Diflucan®

Consumer Medicine Information (CMI) summary

The <u>full CMI</u> on the next page has more details. If you are worried about using this medicine, speak to your doctor or pharmacist.

1. Why am I being treated with Diflucan?

Diflucan contains the active ingredient fluconazole. Diflucan oral suspension is used to treat certain fungal and yeast infections. For more information, see Section 1. Why am I being treated with Diflucan? in the full CMI.

2. What should I know before treatment with Diflucan?

Do not start treatment if you are allergic to any medicine containing fluconazole, any of the ingredients listed at the end of this CMI, or any other similar medicines such as miconazole, ketoconazole or clotrimazole.

Tell the doctor if you have had any allergic reaction to any antifungal, or any foods, preservatives or dyes or any other medicines, if you are pregnant, plan to become pregnant or are breastfeeding.

You must not be given Diflucan if you are taking certain medicines.

For more information, see Section 2. What should I know before treatment with Diflucan? in the full CMI.

3. What if I am taking other medicines?

Some medicines may interfere with Diflucan and affect how it works.

A list of these medicines is in Section 3. What if I am taking other medicines? in the full CMI.

4. How is Diflucan given?

Diflucan is available as oral suspension (taken by mouth after accurately measuring the dose of the medicine with a medicine measure). Your doctor will decide how much Diflucan will be given to you each day and for how long. It will depend on your condition and other factors.

More instructions can be found in Section 4. How is Diflucan given? in the full CMI.

5. What should I know during treatment with Diflucan?

Things you should do	 Tell the doctor if you have any medical conditions, are on any medicines, or if you are pregnant, plan to become pregnant or are breastfeeding For more information on "Things you should do" can be found in Section 6 in the full CMI
Things you should not do	 Do not start treatment if you have ever had an allergic reaction to any medicine containing fluconazole, any of the ingredients listed at the end of this CMI, or any other similar medicines such as miconazole, ketoconazole or clotrimazole. Do not stop taking Diflucan or lower the dosage without checking with your doctor. Do not give your medicine to anyone else, even if they have the same condition as you. Do not use Diflucan to treat any other medical complaints unless your doctor tells you to.
Looking after your medicine	 Keep your medicine in its original pack until it is time to take it. Store it in a cool dry place away from moisture, heat or sunlight; for example, do not store it: in the bathroom or near a sink, or in the car or on window sills. Store Diflucan below 30°C. Do not use this medicine after the expiry date.

For more information, see Section 5. What should I know while during treatment with Diflucan? in the full CMI.

6. Are there any side effects?

DIFLUCAN is generally well tolerated. Side effects may include nausea, vomiting, abdominal pain, diarrhoea, headache, skin rash or redness and easy bruising of the skin, seizures, signs of frequent or worrying infections such as fever, severe chills, sore throat or mouth ulcers, or change in liver function. For more information, including what to do if you have any side effects, see Section <u>6</u>. Are there any side effects? in the full CMI.

Diflucan®

fluconazole (flu-con-a-zole)

Consumer Medicine Information (CMI)

This leaflet provides important information about using Diflucan. You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about Diflucan

Where to find information in this leaflet:

- 1. Why am I being treated with Diflucan?
- 2. What should I know before treatment with Diflucan?
- 3. What if I am taking other medicines?
- 4. How is Diflucan given?
- 5. What should I know during treatment with Diflucan?
- 6. Are there any side effects?
- 7. Product details

1. Why am I being treated with Diflucan?

Diflucan oral suspension is used to treat certain fungal and yeast infections.

Diflucan belongs to a group of medicines called azole antibiotics.

It works by preventing the growth of the fungal and yeast organisms causing your infection.

Ask your doctor if you have any questions about why Diflucan has been prescribed for you.

Your doctor may have prescribed it for another reason.

Diflucan is available only with a doctor's prescription.

This medicine is not addictive.

2. What should I know before treatment with Diflucan?

Warnings

Do not use start treatment with Diflucan if you:

- are allergic to fluconazole, or any of the ingredients listed at the end of this leaflet, or any medicines related to fluconazole such as miconazole, ketoconazole or clotrimazole
- Symptoms of an allergic reaction may include shortness of breath, wheezing or difficulty breathing; swelling of the face, lips, tongue or other parts of the body; skin rash, itching or hives.

You must not be given Diflucan if you are taking any of the following medicines:

- terfenadine or astemizole (a medicine used to treat allergy)
- cisapride (a medicine used to treat stomach problems)
- erythromycin (a medicine used to treat infections)
- pimozide (a medicine used to treat mental illness)
- quinidine (a medicine used to treat irregular heartbeat).

Check with your doctor if you:

- have allergies to any foods, preservatives or dyes or any other medicines
- are taking medicines for any other condition
- have other medical conditions
- have liver problems.
- have heart problems
- have kidney problems

Your doctor may need to monitor the function of the liver using blood tests. Be sure to follow the doctor's advice if regular checks on your/ your child's liver are recommended.

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section <u>6</u>. Are there any side effects?

Pregnancy and breastfeeding

Check with your doctor if you are pregnant or intend to become pregnant.

DIFLUCAN use should be avoided during pregnancy except on doctor's advice for severe or life-threatening infections. Effective contraception should be used in women of childbearing potential and should continue throughout the treatment period and for approximately 1 week after the final dose. Your doctor can discuss with you the risks and benefits involved.

Talk to your doctor about the need for an additional method of contraception while being given Diflucan.

Diflucan may decrease the effectiveness of some birth control pills.

Talk to your doctor if you are breastfeeding or intend to breastfeed.

DIFLUCAN is not recommended for use whilst breastfeeding however your doctor can discuss with you the risks and benefits involved.

3. What if I am taking other medicines?

Tell your doctor if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

Some medicines should not be taken with Diflucan. These are listed under Section 2. What should I know before treatment with Diflucan.

Some medicines and Diflucan may interfere with each other. These medicines and some others may be affected by Diflucan or may affect how well it works. You may need different amounts of your medicines, or you may need to take different medicines. These include:

 some medicines for diabetes such as glipizide, tolbutamide or glibenclamide

- some antibiotics, antiviral and antifungal drugs such as rifampicin, rifabutin, zidovudine, amphotericin B, azithromycin, saquinavir or voriconazole
- some drugs used for heart problems, such as amiodarone or verapamil
- some drugs used in problems with the immune system, such as ciclosporin, tacrolimus, sirolimus or tofacitinib
- some medicines used to lower cholesterol, such as atorvastatin, simvastatin or fluvastatin
- cyclophosphamide vincristine, vinblastine, olaparib or ibrutinib (used to treat certain types of cancers)
- tolvaptan (used to treat low levels of sodium in your blood or for kidney problems)
- halofantrine (used to treat malaria)
- warfarin (used to stop blood clots)
- phenytoin (used to treat epilepsy)
- prednisone (used to treat inflammation or suppress the immune system)
- theophylline (used to treat asthma)
- some benzodiazepines such as midazolam
- lemborexant (used to treat insomnia or sleeping difficulties)
- ivacaftor (used to manage cystic fibrosis)
- lurasidone (used to manage schizophrenia)
- hydrochlorothiazide (used for treating fluid problems)
- the contraceptive pill (birth control pill)
- carbamazepine (used in the treatment of epilepsy and bipolar disorder)
- NSAIDS such as naproxen, diclofenac and celecoxib
- Vitamin A
- opioid pain killers such as alfentanil, fentanyl and methadone
- losartan (used for treating high blood pressure)
- antidepressants such as amitriptyline and nortriptyline.

Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect Diflucan.

4. How is Diflucan given?

How much to take

<u>Adults</u>

 The dose will depend on your infection and how you respond to Diflucan. It usually ranges from 50 mg to 400 mg once daily.

Children:

 The dose for a child will depend on body weight and usually ranges from 3 mg to 12 mg per kilogram of body weight once daily. In very young children (below 4 weeks of age), Diflucan is usually given every second or third day.

However, depending on how serious the infection is, and how you react to the medicine, your doctor may ask you to take a different dose.

When to take it

Try to take your medicine at about the same time each day. Taking it at the same time each day will have the best effect. It will also help you to remember when to take it.

It does not matter if you take this medicine before or after food.

How to take it

Oral Suspension:

Shake the bottle well and accurately measure the dose with a medicine measure. Only take it by mouth.

How long to take it?

Continue taking Diflucan until you finish the pack or bottle or until your doctor recommends.

The length of time you take Diflucan will depend on the sort of infection you have.

Patients with a weakened immune system or those with difficult infections may need long-term treatment to prevent the infection from returning.

Do not stop taking your Diflucan because you are feeling better.

If you do not complete the full course prescribed by your doctor, the infection may not clear completely or your symptoms may return.

If you forget to take it

Diflucan should be used as prescribed. If you miss your dose at the usual time, please see the following instructions.

If it is almost time for your next dose, skip the dose you missed and take your next dose when you are meant to.

Do not take a double dose to make up for the dose you missed.

Otherwise, take it as soon as you remember, then go back to taking it as you would normally.

If too much Diflucan is given

If you think that you have used too much Diflucan, you may need urgent medical attention.

You should immediately:

- Phone the National Poisons Information Centre (telephone: New Zealand 0800 POISON or 0800 764 766) or,
- contact your doctor, or
- go to the Emergency Department at your nearest hospital.

You should do this even if there are no signs of discomfort or poisoning.

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5. What should I know during treatment with Diflucan?

Things you should do

- If you are a woman of child-bearing age, you should avoid becoming pregnant while taking Diflucan. Talk to your doctor about the need for an additional method of contraception while being given Diflucan.
 If you do become pregnant while taking Diflucan, tell your doctor immediately.
- If you suffer from HIV or have a weakened immune system and develop a rash while taking Diflucan, tell your doctor immediately.
 - If this rash worsens, Diflucan may need to be stopped.
- Be sure to follow your doctor's advice if regular checks on your liver are recommended. In rare cases,
 Diflucan may affect the liver and may need to be stopped.
- If the symptoms of your infection do not improve within a few days, or if they become worse, tell your doctor.
- Remind any doctor, dentist, or pharmacist you visit that you are using Diflucan.

Things you should not do

- Do not start treatment if you have ever had an allergic reaction to any medicine containing fluconazole, any of the ingredients listed at the end of this CMI
- Do not stop taking Diflucan or lower the dosage without checking with your doctor.
 If you do not complete the full course prescribed by your doctor, all of the organisms causing your infection may not be killed. These organisms may continue to grow and multiply so that your infection may not clear completely or may return.
- Do not give your medicine to anyone else, even if they have the same condition as you.
- Do not use Diflucan to treat any other medical complaints unless your doctor tells you to.

Driving or using machines

Be careful when driving vehicles or operating machinery as occasional dizziness or seizures may occur.

Drinking alcohol

No information available

Looking after your medicine

Keep your medicine in its original pack until it is time to take it.

If you take it out of the pack it may not keep well.

Store it in a cool dry place away from moisture, heat or sunlight; for example, do not store it:

- in the bathroom or near a sink, or
- in the car or on window sills.

Store Diflucan below 30°C.

Do not use this medicine after the expiry date.

Discard any oral suspension left over after 14 days.

Keep it where young children cannot reach it.

Getting rid of any unwanted medicine

If you no longer need to use this medicine or it is out of date, take it to any pharmacy for safe disposal.

6. Are there any side effects?

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions about side effects.

Less serious side effects	What to do
 Nausea or feeling sick, vomiting Headache stomach pain, indigestion, diarrhoea, acne blurred or abnormal vision hot flushes constipation low blood potassium which can result in fatigue, muscle cramps and abnormal heart rhythms* changes in liver function* * These side effects may show up when you have a blood test. 	Speak to your doctor if you/your child have any of these less serious side effects and they worry you.

Serious side effects Allergy or reaction related: Swelling of the face, lips or tongue difficulty in swallowing or breathing asthma, wheezing, shortness of breath Skin changes: yellowing of the skin or eyes, also called jaundice sudden or severe itching, skin rash, hives bleeding or bruising more easily than normal reddish or purplish blotches under the skin flaking of the skin Changes to urine: dark urine and light-coloured bowel movements (cholestasis) Signs of frequent or worrying infections such as: fever, severe chills, sore throat or mouth ulcers Other: fast or irregular heartbeat increased sweating	_	1
 swelling of the face, lips or tongue difficulty in swallowing or breathing asthma, wheezing, shortness of breath Skin changes: yellowing of the skin or eyes, also called jaundice sudden or severe itching, skin rash, hives bleeding or bruising more easily than normal reddish or purplish blotches under the skin flaking of the skin Changes to urine: dark urine and light-coloured bowel movements (cholestasis) Signs of frequent or worrying infections such as: fever, severe chills, sore throat or mouth ulcers Other: fainting, seizures or fits fast or irregular heartbeat 	Serious side effects	What to do
also called jaundice sudden or severe itching, skin rash, hives bleeding or bruising more easily than normal reddish or purplish blotches under the skin flaking of the skin Changes to urine: dark urine and light-coloured bowel movements (cholestasis) Signs of frequent or worrying infections such as: fever, severe chills, sore throat or mouth ulcers Other: fainting, seizures or fits fast or irregular heartbeat	 swelling of the face, lips or tongue difficulty in swallowing or breathing asthma, wheezing, shortness of breath 	child's doctor immediately, or go to the Emergency Department at your nearest hospital if you
 infections such as: fever, severe chills, sore throat or mouth ulcers Other: fainting, seizures or fits fast or irregular heartbeat 	 yellowing of the skin or eyes, also called jaundice sudden or severe itching, skin rash, hives bleeding or bruising more easily than normal reddish or purplish blotches under the skin flaking of the skin Changes to urine: dark urine and light-coloured bowel movements (cholestasis) 	these serious
	 infections such as: fever, severe chills, sore throat or mouth ulcers Other: fainting, seizures or fits fast or irregular heartbeat 	

Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.

Other side effects not listed here may occur in some people.

Reporting side effects

After you have received medical advice for any side effects you/your child experience, you can report side effects online at https://pophealth.my.site.com/carmreportnz/s/. By reporting side effects, you can help provide more information on the safety of this medicine.

Always make sure you speak to your doctor or pharmacist before you decide to stop taking any of your medicines.

7. Product details

This medicine is only available with a doctor's prescription.

What Diflucan contains

Active ingredient	Fluconazole
Other ingredients	Oral Suspension:

sucrose, colloidal anhydrous silica, xanthan gum, sodium citrate dihydrate, citric acid, sodium benzoate, titanium dioxide, natural orange flavour.

Do not take this medicine if you are allergic to any of these ingredients.

What Diflucan looks like

<u>Diflucan oral suspension</u> is a white/off-white, orange flavoured suspension in bottles of 35 mL.

Who distributes Diflucan

Pfizer New Zealand Limited

PO Box 3998

Auckland

New Zealand

Toll Free Number: 0800 736 363

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