doctor or pharmacist immediately if any of the following side effects are noticed:

- A feeling of warmth or flushing
- Headache
- Nausea
- Dizziness
- Tiredness
- Dry nose
- Sneezing
- Skin rash.

Other side effects not listed above may also occur in some people.

After using Lomide

Storage

Store Lomide Eye Drops in a cool dry place where the temperature stays below 25°C. Do not freeze Lomide Eye Drops.

Do not store Lomide or any other medicine in the car, in the bathroom or in other warm, damp places.

Heat and dampness can destroy some medicines.

Do not leave the top off the bottle for any length of time, to avoid contaminating the eye drops.

Keep it where children cannot reach it.

A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

Disposal

Write the date on the bottle when you open the eye drops and throw out any remaining solution after four weeks.

Eye drops contain a preservative which helps prevent germs growing in the solution for the first four weeks after opening the bottle. After this time there is a greater risk that the drops may become contaminated and cause an eye infection. A new bottle should then be used.

If your doctor tells you to stop using Lomide or they have passed their expiry date, ask your pharmacist what to do with any remaining solution.

Product description

What it looks like

Lomide Eye Drops 0.1% are a clear, colourless solution in an LDPE 5 mL or 10 mL DROPTAINER dispenser bottle.

Ingredients

Lomide contains the active ingredient lodoxamide trometamol equivalent to lodaxamide 1 mg/mL.

Lomide also contains the inactive ingredients:

- Mannitol
- Hypromellose
- Sodium citrate dihydrate
- Citric acid monohydrate
- Tyloxapol
- Disodium edetate dihydrate

- Benzalkonium chloride (as a preservative)
- Hydrochloric acid
- Sodium hydroxide
- Purified water.

Supplier

Lomide Eye drops are supplied in New Zealand by:

Novartis New Zealand Limited

PO Box 99102

Newmarket

Auckland 1149

New Zealand.

Free Phone: 0800 354 335

Date of preparation

This leaflet was prepared in June 2020.

Internal document code

lom100720cNZ