

Consumer Medicine Information

MACROBID

100mg Nitrofurantoin (as 25 mg nitrofurantoin macrocrystals and 75 mg of nitrofurantoin (as 80.7 mg of monohydrate))

Modified Release Capsules

What is in this leaflet

This leaflet answers some common questions about MACROBID. It does not contain all the available information. It does not take the place of talking to your doctor or pharmacist. All medicines have risks and benefits. Your doctor has weighed the risks of you taking MACROBID against the benefits he/she expects it will have for you. If you have any concerns about taking this medicine, ask your doctor or pharmacist.

What MACROBID is used for

MACROBID is an antibacterial agent specific for urinary tract infections. Urinary tract infections are caused by the presence of bacteria in the urinary system. The bacteria often come from the intestines where they are necessary for normal function. In women, the most common infection involves the bladder and is called cystitis. In men, the infection may involve the prostate, which is called prostatitis. In both men and women, the bacteria may travel up and infect the kidneys.

Before you take MACROBID

Do not take MACROBID if:

- **you have an allergy to MACROBID** or any of the ingredients listed at the end of this leaflet
- **you have problems passing urine or have significant impairment of kidney function**
- **you are a pregnant women undergoing labour and delivery, or if the onset of labour is imminent**
- **the child who is receiving the medicine is less than one month of age.**

Tell your doctor if:

- you intend to become pregnant or to breast-feed.
- you have any other medical conditions, especially a history of lung disease, liver disease, kidney disease, peripheral neuropathy, optic neuritis, anemia, diabetes mellitus, electrolyte imbalance, vitamin B deficiency, or other debilitating disease.

Taking other medicines

Tell your doctor if you are taking any other medicines, including any non-prescription product. When taking MACROBID, avoid taking antacids containing magnesium trisilicate, as these can affect the absorption of MACROBID.

Tell your doctor if you are taking uricosuric drugs, such as probenecid and sulphinyprazone, as these can reduce the effectiveness of MACROBID and increase side effects.

How to take MACROBID

Take MACROBID only when prescribed by your doctor.

The usual dose is one 100mg capsule every 12 hours for seven days. Carefully follow all the directions given to you by your doctor. They may differ from the information contained in this leaflet. If you do not understand how to take the medicine, ask your doctor or pharmacist for help.

MACROBID should be taken with food.

You should complete the full course of therapy prescribed by your doctor.

If you forget to take it

If it is almost time for your next dose, skip the dose you missed and take your next dose when you are meant to. Otherwise, take it as soon as you remember, and then go back to taking your doses as you would normally. If you are not sure whether to skip the dose, talk to your doctor or pharmacist. Do not take a double dose to make up for the dose that you missed.

Side Effects

Tell your doctor or pharmacist as soon as possible if you do not feel well while you are taking the medicine. MACROBID helps most people with infections of the urinary tract but it may have unwanted side effects in a few people. All medicines can have side effects. Sometimes they are serious but most of the time they are not. You may need medical treatment if you experience some of the side effects.

The most common side effects reported with the use of MACROBID are nausea, headache, and flatulence.

MACROBID does not interfere with the ability to drive or use machines. MACROBID may turn your urine a brown colour but this is of no clinical significance. Inform your doctor if you notice any of the following:

- severe abdominal pain
- numbness or tingling in the fingers or toes
- visual disturbances
- taste disturbances
- dizziness or vertigo
- drowsiness or malaise
- rash
- swelling of the face, lips, mouth, tongue or throat
- joint or muscle pain
- fever or chills
- cough, chest pain or difficulty in breathing
- jaundice.

If you become pregnant while taking MACROBID, tell your doctor immediately.

Overdose

Immediately telephone your doctor or the National Poisons Information Centre (telephone **0800 POISON** or **0800 764 766**) for advice if you think that you or anyone else may have taken too much MACROBID. Do this even if there are no signs of discomfort or poisoning. Keep telephone numbers of these places handy.

Storage conditions

Store MACROBID below 25°C.

Keep all medicines out of the reach of children.

Do not use MACROBID if the product has passed the expiry date on the pack.

MACROBID is to be used within 90 days after opening the container.

Any unused capsules remaining after 90 days from opening the container, or after the expiry date, should be returned to the pharmacy for disposal.

Product description

MACROBID is an opaque black and yellow capsule imprinted with “(band) Macrobid (band)” on one half and “52427-285” on the other, containing 100mg nitrofurantoin. Bottles of MACROBID contain 100 capsules.

Inactive ingredients

Carbomer 934P, corn starch, compressible sugar, D&C Yellow No. 10, edible gray ink, FD&C Blue No. 1, FD&C Red No. 40, gelatin, lactose, magnesium stearate, povidone, talc, and titanium dioxide.

MACROBID capsules contain **Lactose**.

Supplier

Te Arai BioFarma Ltd
PO Box 46205
Herne Bay, 1147
NEW ZEALAND

0800 TEARAI (832724)

This leaflet was prepared in February 2021.