

# New Zealand Consumer Medicine Information

## Soliris<sup>®</sup>

eculizumab

Concentrated solution for intravenous infusion 300mg/mL

---

### What is in this leaflet

---

This leaflet answers some common questions about Soliris.

It does not contain all the available information.

It does not take the place of talking to your doctor, nurse or pharmacist.

All medicines have risks and benefits. Your doctor has weighed the risks of you having Soliris against the benefits they expect it will have.

**If you have any concerns about this medicine, ask your doctor or nurse.**

**Keep this leaflet.**

You may need to read it again.

---

### What Soliris is used for

---

Soliris is a medicine containing an active substance called eculizumab, which belongs to a class of medicines called monoclonal antibodies.

Soliris is used for the treatment of patients with a disease that affects blood cells called Paroxysmal Nocturnal Haemoglobinuria (PNH).

#### **How it works**

Patients with PNH lack naturally occurring protective proteins on the surface of some of their blood cells. In unaffected individuals, these proteins protect blood cells from damage and destruction by the body's inflammatory response. PNH patients lack these protective proteins and their red blood cells can be destroyed, which can lead to low blood counts (anaemia),

tiredness, difficulty in functioning, pain, dark urine, kidney failure, shortness of breath, and blood clots.

Soliris can block the body's inflammatory response, and its ability to attack and destroy vulnerable PNH red blood cells. In this way Soliris improves anaemia, tiredness, and other signs and symptoms of PNH.

Patients with aHUS have an inflammatory condition which affects the blood system and kidney. This can lead to reduced or lost function of the kidneys or other organs, low blood counts (low platelets and anaemia), tiredness and difficulty functioning. Soliris works by blocking the body's inflammatory response and its ability to attack and destroy its own vulnerable blood and kidney cells.

---

### Before you are given Soliris

---

#### **When you must not be given Soliris**

**Soliris treatment may reduce your natural resistance to infections, especially against certain bacteria that can cause meningococcal meningitis (severe infection of the lining of the brain) and sepsis (infection in the blood), as well as other infections caused by similar bacteria (e.g. widespread gonorrhoea).**

#### **DO NOT use Soliris if:**

- you have not been vaccinated against *Neisseria meningitidis*, a bacteria that causes meningococcal infection, or

- you are not up to date with your meningococcal infection
- if it is less than 2 weeks after receiving your meningococcal vaccination and you are not taking antibiotics to reduce the risk of infection,
- you have a meningococcal infection

#### **Do not use Soliris if you have had an allergic reaction to:**

- Soliris, or to any of the ingredients listed at the end of this leaflet, or
- any other proteins of mouse origin

Symptoms of an allergic reaction may include;

- shortness of breath, wheezing or difficulty breathing
- swelling of the face, lips, tongue or other parts of the body
- rash, itching or hives on the skin

**If you are not sure whether you should be treated with Soliris, talk to your doctor or nurse.**

#### **Before you start Soliris treatment**

**You must be aware of the following signs and symptoms of a meningococcal infection:**

- headache with nausea or vomiting
- headache with a stiff neck or stiff back
- fever
- rash
- confusion
- severe muscle aches with flu-like symptoms
- sensitivity to light

**Call your doctor immediately and go to Accident and Emergency at your nearest hospital if you have any of the symptoms listed above.**

### ***Patient Safety Information Card***

Because of the importance of rapidly identifying and treating certain types of infection you will be provided with a Patient Safety Information Card.

**You must carry this card with you at all times and show it to any doctor or nurse that treats you.**

**You must receive a meningococcal vaccine at least 2 weeks before your first dose of Soliris unless you have already been vaccinated with this vaccine or you take antibiotics to reduce the risk of infection until 2 weeks after you have been vaccinated.**

**If you have been vaccinated with a meningococcal vaccine in the past, you might need a booster dose.**

Your doctor will decide if you need another dose of a meningococcal vaccine.

**You should also be aware that vaccination may not prevent this type of infection.**

You may need antibiotics to prevent infection.

**If you are at risk of gonorrhoea, ask your doctor or nurse for advice before using this medicine.**

**If you are less than 18 years old, you must also be vaccinated against *Haemophilus influenzae* and pneumococcal infections.**

Your doctor will arrange this according to national vaccination recommendations for your age group.

**Tell your doctor if you have an infection.**

Soliris may reduce your natural resistance to infection.

**Tell your doctor if you have allergies to any other medicines, foods, preservatives or dyes.**

Allergic or anaphylactic (more severe allergic) reactions may occur with Soliris treatment (known as infusion related reactions). Your doctor or nurse will check for side effects during your infusion and for one hour afterwards. See "Side Effects" for symptoms to look out for.

**Tell your doctor if you are pregnant or want to become pregnant.**

Data in a limited number of pregnant women treated with Soliris do not indicate that Soliris increases the risk of harm to the unborn baby, however, your doctor will discuss the risks and benefits with you. Unless you are planning to become pregnant, you should use adequate contraception whilst being treated (and up to 5 months after discontinuing treatment).

**Tell your doctor if you are breast-feeding.**

It is not known whether Soliris passes into breast milk; however, your doctor will discuss the risks and benefits for you and your child if you breastfeed whilst on Soliris treatment.

**Tell your doctor if you are on a salt/sodium controlled diet.**

Soliris contains 115mg sodium per vial, which may need to be considered in calculating your salt/sodium intake.

**If you have not told your doctor or nurse about any of the above, tell them before you are given Soliris.**

### ***Taking other medicines***

**Tell your doctor or nurse if you are taking any other medicines, including any that you buy without prescription from your pharmacy, supermarket or health food shop.**

The effect of using Soliris on other medicines has not been studied.

**Ask your doctor or nurse if you have any questions.**

---

## **How Soliris is given**

---

**Follow all directions given to you by your doctor or nurse carefully.**

They may differ from the information contained in this leaflet.

Soliris will be given to you once a week for the first five weeks and then every two weeks, directly into the vein (intravenously) by a doctor or nurse. Each infusion will take approximately 25 – 45 minutes in adults, and 1 to 4 hours in paediatric patients.

- For adults, Soliris is given once a week for the first four weeks, on the fifth week, the dose is increased and then Soliris is given every two weeks thereafter.
- For children and adolescents who weigh less than 40kg, Soliris will be given at a frequency and dose that varies depending on their weight
- Children and adolescents who weigh more than 40kg are treated with the adult dosing
- If you are having plasma exchange or plasma infusion you may receive additional doses of Soliris

### ***If you miss a dose***

If you forget or miss your appointment for a Soliris infusion, contact your doctor immediately.

### ***If you are given too much (overdose)***

There have been no reported overdoses of Soliris. As Soliris is given to you under the supervision of your doctor, it is very unlikely that you will receive too much.

---

## While you are using Soliris

---

### *Things you must do*

**Tell any other doctors, dentists, and pharmacists who treat you that you are taking this medicine.**

**Carry your Patient Safety Information Card with you at all times and show it to any doctor or nurse that treats you.**

**Keep appointments with your doctor or clinic.**

It is important to have the infusion with Soliris at the appropriate time to make sure the medicine has the best chance of treating your condition.

**Have any tests when your doctor says to.**

Your doctor may wish to test your body's response to Soliris to make sure that it is working or may wish to test your body's response if you stop therapy.

### *Things you must not do*

**Do not stop taking Soliris without checking with your doctor.**

**If you forget or miss a Soliris infusion, call your doctor immediately.**

**If you have PNH, stopping treatment with Soliris may cause a sudden and serious destruction of your red blood cells.**

Symptoms or problems from red blood cell destruction include:

- a large drop in your red blood cell count causing anaemia. Symptoms include tiredness, headaches, being short of breath, dizziness and looking pale
- confusion or change in how alert you are
- chest pain or angina
- dark urine

- blood clots

**If you experience any of these symptoms, contact your doctor immediately.**

Your doctor will need to monitor you closely for at least 8 weeks after stopping Soliris.

**If you have aHUS, stopping treatment with Soliris may cause small blood clots (known as thrombotic microangiopathy or TMA). Your doctor will discuss the possible side effects with you and explain the risks. Your doctor will want to monitor you closely.**

Symptoms or problems from TMA may include:

- low blood platelet count, leading to bruising or bleeding more easily than normal
- a large drop in your red blood cell count causing anaemia. Symptoms include tiredness, headaches, being short of breath when exercising, dizziness and looking pale
- confusion or change in how alert you are
- seizures
- chest pain or angina
- decreased urination (kidney problems)
- shortness of breath
- blood clots

**If you experience any of these symptoms, contact your doctor immediately.**

---

## Side Effects

---

All medicines can have side effects. Sometimes they are serious, most of the time they are not. You may need medical attention if you get some of the side effects.

Your doctor has weighed the risks of using this medicine against the benefits they expect it will have for you.

**Do not be alarmed by this list of possible side effects.**

You may not experience any of them.

**Tell your doctor if you notice any of the following and they worry you:**

- headaches
- high fever, chills, confusion, or rapid breathing
- dizziness, lightheadedness or shakes
- runny or stuffy nose and colds
- sore throat or mouth ulcers
- cough
- chest or lung infection
- difficulty sleeping
- high blood pressure
- being short of breath (especially when exercising)

The above list includes the more common side effects of Soliris.

**Tell your doctor as soon as possible if you notice any of the following:**

- bleeding or bruising more easily than normal
- tiredness or unusual weakness
- flu-like symptoms such as fever, sore throat, cough and chills
- looking pale
- confusion or change in how alert you are
- difficulty breathing
- chest tightness
- chest pain or angina
- fast or irregular heartbeats, also called palpitations
- dark urine or blood in the urine
- difficulties or pain when urinating
- diarrhea

- nausea or vomiting
- stomach pain or discomfort
- constipation
- indigestion or an uncomfortable feeling in the stomach or belching after eating
- rash or itchy skin
- hair loss
- joint pain
- back or neck pain
- muscle spasms or aching muscles, muscle tenderness or weakness not caused by exercise
- loss of appetite
- loss of taste
- pins and needles in your hands or feet
- depression, anxiety or mood swings
- abnormal dreams

**Tell your doctor or nurse immediately if you experience any side effects during or after your Soliris infusion.**

Allergic reactions are not common, but they may be serious. Your doctor or nurse will monitor you for one hour after your infusion.

**Tell your doctor as soon as possible if you notice signs of an infection.**

Examples of infection include;

- Sinus, throat or lung infection (e.g. bronchitis or pneumonia)
- cold sores (herpes simplex)
- urinary tract infection (UTI) or cystitis
- gastro or stomach flu
- gum or tooth infections
- viral infections

Soliris may increase your susceptibility to infection. Some infections are serious and can be

life-threatening. You may need urgent medical attention.

**Tell your doctor immediately and go to Accident and Emergency at your nearest hospital if you experience any of the following symptoms:**

- headache with nausea or vomiting
- headache with a stiff neck or stiff back
- fever
- rash
- confusion
- severe muscle aches with flu-like symptoms,
- sensitivity to light

These are possible symptoms of meningococcal infection. If you have meningococcal infection you need urgent medical attention.

**Always carry your Soliris Patient Safety Information Card which lists the symptoms of meningococcal disease and important contact information.**

**If you get any side effects, do not stop Soliris without first talking to your doctor**

**Ask your doctor or nurse to answer any questions you may have.**

---

## Storing Soliris

---

Soliris will be stored under refrigeration (2°C to 8°C) in the hospital or pharmacy.

Soliris vials in the original package may be removed from refrigerated storage (up to 25°C) for only one single period of up to 3 days. At the end of this period unopened product can be put back in the refrigerator.

---

## Product description

---

### **What Soliris looks like**

Soliris is a clear, colourless, solution contained in a 30mL glass vial.

### **Ingredients**

Active ingredients

- eculizumab

Other ingredients

- Sodium chloride
- monobasic sodium phosphate monohydrate
- dibasic sodium phosphate heptahydrate
- polysorbate 80
- Water for Injection

### **Manufacturer/Supplier**

In New Zealand:

Pharmacy Retailing NZ Ltd t/a Healthcare Logistics

58 Richard Pearse Drive

Airport Oaks Auckland 2022

Telephone: (09) 918 5100

In Australia:

Alexion Pharmaceuticals Australasia Pty Ltd

Suite 401, Level 4, Building A.

20 Rodborough Rd. Frenchs Forest. NSW 2086.

Email: [medicalinformation.australasia@alexion.com](mailto:medicalinformation.australasia@alexion.com)

Date of Preparation:

16 October 2020