Opiate Squill Linctus

Anhydrous Morphine 0.0165% w/v
Squill 1.67% w/v

What is in this leaflet

Please read this leaflet carefully before you start using Opiate Squill Linctus.

This leaflet answers some common questions about Opiate Squill Linctus. It does not contain all the available information. It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits. Your doctor has weighed the risks of you using Opiate Squill Linctus against the benefits they expect it will have for you.

If you have any concerns about using this medicine, ask your doctor or pharmacist.

Keep this leaflet with the medicine. You may need to read it again.

What Opiate Squill Linctus is used for

The active ingredients are Anhydrous Morphine and Squill.

Opiate Squill Linctus is used to provide relief of a wet, productive and irritating cough.

This medicine belongs to a group of medicines called narcotic cough suppressants.

Your doctor may have prescribed Opiate Squill Linctus for another reason.

Ask your doctor if you have any questions about why Opiate Squill Linctus has been prescribed for you.

This medicine is available only with a doctor's prescription.

This medicine will add to the habit-forming effects (causing mental and physical dependence) of some central nervous system depressants (medicines that slow down the nervous system, possibly by causing drowsiness).

Before you use Opiate Squill Linctus

When you must not use it
Do not use Opiate Squill Linctus if:
- You are allergic to any other the ingredients contained in this product, including honey.
- You suffer from asthma, bronchitis or any other chronic lung disorder causing breathing difficulty.
- You have heart, liver or kidney disease.
- You suffer from alcoholism or raised pressure in the head.
- You are pregnant, trying to become pregnant or are breast-feeding.

Do not suddenly stop taking this medicine. You may need to reduce the dose gradually to lessen the chance of withdrawal effects.

Do not take this medicine at the same time as other opiates or mono-amine oxidase inhibitors. This medicine should not be taken within 2 weeks after treatment with mono-amine oxidase inhibitors and opiates has finished.

Check with your doctor or pharmacist before taking any other medicines including any that you can buy without prescription. This is particularly important if you are taking medicines to treat diarrhoea such as diphenoxylate, loperamide or kaolin, atropine, pectin, opium tincture, blood pressure lowering medicines, ‘anti-muscarinics’, or metoclopramide.

If you are not sure whether you should start using Opiate Squill Linctus, talk to your doctor.

**Before you start to use it**

Tell your doctor if:

If you have liver or kidney disease, heart disease, any bowel disorders, or breathing problems.

If you have not told your doctor about any of the above, tell them before you start using Opiate Squill Linctus.

If you suffer from alcoholism.

**Taking other medicines**

Tell your doctor if you are taking any other medicines, including medicines that you buy without a prescription from your pharmacy, supermarket or health food shop. You should also tell any health professional who is prescribing a new medication for you that you are taking Opiate Squill Linctus.

Some medicines may interfere with Opiate Squill Linctus. These include:
- Monoamine-oxidase inhibitors
- Mexiletine
- Hypnotics and anxiolytics and other CNS depressants
- Domperidone
- Thiazides or loop diuretics
Corticosteroids, amphotericin, sodium polystyrene sulphonate and carbenoxolone.

Metoclopramide and propantheline. Simultaneous administration of spironolactone, phenobarbital or rifampicin.

These medicines may be affected by Opiate Squill Linctus, or may affect how well it works. You may need different amounts of your medicine, or you may need to take different medicines.

Your doctor or pharmacist has more information on medicines to be careful with or avoid while taking Opiate Squill Linctus.

How to use Opiate Squill Linctus

Follow all directions given to you by your doctor or pharmacist carefully. They may differ from the information contained in this leaflet.

If you do not understand the instructions below or on the label ask your doctor or pharmacist for help.

The dosage below is that usually given. If you are not sure how much of this medicine to take and how often, ask your doctor or pharmacist.

How much to take

Adults and children over 12 years: Take 5 mL sipped slowly or added to 10 mL of warm water and sipped slowly.

This product is not recommended for children under 12 years of age.

When to take it

To be taken up to 3 to 4 times a daily, as required.

How long to take it

Take as long as required. However, this product should not be used for longer than seven days without consulting a doctor.

If you forget to take it

Take it as soon as you remember. However, if it is almost time for your next dose, skip the missed dose and continue with your regular dosage schedule. Do not double the doses.

If you are not sure what to do, ask your doctor or pharmacist.
While you are using Opiate Squill Linctus

Things you must do

Use Opiate Squill Linctus exactly as directed or as prescribed by your doctor.

Stop using the product and contact a doctor if the consumer becomes pregnant while taking the medicine.

Discontinue treatment and tell your doctor or pharmacist if you develop a reaction to this product.

This medicine may become habit-forming.

Do not use for more than seven days without consulting your doctor.

If you think this medicine is not working properly after you have taken it for a few weeks, do not increase the dose without first checking with your doctor or pharmacist.

Things you must not do

Do not drive or operate machinery whilst you are taking this medicine.

- Avoid drinking alcohol while you are taking this medicine. Alcohol will increase the drowsiness produced by this medicine.
- This medicine is not meant for children under 12 years of age. Do not give it to children under 12 years of age unless your doctor has recommended it.

Do not take this medicine if you suffer from alcoholism.

Do not give the medicine to anyone else, even if they have the same condition.

Things to be careful of

This medicine may cause dizziness, light-headedness and drowsiness.

Avoid drinking alcohol while you are taking this medicine as this medicine already contains alcohol.

Further alcohol will increase the drowsiness produced by this medicine.

In case of overdose

If you take too much (overdose)

Immediately telephone your doctor or the National Poisons Centre (telephone 0800 POISON or 0800 764 766), or go to accident and emergency at your nearest hospital, if you think that you or anyone else may have taken too much Opiate Squill Linctus.
Do this even if there are no signs of discomfort or poisoning.

Signs of overdose that may occur include pinpoint pupils, slow or irregular breathing.

### Side Effects

Tell your doctor or pharmacist as soon as possible if you do not feel well while you are using Opiate Squill Linctus.

All medicines can have side effects. Sometimes they are serious, most of the time they are not. You may need medical treatment if you get some of the adverse effects. Ask your doctor or pharmacist to answer any questions you may have.

When taking this medicine according to the normal dose, the incidence of serious side-effects are low. However, in large doses the following side-effects may occur:

- Nausea, vomiting, general feeling of discomfort or illness, unusual tiredness, weakness, dizziness, light-headedness, feeling faint, lowering of blood pressure, drowsiness, confusion, tremor, uncontrolled muscular movements, disturbed vision, difficult or painful urination, frequent urge to urinate, dry mouth, false sense of well being, headache, increased sweating, flushing of face and restlessness.

Side effects that may occur rarely include hives, itching, skin rash, hallucinations; fast, slow or pounding heart beat, swelling of the face, mental depression, shortness of breath and unusual excitement.

Other adverse effects not listed above may also occur in some patients. Tell your doctor if you notice any other effects.

Do not be alarmed by this list of possible adverse effects. You may not experience any of them.

### After using Opiate Squill Linctus

#### Storage

*Keep out of reach of children*

A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

- Keep this medicine in a safe place where children cannot reach it. This medicine could harm them.
- Remember this medicine is for **YOU**. Do not give it to anyone else even if their symptoms are the same as yours.

Keep Opiate Squill Linctus in a cool dry place where the temperature stays below 25°C and protect from light.

Do not store it, or any other medicines, in a bathroom or near a sink.
Do not leave it in the car or on windowsills.

**Disposal**

Return to a pharmacy any unused medicine, and any medicine past its expiry date as shown on the dispensing label or on the packaging.

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## Product description

**What it looks like**

A straw coloured to light brown opalescent liquid. There is also a 2 Litre dispensing pack.

**Ingredients**

Active ingredient(s):
- Anhydrous Morphine 0.0165% w/v
- Squill 1.67% w/v

Inactive ingredients:
- Ethanol 20% v/v
- Anise oil
- Camphor
- Honey
- Purified water
- Sugar premium liquid and granules
- Tolu balsalm
- Benzoic acid
- Methyl hydroxybenzoate

Free from Gluten, Artificial colours and artificial sweeteners.

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## Sponsor Details

Opiate Squill Linctus is supplied in New Zealand by:
PSM Healthcare Ltd, t/a API Consumer Brands
PO Box 76 401
Manukau City
Auckland 2241
NEW ZEALAND
Phone 0508 776746

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## Date of Preparation

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