

Kia tūpato i te kikohunga Fournier (pokenga) i te wā e kai ana i ngā tāmoe SGLT-2 pēnei i te empagliflozin

Ko tā tēnei rau mōhiohia he whakarato mōhiohia mō te pokenga kino nei a te kikohunga Fournier, ka pā ki te tangata e kai ana i ngā tāmoe kawē konutai-kūhuka 2 (SGLT-2). Kua tēnei pepa mōhiohia e whakakapi i tō haere ki te kite i tō rata, tō nēhi, kaitaka rongoā rānei.

Ka āwhina ngā tāmoe SGLT-2 ki te whakamaimoa i te mate huka me ētahi raruraru tākihi me te manawa. Ko tā ēnei rongoā he whakaheke i te kūhuka, he āwhina i ngā tākihi me te whakaiti i te mōrearea o te mate manawa, te roro ikura rānei.

Ko Empagliflozin te tāmoe SGLT-2 e utua ana i Aotearoa. E karangatia ana ko te [Jardiance](#) (me te metformin).

He aha te kikohunga Fournier?

Ko te kikohunga Fournier he pokenga huakita kino i te wāhi o te tara, te ure, ngā raho, te kumu rānei. He tino onge engari me tino wawe te whakamaimoatia e te rata.

E mōhiohia ana hoki te pokenga nei hei 'mate kai kiko', otirā ka tere te kino haere ki te kore e whakamaimoatia.

Me pēhea taku ārai atu i te kikohunga Fournier?

Me noho mā tō tinana. He mea nui tonu te horoi i ō taihema ki te hopi me te wai mahana, otirā me tika te whakamaroke.

- Mēnā he wahine koe, me horoi tō tara me tō kumu kia rua ngā wā i te rā.
- Mēnā he tāne koe, me horoi tō ure me ō raho ia rā.

Me auu te titiro i aua wāhi, ā, ki te kite koe i ētahi āhuatanga rerekē, me wawe te whakapā atu ki tō rata, nēhi rānei.

Mēnā e pāngia ana koe e te mate huka, me whai i ngā tohutohu a tō rata kia tau ai te noho o tō kūhuka toto.

Whakapā wawe atu ki tō rata, nēhi rānei, ina pā ētahi o ēnei tohumate ki a koe:

- e pupuhi ana, e mamae ana, e māngeongoe ana, e tāngohengohe ana te wāhi o tō tara, tō ure, ō raho, tō kumu rānei
- kua rerekē te tae o tō kiri, kua wherowhero, kua marū haere ngā wāhi o tō tara, tō ure, ō raho, tō kumu rānei
- kirikā, pāmahana tiketike rānei
- e āhua māuiui ana, e ruha ana rānei.

He whakawehi nui ki te oranga o te tangata te kikohunga Fournier, otirā me wawe te rapu whakamaimoatanga. Ka tere te kino o te mate.

Ka mōhio tō rata, tō nēhi rānei me aha i muri iho.

Ka tūpono mai te mate kikohunga Fournier i hea?

Ko te mahi a ngā tāmoe SGLT-2, ko te tango i te kūhuka mā tō mimi.

I te mea kua kore haere te kūhuka i tō mimi, ka tūpono pāngia pea koe e ngā pokenga pēnei i ngā pokenga pukumimi (poke aramimi).

Ka pāngia pea koe e te pokenga i te wāhi o tō tara, tō ure, ō raho, tō kumu rānei. Ki te kore te pokenga e whakamaimoatia, ka huri pea hei kikohunga Fournier.

Kua pā te mate kikohunga Fournier ki te tangata e kai ana i te empagliflozin i Aotearoa.

Ki hea rapu ai i ētahi atu mōhiohio?

Kōrero ki tō tākuta, nēhi, kaitaka rongoā rānei, waea kore utu rānei i a Healthline ahakoa te wā, i runga i a 0800 611 116.

Tirohia ngā whārangi paetukutuku e whai ake nei.

- Ngā mōhiohio rongoā kiritaki mō ngā rongoā:
medsafe.govt.nz/Medicines/infoSearch.asp
- Ngā mōhiohio Health Navigator mō ngā rongoā:
healthnavigator.org.nz/medicines/

- DermNet NZ – Fournier’s gangrene:
dermnetnz.org/topics/fournier-gangrene
- DermNet NZ – Necrotising fasciitis (‘pokenga kai kiko’):
dermnetnz.org/topics/necrotising-fasciitis

Ka taea hoki e tō rata, nēhi, kaitaka rongoā rānei te tuku tohutohu noho hauora mō te:

- āwhina i a koe ki te whakaheke taumaha
- āwhina i a koe ki te whakakore i te kai paipa