

## AMBRISENTAN VIATRIS

### *Ambrisentan film coated tablet 5 & 10 mg*



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## What is in this leaflet

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Please read this leaflet carefully before you start taking Ambrisentan Viatris.

This leaflet answers some common questions about Ambrisentan Viatris.

It does not contain all the available information. It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits. Your doctor has weighed the risks of you taking Ambrisentan Viatris against the benefits they expect it will have for you.

**If you have any concerns about taking this medicine, ask your doctor or pharmacist.**

**Keep this leaflet with the medicine.** You may need to read it again.

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## What Ambrisentan Viatris is used for

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Ambrisentan Viatris is used to treat

- Idiopathic pulmonary arterial hypertension (PAH)
- Pulmonary arterial hypertension associated with connective tissue disease (PAH-CTD)

in adult patients  $\geq$  18 years old with WHO functional class II, III or IV symptoms.

Ambrisentan Viatris contains the active ingredient ambrisentan. It belongs to a group of medicines called endothelin receptor antagonist (ERA).

It works by widening the pulmonary arteries, making it easier for your

heart to pump blood through them.

This lowers the blood pressure and relieves your symptoms.

Your doctor may have prescribed this medicine for another reason.

**Ask your doctor if you have any questions about why this medicine has been prescribed for you.**

Ambrisentan Viatris is not recommended for use in children as there have been no studies of its effects in children.

Ambrisentan Viatris must not be used for the treatment of idiopathic pulmonary fibrosis (IPF) and must not be used in patients who have IPF with or without secondary pulmonary hypertension.

This medicine is available only with a doctor's prescription.

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## Before you take Ambrisentan Viatris

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### *When you must not take it*

**Do not take Ambrisentan Viatris if you have an allergy to:**

- any medicine containing ambrisentan.
- any of the ingredients listed at the end of this leaflet.
- Any other similar medicine.

Some of the symptoms of an allergic reaction may include: shortness of breath; wheezing or difficulty breathing; swelling of the face, lips, tongue or other parts of the body; rash, itching or hives on the skin.

**Do not take Ambrisentan Viatris if:**

- You have scarring of the lungs of unknown cause (a condition known as idiopathic pulmonary fibrosis or IPF)
- You have or have had serious liver problem.
- You have raised levels of some liver enzymes (detected by blood tests).

**Do not take this medicine if you are pregnant.**

It may affect your developing baby if you take it during pregnancy or if you become pregnant soon after you stop treatment.

**If it is possible you could become pregnant, use at least two reliable forms of birth control (contraception) while you are taking Ambrisentan Viatris. Talk to your doctor about this.**

You must use reliable birth control (contraception) while taking Ambrisentan Viatris and for 3 months after you stop taking it.

If you are a woman who could become pregnant, your doctor will ask you to take a pregnancy test before you take Ambrisentan Viatris.

If you are a male, you should avoid exposing your partner to your semen by use of appropriate contraception.

If you do become pregnant, talk to your doctor immediately.

**Do not breast-feed if you are taking this medicine.**

**Do not give this medicine to a child under the age of 18 years.** Safety and effectiveness in children younger than 18 years have not been established.

**Do not take this medicine after the expiry date printed on the pack or if the packaging is torn or**

**shows signs of tampering.**

If it has expired or is damaged, return it to your pharmacist for disposal.

**If you are not sure whether you should start taking this medicine, talk to your doctor.**

**Before you start to take it**

**Tell your doctor if you have allergies to any other medicines, foods, preservatives or dyes.**

**Tell your doctor if you have or have had any of the following medical conditions:**

- liver disease
- heart disease called right heart failure
- a low number of red blood cells (anaemia)
- if you have swelling (oedema)
- low blood pressure
- kidney problems.

If any of these applies to you, your doctor will decide if Ambrisentan Viatris is suitable for you.

**Blood tests**

Your doctor will take blood tests to check:

- Whether you have a reduced number of red blood cells (anaemia).
- That your liver is working properly.

These blood tests will be taken before you start taking Ambrisentan Viatris and throughout your treatment with Ambrisentan Viatris.

**Tell your doctor if you are pregnant or plan to become pregnant or are breast-feeding.**

Your doctor can discuss with you the risks and benefits involved.

**If you have not told your doctor about any of the above, tell them before you start taking Ambrisentan Viatris.**

**Taking other medicines**

**Tell your doctor or pharmacist if you are taking any other medicines, including medicines that you buy without a prescription from your pharmacy, supermarket or health food shop.**

You should also tell any health professional who is prescribing a new medication for you that you are taking Ambrisentan Viatris.

Some medicines may interfere with Ambrisentan Viatris. These include:

- Ciclosporin A, medicine taken if you have an organ transplant. If you take ciclosporin A, do not take more than one 5 mg tablet of Ambrisentan Viatris, once a day.
- Ketoconazole, medicine used to treat fungal infection.
- Warfarin, medicine used to treat blood clot.
- Sildenafil and tadalafil, medicine used to treat erectile dysfunction.
- Rifampin, medicine used to treat tuberculosis.
- Omeprazole, medicine used to treat gastroesophageal reflux.
- Digoxin, medicine used to treat gastro certain heart diseases.
- Oral contraceptives.

These medicines may be affected by Ambrisentan Viatris or may affect how well it works. You may need different amounts of your medicines, or you may need to take different medicines.

Your doctor and pharmacist have more information on medicines to be careful with or avoid while using/taking this medicine.

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**How to take Ambrisentan Viatris**

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**Follow all directions given to you by your doctor or pharmacist carefully.**

They may differ from the information contained in this leaflet.

**If you do not understand the instructions on the bottle, ask your doctor or pharmacist for help.**

**How much to take**

The usual dose of Ambrisentan Viatris is 5 mg once daily. Your doctor may decide to increase your dose to 10 mg once daily. If you take ciclosporin A, do not take more than one 5 mg tablet of Ambrisentan Viatris, once a day.

**How to take it**

**Swallow the tablets whole with a full glass of water.**

**When to take it**

**Take your medicine at about the same time each day.**

Taking it at the same time each day will have the best effect. It will also help you remember when to take it.

It does not matter if you take this medicine before or after food.

**How long to take it**

**Continue taking your medicine for as long as your doctor tells you.**

This medicine helps to control your condition, but does not cure it. It is important to keep taking your medicine even if you feel well.

**Continue taking your medicine until you finish the pack.**

**If you forget to take it**

**Take it as soon as you remember, and then go back to taking your medicine as you would normally.**

**Do not take a double dose to make up for the dose that you missed.**

This may increase the chance of you getting an unwanted side effect.

**If you are not sure what to do, ask your doctor or pharmacist.**

If you have trouble remembering to take your medicine, ask your pharmacist for some hints.

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## While you are taking Ambrisentan Viatris

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### **Things you must do**

**If you are about to be started on any new medicine, tell your doctor and pharmacist that you are taking Ambrisentan Viatris.**

**Tell any other doctors, dentists, and pharmacists who treat you that you are taking this medicine.**

**If you are going to have surgery, tell the surgeon or anaesthetist that you are taking this medicine.** It may affect other medicines used during surgery.

**You must use reliable birth control (contraception) while using Ambrisentan Viatris and for 3 months after you stop taking it.**

**If you become pregnant while taking this medicine, tell your doctor immediately.**

**If you are about to have any blood tests, tell your doctor that you are taking this medicine.** It may interfere with the results of some tests.

**Keep all of your doctor's appointments so that your progress can be checked.**

Your doctor will need to take regular blood tests while you are taking this medicine to ensure your liver function and red blood cell (anaemia) levels remain normal.

### **Things you must not do**

**Do not take Ambrisentan Viatris to treat any other complaints unless your doctor tells you to.**

**Do not give your medicine to anyone else, even if they have the same condition as you.**

**Do not stop taking your medicine or lower the dosage without checking with your doctor.**

If you stop taking it suddenly, your condition may worsen or you may have unwanted side effects.

If possible, your doctor will gradually reduce the amount you take each day before stopping the medicine completely.

### **Things to be careful of**

**Be careful driving or operating machinery until you know how Ambrisentan Viatris affects you.**

It is not known whether Ambrisentan Viatris affects your ability to drive or use machines. However, the symptoms of your condition can make you less fit to drive.

Do not drive or operate machines if you are feeling unwell.

**Be careful when drinking alcohol while you are taking this medicine.**

**If you feel light-headed, dizzy or faint when getting out of bed or standing up, get up slowly.**

Standing up slowly, especially when you get up from bed or chairs, will help your body get used to the change in position and blood pressure. If this problem continues or gets worse, talk to your doctor.

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## In case of overdose

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### **If you take too much (overdose)**

**Immediately telephone your doctor or the National Poisons Centre (telephone 0800 POISON or 0800 764 766), or go to accident and emergency at your nearest hospital, if you think that you or anyone else may have taken too much Ambrisentan Viatris. Do this even if there are no signs of discomfort or poisoning.** You may need urgent medical attention.

Symptoms of an overdose may include headache, flushing, dizziness, nausea, nasal congestion and hypotension.

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## Side effects

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**Tell your doctor or pharmacist as soon as possible if you do not**

**feel well while you are taking Ambrisentan Viatris.**

This medicine helps most people with pulmonary arterial hypertension, but it may have unwanted side effects in a few people.

**All medicines can have side effects. Sometimes they are serious, most of the time they are not. You may need medical treatment if you get some of the side effects.**

**Ask your doctor or pharmacist to answer any questions you may have.**

**Tell your doctor or pharmacist if you notice any of the following and they worry you:**

- Swelling (oedema), especially in the ankles and feet
- Headache
- Signs of anaemia, such as tiredness, weakness, shortness of breath and feeling generally unwell
- A runny or blocked nose, congestion or pain in the sinuses
- Pain in the stomach (abdomen)
- Feeling sick (nausea)
- Feeling tired, lack of energy (fatigue)
- Flushing (redness of the skin)
- Palpitations (fast or irregular heartbeat)
- Dizziness
- Shortness of breath
- Feeling weak
- Rash
- Constipation
- Vomiting
- Visual disturbance (blurred vision or changes in your ability to see clearly)

The above list includes the more common side effects of your medicine.

If any of the following happen, tell your doctor immediately or go to Accident and Emergency at your nearest hospital:

- Allergic reactions: you may notice a rash or itching or swelling (usually of the face, lips or throat) which may cause difficulty in breathing or swallowing.
- Signs that your liver may not be working as it normally should: loss of appetite, feeling sick (nausea), being sick (vomiting), fever, unusual tiredness, pain in the stomach (abdominal pain), yellow colouring of your skin or the whites of your eye (jaundice), your urine turns dark in colour, or itching of the skin and abnormal liver function which may show up in your blood tests.
- Anaemia that requires blood transfusion.
- Heart failure (associated with swelling/oedema)
- Abnormally low blood pressure.

If you notice any of these signs, tell your doctor immediately.

The above list includes very serious side effects. You may need urgent medical attention or hospitalization.

**Tell your doctor or pharmacist if you notice anything that is making you feel unwell.**

Other side effects not listed above may also occur in some people. Tell your doctor if you notice any other effects.

**Do not be alarmed by this list of possible side effects. You may not experience any of them.**

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## After taking Ambrisentan Viatris

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### Storage

**Keep your tablets in the bottle until it is time to take it.**

If you take the tablets out of the bottle they may not keep well.

**Keep your tablets in a cool dry place where the temperature stays below 25°C.**

Do not store Ambrisentan Viatris or any other medicine in the bathroom or near a sink. Do not leave it on a window sill or in the car. Heat and dampness can destroy some medicines.

**Keep it where children cannot reach it.**

A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

### Disposal

**If your doctor tells you to stop taking this medicine or the expiry date has passed, ask your pharmacist what to do with any medicine that is left over.**

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## Product description

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### What it looks like

AMBRISENTAN VIATRIS 5 mg is a pink, film-coated, round, biconvex tablet debossed with 'M' on one side of the tablet and 'AN' on other side.

AMBRISENTAN VIATRIS 10 mg is a pink, film-coated, capsule shaped, biconvex tablet debossed with 'M' on one side of the tablet and 'AN1' on the other side.

### Ingredients

#### Active ingredient(s):

Ambrisentan Viatris contains 5 & 10 mg of ambrisentan as the active ingredient.

#### Inactive ingredient(s):

Ambrisentan Viatris also contains:

- Microcrystalline cellulose
- Lactose
- Croscarmellose sodium
- Magnesium stearate
- Polyvinyl alcohol
- Titanium dioxide
- Macrogol 3350
- Purified talc
- Allura red AC aluminium lake CI16035

- Indigo carmine aluminium lake CI73015.

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## If you want to know more

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Should you have any questions regarding this product, please contact your pharmacist or doctor.

### Who supplies this medicine

Ambrisentan Viatris is supplied in New Zealand by:

Viatris Ltd  
PO Box 11-183  
Ellerslie  
AUCKLAND  
[www.viatris.co.nz](http://www.viatris.co.nz)  
Telephone 0800 168 169

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## Date of Preparation

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31 August 2021  
(Based on datasheet dated 31 August 2021)