

NAUSICALM

Cyclizine lactate injection 50 mg

What is in this leaflet

Please read this leaflet carefully before you are given NAUSICALM.

This leaflet answers some common questions about NAUSICALM. It does not contain all the available information. It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits. Your doctor has weighed the expected benefits of you receiving NAUSICALM against the risks this medicine could have for you.

If you have any concerns about being given NAUSICALM, ask your doctor or pharmacist. Keep this leaflet. You may need to read it again.

What NAUSICALM is used for

NAUSICALM contains the active ingredient, cyclizine. It belongs to a group of medicines called antiemetics. Within this group, NAUSICALM belongs to a class of medicines called histamine H1 receptor antagonists.

NAUSICALM is used for the prevention and treatment of nausea (feeling as if you are about to vomit) and vomiting, including:

- Motion sickness, when it is not possible to swallow tablets.
- The after effects of anaesthetics (medicines used to put you to sleep) and pain killers used during surgery.
- Radiotherapy.
- Vertigo (giddiness/dizziness) associated with middle ear problems, including Meniere's disease, when it is not possible to swallow tablets.
- Having food in your stomach during emergency surgery.

Your doctor may have prescribed NAUSICALM for another purpose.

Ask your doctor if you have any questions about why NAUSICALM has been prescribed for you.

NAUSICALM is available only with a doctor's prescription, and is given as an injection by a doctor or nurse.

Before you are given NAUSICALM

When you must not be given it

Do not take NAUSICALM if:

- You have had an allergic reaction before to cyclizine.

- The packaging or ampoule containing NAUSICALM is torn, broken or shows signs of interference, or if the solution is discoloured or cloudy.
- The expiry date on the packaging has passed. If you are given this medicine after the expiry date has passed, it may not work as well.

Some of the symptoms of an allergic reaction may include:

- Shortness of breath
- Wheezing or difficulty breathing
- Swelling of the face, lips tongue or other parts of the body
- Rash, itching or hives on the skin

Before you start receiving NAUSICALM

Tell your doctor if:

- You are pregnant or plan to become pregnant.
It is not known if NAUSICALM is harmful to an unborn baby when given to a pregnant woman, so use of NAUSICALM during pregnancy is not recommended. If you are pregnant and it is necessary for you to be given NAUSICALM, your doctor will have weighed up the benefits of you being given this medicine against the possible risks to your unborn baby.
- You are breastfeeding or planning to breastfeed.
It is not known if cyclizine, the active ingredient in NAUSICALM, passes into breast milk, so it is recommended that you avoid breast feeding after being given NAUSICALM until your doctor says you can.
- You are allergic to any other medicines, foods, dyes or preservatives.
- You have any other health problems, especially:
 - Kidney or liver disease
 - glaucoma, a build up of fluid in the eye, causing pressure
 - Chronic constipation
 - Prostate trouble
 - Heart disease
 - Drug addiction

If you have not told your doctor about any of the above, please do so before being given NAUSICALM.

Taking other medicines

Some medicines may affect the way others work.

Tell your doctor if you are taking any other medicines, including the oral contraceptive pill or medicines you buy without a prescription from a pharmacy, supermarket or health food shop. If you are taking any of the following types of medicines, please let your doctor know before taking NAUSICALM:

- Medicines to produce calmness or help you get to sleep, such as hypnotics and tranquillisers.
- Pethidine, a strong painkiller.
- Anticholinergic medicines, often used to treat urinary incontinence, irritable bowel syndrome and Parkinson's disease.

Your doctor or pharmacist will be able to tell you more about what to do when you are given NAUSICALM while taking other medicines.

How NAUSICALM is given

How much you will be given

The amount of NAUSICALM you are given will depend on the reason it has been prescribed for you.

The usual dose is 50mg, up to three times daily.

When NAUSICALM is used to prevent vomiting after an operation, the first dose is usually given by slow injection into a vein 20 minutes before the end of surgery.

If you need emergency surgery, the recommended dose is 25mg.

Sometimes, other medicines are given at the same time as NAUSICALM injection.

Elderly people can be given the same doses of NAUSICALM as those used in younger adults. NAUSICALM is not used in children.

Administration of NAUSICALM

NAUSICALM is given as an injection into a muscle or vein by a doctor or nurse.

In case of an overdose

If you think that you or anyone else has been given too much NAUSICALM Immediately telephone your doctor, or Poisons Information Centre (telephone: 0800 POISON or 0800 764 766), or go to the accident and emergency centre at your nearest hospital. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Too much NAUSICALM can cause a dry mouth, nose and throat, blurred vision, a fast heart rate, difficulty passing urine, drowsiness, dizziness, poor coordination, staggering, weakness, mood and thought changes, convulsions, fever and difficulty breathing.

If you are unsure what to do, ring your doctor or pharmacist.

While you are being given NAUSICALM

Things you must do

Tell all doctors and pharmacists involved in your health care if you are being given NAUSICALM.

Tell your doctor if you find out you are pregnant or are planning to become while receiving NAUSICALM.

Tell your doctor if you feel that NAUSICALM is not helping your nausea and/or vomiting.

Things you must not do

Do not take any other medicines whether they require a prescription or not without first asking your doctor or a pharmacist.

Do not attempt to inject NAUSICALM yourself.

Do not drink alcohol after being given NAUSICALM until your doctor says you can. NAUSICALM may increase the drowsiness caused by alcohol. By suppressing vomiting, NAUSICALM may also increase the dangerous effects of drinking large amounts of alcohol.

Do not drive or operate machinery until you know how NAUSICALM affects you.

Side effects

All medicines can have unwanted side effects. Sometimes they may be serious, but often they are not. You may need medical treatment if you get some of the side effects.

Ask your doctor or pharmacist to answer any questions you may have.

Be sure that your doctor or pharmacist knows as soon as possible if you do not feel well after you have been given NAUSICALM.

If you think NAUSICALM is causing you to have an allergic (hypersensitivity) reaction, TELL YOUR DOCTOR IMMEDIATELY. Symptoms include:

- Severe skin rash, itching or hives.
- Swelling of the face, lips, mouth or throat.
- Difficulty breathing or swallowing.
- Fever/chills.
- Hot flushes.
- Low blood pressure (feeling faint or dizzy).
- Liver problems (changes in urine and stool colour, feeling weak and tired)

You should not go home after a NAUSICALM injection until your doctor says you can.

Tell your doctor if you notice any of the following:

- Drowsiness
- Dry mouth, nose and throat
- Blurred vision
- A fast heart beat
- Difficulty passing urine and/or passing dark urine
- Constipation
- Restlessness/nervousness
- Difficulty sleeping
- Seeing and hearing things that are not real
- Unusual skin eruptions/reactions
- Muscle twitching
- Nausea, vomiting and loss of appetite

- A general feeling of unwellness

Tell your doctor if you notice anything else that is making you feel unwell, even if it is not mentioned here.

This is not a complete list of side effects. Ask your doctor or pharmacist if you do not understand anything about the possible side effects of NAUSICALM mentioned here.

Do not be alarmed by these side effects. Most occur at higher NAUSICALM doses, and you might not experience any of them.

Storage

If you need to store NAUSICALM make sure it is stored in a cool dry place away from light, at a temperature below 25 °C.

Product description

What NAUSICALM looks like

NAUSICALM is a clear solution supplied in a 1 ml single-dose ampoule.

Ingredients

Cyclizine lactate and water for injection.

Supplier

Your medicine is supplied in New Zealand by:

AFT Pharmaceuticals Ltd
PO Box 33-203
Takapuna
Auckland

Ph: (09) 488-0232
Fax: (09) 488-0234