NEW ZEALAND CONSUMER MEDICINE INFORMATION

DERMOL
Clobetasol propionate 0.05% w/w Lotion, scalp

What is in this leaflet
This leaflet answers some common questions about DERMOL scalp lotion. It does not contain all the information available on this medicine. It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits. Your doctor has weighed the risks of using DERMOL scalp lotion against the benefits expected it will have for you.

If you have any concerns about using this medicine, ask your doctor or pharmacist.

Keep this leaflet. You may want to read it again.

What DERMOL scalp lotion is used for and how it works
Your DERMOL scalp lotion contains the active ingredient clobetasol propionate. It belongs to a group of medicines known as topical steroids. “Topical” means that they are applied onto the skin. Topical steroids are used to help reduce the inflammation that causes the redness and itchiness in a variety of conditions (they are not “anabolic steroids which are sometimes misused by athletes).

DERMOL scalp lotion is used to treat conditions of the scalp, such as psoriasis and eczema.

Your doctor may however, have prescribed DERMOL scalp lotion for another reason. Ask your doctor if you have any questions about why DERMOL scalp lotion has been prescribed for you.

DERMOL scalp lotion is available on prescription from your doctor.

Before you use DERMOL scalp lotion

Do not use DERMOL scalp lotion:

- If you are allergic to clobetasol propionate or any of the other ingredients listed at the end of this leaflet. Symptoms of an allergic reaction may include unusual reddening of the scalp, itching on the skin or hives, difficulty breathing, shortness of breath or wheezing, swelling of the face, lips tongue or other parts of the body.
- If the expiry date (EXP) printed on the pack has passed
- If the packaging is torn or shows signs of tampering
- If you have an infection of the scalp

When you must not use it

Taking other medicines
If you are taking any other medicines, including any you get without a prescription from a pharmacy, supermarket or health food shop, tell your doctor or pharmacist.

Some medicines and DERMOL scalp lotion may interfere with each other. These include:

- ritonavir, a medicine to manage HIV
- itraconazole, an anti-fungal agent.

Your doctor or pharmacist has more information on medicines to be careful with or avoid while using DERMOL scalp lotion.

How to use DERMOL scalp lotion properly

How much to apply
Your doctor will tell you how much DERMOL scalp lotion you need to apply each day. It is important that you apply the DERMOL scalp lotion only as directed by your doctor.

Do not use more than the recommended amount. Applying more than this may allow the active ingredient in this medication to pass through the scalp and into the blood stream. This could affect other parts of the body and may result in unwanted side effects.

For adults, elderly and children over 1 year old, DERMOL scalp lotion is usually applied to the scalp two times a day (once in the morning...
and once at night). Your doctor may tell you to apply the application differently to this. If so, follow their instructions.

When applying the application to your scalp, be careful that you do not let any run into your eyes.

**How long to apply it**

Your doctor will advise you how long to use the DERMOL scalp lotion.

**Do not use DERMOL scalp lotion for any longer than your doctor has prescribed.** Taking this type of medicine for a long time may affect the normal production of steroids in your body and be harmful to your health.

Duration of treatment will depend on your condition and can vary between a few days to a longer periods of time. If your scalp condition does not clear within a few weeks, tell your doctor.

Children should not use DERMOL scalp lotion for longer than a few days. It should not be used on children under 1 year.

**Stop using DERMOL scalp lotion once the skin condition has cleared.**

**If you forget to apply it**

If you forget to apply it, just apply it as soon as you remember, then apply it again as you would normally. **Do not** apply twice as much to make up for a missed dose.

Applying the treatment at the same time each day may help you to remember to use it regularly. If you have trouble remembering to apply the treatment, ask you pharmacist for some hints.

**While you are using DERMOL scalp lotion**

**Things you must do**

Tell all doctors, dentists and pharmacists who are treating you, that you are using DERMOL scalp lotion.

Before you start any new medications, tell your doctor or pharmacist that you are using DERMOL scalp lotion.

Tell your doctor if you develop a skin rash, hives, or any other skin conditions while you are using DERMOL scalp lotion.

Tell your doctor if you become pregnant while using DERMOL scalp lotion.

If you are going to have surgery, tell the surgeon or anaesthetist that you are using DERMOL scalp lotion.

If you are going to have any blood tests, tell your doctor that you are using DERMOL scalp lotion.

Visit your doctor regularly so they can check on your progress, especially if your doctor has prescribed DERMOL scalp lotion for psoriasis.

Avoid smoking whilst applying to the scalp. Avoid fire, flame and heat, including use of hair dryer, after application.

**Things you must not do**

Do not use DERMOL scalp lotion to treat any other complaints or skin conditions unless your doctor tells you to.

Do not allow the scalp application to run into your eyes. If the application does accidentally enter your eyes, rinse your eye(s) thoroughly with water.

Do not give this medicine to anyone else, even if their symptoms seem similar to yours.

Tell your doctor if you notice any of the following effects:

- rash, inflammation or redness of the skin
- burning, pain, irritation or itching of the skin
- dry skin or skin wrinkling
- changes in hair growth and changes in the colour of your skin
- thinning of the skin and stretch marks
- blood vessels that are close to the skin surface, becoming more visible
- weight gain, rounding of the face and high blood pressure
- your skin condition becomes pimply
- acne
- increased severity in other untreated skin infections
- blurred vision.

Applying DERMOL scalp lotion over long periods of time, or using more than the recommended dose, may increase the chance of developing side effects.

If your scalp condition gets worse during treatment, stop applying DERMOL scalp lotion and tell your pharmacist or doctor as soon as possible.

The list of side effects is not complete. If you experience any of these side effects, or any other undesired effect please tell your doctor or pharmacist.

Do not be alarmed by this list of possible side effects. You may not experience any of them.

**In case of overdose**

You should only apply the amount of DERMOL scalp lotion that you have been prescribed.

Immediately contact your doctor or the National Poisons Information Centre (0800 POISON or 0800 764 766) or go to the Emergency department at your nearest hospital, if you think that you may have taken too much, or if anyone else has taken any DERMOL scalp lotion by mistake. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical treatment.
attention. Take the container of DERMOL scalp lotion with you if you can.

Keep telephone numbers for these places handy.

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**Storage conditions**

Keep your DERMOL scalp lotion in the container until it is time to use it.

Store below 25°C and out of reach of children. Avoid exposure to heat, light and moisture.

Do not store DERMOL scalp lotion, or any other medicine, in the bathroom or near a sink.

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**Disposal**

If your doctor tells you to stop using DERMOL scalp lotion or if it has passed the expiry date, ask your pharmacist what to do with the remaining medicine.

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**Product description**

**What DERMOL scalp lotion looks like**

DERMOL scalp lotion is an almost clear, colourless liquid.

**Ingredients**

DERMOL scalp lotion contains 0.05% w/w of the active ingredient clobetasol 17-propionate.

DERMOL scalp lotion also contains isopropyl alcohol, sodium hydroxide, carbomer 934P and purified water.

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**If you want to know more**

Should you have any questions regarding this product, please contact your doctor or pharmacist.

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**Who supplies this medicine**

Distributed in New Zealand by:

Mylan New Zealand Ltd,
P O Box 11183,