ADYNOVATE
Rurioctocog alfa pegol [Recombinant Coagulation Factor VIII (rch), PEGylated] powder for injection with diluent vials

Consumer Medicine Information

What is in this leaflet
Read this leaflet carefully before you start using ADYNOVATE.
This leaflet answers some common questions about ADYNOVATE. It does not contain all of the available information. It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits. Your doctor has weighed the risks of you using ADYNOVATE against the benefits they expect it will have for you.

If you have any concerns about having this medicine ask your doctor or pharmacist.
Keep this leaflet.
You may wish to read it again.

What is ADYNOVATE used for
ADYNOVATE belongs to the group of medicines called blood coagulation factor VIII. It is used for the treatment and prophylaxis of bleeding in patients with haemophilia A (congenital factor VIII deficiency).
ADYNOVATE does not contain von Willebrand factor and is therefore not suitable for use in von Willebrand's disease.
ADYNOVATE contains the active substance rurioctocog alfa pegol, PEGylated human recombinant coagulation factor VIII. The human coagulation factor VIII is produced by recombinant DNA technology and has been modified chemically to prolong its duration of action.

How does ADYNOVATE work
Under normal physiological condition, factor VIII is essential for blood clotting and maintenance of a bleeding episode.
Individuals with haemophilia A disease, which is a hereditary disorder of blood coagulation have a low level of factor VIII in their blood circulation. As a result of factor VIII deficiency, the individual with this disease may have a heavy bleeding into joints, muscles or internal organs either spontaneously or as a result of accidental or surgical trauma.
ADYNOVATE is similar to plasma-derived factor VIII. As it works in the same way, it can be used as a replacement therapy in patients with haemophilia A.

Before you are given ADYNOVATE

ADYNOVATE should not be given to you if:
• you are allergic (hypersensitive) to mouse, hamster proteins or any other ingredients in this product;
• you have tendency of allergic reaction or hypersensitivity to any human derived injection. Some of the symptoms of allergic reaction may include skin rash, swelling of the face, lips or tongue, which may cause difficulty swallowing or shortness of breath, tightness of the chest;
• the expiry date printed on the pack has passed;
• the packaging is torn or show sign of tampering;
• the pack has been stored at room temperature for more than 3 months.

You must tell your doctor if you:
• have any other illness;
• suffer from , or at risk of, any heart problems or any disease and/or conditions involving the blood vessels ;
• are on a low sodium diet.

Tell your doctor if you are pregnant or planning to become pregnant.
There is no information on the use of ADYNOVATE during pregnancy. Your doctor will discuss the risks and benefits of using ADYNOVATE if you are pregnant.

Tell your doctor if you are breast feeding or planning to breast feed.
It is not known whether ADYNOVATE passes into breast milk. Your doctor will discuss the risks and benefits of using ADYNOVATE if you are breast feeding.

If you have not told your doctor any of the above, tell your doctor before you start using ADYNOVATE.
Taking other medicines

Tell your doctor or pharmacist or Haemophilia Treatment Centre if you are using any other medicines including any that you obtained without a prescription from your pharmacy, supermarket or health food shop.

No drug interactions have been reported with ADYNOVATE, but your doctor or pharmacist or Haemophilia Treatment Centre will have more information on medicines to be careful with or avoid while using this medicine.

How ADYNOVATE is given

How much is given

Your doctor will decide how much ADYNOVATE will be given to you depending on your need and condition. Each individual will receive a different dose, which may vary between doctor visits.

The dose you receive will be based on:

- your body weight;
- the amount of antihemophilic factor (AHF) your body is able to make;
- how much and how often and which sites (knees, muscles etc.) of your body are bleeding;
- whether your body may build up antibodies to this medicine.

After a while your body may build up these antibodies, leading to a less effective treatment than the usual.

How it is given

ADYNOVATE is usually administered in a hospital. Some individuals may be trained to use ADYNOVATE at home. ADYNOVATE is given by a slow injection directly into your vein.

Do not attempt to inject ADYNOVATE by yourself unless you have received proper training on how to use the product by your doctor or other competent healthcare professional, e.g. a haemophilia nurse.

If you are unsure about how to use this medicine, contact your doctor or competent healthcare professional to seek advice.

Method of administration (use aseptic technique)

Aseptic (meaning clean and germ free) technique is required for the handling, preparing and administration of ADYNOVATE.

ADYNOVATE is provided as a powder and water for injections.

Follow carefully the instructions for use given at the end of this leaflet for preparing the solution for injection, and for injecting ADYNOVATE.

Ask your doctor or Haemophilia Treatment Centre for help if you do not understand the instructions given in this leaflet.

Use only the reconstitution device provided with each pack to prepare the solution for injection.

Do not mix ADYNOVATE with any other medicines or solvent other than the water for injections supplied with the pack.

After preparing the solution, use the solution straight away or within 3 hours.

Do not refrigerate the solution after it is prepared.

Before injection, check the solution to make sure it is clear, colourless and free of any visible particles. Do not use if the solution contains visible particles or looks cloudy.

Use a new syringe and needle for each injection.

How often is it given

Your doctor will tell you how often and what intervals ADYNOVATE is to be administered.

If you miss / forget your injection

Do not inject a double dose to make up for the forgotten dose.

If you inject a double dose, it will increase the chance of you getting an unwanted side effect.

Contact your doctor or Haemophilia Treatment Centre for advice and give the next injection as advised by your doctor.

If you use too much (overdose)

No symptoms of overdose with ADYNOVATE have been reported.

Immediately telephone your doctor or the National Poisons Centre (telephone 0800 POISON or 0800 764 766), or go to accident and emergency at your nearest hospital, if you think that you or anyone else may have been given too much ADYNOVATE.

Do this even if there are no signs of discomfort or poisoning.

While you are using ADYNOVATE

Things you must do

Continue using your medicine for as long as your doctor tells you.

This medicine helps to control your condition, but does not cure it.

Keep all your doctor’s appointments so that your progress can be checked.

Discuss with your doctor the progress you have experienced after the treatment, especially during the first few days.

Your healthcare professional will take records of the progress and unexpected reactions. You will have your blood tested before you start your treatment and regularly from time to time during your treatment to see how your treatment is working.
Monitor your bleeding and tell your doctor immediately if your bleeding is not controlled after using ADYNOVATE.

Take caution when you receive the injection, and tell your doctor or nurse immediately if you feel unwell during the injection. If you are giving the injection by yourself, stop the injection immediately if you feel unwell.

Allergic reaction may occur during an injection.

If you are planning for any surgery or dental procedures, tell your doctor and dentist that you are using ADYNOVATE.

If you require a central venous access device, your doctor will need to consider the risk of catheter-related complications including infection at the catheter site, presence of bacteria in the blood and blood clot at the catheter site.

Things you must not do

Do not give ADYNOVATE to anyone else even if they appear to have the same condition as you.

Side Effects

Tell your doctor or pharmacist as soon as possible if you do not feel well while you are using ADYNOVATE.

All medicines can have side effects. Sometimes they are serious, most of the time they are not.

You may need medical attention if you get some of these side effects.

Do not be alarmed by this list of possible side effects, you may not experience any of them.

Ask your doctor or pharmacist to answer any questions you may have.

Tell your doctor, nurse or pharmacist if you notice any of the following and they worry you:

- headache
- nausea
- diarrhoea
- rash

The above list includes the common side effects of ADYNOVATE.

- flushing

The above list includes the uncommon side effects of ADYNOVATE.

If any of the following happen suddenly, tell your doctor immediately or go to Emergency at the nearest hospital:

- rash, hives, wheals, generalised itching;
- swelling of your face, lips and tongue or any parts of the body;
- shortness of breath, difficulty in breathing, wheezing, tightness in the chest,
- general feeling of being unwell,
- dizziness and loss of consciousness.

The above list includes serious side effects which are early symptoms of an allergic response to the medicine. Allergic reaction (hypersensitivity) is an uncommon side effect of ADYNOVATE, which in some cases could become serious (progressing to anaphylaxis including shock) and require urgent medical attention or hospitalisation. If any of the above occurs during the ADYNOVATE injection, stop the injection immediately.

During the course of your treatment, your body could make antibodies (also called “inhibitors”) against ADYNOVATE, and stop ADYNOVATE from working properly.

Tell your doctor or Haemophilia Treatment Centre if you notice anything that is making you feel unwell.

After using ADYNOVATE

Storage

All medicines should be kept where children cannot reach them.

Store ADYNOVATE in the refrigerator at 2°C to 8°C.

Do not freeze ADYNOVATE.

Keep ADYNOVATE in the pack until it is time to use it.

This will protect the medicine from light.

Unopened vials stored in the pack can be kept in the refrigerator at 2°C to 8°C until its expiry date which is printed on the packaging.

If necessary, ADYNOVATE can be kept in the sealed carton out of the refrigerator for a single period of up to 3 months when stored in a cool dry place where the temperature stays below 30°C.

Do not return the product to the refrigerator after it has been storage at room temperature.

Use ADYNOVATE within 3 months if stored at room temperature.

The medicine expires 3 months after the pack is stored at room temperature, or after the expiration date printed on the carton has passed, whichever is earlier.

On the day the product is removed from the refrigerator, write the discard date on the carton to remind yourself to discard the product after 3 months.

Once the solution is prepared for injection, use the solution straight away or within 3 hours after it is prepared.

Do not refrigerate the solution in after it is prepared.

Disposal

Discard any solution left in the vial at the end of your injection.

ADYNOVATE is for single use in single patient only. It does not contain antimicrobial preservative.
Dispose the used vials and all materials in an appropriate container.

If your doctor tells you to stop using ADYNVOATE or the expiry date has passed, ask your Haemophilia Treatment Centre what to do with any medicine that is left over.

Ask your doctor or Haemophilia Treatment Centre if you have any questions about how to dispose ADYNOVATE.

**Product descriptions**

**What ADYNOVATE looks like**

ADYNOVATE is a white to off-white friable powder in a single dose glass vial.

Each pack contains:
- 1 vial of ADYNOVATE powder for injection;
- 1 vial of water for injections (which is a diluent to dissolve the powder for injection);
- 1 BAXJECT II Hi-Flow or BAXJECT III (preassembled) reconstitution device.

After reconstitution, the solution is clear, colourless and free from foreign particles.

ADYNOVATE is available in the following strengths, which may be supplied with either a 5 mL water for injections vial or a 2 mL water for injections vial:
- 250 IU (5 mL or 2 mL);
- 500 IU (5 mL or 2 mL);
- 1000 IU (5 mL or 2 mL);
- 2000 IU (5 mL).

**Inactive ingredients:**
- calcium chloride dihydrate;
- glutathione;
- histidine;
- mannitol;
- polysorbate 80;
- sodium chloride;
- trehalose dihydrate;
- trometamol;
- water for injections (diluent).

**Sponsor**

ADYNOVATE is supplied in New Zealand by:
Shire New Zealand Ltd
C/O Crowe Horwath
Level 29, 188 Quay Street
Auckland Central
Auckland 1010
New Zealand
Telephone: 0508 169 077

**Date of preparation**

This leaflet was prepared in December 2018.

**Instructions for use**

**For intravenous use only**

**IMPORTANT:**

Contact your doctor or local Haemophilia Treatment Centre if you have any questions or if you experience any problems with this procedure.

These instructions are intended only as a visual aid for those patients who have been instructed by their doctor or haemophilia centre on the proper way to self-inject the product.

**Do not attempt to self-inject unless you have been taught how by your doctor or haemophilia centre.**

Use only the water for injections and the reconstitution device provided in the pack to prepare the solution for injection.

ADYNOVATE is supplied either with a BAXJECT II Hi-Flow or a BAXJECT III (preassembled) reconstitution device. Please refer to the instructions corresponding to the device supplied with your ADYNOVATE, as illustrated below.

If more than one vial of ADYNOVATE is needed for the dose, reconstitute each vial of ADYNOVATE using a separate BAXJECT II Hi-Flow or a separate preassembled BAXJECT III system supplied in each pack.

**Use aseptic technique**

In a quiet place, prepare a clean surface and gather all the materials you will need for the injection.

Remove ADYNOVATE from the refrigerator and check the expiry date on the package.

Wash your hands and put on clean exam gloves. If you are self-injecting at home the use of gloves is optional.

**Using the BAXJECT II Hi-Flow Device**

1. Use aseptic technique (clean and germ free) and a flat work surface during the reconstitution procedure.
2. Allow the ADYNOVATE and diluent vials to reach room temperature before use.

3. Remove plastic caps from the ADYNOVATE and diluent vials.

4. Cleanse rubber stoppers with an alcohol wipe and allow to dry before use.

5. Open the BAXJECT II Hi-Flow device package by peeling away the lid, without touching the inside. (Figure A). Do not remove the device from the package.

6. Turn the package over. Press straight down to fully insert the clear plastic spike through the diluent vial stopper. (Figure B)

7. Grip the BAXJECT II Hi-Flow package at its edge and pull the package off the device. (Figure C). Do not remove the blue cap from the BAXJECT II Hi-Flow device. Do not touch the exposed purple plastic spike.

8. Turn the system over so that the diluent vial is on top. Quickly insert the purple plastic spike fully into the ADYNOVATE vial stopper by pushing straight down. (Figure D). The vacuum will draw the diluent into the ADYNOVATE vial.

9. Swirl gently until the ADYNOVATE powder is completely dissolved. The powder should dissolve rapidly (usually in less than 1 minute). Do not refrigerate the solution after reconstitution.

**Administration**

Use the reconstituted solution as soon as possible, within 3 hours after reconstitution.

Before administering the dose, visually inspect the reconstituted solution for particulate matter and discoloration.

The solution should appear clear and colourless. Do not use the solution if there is any particulate matter or discoloration.

1. Remove the blue cap from the BAXJECT II Hi-Flow device (Figure E). Connect the syringe to the BAXJECT II Hi-Flow. Use of a Luer-lock syringe is recommended.

2. Turn the system upside down (powder vial now on top). Draw the reconstituted solution into the syringe by pulling the plunger back slowly (Figure F). **Do not draw air into the syringe.**

3. Disconnect the syringe; attached a needle suitable for intravenous injection. If more than one vial of ADYNOVATE is to be used, the contents of multiple vials may be drawn into the same syringe.

4. Administer the dose by injecting the solution directly into the vein over a period of up to 5 minutes (maximum infusion rate of 10 mL per min).

**Using the BAXJECT III system**

The ADYNOVATE vial and the diluent vial are supplied preassembled with the BAXJECT III reconstitution device within a sealed blister package.

Do not use if the lid is not completely sealed on the blister packaging.

1. Take the sealed blister out from the pack and allow the ADYNOVATE and diluent vials to reach room temperature before use.

2. Open the blister package by peeling away the lid. Remove the preassembled BAXJECT III system from the blister.

3. Place the pre-assembled BAXJECT III system on a flat surface with the diluent vial on top. (Figure 1) The diluent vial has a blue stripe. Do not remove the blue cap until instructed in a later step.
4. Hold the lower end of the pre-assembled BAXJECT III system with one hand, and use the other hand to press down firmly on the diluent vial until the system is fully collapsed and the diluent flows down into the ADYNOVATE vial. (Figure 2) Do not tilt the system until all the diluent is completely transferred to the ADYNOVATE vial.

5. Check to make sure the diluent transfer is complete. Swirl gently until all the ADYNOVATE powder is dissolved. (Figure 3) The powder should dissolve rapidly (usually in less than 1 minute).

Make sure all the ADYNOVATE powder is completely dissolved, otherwise the undissolved powder will not pass through the device filter. Do not refrigerate the solution after reconstitution.

Administration

Use the reconstituted solution as soon as possible, within 3 hours after reconstitution.

Before administering the dose, visually inspect the reconstituted solution for particulate matter and discoloration before administration.

The solution should appear clear and colourless. Do not use the solution if there is any particulate matter or discoloration.

1. Remove the blue cap from the BAXJECT III device. Connect the syringe to the BAXJECT III device. Use of a Luer-lock syringe is recommended.

2. Turn the system upside down (ADYNOVATE vial now on top). Draw the reconstituted solution into the syringe by pulling the plunger back slowly. **Do not draw air into the syringe.**

3. Disconnect the syringe; attach a needle suitable for intravenous injection. If more than one vial of ADYNOVATE is to be used, the contents of multiple vials may be drawn into the same syringe.

4. Administer the dose by injecting the solution directly into the vein over a period of up to 5 minutes (maximum infusion rate 10 mL per min).