AVOMINE®

Promethazine theoclate 25 mg tablets 10 tablet pack

Consumer Medicine Information

What is in this leaflet?

This leaflet answers some common questions about AVOMINE tablets. It does not contain all the available information.

It does not take the place of talking to your doctor or pharmacist who have more detailed information.

All medicines have risks and benefits.

If you have any concerns about taking this medicine, ask your pharmacist or doctor.

Keep this leaflet with the medicine as you may want to read it again.

What AVOMINE is used for

AVOMINE belongs to a group of medicines called phenothiazines.

AVOMINE is used to prevent or treat motion sickness.

Do not give AVOMINE to children 9 years of age or under.

Before you take AVOMINE

When you must not take it

Do not take AVOMINE if you have an allergy to AVOMINE or any of the ingredients listed at the end of the leaflet.

Do not take AVOMINE if the packaging is torn or shows signs of tampering.

Do not take AVOMINE after the expiry date printed on the pack.

If you use this medicine after the expiry date has passed, it may not work as well.

Do not give AVOMINE to children 9 years of age or under.

Do not give Avomine to children or adolescents with signs or symptoms of Reye's Syndrome.

Symptoms include feeling sick, vomiting, tiredness, lack of energy, and indifference.

Tell your pharmacist or doctor if:

• you are pregnant or intend to become pregnant
• you are breast feeding or plan to breast feed
• you are allergic to any other medicines, foods, dyes or preservatives

Tell your pharmacist or doctor if you have or have had any medical conditions, especially the following:

• asthma, bronchitis or a persistent cough
• epilepsy, seizures or fits
• liver or kidney disease
• fast or irregular heart beat
• stomach problems
• difficulty passing urine
• glaucoma, a condition in which there is usually a build up of fluid in the eye
• severe heart disease, caused by poor blood flow in the blood vessels of the heart. The first symptom is usually angina or heart attack

Taking other medicines

Tell your pharmacist or doctor if you are taking other medicines including medicines that you buy without a prescription from your pharmacy, supermarket or health food shop.

Do not take AVOMINE if you are taking or being given any of the following medicines:

• Sedatives or hypnotics, medicines used to produce calmness or to help you sleep.
• Anticholinergic agents, including medicines used to treat stomach cramps, travel sickness or Parkinson's Disease
• Monoamine oxidase inhibitors, medicines used to treat depression (or have taken them within the past 14 days)
• Other antihistamines, medicines used to prevent the symptoms of allergy (such as hay fever)
• Alcohol

These medicines may be affected by AVOMINE, or may affect how well it works. Your pharmacist or doctor will have more information on medicines to be careful with or avoid while taking AVOMINE.

If you are not sure whether you should start taking AVOMINE, contact your pharmacist or doctor.

How to take AVOMINE

Adults:

Prevention of travel sickness: For long journeys swallow one tablet with water each night at bedtime, starting the night before travelling. For short journeys, swallow one tablet 1 to 2 hours before the start of the journey.
Treatment of travel sickness:
Swallow one tablet with water and then a second tablet the same evening. A third tablet should then be taken on the following evening. Additional tablets may be taken to prevent travel sickness or when they appear to be needed. It is rare to need to take more than 1 tablet in 8 hours. Do not take more than 4 tablets in 24 hours.

Children:
Do not give AVOMINE to children 9 years of age or under.

AVOMINE Tablets may be crushed and then mixed with water before administering to children or any individual that has difficulty swallowing tablets.

Phenergan Elixir is suitable for use in young children.

Children over 10 years of age: give the corresponding adult dose
Do not take more than the recommended dose.

Use this drug only as recommended. Do not exceed the recommended dose. There have been case reports of promethazine abuse.

Do not take for longer than 10 days.

If you do not understand the instructions, ask your pharmacist or doctor for help.

If you forget to take them
If you miss your dose and you do not feel sick take your next dose when you are meant to.

If you miss your dose, and you feel sick, take the missed dose as soon as possible, then go back to taking your AVOMINE tablets as you would normally. If it is almost time for your next dose, skip the dose you missed and take your next dose when you are meant to.

What do I do in case of Overdose?
Immediately telephone your doctor or pharmacist or the Poisons Information Centre (Australia: telephone 0800 764 766) or go to accident and emergency at your nearest hospital, if you think that you or anyone else may have taken too much. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

AVOMINE may interfere with the test results.

Side Effects
Tell your pharmacist or doctor as soon as possible if you do not feel well while taking AVOMINE.

Like all other medicines, AVOMINE may have unwanted side effects in some people. Sometimes they are serious, most of the time they are not. Your pharmacist or doctor will be able to answer any questions you may have.

Tell your pharmacist or doctor if you notice any of the following and they worry you:
- tiredness, sleepiness
- anxiety, restlessness
- constipation or diarrhoea
- loss of appetite
- nausea or vomiting
- stomach upset
- dry mouth
- blurred vision
- headache
- nightmares
- increased sensitivity of the skin to sun

Tell your pharmacist or doctor immediately if you notice any of the following:
- high fever
- muscle cramps or stiffness
- dizziness, lightheadedness
- very bad headaches
- confusion
- nervousness
- agitation
- hallucinations
- excessive sweating.
- jaundice – yellow tinge to skin or eyes
- difficulty passing urine
- twitching or jerking muscles

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Tell your pharmacist or doctor as soon as possible if you do not feel well while taking AVOMINE.
• tinnitus - buzzing, hissing, ringing or other persistent noise in the ears

Tell your doctor immediately or go to accident and emergency at the nearest hospital if you notice any of the following:
• fast or irregular heart beat
• tremors or convulsions
• swelling of the face, lips or tongue
• wheezing or trouble breathing
• skin rash or hives

These may be serious side effects. You may need urgent medical attention. Serious side effects are rare.
Other side effects not listed above may occur in some patients. **Tell your doctor or pharmacist if you notice anything that is making you feel unwell.**
Do not be alarmed by this list of possible side effects. You may not experience any of them.

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### Product Description

**What do AVOMINE tablets look like?**

AVOMINE tablets are white, plain on one side and with a line on the other.
AVOMINE tablets are available in blister packs of 10 tablets.

**What are the ingredients in AVOMINE tablets?**

Each tablet contains 25 mg of promethazine theoclate (the active ingredient), wheat starch, lactose, dextrin, talc and magnesium stearate.
AVOMINE contains lactose and gluten.

**Manufacturer**

Avomine is supplied in Australia by:
sanofi-aventis australia pty ltd
12-24 Talavera Road, Macquarie Park
NSW 2113
Avomine is supplied in New Zealand by:
sanofi-aventis new zealand limited
Level 8, James & Wells Tower
56 Cawley Street
Ellerslie, Auckland

AVOMINE 25 mg tablets
10 tablet pack
AUST R 134750

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