

Minims® Lidocaine & Fluorescein

Consumer Medicine Information (CMI) summary

The [full CMI](#) on the next page has more details. If you are worried about using this medicine, speak to your doctor or pharmacist.

1. Why am I being given Minims Lidocaine & Fluorescein?

Minims Lidocaine & Fluorescein contains the active ingredients lidocaine hydrochloride monohydrate and fluorescein sodium. Minims Lidocaine & Fluorescein is used to numb and stain the surface of your eye(s), for a short time only, to allow your doctor to examine your eye. Most often, the eye drops are used to allow the pressure inside your eyes to be measured.

For more information, see Section [1. Why am I being given Minims Lidocaine & Fluorescein?](#) in the full CMI.

2. What should I know before I am given Minims Lidocaine & Fluorescein?

Do not use if you have ever had an allergic reaction to lidocaine, fluorescein, any other local anaesthetic, or any of the ingredients listed at the end of the CMI. **Talk to your doctor if you have any other medical conditions, take any other medicines, or are pregnant or plan to become pregnant or are breastfeeding.**

For more information, see Section [2. What should I know before I am given Minims Lidocaine & Fluorescein?](#) in the full CMI.

3. What if I am taking other medicines?

Some medicines may interfere with Minims Lidocaine & Fluorescein and affect how it works.

A list of these medicines is in Section [3. What if I am taking other medicines?](#) in the full CMI.

4. How will I be given Minims Lidocaine & Fluorescein?

- Your doctor will put the correct number of drops of Minims Lidocaine & Fluorescein into your eye(s) before starting the procedure on your eye(s).
- For adults (including the elderly), the usual dose is one or more drops into your eye(s) as required before starting the procedure on your eye(s). For children, the dose is as directed by your doctor.

More information can be found in Section [4. How will I be given Minims Lidocaine & Fluorescein?](#) in the full CMI.

5. What should I know after being given Minims Lidocaine & Fluorescein?

| | |
|------------------------------------|---|
| Things you should do | <ul style="list-style-type: none"> Protect your eyes from dust. |
| Things you should not do | <ul style="list-style-type: none"> Do not touch or rub your eye while your eye is numb. |
| Driving or using machines | <ul style="list-style-type: none"> Be careful before you drive or use any machines or tools until you know how Minims Lidocaine & Fluorescein affects you. |
| Looking after your medicine | <ul style="list-style-type: none"> Minims Lidocaine & Fluorescein will be stored by your doctor or nurse in a refrigerator (2-8°C). The eye drops should not be frozen or exposed to strong light. |

For more information, see Section [5. What should I know after being given Minims Lidocaine & Fluorescein?](#) in the full CMI.

6. Are there any side effects?

All medicines can have side effects. If they do occur, they are usually minor and temporary. Do not be alarmed by this list. You may not experience any of them.

The side effects of Minims Lidocaine & Fluorescein that require urgent medical attention include an allergic reaction.

For more information, including what to do if you have any side effects, see Section [6. Are there any side effects?](#) in the full CMI.

Minims[®] Lidocaine & Fluorescein

Active ingredients: Lidocaine Hydrochloride Monohydrate & Fluorescein Sodium

Consumer Medicine Information (CMI)

This leaflet provides important information about Minims Lidocaine & Fluorescein. **You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about Minims Lidocaine & Fluorescein.**

Where to find information in this leaflet:

- [1. Why am I being given Minims Lidocaine & Fluorescein?](#)
- [2. What should I know before I am given Minims Lidocaine & Fluorescein?](#)
- [3. What if I am taking other medicines?](#)
- [4. How am I given Minims Lidocaine & Fluorescein?](#)
- [5. What should I know after being given Minims Lidocaine & Fluorescein?](#)
- [6. Are there any side effects?](#)
- [7. Product details](#)

1. Why am I being given Minims Lidocaine & Fluorescein?

Minims Lidocaine & Fluorescein contains the active ingredients lidocaine hydrochloride monohydrate and fluorescein sodium. Lidocaine belongs to a group of medicines called local anaesthetics, which temporarily numbs the surface of the eye. Fluorescein temporarily colours your eye orange or green and helps your doctor to examine them.

Minims Lidocaine & Fluorescein is used to numb and stain the surface of your eye(s), for a short time only, to allow your doctor to examine your eye. Most often, the eye drops are used to allow the pressure inside your eyes to be measured.

2. What should I know before I am given Minims Lidocaine & Fluorescein?

Warnings

Do not be given Minims Lidocaine & Fluorescein if:

- you are allergic to lidocaine, fluorescein, any other local anaesthetic, or any of the ingredients listed at the end of this leaflet. Always check the ingredients to make sure you can use this medicine.

Check with your doctor if you:

- have an inflamed eye
- have allergies to any other medicines, foods, preservatives or dyes
- have any other medical conditions
- take any medicines for any other condition.

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and

how to monitor for them. See additional information under Section [6. Are there any side effects?](#)

Pregnancy and breastfeeding

Check with your doctor if you are pregnant or intend to become pregnant.

Talk to your doctor if you are breastfeeding or intend to breastfeed.

3. What if I am taking other medicines?

Tell your doctor or pharmacist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

Some medicines and Minims Lidocaine & Fluorescein may interfere with each other. These medicines may be affected by Minims Lidocaine & Fluorescein or may affect how well it works.

Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect Minims Lidocaine & Fluorescein.

4. How will I be given Minims Lidocaine & Fluorescein?

How much is given

- Your doctor will put the correct number of drops of Minims Lidocaine & Fluorescein into your eye(s) before starting the procedure on your eye(s). Your doctor will not give you a prescription for your own use.
- For adults (including the elderly), the usual dose is one or more drops into your eye(s) as required before starting the procedure on your eye(s). For children, the dose is as directed by your doctor. The number of times your doctor will put drops in your eye(s) will depend on the type and length of the procedure to be performed.
- Your eye drops are not intended for long-term use. Frequent use of a local anaesthetic in the eye over long periods of time may affect your eyesight.

If you are wearing contact lenses, you will be asked to remove them before putting in the eye drops. You may put your contact lenses back into your eye after the numbness has worn off or when your doctor tells you to.

If too much Minims Lidocaine & Fluorescein is given

The doctor giving you Minims Lidocaine & Fluorescein will be experienced in its use, so it is unlikely that you will be given an overdose.

If too many drops have accidentally been put into your eye(s), immediately rinse your eye(s) with warm water.

Accidental swallowing of the solution is unlikely to cause any bad side effects due to the low content of lidocaine and fluorescein.

If you think that you or anyone else may have swallowed Minims Lidocaine & Fluorescein, you should immediately:

- phone the Poisons Information Centre (in New Zealand phone 0800 764 766), or
- contact your doctor, or
- go to the Emergency Department at your nearest hospital.

You should do this even if there are no signs of discomfort or poisoning.

5. What should I know after being given Minims Lidocaine & Fluorescein?

Things you should do

- **Protect your eyes from dust.** You should protect your anaesthetised eye from dust particles, which could cause infections.

Things you should not do

- **Do not touch or rub your eye while your eye is numb.** You may scratch the surface of the eye and damage it. Your doctor will put a patch over your eye after finishing the procedure to protect your eye and stop you from touching it.

Driving or using machines

Be careful before you drive or use any machines or tools until you know how Minims Lidocaine & Fluorescein affects you.

Looking after your medicine

Minims Lidocaine & Fluorescein will be stored by your doctor or nurse in a refrigerator (2-8°C). The eye drops should not be frozen or exposed to strong light.

When to discard your medicine

Your doctor or nurse will discard each single dose unit and any remaining solution in it immediately after use.

Getting rid of any unwanted medicine

Your doctor or nurse will dispose of any unused medicine.

6. Are there any side effects?

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions about side effects.

Serious side effects

| Serious side effects | What to do |
|---|---|
| Symptoms of an allergic reaction, such as: <ul style="list-style-type: none">• shortness of breath• wheezing or difficulty breathing• swelling of the face, lips, tongue or other parts of the body• rash, itching or hives on the skin• redness, itching or increased tears• swelling or puffiness around the eye area | Call your doctor straight away, or go straight to the Emergency Department at your nearest hospital if you notice any of these serious side effects. |

Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.

Other side effects not listed here may occur in some people.

Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects online (in New Zealand, go to <https://nzphvc.otago.ac.nz/reporting>). By reporting side effects, you can help provide more information on the safety of this medicine.

Always make sure you speak to your doctor or pharmacist before you decide to stop taking any of your medicines.

7. Product details

This medicine is only available with a doctor's prescription.

What Minims Lidocaine & Fluorescein contains

| | |
|---|---|
| Active ingredients (main ingredient) | <ul style="list-style-type: none">• Lidocaine hydrochloride monohydrate (4% w/v)• Fluorescein sodium (0.25% w/v) |
| Other ingredients (inactive ingredients) | <ul style="list-style-type: none">• Povidone• Hydrochloric acid• Purified water |

Do not be given this medicine if you are allergic to any of these ingredients.

The eye drops do not contain any preservatives.

What Minims Lidocaine & Fluorescein looks like

Minims Lidocaine & Fluorescein come in single dose units (tubes) containing 0.5mL of a clear, fluorescent red-orange solution. Each tube is wrapped in a polyester/paper blister. The blisters are packed in cartons of 20 units.

Who distributes Minims Lidocaine & Fluorescein

In New Zealand, Minims Lidocaine & Fluorescein is supplied by:

Bausch & Lomb (NZ) Ltd

c/- Corporate Services New Zealand

Level 5, 79 Queen Street
Auckland, 1010, New Zealand

This leaflet was prepared in October 2025.