

# VENTOLIN SYRUP

## Consumer Medicine Information (CMI) summary

The [full CMI](#) on the next page has more details. If you are worried about using this medicine, speak to your doctor or pharmacist.

### 1. Why am I taking VENTOLIN SYRUP?

VENTOLIN SYRUP contains the active ingredient salbutamol sulfate. VENTOLIN SYRUP is used to help you breathe more easily. For more information, see Section [1. Why am I taking VENTOLIN SYRUP?](#) in the full CMI.

### 2. What should I know before I take VENTOLIN SYRUP?

Do not take if you have ever had an allergic reaction to salbutamol sulfate or any of the ingredients listed at the end of the CMI. **Talk to your doctor if you have any other medical conditions, take any other medicines, or are pregnant or plan to become pregnant or are breastfeeding.**

For more information, see Section [2. What should I know before I take VENTOLIN SYRUP?](#) in the full CMI.

### 3. What if I am taking other medicines?

Some medicines may interfere with VENTOLIN SYRUP and affect how it works.

A list of these medicines is in Section [3. What if I am taking other medicines?](#) in the full CMI.

### 4. How do I take VENTOLIN SYRUP?

- Take VENTOLIN SYRUP as directed by your doctor or pharmacist. The pharmacist's label will usually tell you how much VENTOLIN SYRUP should be taken.
- If your condition suddenly gets worse, your doctor may tell you to increase your dose.

More instructions can be found in Section [4. How do I take VENTOLIN SYRUP?](#) in the full CMI.

### 5. What should I know while taking VENTOLIN SYRUP?

<b>Things you should do</b>	<ul style="list-style-type: none"><li>• Remind any doctor, dentist or pharmacist you visit that you are taking VENTOLIN SYRUP.</li><li>• Contact your doctor if you become concerned about any side effects.</li><li>• Tell your doctor if, for any reason, you have not taken your medicine exactly as directed.</li><li>• Tell your doctor if you become pregnant or are breastfeeding.</li><li>• Tell your doctor if you find VENTOLIN SYRUP does not help your breathing as much as usual.</li></ul>
<b>Things you should not do</b>	<ul style="list-style-type: none"><li>• Do not give this medicine to anyone else, even if their symptoms seem similar to yours.</li><li>• Do not take VENTOLIN SYRUP to treat any other complaints unless your doctor says to.</li></ul>
<b>Looking after your medicine</b>	<ul style="list-style-type: none"><li>• Store VENTOLIN SYRUP in its bottle until it is time to take.</li><li>• Store VENTOLIN SYRUP below 30°C away from moisture, heat, or sunlight.</li></ul>

For more information, see Section [5. What should I know while taking VENTOLIN SYRUP?](#) in the full CMI.

### 6. Are there any side effects?

Side effects which have been reported include headache, nausea, shaky or tense feeling, 'warm' feeling, muscle cramps and restlessness. Serious side effects include irregular or increased heartbeat, altered blood potassium and blood sugar levels and allergic reaction.

For more information, including what to do if you have any side effects, see Section [6. Are there any side effects?](#) in the full CMI.

# VENTOLIN SYRUP

Active ingredient(s): *salbutamol sulfate* 2 mg/5 mL

## Consumer Medicine Information (CMI)

This leaflet provides important information about using VENTOLIN SYRUP. **You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about taking VENTOLIN SYRUP.**

Where to find information in this leaflet:

- [1. Why am I taking VENTOLIN SYRUP?](#)
- [2. What should I know before I take VENTOLIN SYRUP?](#)
- [3. What if I am taking other medicines?](#)
- [4. How do I take VENTOLIN SYRUP?](#)
- [5. What should I know while taking VENTOLIN SYRUP?](#)
- [6. Are there any side effects?](#)
- [7. Product details](#)

## 1. Why am I taking VENTOLIN SYRUP?

VENTOLIN SYRUP contains the active ingredient **salbutamol sulfate**. VENTOLIN SYRUP is a bronchodilator. Because the medicine in your syrup gives relief from your chest symptoms, it is often called a 'reliever'.

**VENTOLIN SYRUP is used to open up the airway tubes in your lungs when your chest is tight or when you are wheezing.**

There are other types of medicines that prevent wheezing or chest tightness. These medicines are called 'preventers' and must be used every day. Your doctor may tell you to use a 'preventer' in addition to VENTOLIN SYRUP.

VENTOLIN SYRUP is not the only form of VENTOLIN available. Your doctor will decide which form of VENTOLIN is right for you.

**Ask your doctor if you have any questions about why you have been prescribed VENTOLIN SYRUP.**

VENTOLIN SYRUP is not addictive.

## 2. What should I know before I take VENTOLIN SYRUP?

### Warnings

**Do not take VENTOLIN SYRUP if:**

- you are allergic (hypersensitive) to salbutamol sulfate, or any of the ingredients listed at the end of this leaflet.
- the expiry date (EXP) printed on the pack has passed or if the packaging is torn or shows signs of tampering.

Do not take VENTOLIN SYRUP to stop a miscarriage or premature labour.

Always check the ingredients to make sure you can use this medicine.

## Check with your doctor if you:

- have any other medical conditions.
- take any medicines for any other condition.
- have had to stop taking this or any other asthma medicine for any reason.
- are allergic to any medicine.
- have been diagnosed with, or are being treated for, a thyroid problem.
- have been diagnosed with, or are being treated for, high blood pressure.
- have been diagnosed with, or are being treated for, a heart problem.
- have been diagnosed with, or are being treated for, a liver problem.
- have ever been told you have diabetes or high blood sugar.

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section [6. Are there any side effects?](#)

## Pregnancy and breastfeeding

Check with your doctor if you are pregnant or intend to become pregnant.

Talk to your doctor if you are breastfeeding or intend to breastfeed.

## 3. What if I am taking other medicines?

Tell your doctor or pharmacist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

**Some medicines may interfere with VENTOLIN SYRUP and affect how it works or make it more likely that you will have side effects.**

**Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect VENTOLIN SYRUP.**

## 4. How do I take VENTOLIN SYRUP?

### How much to take

- Take VENTOLIN SYRUP as directed by your doctor or pharmacist. The pharmacist's label will usually tell you how much VENTOLIN SYRUP should be taken.
- If you are not sure, ask your doctor or pharmacist.
- If your condition suddenly gets worse, your doctor may tell you to increase your dose.

### When to take VENTOLIN SYRUP

- Your doctor will decide how often and for how long you have to take VENTOLIN SYRUP. The pharmacist's

label will usually tell you how often to take VENTOLIN SYRUP.

- If you are not sure, ask your doctor or pharmacist.

### **If you forget to take VENTOLIN SYRUP**

**If it is almost time for your next dose, skip the dose you missed and take your next dose when you are meant to.**

**Do not take a double dose to make up for the dose you missed.**

### **If you take too much VENTOLIN SYRUP (overdose)**

If you think that you have taken too much VENTOLIN SYRUP, you may need urgent medical attention.

Symptoms of an overdose may include:

- an increased rate of breathing due to increased acid in the blood
- nausea
- vomiting

**You should immediately:**

- phone the Poisons Information Centre (by calling **0800 POISON** or **0800 764 766**), or
- contact your doctor, or
- go to the Emergency Department at your nearest hospital.

**You should do this even if there are no signs of discomfort or poisoning.**

## **5. What should I know while taking VENTOLIN SYRUP?**

### **Things you should do**

- Remind any Healthcare Professional you visit that you are taking VENTOLIN SYRUP, especially if you are about to be started on any new medicine.
- Only take the dose of VENTOLIN SYRUP that was directed by your doctor or pharmacist.
- If you are going into surgery, tell the surgeon or anaesthetist that you are taking this medicine. It may affect other medicines used during the surgery.
- Keep all of your doctor's appointments so that your progress can be checked.

### **Call your doctor straight away if you:**

- have not taken your medicine exactly as directed. Otherwise, your doctor may think that it was not working as it should and change your treatment unnecessarily.
- find VENTOLIN SYRUP does not help your breathing as much as usual.
- find the effect of your syrup does not last as long as usual or lasts less than 3 hours.

**These may be signs that your chest condition is getting worse.**

If VENTOLIN SYRUP is not having the same effect as before, your doctor may decide to prescribe other forms of VENTOLIN, or another medicine, for you to use.

This medicine is only one part of a general plan to help you manage your asthma or other chest condition. You should discuss this plan with your doctor. Ask your doctor to check your treatment regularly.

- become pregnant or are breastfeeding. Your doctor will tell you which medicine you should take.
- It is important that asthma is managed well during pregnancy and you should not stop your medicine without asking your doctor.

### **Things you should not do**

- Do not stop using this medicine suddenly or change your dose without first checking with your doctor.
- Do not give this medicine to anyone else, even if their symptoms seem similar to yours.
- Do not use VENTOLIN SYRUP to treat any other complaints unless your doctor says to.

### **Driving or using machines**

**Be careful before you drive or use any machines or tools until you know how VENTOLIN SYRUP affects you.**

### **Looking after your medicine**

Follow the instructions in the carton on how to take care of your medicine properly.

Store VENTOLIN SYRUP in the original pack and in a cool dry place away from moisture, heat or sunlight where the temperature stays below 30°C.

**Do not store:**

- in the bathroom or near a sink, or
- in the car or on window sills.

Keep VENTOLIN SYRUP in its bottle until time to take.

**Keep it where young children cannot reach it.**

A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

### **When to discard your medicine**

**You will find an expiry (or use by) date printed on the manufacturer's label on the bottle and on the carton.**

Do not take VENTOLIN SYRUP after this date.

### **Getting rid of any unwanted medicine**

If you no longer need to use this medicine or it is out of date, take it to any pharmacy for safe disposal.

Do not use this medicine after the expiry date or if the packaging is torn or shows signs of tampering.

## **6. Are there any side effects?**

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

Do not be alarmed by the following list of side effects. You may not experience any of them.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions about side effects.

### Less serious side effects

Less serious side effects	What to do
<b>Nervous system disorders:</b> <ul style="list-style-type: none"> <li>headache</li> <li>shaky or tense feeling</li> <li>restlessness</li> <li>'warm' feeling or flushing</li> </ul> <b>Gastrointestinal disorders:</b> <ul style="list-style-type: none"> <li>nausea</li> </ul> <b>Musculoskeletal and connective tissue disorders:</b> <ul style="list-style-type: none"> <li>muscle cramps</li> </ul>	<b>Speak to your doctor if you have any of these less serious side effects and they worry you.</b>

### Serious side effects

Serious side effects	What to do
<b>Allergic reactions:</b> <ul style="list-style-type: none"> <li>If you have any of the following symptoms after using VENTOLIN SYRUP, stop using this medicine and tell your doctor immediately.</li> <li>Symptoms of an allergic reaction usually include some or all of the following: <ul style="list-style-type: none"> <li>shortness of breath</li> <li>wheezing, coughing or difficulty breathing</li> <li>swelling of the face, lips/mouth, tongue, or throat</li> <li>rash, itching, redness or hives on the skin</li> <li>suddenly feeling weak or light-headed (may lead to loss of consciousness)</li> </ul> </li> </ul> <b>Cardiovascular disorders:</b> <ul style="list-style-type: none"> <li>irregular or fast heartbeat</li> </ul> <b>Metabolic and nutritional disorders:</b> <ul style="list-style-type: none"> <li>changes in blood potassium or blood sugar levels. This can only be detected when your doctor conducts tests over time to monitor your progress.</li> </ul>	<b>Call your doctor straight away, or go straight to the Emergency Department at your nearest hospital if you notice any of these serious side effects.</b>

**Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.**

Other side effects not listed here may occur in some people.

### Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects via <https://pophealth.my.site.com/carmreportnz/s/>

By reporting side effects, you can help provide more information on the safety of this medicine.

**Always make sure you speak to your doctor or pharmacist before you decide to stop taking any of your medicines.**

## 7. Product details

This medicine is only available with a doctor's prescription.

### What VENTOLIN SYRUP contains

<b>Active ingredient</b>	salbutamol sulfate
<b>Other ingredients</b>	sodium citrate citric acid monohydrate hypromellose sodium benzoate saccharin sodium sodium chloride orange flavouring water

**Do not take this medicine if you are allergic to any of these ingredients.**

Each 5 mL of syrup contains 2 mg of salbutamol sulfate.

### What VENTOLIN SYRUP looks like

VENTOLIN SYRUP box carton contains 150 mL VENTOLIN SYRUP in a glass bottle with a plastic cap. The cap has a tamper proof feature. VENTOLIN SYRUP has no colour and has a sweet taste with the flavour of oranges (TT50-1525/2).

### Who distributes VENTOLIN SYRUP

GlaxoSmithKline NZ Ltd

Private Bag 106600

Downtown

Auckland 1143

New Zealand

Phone: (09) 367 2900

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This leaflet was prepared on 11 April 2025.

Version 8.0