What is in this leaflet

This leaflet answers some common questions about Venclexta.

It does not contain all the available information. It does not take the place of talking to your doctor, nurse or pharmacist.

All medicines have benefits and risks. Your doctor has weighed the risks of you taking this medicine against the benefits they expect it will have for you.

If you have any concerns about taking this medicine, ask your doctor, nurse or pharmacist.

Keep this leaflet with the medicine.
You may need to read it again.

Warning

Tumour Lysis Syndrome (TLS), which can be fatal, has rarely occurred in patients receiving Venclexta.

Ensure you follow your doctor’s instructions carefully especially when you start treatment with Venclexta. This includes keeping all of your appointments, including blood tests set up for you each week at the start of your treatment. The changes in your blood that could lead to TLS may show no symptoms.

Tell your doctor, nurse or pharmacist if you have or have had kidney problems, as this can increase the risk of TLS.

What Venclexta is used for

Venetoclax is taken in combination with obinutuzumab to treat patients with chronic lymphocytic leukaemia (CLL) or Small Lymphocytic Lymphoma (SLL) that has not been treated before.

Venetoclax is taken, in combination with rituximab or alone, to treat patients with CLL or SLL when the condition comes back after it has already been treated.

CLL/SLL is a type of cancer affecting white blood cells called "B lymphocytes" and may also involve the lymph nodes, which are glands throughout the body that contain white blood cells. In CLL/SLL, the B cells multiply too quickly and live too long, so that there are too many of them in the blood.

The active substance in this medicine is called venetoclax.

Venclexta works by blocking a protein in the body ("BCL-2") that helps these cancer cells survive. Blocking this protein helps to kill and reduce the number of cancer cells, and may slow the spread of CLL.

Ask your doctor, nurse or pharmacist if you have any questions about why it has been prescribed for you.

Your doctor may have prescribed it for another purpose.

This medicine is available only with a doctor’s prescription.

Before you take Venclexta

When you must not take it

Do not take Venclexta if you have an allergy to:

• any medicine containing venetoclax
• any of the ingredients listed at the end of this leaflet.

Some symptoms of an allergic reaction include

• hives, skin rash or itching
• shortness of breath, wheezing, difficulty breathing or a tight feeling in your chest
• swelling of the face, lips or tongue, which may cause difficulty in swallowing or breathing.

Do not take Venclexta if you are taking any medicine that contains:

• ketoconazole, posaconazole, voriconazole, or itraconazole, medicines used to treat fungal infections
• clarithromycin, a medicine used to treat bacterial infections
• ritonavir, a medicine used to treat HCV (hepatitis C virus) or HIV infections.

Do not take it after the expiry date printed on the pack or if the packaging is damaged or shows signs of tampering.

If it has expired or is damaged return it to your pharmacist for disposal.
If you use this medicine after the expiry date has passed it may not work as well.

Before you start to take it
Tell your doctor or pharmacist if you have or have had any of the following medical conditions:
• heart, kidney or liver problems
• an infection.
If you have not told your doctor or pharmacist about any of the above, tell them before you take Venclexta.

Tell your doctor if you recently received or are scheduled to receive a vaccine.
Certain vaccines may cause infections and should not be given while taking Venclexta.

Do not take Venclexta if you are pregnant or plan to become pregnant.
Venclexta should not be used during pregnancy. Your doctor may conduct a pregnancy test and discuss contraception options with you before you start taking your medicine.

Do not take Venclexta if you are breastfeeding or plan to breastfeed.
It is not known whether this medicine passes into the breast milk.
Your doctor will discuss the risks and benefits of using this medicine if you are breastfeeding.

Tell your doctor or pharmacist if you have any allergies to any other medicines, foods, preservatives or dyes.
If you have not told your doctor or pharmacist about any of the above, tell them before you take Venclexta.

Use in Children
Do not give Venclexta to children and adolescents under 18 years of age.
The safety and effectiveness of Venclexta in children and adolescents have not yet been established.

Tumour Lysis Syndrome
Venclexta can cause Tumour Lysis Syndrome, a very serious side effect that can be fatal.
Some people having treatment for cancer can develop Tumour Lysis Syndrome (TLS), which is caused by the fast breakdown of cancer cells. As the cancer cells are destroyed, they break open and what is inside the cancer cell (uric acid, potassium, phosphorus) gets into the blood. This can lead to changes in kidney function, sudden kidney failure or even death.

To help prevent TLS, drink 6-8 glasses (approximately 1.5 - 2 litres total) of water each day, especially starting 2 days before and on the day of your first dose of Venclexta, and every time the dose is increased.

It is important that you continue to remain hydrated throughout your treatment.

Before you start your treatment your doctor will do blood tests and a scan (for example, a CT scan) to see if you are at risk of developing TLS.

It is important for you to keep your scheduled appointments for blood tests. The changes in your blood that could lead to TLS may have no symptoms.

If the following symptoms occur, contact your doctor immediately:
• fever or chills
• feeling or being sick (nausea or vomiting)
• feeling confused
• feeling short of breath
• irregular heart beat
• dark or cloudy urine
• fits or seizures
• feeling unusually tired
• muscle pain or joint discomfort.

TLS is most likely to occur when you are first starting your treatment.

Follow all instructions given to you by your doctor.
Your doctor may give you medicines (such as allopurinol) to help prevent the build-up of uric acid in your body before you start treatment with Venclexta.

Taking other medicines
Do not take Venclexta and talk to your doctor if you take a medicine that contains:
• ketoconazole, posaconazole, voriconazole, or itraconazole, medicines used to treat fungal infections
• clarithromycin, a medicine used to treat bacterial infections
• ritonavir, a medicine used to treat HCV or HIV infections.

Serious or life-threatening effects can occur when Venclexta is taken with certain medicines, when treatment starts and during the time when the dose is increased.

Tell your doctor or pharmacist if you are taking any other medicines, including any that you buy without a prescription from your pharmacy, supermarket or health food store.

Your doctor may need to stop certain medicines when you first start taking Venclexta and during the first five weeks when your dose is gradually increased to the full standard dose. Some medicines and Venclexta may interfere with each other.

Tell your doctor if you are taking:
• fluconazole, a medicine used to treat fungal infections
• ciprofloxacin, erythromycin, azithromycin, nafcillin, or rifampicin, medicines called antibiotics that are used to treat bacterial infections
• carbamazepine, phenytoin, medicines used to prevent seizures or to treat epilepsy
• efavirenz, etravirine, medicines used to treat HIV infection
• captopril, carvedilol, felodipine, quinidine, ranolazine, bosentan, verapamil, diltiazem, medicines used to treat blood pressure, angina, or heart rhythm problems
• modafinil, a medicine used to treat a sleep disorder known as narcolepsy
• Herbal medicines; St. John's Wort (Hypericum perforatum) and quercetin
• warfarin, a medicine used to thin the blood
• amiodarone, ticagrelor digoxin and dronedarone, medicines used to treat heart failure.
• everolimus and sirolimus used to treat cancer and patients who have had organ transplants.
• Ciclosporin, a medicine used to suppress the immune system

These medicines may be affected by Venclexta, or may affect how well it works. You may need to use different amounts of your medicine, or take different medicines.

Your doctor or pharmacist has more information on medicines to be careful with or to avoid while taking Venclexta.

How to take Venclexta

Follow all directions given to you by your doctor or pharmacist carefully.

They may differ from the information contained in this leaflet.

It is important you follow the instructions your doctor provides about how to take Venclexta and for how long. Not taking the medicine as directed or stopping the medicine too early may cause you to not respond to the medicine, may affect your response to future treatments, and may increase the risk of side effects.

If you do not understand the instructions on the box/bottle, ask your doctor or pharmacist for help.

How much to take

Take Venclexta exactly as your doctor has prescribed.

Your doctor will tell you how many tablets to take and at what time of the day.

Typically, you will begin treatment with Venclexta at a low dose for 1 week. Your doctor will gradually increase the dose over the next four weeks to the full standard dose.

• Week 1: The starting dose is 20 mg (two 10 mg tablets) once a day
• Week 2: The dose is 50 mg (one 50 mg tablet) once a day
• Week 3: The dose is 100 mg (one 100 mg tablet) once a day
• Week 4: The dose is 200 mg (two 100 mg tablets) once a day
• Week 5 and onwards: The dose is 400 mg (four 100 mg tablets) once a day. You will stay on the 400 mg daily dose, which is the standard dose, for as long as your doctor determines is necessary.

Ask your doctor or pharmacist if you are unsure.

Your doctor may change the dose of Venclexta you take based on test results during treatment.

Follow all of the instructions of your doctor and pharmacist. Also refer to the Quick Start Guide provided with your monthly starting pack for instructions on which tablets to take and when to take them.

If you are not sure how much and when to take it, ask your doctor or pharmacist.

How to take it

Swallow the tablets whole with a glass of water.

Do not chew, crush, or break the tablets.

Do not drink grapefruit juice, eat grapefruit, starfruit or Seville oranges or marmalades while you are taking Venclexta.

These products may increase the amount of Venclexta in your blood.

When to take it

Take Venclexta during or immediately after a meal, at about the same time every day.

Taking it at the same time each day will have the best effect. It will also help you remember when to take it.

How long to take it

Continue taking your medicine for as long as your doctor tells you.

This medicine helps control your condition, but it does not cure it. It is important to keep taking your medicine even if you feel well.

If you become pregnant while taking Venclexta, you should immediately stop taking it and tell your doctor.

If you vomit after taking it

Do not take any additional dose that day. Take the dose at the usual time the next day.

If you forget to take it

It is important not to miss a dose of this medicine.

If you do miss a dose of Venclexta:

• By less than 8 hours
  - Take the missed dose with food as soon as possible. Take your next dose the following day as usual.
• By more than 8 hours
  - Do not take the dose that day. Take your next dose at your usual time the next day.

If you are not sure what to do, ask your doctor or pharmacist.

If you have trouble remembering when to take your medicine, ask...
your doctor or pharmacist for advice.

If you take too much (overdose)

Immediately telephone your doctor, or the National Poisons Centre on 0800 POISON (0800 764 766), or go to Accident and Emergency at your nearest hospital, if you think you or anyone else may have taken too much Venclexta. Do this even if there are no signs of discomfort or poisoning.
You may need urgent medical attention.

While you are taking Venclexta

Things you must do

If you are about to be started on any new medicine, remind your doctor and pharmacist that you are taking Venclexta.

Tell any other doctors, dentists and pharmacists who treat you that you are taking this medicine.

If you are going to have surgery, tell the surgeon that you are taking this medicine.

Tell your doctor immediately if you become pregnant while taking Venclexta.

If you are going to have any blood tests, tell your doctor that you are taking this medicine.
It may interfere with the results of some tests.

Tell your doctor if, for any reason, you have not used Venclexta as prescribed.

Otherwise, your doctor may think that it was not effective and change your treatment unnecessarily. You may also be at a greater risk of experiencing side effects if you do not take Venclexta as directed.

Things you must not do

Do not use this medicine to treat any other complaints unless your doctor or pharmacist tells you to.

Do not give this medicine to anyone else, even if they have the same condition as you.

Do not stop taking Venclexta, or change the dosage, without checking with your doctor or pharmacist.

Things to be careful of

Be careful driving or operating machinery until you know how Venclexta affects you.

The effect of Venclexta on your ability to drive or use machines is not known.

Be careful when drinking alcohol while you are taking this medicine.
If you drink alcohol, symptoms such as nausea or vomiting may be worse.

Side effects

Tell your doctor or pharmacist as soon as possible if you do not feel well while you are taking Venclexta.

All medicines have some side effects. Sometimes they are serious, but most of the time they are not. You may need medical attention if you get some of the side-effects.

Do not be alarmed by this list of possible side effects. You may not experience any of them.

Ask your doctor or pharmacist to answer any questions you may have.

Tell your doctor or pharmacist if you notice any of the following and they worry you:

- feeling very tired
- feeling sick
- unusual weakness or lack of energy
- tiredness, headaches, being short of breath when exercising, dizziness and looking pale. These are symptoms of anaemia
- diarrhoea and vomiting
- decreased appetite
- dizziness
- headache
- cough
- shortness of breath, difficulty breathing or chest tightness.

The above list includes the more common side effects of your medicine. They are usually mild and short-lived.

Tell your doctor or pharmacist as soon as possible if you notice any of the following:

- fever
- chills
- feeling weak or confused
- cough
- pain or burning feeling when passing urine.

These are possible signs of infection. Your doctor may check your blood count during treatment with Venclexta. Low white blood cell count (known as neutropenia) can increase your risk of infection.

Some infections can be very serious.

Tell your doctor immediately if you have signs of an infection while taking Venclexta.

Tell your doctor or pharmacist immediately if you notice any of the following:

- fever or chills
- feeling or being sick (nausea or vomiting)
- feeling confused
- feeling short of breath
- irregular heart beat
- dark or cloudy urine
- fits or seizures
- feeling unusually tired
- muscle pain or joint discomfort.
These symptoms can be associated with TLS. Refer to the section of this leaflet titled "Tumour Lysis Syndrome" for further information on TLS.

Tell your doctor or pharmacist if you notice anything else that is making you feel unwell.

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**After using Venclexta**

**Storage**

Keep your tablets in the pack/bottle until it is time to take them.

Keep the medicine in a cool, dry place where the temperature stays below 30°C.

Do not store it or any other medicine in the bathroom, near a sink, or on a windowsill. Do not leave it in the car.

Heat and dampness can destroy some medicines.

Keep it where children cannot reach it.

A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

**Disposal**

If your doctor tells you to stop taking this medicine, or the medicine has passed its expiry date, return any of the unused medicine to your pharmacist for disposal.

**Product description**

**What it looks like**

Venclexta tablets come in three strengths:

- Venclexta 10 mg film-coated tablets are pale yellow, round 6 mm diameter, with "V" on one side and "10" on the other.
- Venclexta 50 mg film-coated tablets are beige, oblong 14 mm long, with "V" on one side and "50" on the other.
- Venclexta 100 mg film-coated tablets are pale yellow, oblong 17 mm long, with "V" on one side and "100" on the other.

Venclexta is available as a Starting Pack, which is designed to provide you with the first four weeks of your dosing regimen.

Each starting pack is presented as a carton containing four weekly wallets:

- Week 1 (14 x 10 mg tablets)
- Week 2 (7 x 50 mg tablets)
- Week 3 (7 x 100 mg tablets)
- Week 4 (14 x 100 mg tablets)

The 100 mg strength is also available in a bottle (containing 120 or 180 tablets) and a blister pack (containing 7, 14 or 112 tablets).

Not all presentations may be available.

**Ingredients**

**Active Ingredient**

The active ingredient is venetoclax. Each film-coated tablet contains 10 mg, 50 mg or 100 mg venetoclax.

**Inactive ingredients**

- copovidone
- colloidal anhydrous silica
- polysorbate 80
- sodium stearylfumarate
- calcium hydrogen phosphate
- iron oxide yellow
- iron oxide red (50 mg tablet only)
- iron oxide black (50 mg tablet only)
- polyvinyl alcohol
- macrogol 3350
- purified talc
- titanium dioxide

Venclexta does not contain gluten, sucrose, tartrazine or any other azo dyes.

**Supplier**

Venclexta is supplied in New Zealand by:

AbbVie Limited
6th Floor, 156-158 Victoria St
Wellington, 6011
New Zealand

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