

# NEW ZEALAND DATA SHEET

## 1 PRODUCT NAME (strength pharmaceutical form)

**ClinOleic** (emulsion for infusion).

## 2 QUALITATIVE AND QUANTITATIVE COMPOSITION

**ClinOleic** is a sterile fat emulsion with the following composition:

Active Ingredients	
<b>Olive oil (refined)</b>	Approximately 80%
<b>Soya oil (refined)</b>	Approximately 20%

One of the active ingredients, soya oil, contains ascorbyl palmitate as an antioxidant (free radical scavenger), in the concentration of 0.15mg/g of oil.

For the full list of excipients, see section 6.1.

## 3 PHARMACEUTICAL FORM

Emulsion for infusion (intravenous).

### *Appearance*

**ClinOleic** is a milk-like homogeneous liquid.

### *Osmolality*

**ClinOleic** is an isotonic emulsion. It has an osmolality of approximately 345mOsmL/kg water and energy content of 8.360MJ (2,000kcal)/L.

Final pH is between 6.0 – 8.0.

## 4 CLINICAL PARTICULARS

### 4.1 Therapeutic indications

Parenteral nutrition when oral or enteral nutrition is impossible, insufficient or contraindicated.

### 4.2 Dose and method of administration

The dosage depends on energy expenditure, the patient's clinical status, body weight, and ability to metabolise **ClinOleic**, as well as additional energy given orally/enterally. Therefore, the dosage should be individualised and the bag size chosen accordingly. The maximum daily dose of **ClinOleic** should be based on individual total nutritional requirements and patient tolerance.

### *Dosage*

Note: the percentage (%) of lipid in the **ClinOleic** formulation is expressed in weight by volume (w/v). That is, 5mL of **ClinOleic** contains 1g of lipid.

### *Adults:*

The dosage is 1 to a maximum of 2g lipids/kg/day.

Never exceed 0.15g lipids/kg/hour (0.75mL/kg/hour).

	Adults per kg of body weight	70kg adult
Usual lipid dosage	1 to 2g/kg/day	70 to 140g/day
Infused volume of <b>ClinOleic</b>	5 to 10mL/kg/day	350 to 700mL/day

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## *Children:*

It is recommended not to exceed a daily dose of 3g lipids/kg of body weight and an infusion rate of 0.15g lipids/kg of body weight/hour.

Daily dose should be increased gradually during the first week of administration.

## *Premature newborns and low birth weight infants:*

The use of **ClinOleic** is restricted to premature infants of 28 weeks gestational age or more.

The initial daily dose should be 0.5 - 1.0g lipids/kg of body weight. The dose may be increased by 0.5 - 1.0g lipids/kg of body weight every 24 hours up to a daily dose of 2.0g lipids/kg of body weight.

## **Flow rate and duration**

The administration flow rate must be adjusted taking into account the dose being administered, the daily volume intake, and the duration of the infusion. The recommended duration of infusion for a parenteral nutrition bag is between 12 and 24 hours, depending on the clinical situation. Treatment with parenteral nutrition may be continued for as long as is required by the patient's condition.

## *Adults:*

The initial infusion rate must be slow and not exceed 0.1g lipids or 0.5mL (10 drops) per minute for 10 minutes then gradually increased until reaching the required rate after half an hour.

## *Children:*

**ClinOleic** should be administered as a continuous 24h/day infusion.

It is recommended not to exceed an infusion rate of 0.15g lipids/kg of body weight/hour.

Daily dose should be increased gradually during the first week of administration.

## *Premature newborns and low birth weight infants:*

**ClinOleic** should be administered as a continuous 24h/day infusion.

## **Route of administration**

Intravenous infusion only:

- When used in premature newborns, low birth weight infants and children, the solution (in bags and administration sets) should be protected from light exposure after admixture through administration (see section 4.4).
- When administered as part of a complete nutrition admixture (with glucose and amino acids), the central or peripheral venous route should be chosen depending on the osmolarity of the final admixture.
- In rare cases, when infused alone as a complementary support to oral or enteral nutrition, **ClinOleic** can be administered via central or peripheral vein.

When preparing an admixture that includes **ClinOleic** (see *Preparation for Administration* below), the final osmolarity of the mixture should be measured before administration via a peripheral vein. If the mixture is hypertonic, it may cause irritation of the vein when administered into a peripheral vein.

**ClinOleic** infusion does not contain an antimicrobial agent. To avoid the risk of microbial contamination, infusion should be commenced as soon as practicable after the preparation of an admixture. As with all parenteral administration, particularly infusions, strict aseptic technique should be used at all times. **ClinOleic** intravenous infusion is for single use only in a single patient.

## **Method of preparation**

The order of mixing is critical to ensure compatibility and stability of admixtures containing **ClinOleic**. Use aseptic technique all the way through the compounding processes. Thorough mixing after the addition of each component is essential. **ClinOleic** and other components of Parenteral Nutrition do

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not contain anti-microbial agents. Therefore, once mixed, the admixtures should be administered over a period not exceeding 24 hours.

**ClinOleic** may be combined with other nutrients by adding the emulsion to a mixture of amino acids and glucose in fixed proportions.

Thus for example, an extemporaneous formulation made of amino acid, **Synthamin® 9**, with electrolytes (500mL), Glucose solution 10% (375mL) and **ClinOleic** (250mL) could be prepared without the risk of instability. Some combinations of 3-in-1 Total Parenteral Nutrition (TPN) admixtures are shown in the table below.

<b>Recommended 3-in-1 TPN admixtures (Synthamin® (w/e), Glucose and ClinOleic)</b>			
<b>Amino Acid (mL) *</b>	<b>Glucose (mL)</b>	<b>ClinOleic (mL)</b>	<b>Total Vol (mL)</b>
Synthamin 9 (500)	Glucose 10% (375)	<b>ClinOleic</b> (250)	1125
Synthamin 9 (500)	Glucose 10% (125)	<b>ClinOleic</b> (250)	1500
Synthamin 17 (500)	Glucose 20% (125)		
Synthamin 9 (250)	Glucose 10% (188)	<b>ClinOleic</b> (250)	688
Synthamin 17 (400)	Glucose 20% (95)	<b>ClinOleic</b> (250)	745
Synthamin 9 (425)	Glucose 30% (400)	<b>ClinOleic</b> (200)	1225
	Glucose 50% (200)		
Synthamin 17 (625)	Glucose 50% (425)	<b>ClinOleic</b> (200)	1250
Synthamin 9 (250)	Glucose 50% (250)	<b>ClinOleic</b> (250)	750
Synthamin 17 (375)	Glucose 70% (150)	<b>ClinOleic</b> (250)	775
Synthamin 9 (250)	Glucose 30% (125)	<b>ClinOleic</b> (250)	1000
Synthamin 13 (250)	Glucose 50% (125)		
* All amino acid solutions contain electrolytes [Note: w/e=with electrolytes]			

The order of admixing of the above components should be approached by minimising a sudden change in the negative charge of the emulsion. Firstly, mix the glucose infusion with the amino acid infusion. **ClinOleic** emulsion can then be added into this admixture. Finally the electrolyte complements then trace elements can be added.

As the lipid emulsion is negatively charged, do not add electrolytes or trace elements directly into **ClinOleic** emulsion as they destabilise the emulsion. The recommended sequence for adding electrolytes is monovalent, divalent, and trivalent ions. Phosphate salts must always be added prior to calcium salts as discussed below.

The inclusion of calcium and phosphate ions in a TPN admixture requires special attention to a possible formation of calcium phosphate precipitate, which is affected by pH, temperature, calcium salt, sequence of calcium and phosphate addition to the admixtures and concentration of calcium and phosphates ions. The limits of these electrolytes should be less than, or equal to, 5.0mmol/L for calcium and phosphates should not exceed a concentration of 30mmol/L from all sources. At pH 7.0 and above the addition of NaH<sub>2</sub>PO<sub>4</sub> to calcium gluconate solution results in a precipitation of CaHPO<sub>4</sub>, that is, the equilibrium between [H<sub>2</sub>PO<sub>4</sub>]<sup>-1</sup> and [HPO<sub>4</sub>]<sup>-2</sup> is shifted to the [HPO<sub>4</sub>]<sup>-2</sup> side.

At pH of 4.1, phosphate ions are predominantly in the form of monobasic phosphate, whilst at a higher pH, it occurs in a form of dibasic phosphate ions. Taking into consideration that the glucose infusion has a pH in the range 3.2 – 6.5, and in order to minimise a formation of dibasic phosphate ions, the sodium monobasic phosphate should be added to the glucose infusion in the early stage of the compounding of a TPN admixture. Then, this admixture is added to the amino acid infusion,

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which has a buffer capacity and no charge effects at pH 5 – 6. This is followed by the addition of the lipid emulsion to the obtained admixture. Finally, calcium gluconate is added at the end of the TPN compounding process.

Separation of the product (gravity dispersion or “creaming”) may occur after the emulsion has been stored a period of time without agitation. It should only be necessary to shake the bag 2 or 3 times before use. The product must not be used if the emulsion has a yellow appearance, or is seen to contain yellow droplets of oil. Do not use if shaking does not result in a uniform emulsion.

For instructions on product preparation before administration, and additions, see section 6.6.

### 4.3 Contraindications

- Known hypersensitivity to egg, soybean or peanut proteins or to any of the ingredients, including the lipid emulsion and/or excipients.
- Severe hyperlipidaemia or severe disorders of lipid metabolism characterised by hypertriglyceridaemia and non-corrected metabolism disorders including lactic acidosis and uncompensated diabetes.
- Severe sepsis.
- Severe liver disease.
- Blood coagulation disorders, thrombophlebitis.
- Acute and chronic renal failure, in absence of specific studies, there is insufficient data to justify its use in acute/chronic renal failure.
- Myocardial infarction.

### 4.4 Special warnings and precautions for use

Special clinical monitoring is required at the beginning of any intravenous infusion. Should any abnormalities occur, the infusion must be stopped.

#### *Allergic reactions*

The infusion must be stopped immediately if any signs or symptoms of an allergic reaction develop.

#### *Infections*

Patients who require parenteral nutrition are often predisposed to infectious complications due to malnutrition and/or their underlying disease state.

Infection and sepsis may occur as a result of the use of intravenous catheters to administer parenteral formulations, or poor maintenance of catheters and contaminated solutions.

Immunosuppression and other factors such as hyperglycaemia, malnutrition and/or their underlying disease state may predispose patients to infectious complications.

The occurrence of septic complications can be decreased with heightened emphasis on aseptic technique in catheter placement and maintenance, as well as aseptic technique in the preparation of the nutritional formula.

Careful monitoring of signs, symptoms, and laboratory test results (including fever, chills, leukocytosis, and hyperglycaemia), and frequent checks of the access device for technical complications can help recognise early infections.

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## ***Fat overload syndrome***

Fat overload syndrome has been reported with similar products. This may be caused by inappropriate administration (e.g. overdose and/or infusion rate higher than recommended, see section 4.9); however, the signs and symptoms of this syndrome may also occur when the product is administered according to instructions. The reduced or limited ability to metabolise the lipids contained in **ClinOleic** accompanied by prolonged plasma clearance may result in a fat overload syndrome. This syndrome is associated with a sudden deterioration in the patient's clinical condition and is characterised by findings such as fever, anaemia, leukopaenia, thrombocytopaenia, coagulation disorders, hyperlipidaemia, liver fatty infiltration (hepatomegaly), deteriorating liver function and central nervous system manifestations (e.g. coma). The syndrome is usually reversible when the infusion of the lipid emulsion is stopped.

## ***Refeeding syndrome***

**ClinOleic** is administered as part of a parenteral nutrition regimen. Refeeding severely undernourished patients with parenteral nutrition may result in the refeeding syndrome. The syndrome is characterised by the intracellular shift of potassium, phosphorus and magnesium as the patient becomes anabolic. Thiamine deficiency and fluid retention may also develop. Careful monitoring and slowly increasing nutrient intakes, while avoiding overfeeding, can prevent these complications.

Fat emulsions should be administered simultaneously with carbohydrates and amino acids to avoid metabolic acidosis.

Never make additions directly to the **ClinOleic** bag. If **ClinOleic** is mixed with glucose and/or amino acid solutions, the compatibility should be checked before administration (see section 4.2). Formation of precipitates could result in vascular occlusion.

To avoid air embolism due to possible residual gas contained in the primary bag, do not connect flexible bags in series (see section 4.2). Air embolism can result if residual gas in the bag is not fully evacuated prior to administration if the flexible bag is pressurised to increase flow rates. Use of a vented intravenous administration set with the vent in the open position could result in air embolism.

## ***Use with caution in the following circumstances***

Fat metabolism may be disturbed in uncompensated diabetes. The use of **ClinOleic** in patients with diabetes mellitus has not been investigated. If **ClinOleic** is administered the elimination of fat should be monitored daily.

## ***Check the following before/during treatment***

Water/fluid balance and overload states, electrolytic or metabolic disorders should be corrected before administration of **ClinOleic**.

Plasma triglyceride levels and clearance should be monitored daily. The triglyceride concentration in serum during infusion should not exceed 3mmol/L. Infusion should only be started when serum triglyceride levels have returned to baseline level.

During short-term or long-term intravenous nutrition, alkaline phosphatase and total bilirubin should be checked at regular intervals, depending on the health status of the patient.

Monitor serum triglycerides, fluid and electrolyte status, acid/base balance, serum osmolarity, blood glucose, liver and kidney function, and blood count, including platelet and coagulation parameters, throughout treatment.

Fluid status should be closely monitored in patients with pulmonary oedema or heart failure.

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## ***Use in hepatic impairment***

The use of **ClinOleic** in patients with chronic liver disease without systemic failure has not been evaluated. If parenteral nutrition is to be used in patients with pre-existing liver disease or insufficiency, liver function parameters as well as liver condition should be closely followed when using **ClinOleic**. Hepatobiliary disorders including cholestasis, hepatic steatosis, fibrosis and cirrhosis, possibly leading to hepatic failure, as well as cholecystitis and cholelithiasis are known to develop in some patients on parenteral nutrition. The aetiology of these disorders is thought to be multifactorial and may differ between patients. Patients developing abnormal laboratory parameters (see *Effect on Laboratory Tests* below) or other signs of hepatobiliary disorders should be assessed early by a clinician knowledgeable in liver diseases in order to identify possible causative and contributory factors, and possible therapeutic and prophylactic interventions. See section 4.3.

## ***Use in renal impairment***

See section 4.3.

## ***Paediatric use***

Extremely premature and/or very low birth-weight infants receiving **ClinOleic** should be under the close supervision of a neonatologist. Clinical experience exists for administration of **ClinOleic** for up to 7 days in neonates and up to 2 months in children.

**ClinOleic** should be administered with caution in the case of neonatal hyperbilirubinaemia (total serum bilirubin > 200µmol/L). Total bilirubin levels should be monitored closely.

Light exposure of solutions for intravenous parenteral nutrition, after admixture with trace elements and/or vitamins, may have adverse effects on clinical outcome in neonates, due to generation of peroxides and other degradation products. When used in premature newborns, low birth weight infants and children, **ClinOleic** should be protected from ambient light after admixture until administration is complete (see section 4.2).

Serious adverse reactions including acute respiratory distress and metabolic acidosis have been reported in neonates and infants after rapid infusion of intravenous lipid emulsions.

## ***Effects on laboratory tests***

The lipids contained in **ClinOleic** may interfere with the results of certain laboratory tests (e.g. bilirubin, lactate dehydrogenase, oxygen saturation, haemoglobin) if the blood sample is taken before the lipids are eliminated. Administered lipids are generally eliminated from the bloodstream after a period of 5 to 6 hours following discontinuation of administration.

## **4.5 Interaction with other medicines and other forms of interaction**

No interaction studies have been performed with **ClinOleic**.

Olive and soybean oils have a natural content of vitamin K1 that may counteract the anticoagulant activity of coumarin derivatives, including warfarin.

## ***Compatibility with other medicines and nutrients***

Complete information about incompatibilities is not available.

- Electrolytes or medication should not be added directly to the lipid emulsion.
- If it is necessary to introduce additives to a solution containing **ClinOleic**, first verify the compatibility and then mix thoroughly before administration to the patient.
- The compatibility of medicines intended for administration by the Y-site of an infusion containing **ClinOleic**, must first be established.

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**ClinOleic** may be included as a component of parenteral nutrition admixtures incorporating carbohydrates and amino acids where compatibility and stability have been established before administration to the patient. Admixing should be accompanied by gentle agitation during preparation under strict aseptic conditions. The addition of polyvalent electrolytes to an admixture requires thorough review of the interaction of calcium and phosphate. This review should be made before compounding is initiated, due to the possible interaction between the calcium and the phosphate.

In the case of **Synthamin** amino acid solutions with electrolytes, the limits of these electrolytes should be less than, or equal to, 5.0mmol/L for calcium, and phosphates should not exceed a concentration of 30mmol/L from all sources.

Absolute solubility of calcium/phosphate in parenteral admixtures is dependent upon many factors, including the concentration of amino acids in the admixture. Reference should be made to calcium/phosphate solubility curves (appropriate to the amino acid in use), published by the amino acid solution manufacturers, to determine the solubility limits before admixing commences.

“Breaking” or “oiling out” of the emulsion can be visibly identified by accumulation of yellowish droplets or particles in the admixture.

## ***Compatibility with containers and administration sets***

Phthalate plasticisers are extracted from PVC bags and administration sets by intravenous fat emulsions. PVC bags and administration sets should not be used for delivery of **ClinOleic** or of solutions containing **ClinOleic**. Bags made from ethyl vinyl acetate (EVA) and administration sets made from non-plasticised materials are recommended.

## **4.6 Fertility, pregnancy and lactation**

### ***Fertility***

Tests for effects on fertility have not been conducted with **Clinoleic**.

### ***Use in pregnancy (Pregnancy Category – exempt)***

The safety of administration of **ClinOleic** during pregnancy has not been established. No reproductive toxicity studies with **ClinOleic** have been carried out in animals, and its use in pregnancy is not recommended.

### ***Breast-feeding***

The safety of administration of **ClinOleic** during lactation has not been established. Therefore, **ClinOleic** should be used during lactation only if clearly needed.

## **4.7 Effects on ability to drive and use machines**

The effects of **ClinOleic** on a person’s ability to drive and use machines were not assessed as part of its registration.

## **4.8 Undesirable effects**

During administration of parenteral nutrition fat emulsions, two types of adverse reactions can occur:

### ***Immediate reactions***

At the beginning of the infusion, any of the following abnormal signs evoking a hypersensitivity reaction should be cause for immediate discontinuation of the infusion: sweating, shivering, cephalgia, dyspnoea.

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## **Delayed reactions**

During long-term parenteral nutrition of fat emulsions, the following adverse reactions have been observed:

HEPATO-BILIARY DISORDERS: increase of alkaline phosphatase, bilirubin and transaminases (ALT & AST), hepatomegaly, icterus.

BLOOD AND LYMPHATIC SYSTEM DISORDERS: thrombocytopenia.

Of the clinical trials performed with **ClinOleic**, a summary of the serious adverse events (SAE) are summarised in the table below. Over a period from November 1995 to November 2003, sixteen (16) SAE's were reported in clinical studies. Of the 16 AE's, seven (7) were not related, one (1) possibly related and one (1) unlikely related to the product administration. The total number of units used during this period was 1,325,117.

To date, two (2) spontaneous adverse events were reported.

<b>Adverse Reactions report by System Organ Class classification. Post-marketing experience, PSUR 1995-2003.</b>		
<b>System Organ Classification</b>	<b>Sources</b>	
	<b>Clinical Trials</b>	<b>Spontaneous</b>
<b>Serious adverse events</b>		
1. Body as a whole <ul style="list-style-type: none"> <li>• Fever</li> <li>• Septicaemia</li> <li>• Sepsis</li> <li>• Allergic reaction</li> </ul>	8 (8/16 = 50%) <ul style="list-style-type: none"> <li>1 N/R</li> <li>3 N/R</li> <li>4 N/R</li> </ul>	1 P/R
2. Central Nervous System <ul style="list-style-type: none"> <li>• Cerebral oedema</li> <li>• Convulsion</li> </ul>	3 (3/16 = 19%) <ul style="list-style-type: none"> <li>1 N/R</li> <li>1 N/R</li> </ul>	0
3. Respiratory system <ul style="list-style-type: none"> <li>• Pneumonia (fatal)</li> <li>• Respiratory insufficiency</li> </ul>	2 (2/16 = 16%) <ul style="list-style-type: none"> <li>1 P/R</li> <li>1 U/R</li> </ul>	0
4. Cardiovascular system <ul style="list-style-type: none"> <li>• Arrhythmia</li> <li>• Increased blood level of immunosuppressant drug</li> </ul>	2 (2/16 = 16%) <ul style="list-style-type: none"> <li>1 N/R</li> </ul>	1 N/R
5. Musculo-skeletal system <ul style="list-style-type: none"> <li>• Bone necrosis</li> </ul>	1 (1/16 = 6%) <ul style="list-style-type: none"> <li>1 N/R</li> </ul>	0
<b>TOTAL</b>	<b>16</b>	<b>0</b>
N/R – Not Related P/R – Possibly Related U/R – Unlikely Related		

In addition to the adverse reactions noted above, the following adverse reactions have been reported in clinical trials.

BLOOD AND LYMPHATIC SYSTEM DISORDERS: leukopaenia.

METABOLISM AND NUTRITION DISORDERS: hyperglycaemia, diabetes mellitus inadequate control, hypoproteinaemia, hyperlipidaemia (including hypertriglyceridaemia).

VASCULAR DISORDERS: mean arterial pressure decreased, circulatory collapse, hypotension, hot flush.



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RESPIRATORY, THORACIC, AND MEDIASTINAL DISORDERS: dyspnoea.

GASTROINTESTINAL DISORDERS: vomiting, nausea, abdominal pain, abdominal distension, epigastric discomfort.

HEPATOBIILIARY DISORDERS: cholestasis, hepatic function abnormal, cytolytic hepatitis.

MUSCULOSKELETAL AND CONNECTIVE TISSUE AND BONE DISORDERS: muscle spasms, back pain.

GENERAL DISORDERS AND ADMINISTRATION SITE CONDITIONS: pyrexia, asthenia, malaise.

INVESTIGATIONS: blood bilirubin increased, bilirubin conjugated increased, hepatic enzyme increased, liver function test abnormal, pancreatic enzyme increased, blood triglycerides increased.

### ***Post-marketing adverse effects***

The following additional adverse reactions have been reported in the post-marketing experience:

GASTROINTESTINAL DISORDERS: diarrhoea.

SKIN AND SUBCUTANEOUS TISSUE DISORDERS: pruritus

INVESTIGATIONS: International Normalised Ratio decreased.

IMMUNE SYSTEM DISORDERS: hypersensitivity with the manifestations of rash and dyspnoea.

### ***Reporting of suspected adverse reactions***

Reporting suspected adverse reactions after authorisation of the medicine is important. It allows continuing monitoring of the benefit/risk balance of the medicine. Healthcare professionals are asked to report any suspected adverse reactions <https://pophealth.my.site.com/carmreportnz/s/>

## **4.9 Overdose**

In case of overdose (an abnormal rise in triglyceride levels during infusion of fat) where any of the following reactions occur, fat infusion should be stopped to allow lipids to clear from serum, or if necessary, continue the infusion at a reduced dosage: general symptoms such as fever or evocating an haemodynamic instability, emesis, algia, liver function abnormalities, hepato or splenomegalia, haemostasis disorders, hyperlipidaemia, hypersensitivity and fat overload syndrome. In neonates and infants, an overdose and/or increased infusion rate may cause serious adverse events such as metabolic acidosis and respiratory distress. The effects are usually reversible after the lipid infusion is stopped. If medically appropriate, further intervention may be indicated (see section 4.4)

For advice on the management of overdose please contact the National Poisons Centre on phone number: 0800 764 766 [0800 POISON] in New Zealand (or 131126 in Australia).

## **5 PHARMACOLOGICAL PROPERTIES**

### **5.1 Pharmacodynamic properties**

#### ***Pharmacotherapeutic group***

Lipid emulsion for parenteral nutrition

#### ***ATC code***

B05BA02

#### ***Mechanism of action***

**ClinOleic** provides a moderate proportion of essential fatty acids (EFA), which probably facilitates their utilisation. The combination of olive and soya oils allows a content of fatty acids in an approximate ratio of:

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- Saturated fatty acids: 15% (SFA).
- Mono-unsaturated fatty acids: 65% (MUFA).
- Essential Poly-unsaturated fatty acids: 20% (EPUFA).

For patients requiring complete parenteral nutrition, complementary carbohydrates, amino acids, electrolytes, vitamins, and trace elements supplements are required.

**ClinOleic** is a source of energy; the high-energy content of the emulsion enables the administration of a large quantity of calories in a small volume. **ClinOleic** also contains glycerol for isotonicity. Egg lecithin supplies phosphorus and choline.

### ***Physiochemical properties***

The relative density of **ClinOleic** is in the range of 0.983 – 0.989.

*Refined olive oil:*

CAS number 8001-25-0.

*Refined soya oil:*

CAS number 8001-22-7.

### ***Clinical trials***

**ClinOleic** has been used in a number of small clinical trials generally using **Intralipid** as a comparative agent. The numbers enrolled in these trials were small and they are not suitable for data pooling or meta-analysis or for demonstrating non-inferiority to the comparator. The studies were of variable duration. The studies usually measured fatty acid composition of plasma lipid fractions. Of the population studied, 32% of the adults were aged over 65 years old.

The 2 pivotal studies enrolled 59 infants and children aged under 11 years old.

- Study CT 2402/P14/93/F (“Ricour Study”), double-blind, randomised, parallel group, measured the level of fatty acids in plasma phospholipids (primary efficacy variable) and compared the long-term efficacy and safety of **ClinOleic** (n = 9) to **Intralipid** 20% (n = 9) in children and infants who needed prolonged Parenteral Nutrition (PN) at home or hospital. Seventeen patients aged from 1 to 9 years old were exposed for 2 months and 1 patient was exposed for 1 month.

The results of the study are shown in the following table:

<b>Primary efficacy variable: fatty acids in plasma phospholipids</b>		
	<b>Day 0</b>	<b>Day 60</b>
<b>Oleic acid (C18: n-9) (p = 0.0023)</b>		
<b>ClinOleic</b>	10.7	14.5
<b>Intralipid</b>	9.2	9.9
<b>Linoleic acid (C18: 2n-6) (p = 0.0001)</b>		
<b>ClinOleic</b>	16.6	13.9
<b>Intralipid</b>	17.6	20.2
<b>C20: 4n-6/C18: 2n-6 (p = 0.0001)</b>		
<b>ClinOleic</b>	0.58	0.70
<b>Intralipid</b>	0.59	0.45
<b>n-6 metabolites/C18: 2n-6 (p = 0.0001)</b>		
<b>ClinOleic</b>	0.82	0.96
<b>Intralipid</b>	0.83	0.64

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- Study CT 2402/P15/94/G (“Koletzko Study”), double-blind, randomised, parallel group, compared the efficacy and safety of **ClinOleic** (n = 22) to **Intralipid** 20% (n = 20) in premature infants requiring lipid based Total Parenteral Nutrition (TPN) for 7 days. Forty-two premature infants aged -gestational age- 28 to 36 weeks ± 6 days were exposed.

The results are shown in the following table:

<b>Primary efficacy variable: n-6 and n-3 metabolites fatty acids; mead acid; arachidonic acid.</b>		
	<b>Day 0</b>	<b>Day 8</b>
<b>n-6 metabolites (p = 0.19)</b>		
<b>ClinOleic</b>	16.8	13.3
<b>Intralipid</b>	17.7	13.0
<b>n-3 metabolites (p = 0.73)</b>		
<b>ClinOleic</b>	3.39	2.73
<b>Intralipid</b>	3.68	3.09
<b>Mead acid (C20: 3n-9) (p = 0.03)</b>		
<b>ClinOleic</b>	1.15	1.04
<b>Intralipid</b>	0.72	0.20
<b>Arachidonic acid (C20: 4n-6) (p = 1.0)</b>		
<b>ClinOleic</b>	13.3	9.2
<b>Intralipid</b>	14.1	9.5

Tolerability of the emulsions in the treatment and control groups was similar.

### 5.2 Pharmacokinetic properties

In **ClinOleic**, most of the lipid particle sizes are in the range of chylomicrons (0.08 - 0.6µm) with the mean diameter of less than 0.45µm. However, it may contain a small fraction (up to 2.5%) of particles having a diameter of more than 1µm.

### 5.3 Preclinical safety data

#### *Genotoxicity*

Tests for mutagenicity have not been conducted with **Clinoleic**.

#### *Carcinogenicity*

Tests for carcinogenicity have not been conducted with **Clinoleic**.

## 6 PHARMACEUTICAL PARTICULARS

### 6.1 List of excipients

**ClinOleic** contains the following excipients:

<b>Excipients (in 1000mL)</b>	
<b>Egg lecithin (purified egg phospholipids)</b>	12g
<b>Glycerol</b>	22.5g
<b>Sodium oleate</b>	0.3g
<b>Nitrogen</b>	q.s.
<b>Sodium hydroxide</b>	q.s.
<b>Water for Injection</b>	q.s. to 1000mL

### 6.2 Incompatibilities

Refer to section 4.5.

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## 6.3 Shelf life

18 months from date of manufacture. The expiry date can be found on the packaging.

## 6.4 Special precautions for storage

Store product at or below 25°C. Do not freeze, protect from light.

## 6.5 Nature and contents of container

**ClinOleic** is presented as a multi-layer plastic bag packaged in an oxygen barrier over wrap in the following pack sizes:

100mL (box of 10 or 24 units)

250mL (box of 10 or 20 units)

350mL (box of 10 or 12 units)

500mL (box of 10 or 12 units)

1000mL (box of 6 units).

Note: Not all pack sizes may be marketed.

## 6.6 Special precautions for disposal and other handling

Any unused medicine or waste material should be disposed of in accordance with local requirements.

### *Preparation for administration*

#### *Bag*

#### **Store in protective overwrap.**

PLEASE NOTE: As lipid emulsions are oxygen sensitive, an oxygen indicator affixed to an oxygen absorber is added between the inner bag and the over wrap. The oxygen indicator shows whether oxygen has entered the packaging due to damage of the overwrap. The oxygen indicator should be inspected **before** removing the overwrap; compare it to the reference colour printed next to the OK symbol and depicted in the printed area of the indicator label. If oxygen enters the overwrap and is not absorbed by the oxygen absorber, the oxygen indicator changes colour. Do not use the product if the colour of the oxygen indicator does not correspond to the reference colour printed next to the OK symbol.

The oxygen indicator mixture may appear biphasic, as it is a suspension of a solid in a liquid. Once it is determined that the product is safe to use, the oxygen absorber/indicator should be discarded.

Do not use plastic containers in series connection. Such use could result in embolism due to residual air drawn from the primary container before administration of the fluid from the secondary container is completed.

#### *To open:*

- Tear the protective over wrap.
- Confirm the integrity of the bag.
- Use only if the bag is not damaged and the emulsion is a homogenous liquid with a milky appearance.

#### *Positioning the infusion:*

- Suspend the bag.
- Remove the plastic protector from the administration outlet.
- Firmly insert the infusion spike into the administration outlet.

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## *Additions:*

If it is necessary to introduce additives, verify the compatibility and mix thoroughly before administration to the patient. Additions must be performed under aseptic conditions. Never make any additions directly to the bag; additions are made into the injection site using a needle:

- Prepare the injection site.
- Puncture the injection site and inject.
- Mix the contents of the bag and the additives (see *Method of Preparation* above).

All opened bags must be used immediately and not be stored for further use.

The use of a final filter is recommended during administration of all parenteral nutrition solutions, where possible.

For single use only.

Do not store partially used bags, discard partially used bags and destroy all accessory parts after use.

Do not re-connect partially used bags.

When used in premature newborns, low birth weight infants and children, protect from light exposure when admixtures include trace elements and/or vitamins, after admixture through administration. Exposure of **ClinOleic** to ambient light after admixture generates peroxides and other degradation products that can be reduced by photoprotection (see section 4.4).

## 7 MEDICINE SCHEDULE

General Sale Medicine.

## 8 SPONSOR

**ClinOleic** is distributed in New Zealand by:

Baxter Healthcare Ltd  
33 Vestey Drive  
Mt Wellington  
Auckland 1060.

Baxter Healthcare Ltd  
PO Box 14 062  
Panmure  
Auckland 1741

Phone (09) 574 2400.

**ClinOleic** is distributed in Australia by:

Baxter Healthcare Pty Ltd  
1 Baxter Drive  
Old Toongabbie, NSW 2146.

## 9 DATE OF FIRST APPROVAL

Date of publication in the New Zealand Gazette of consent to distribute the medicine:  
24 January 2004.

## 10 DATE OF REVISION OF THE TEXT

25 September 2023

# NEW ZEALAND DATA SHEET

## SUMMARY TABLE OF CHANGES

Section changed	Summary of new information
1	Heading corrected and Product Name moved below.
4.3	Contraindication in known hypersensitivity to peanut proteins.
4.4	Serious adverse reactions including acute respiratory distress and metabolic acidosis have been reported in neonates and infants after rapid infusion of intravenous lipid emulsions.
4.8	Reporting link updated.
4.9	In neonates and infants, an overdose and/or increased infusion rate may cause serious adverse events such as metabolic acidosis and respiratory distress.

*Based on Australian PI most recent amendment 7 September 2023 and CCSI404 2023 0504.*

*Please refer to the Medsafe website ([www.medsafe.govt.nz](http://www.medsafe.govt.nz)) for most recent data sheet.*

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