

NEW ZEALAND DATA SHEET

QUETAPEL

Quetiapine (as quetiapine fumarate) Tablets

25 mg, 100 mg, 150 mg, 200 mg, 300 mg



Presentation

QUETAPEL 25 mg is presented as a peach coloured, round, biconvex, film-coated tablet containing quetiapine fumarate delivering a dose of 25 mg of quetiapine free base. The tablets are 5 mm in diameter and are engraved Q on one side.

QUETAPEL 100 mg is presented as a yellow coloured, round, biconvex, film-coated tablet containing quetiapine fumarate delivering a dose of 100 mg of quetiapine free base. The tablets are 8.5 mm in diameter and are engraved 'Q' over '100' on one side.

QUETAPEL 150 mg is presented as a pale yellow coloured, round, biconvex, film-coated tablet containing quetiapine fumarate delivering a dose of 150 mg of quetiapine free base. The tablets are 10 mm in diameter and are engraved 'Q' over '150' on one side.

QUETAPEL 200 mg is presented as a white coloured, round, biconvex, film-coated tablet containing quetiapine fumarate delivering a dose of 200 mg of quetiapine free base. The tablets are 11 mm in diameter and are engraved 'Q' over '200' on one side.

QUETAPEL 300 mg is presented as a white coloured capsule-shaped (19 mm x 7.5 mm), film-coated tablet containing quetiapine fumarate delivering a dose of 300 mg of quetiapine free base. Each film-coated tablet is engraved with 'Q' breakline '300' on one side. The opposing side is plain except for the breakline.

Do not halve QUETAPEL 25 mg, 100 mg, 150 mg or 200 mg Tablets.

Uses

Actions

Mechanism of action

Quetiapine is an atypical antipsychotic agent. Quetiapine and the active human plasma metabolite, norquetiapine interact with a broad range of neurotransmitter receptors. Quetiapine and norquetiapine exhibit affinity for brain serotonin (5HT₂) and dopamine D₁ and D₂ receptors. It is this combination of receptor antagonism with a higher selectivity for 5HT₂ relative to Dopamine₂ receptors which is believed to contribute to the clinical antipsychotic properties and low extrapyramidal side effects (EPS) liability of QUETAPEL compared to typical antipsychotics. Additionally, norquetiapine has high affinity for the norepinephrine transporter (NET). Quetiapine and norquetiapine also have high affinity at histaminergic and adrenergic alpha₁ receptors, with a lower affinity at adrenergic alpha₂ and serotonin 5HT_{1A} receptors. Quetiapine has no appreciable affinity at cholinergic muscarinic or benzodiazepine receptors.

Pharmacodynamic effects

Quetiapine is active in tests for antipsychotic activity, such as conditioned avoidance. It also reverses the action of dopamine agonists, measured either behaviourally or electrophysiologically, and elevates dopamine metabolite concentrations, a neurochemical index of dopamine D₂ receptor blockade.

In pre-clinical tests predictive of EPS, quetiapine is unlike typical antipsychotics and has an atypical profile. Quetiapine does not produce dopamine D₂ receptor supersensitivity after chronic administration. Quetiapine produces only weak catalepsy at effective dopamine D₂ receptor blocking doses. Quetiapine demonstrates selectivity for the limbic system by producing depolarisation blockade of the A10 mesolimbic but not the A9

nigrostriatal dopamine-containing neurones following chronic administration. Quetiapine exhibits minimal dystonic liability in haloperidol-sensitised or drug-naïve Cebus monkeys after acute and chronic administration.

Clinical efficacy

Clinical trials have demonstrated that quetiapine is effective when given twice a day, although quetiapine has a pharmacokinetic half-life of approximately 7 hours. This is further supported by the data from a positron emission tomography (PET) study which identified that for quetiapine, 5HT₂ and Dopamine₂ receptor occupancy are maintained for up to 12 hours. The safety and efficacy of doses greater than 800 mg/day have not been evaluated.

Schizophrenia:

In clinical trials, quetiapine has been shown to be effective in the treatment of both positive and negative symptoms of schizophrenia. In comparative clinical trials, quetiapine has been shown to be as effective as standard antipsychotic agents such as chlorpromazine and haloperidol.

Bipolar mania:

In clinical trials, quetiapine has been shown to be effective as monotherapy or as adjunct therapy in reducing manic symptoms in patients with bipolar mania. Efficacy has been demonstrated up to 12 weeks in the monotherapy setting. In the adjunct setting, there are no efficacy data beyond 6 weeks. The mean last week median dose of quetiapine in responders, was approximately 600 mg and approximately 85% of the responders were in the dose range of 400 to 800 mg/day.

Suicide/suicidal thoughts or clinical worsening:

In short term placebo-controlled clinical trials of patients with schizophrenia, the incidence of suicide related events was 1.4% (3/212) for quetiapine and 1.6% (1/62) for placebo in patients 18-24 years of age, 0.8% (13/1663) for quetiapine and 1.1% (5/463) for placebo in patients ≥ 25 years of age, and 1.4% (2/147) for quetiapine and 1.3% (1/75) for placebo in patients < 18 years of age.

In short term placebo-controlled clinical trials of patients with bipolar mania, the incidence of suicide related events was 0% for both quetiapine (0/60) and placebo (0/58) in patients 18-24 years of age, 1.2% for both quetiapine (6/496) and placebo (5/463) in patients ≥ 25 years of age, and 1.0% (2/193) for quetiapine and 0% (0/90) for placebo in patients < 18 years of age (see WARNINGS AND PRECAUTIONS).

Cataracts/lens opacities:

In a clinical trial to evaluate the cataractogenic potential of quetiapine versus risperidone in the long-term treatment of patients with schizophrenia or schizoaffective disorder, quetiapine at doses of 200-800 mg/day was non-inferior for the 2-year event rate of increase in LOCS II (Lens Opacities Classification System II) lens opacity grade (Nuclear opalescence, Cortical, and Posterior subcapsular standards for LOCS II) to risperidone at doses of 2 to 8 mg/day for patients with at least 21 months of exposure (see FURTHER INFORMATION).

Children and adolescents (10 to 17 years of age):

The efficacy and safety of quetiapine was studied in a 3-week placebo controlled study for the treatment of mania (n = 284 patients, aged 10 - 17) and a 6-week placebo controlled study for the treatment of schizophrenia (n = 222 patients, aged 13 - 17). Treatment with quetiapine was initiated at 50 mg/day and on day 2 increased to 100 mg/day. Subsequently the dose was titrated to a target dose (mania 400-600 mg/day; schizophrenia 400-800 mg/day) using increments of 100 mg/day given two or three times daily. A 26-week open-label extension to the acute trials (n = 380 patients), with quetiapine flexibly dosed at 400-800 mg/day, provided additional safety data. Increases in blood pressure were reported in children and adolescents and increased appetite, weight gain, extrapyramidal symptoms and elevations in serum prolactin were reported with higher frequency in children and adolescents than in adult patients (see WARNINGS and PRECAUTIONS and ADVERSE EFFECTS).

Pharmacokinetics

Quetiapine is well absorbed and extensively metabolised following oral administration. The bioavailability of quetiapine is not significantly affected by administration with food. Quetiapine is approximately 83% bound to plasma proteins. Steady-state peak molar concentrations of the active metabolite norquetiapine are 35% of

that observed for quetiapine. The elimination half lives of quetiapine and norquetiapine are approximately 7 and 12 hours, respectively.

The pharmacokinetics of quetiapine and norquetiapine are linear across the approved dosing range. The kinetics of quetiapine does not differ between men and women.

The mean clearance of quetiapine in the elderly is approximately 30 to 50% lower than that seen in adults aged 18 to 65 years.

The mean plasma clearance of quetiapine was reduced by approximately 25% in subjects with severe renal impairment (creatinine clearance less than 30 mL/min/1.73m²) and in subjects with hepatic impairment (stable alcoholic cirrhosis), but the individual clearance values are within the range for normal subjects. The average molar dose fraction of free quetiapine and the active human plasma metabolite norquetiapine is < 5% excreted in the urine.

Quetiapine is extensively metabolised by the liver with parent compound accounting for less than 5% of unchanged drug-related material in the urine or faeces, following the administration of radiolabelled quetiapine. Approximately 73% of the radioactivity is excreted in the urine and 21% in the faeces. The mean plasma clearance of quetiapine is reduced by approximately 25% in subjects with hepatic impairment (stable alcoholic cirrhosis). Since quetiapine is extensively metabolised by the liver, higher plasma levels are expected in the hepatically impaired population, and dosage adjustment may be needed in these patients (see DOSAGE AND ADMINISTRATION).

In vitro investigations established that CYP3A4 is the primary enzyme responsible for cytochrome P450 mediated metabolism of quetiapine. Norquetiapine is primarily formed and eliminated via CYP3A4.

Quetiapine and several of its metabolites (including norquetiapine) were found to be weak inhibitors of human cytochrome P450 1A2, 2C9, 2C19, 2D6 and 3A4 activities *in vitro*. *In vitro* CYP inhibition is observed only at concentrations approximately 5 to 50 fold higher than those observed at a dose range of 300 to 800 mg/day in humans. Based on these *in vitro* results, it is unlikely that coadministration of quetiapine with other medicines will result in clinically significant drug inhibition of cytochrome P450 mediated metabolism of the other medicine.

Children and Adolescents (10 to 17 years of age)

At steady-state the pharmacokinetics of the parent compound in children and adolescents (10 - 17 years of age) were similar to adults, while AUC and C_{max} of the active metabolite, norquetiapine, were higher in children and adolescents than in adults, 45% and 31%, respectively. However, when adjusted for weight AUC and C_{max} of the parent compound in children and adolescents were lower than in adults, 41% and 39%, respectively, while the pharmacokinetics of the metabolite, norquetiapine, was similar.

Indications

QUETAPEL is indicated for the treatment of acute and chronic psychoses, including schizophrenia.

QUETAPEL is also indicated for the treatment of manic episodes satisfying DSM-IV criteria for mania associated with bipolar disorder.

Dosage and Administration

Adults

For the treatment of acute and chronic psychoses, including schizophrenia:

QUETAPEL should be administered twice daily, with or without food.

The total daily dose for the first four days of therapy is 50 mg (Day 1), 100 mg (Day 2), 200 mg (Day 3) and 300 mg (Day 4).

From Day 4 onwards, the dose should be titrated to the usual effective dose range of 300-450 mg/day. However, this may be adjusted, depending on the clinical response and tolerability of the individual patient, within the range 150 to 750 mg/day.

For the treatment of manic episodes associated with bipolar disorder:

QUETAPEL should be administered twice daily, with or without food.

The total daily dose for the first four days of therapy is 100 mg (Day 1), 200 mg (Day 2), 300 mg (Day 3) and 400 mg (Day 4). Further dosage adjustments up to 800 mg/day by Day 6 should be in increments of no greater than 200 mg/day.

The dose may be adjusted depending on clinical response and tolerability of the individual patient, within the range of 200 to 800 mg/day. The usual effective dose is in the range of 400 to 800 mg/day.

QUETAPEL has not been demonstrated to prevent recurrence of manic episodes.

Elderly

As with other antipsychotics, QUETAPEL should be used with caution in the elderly, especially during the initial dosing period. The rate of dose titration may need to be slower, and the daily therapeutic dose lower, than that used in younger patients, depending on the clinical response and tolerability of the individual patient. The mean plasma clearance of quetiapine was reduced by 30% to 50% in elderly subjects when compared with younger patients.

Children and Adolescents

QUETAPEL is not indicated for use in children and adolescents below 18 years of age. Data from placebo-controlled clinical trials are detailed within the data sheet (see WARNINGS and PRECAUTIONS, ADVERSE EFFECTS, USES).

Renal Impairment

Dosage adjustment is not necessary.

Hepatic Impairment

Quetiapine is extensively metabolised by the liver. Therefore, QUETAPEL should be used with caution in patients with known hepatic impairment, especially during the initial dosing period. Patients with hepatic impairment should be started on 25 mg/day. The dose should be increased daily in increments of 25-50 mg/day to an effective dose, depending on the clinical response and tolerability of the individual patient.

Do not halve QUETAPEL 25 mg, 100 mg, 150 mg or 200 mg Tablets.

Contraindications

QUETAPEL is contraindicated in patients who are hypersensitive to any component of this product.

Warnings and Precautions

Suicide/suicidal thoughts or clinical worsening

Some psychiatric conditions for which quetiapine is prescribed can be associated with an increased risk of suicide-related events. These conditions may be co-morbid with major depressive disorder. The same precautions observed when treating patients with major depressive disorder should be observed when treating patients with other psychiatric disorders.

Concomitant Illness

QUETAPEL should be used with caution in patients with known cardiovascular disease, cerebrovascular disease, or other conditions predisposing to hypotension. QUETAPEL may induce orthostatic hypotension especially during the initial dose-titration period.

Dysphagia and aspiration have been reported with quetiapine. Although a causal relationship with aspiration pneumonia has not been established, QUETAPEL should be used with caution in patients at risk for aspiration pneumonia.

Seizures

In controlled clinical trials there was no difference in the incidence of seizures in patients treated with quetiapine or placebo. As with other antipsychotics, caution is recommended when treating patients with a history of seizures (see ADVERSE EFFECTS).

Tardive Dyskinesia and Extrapyrarnidal Symptoms (EPS)

Tardive dyskinesia is a syndrome of potentially irreversible, involuntary, dyskinetic movements that may develop in patients treated with antipsychotic medicines including quetiapine. If signs and symptoms of tardive dyskinesia appear, dose reduction or discontinuation of quetiapine should be considered. The symptoms of tardive dyskinesia can worsen or even arise after discontinuation of treatment (see ADVERSE EFFECTS).

In placebo-controlled clinical trials in adult patients with schizophrenia and bipolar mania, the incidence of EPS was no different from that of placebo across the recommended therapeutic dose range. This predicts that quetiapine has less potential than typical antipsychotic agents to induce tardive dyskinesia in schizophrenia and bipolar mania patients.

Neuroleptic Malignant Syndrome

Neuroleptic malignant syndrome has been associated with antipsychotic treatment including quetiapine (see ADVERSE EFFECTS). Clinical manifestations include hyperthermia, altered mental status, muscular rigidity, autonomic instability, and increased creatine phosphokinase. In such an event, QUETAPEL should be discontinued and appropriate medical treatment given.

QT Prolongation

In clinical trials quetiapine was not associated with a persistent increase in absolute QT intervals. However, in post-marketing experience there were cases reported of QT prolongation with overdose (see OVERDOSAGE). As with other antipsychotics, caution should be exercised when quetiapine is prescribed in patients with cardiovascular disease or family history of QT prolongation. Also caution should be exercised when quetiapine is prescribed either with medicines known to increase QT interval or with concomitant neuroleptics, especially for patients with increased risk of QT prolongation, i.e the elderly, patients with congenital long QT syndrome, congestive heart failure, heart hypertrophy, hypokalaemia or hypomagnesaemia (see INTERACTIONS).

Neutropenia

Severe neutropenia ($< 0.5 \times 10^9/L$) has been uncommonly reported in quetiapine clinical trials. Most cases of severe neutropenia have occurred within the first two months of starting therapy with quetiapine. There was no apparent dose relationship. Possible risk factors for neutropenia include pre-existing low white cell count (WBC) and history of drug induced neutropenia. Quetiapine should be discontinued in patients with a neutrophil count $< 1.0 \times 10^9/L$. These patients should be observed for signs and symptoms of infection and neutrophil counts followed (until they exceed $1.5 \times 10^9/L$). See ADVERSE EFFECTS.

Withdrawal

Acute withdrawal symptoms such as insomnia, nausea and vomiting have been described after abrupt cessation of antipsychotic medicines including quetiapine. Gradual withdrawal over a period of at least one to two weeks is advisable (see ADVERSE EFFECTS).

Hyperglycaemia and Diabetes Mellitus

Increases in blood glucose and hyperglycaemia, and occasional reports of diabetes, have been observed in clinical trials with quetiapine. Although a causal relationship with diabetes has not been established, patients who are at risk for developing diabetes are advised to have appropriate clinical monitoring. Similarly, patients with existing diabetes should be monitored for possible exacerbation (see ADVERSE EFFECTS).

Patients with an established diagnosis of diabetes mellitus who are started on atypical antipsychotics should be monitored regularly for worsening of glucose control. Patients with risk factors for diabetes mellitus (eg. obesity, family history of diabetes) who are starting treatment with atypical antipsychotics should undergo fasting blood glucose testing at baseline and periodically during treatment. Any patient treated with atypical antipsychotics should be monitored for symptoms of hyperglycaemia including polydipsia, polyuria, polyphagia, and weakness. Patients who develop symptoms of hyperglycaemia during treatment with

atypical antipsychotics should undergo fasting blood glucose testing. In some cases, hyperglycaemia has resolved when the atypical antipsychotic was discontinued; however, some patients required continuation of antidiabetic treatment despite discontinuation of the suspect drug.

Lipids

Increases in triglycerides and cholesterol, and decreases in HDL have been observed in clinical trials with quetiapine (see ADVERSE EFFECTS). Lipid changes should be managed as clinically appropriate.

Metabolic Factors

In some patients, a worsening of more than one of the metabolic factors of weight, blood glucose and lipids was observed in clinical studies. Changes in these parameters should be managed as clinically appropriate.

Venous Thromboembolism

Cases of venous thromboembolism (VTE) have been reported with antipsychotic drugs. Since patients treated with antipsychotics often present with acquired risk factors for VTE, all possible risk factors for VTE should be identified before and during treatment with QUETAPEL and preventive measures undertaken.

Children and Adolescents (10 to 17 years of age)

QUETAPEL is not indicated for use in children and adolescents below 18 years of age.

Although not all adverse reactions that have been identified in adult patients have been observed in clinical trials with quetiapine in children and adolescent patients, the same warnings and precautions for use that appear for adults should be considered for paediatrics. Additionally, changes in blood pressure and thyroid function tests and increases in weight and prolactin levels have been observed and should be managed as clinically appropriate (see ADVERSE EFFECTS).

Long-term safety data including growth, maturation, and behavioural development, beyond 26 weeks of treatment, is not available for children and adolescents (10 - 17 years for age).

Safety Experience in Elderly Patients with Dementia-Related Psychosis

QUETAPEL is not approved for the treatment of dementia-related psychosis.

An approximately 3-fold increase of cerebrovascular adverse events has been seen in randomised placebo-controlled clinical trials in the dementia population with some atypical antipsychotics. The mechanism for this increased risk is not known. An increased risk cannot be excluded for other antipsychotics or other patient populations. Quetiapine should be used with caution in patients with risk factors for stroke.

In a meta-analysis of atypical antipsychotic medicines, it has been reported that elderly patients with dementia-related psychosis are at an increased risk of death compared to placebo.

In two 10-week placebo-controlled quetiapine studies in elderly patients (n=710; mean age: 83 years; range: 56-99 years) with dementia-related psychosis, the incidence of death in quetiapine-treated patients was 5.5% vs. 3.2 % in the placebo group. The patients in these trials died from a variety of causes that were consistent with expectations for this population. These data do not establish a causal relationship between quetiapine treatment and death in elderly patients with dementia.

Interactions

Also see INTERACTIONS section.

Concomitant use of quetiapine with hepatic enzyme inducers such as carbamazepine may substantially decrease systemic exposure to quetiapine. Depending on clinical response, higher doses of QUETAPEL may need to be considered if quetiapine is used concomitantly with a hepatic enzyme inducer.

During concomitant administration of medicines which are potent CYP3A4 inhibitors (such as antifungals, macrolide antibiotics and protease inhibitors), plasma concentrations of quetiapine can be significantly higher than observed in patients in clinical trials. As a consequence of this, lower doses of QUETAPEL should be used. Special consideration should be given in elderly and debilitated patients. The risk-benefit ratio needs to be considered on an individual basis in all patients.

Use in Pregnancy

The safety and efficacy of QUETAPEL during human pregnancy have not been established. Therefore, QUETAPEL should only be used during pregnancy if the benefits justify the potential risks.

Use in Lactation

The degree to which quetiapine is excreted into human milk is unknown. Women who are breast-feeding should therefore be advised to avoid breast-feeding while taking QUETAPEL.

Effect on Ability to Drive and Use Machines

Given its primary central nervous system effects, quetiapine may interfere with activities requiring mental alertness. Therefore, patients should be advised not to drive or operate machinery, until individual susceptibility is known.

Adverse Effects

The most commonly reported Adverse Drug Reactions (ADRs) with quetiapine are somnolence, dizziness, dry mouth, mild asthenia, constipation, tachycardia, orthostatic hypotension and dyspepsia.

As with other antipsychotics, weight gain, syncope, neuroleptic malignant syndrome, leucopenia, neutropenia and peripheral oedema, have been associated with quetiapine.

The incidences of ADRs associated with quetiapine therapy, are tabulated below according to the format recommended by the Council for International Organisations of Medical Sciences (CIOMS III Working Group; 1995).

Frequency	System Organ Class	Event
Very Common (≥ 10%)	Gastrointestinal disorders	Dry mouth
	General disorders and administration site conditions Investigations	Withdrawal (discontinuation) symptoms ^{1,9} Elevations in serum triglyceride levels ^{1,10} Elevations in total cholesterol (predominantly LDL cholesterol) ^{1,11} Decreases in HDL cholesterol ¹⁷ Weight gain ³ Decreased haemoglobin ¹⁸
Common (≥ 1% - < 10%)	Nervous system disorders	Dizziness ^{1,5,16} Somnolence ^{2,16}
	Blood and lymphatic system disorders	Leukopenia ¹
	Cardiac disorders	Tachycardia ^{1,5} Palpitations ¹⁹
	Eye disorders	Vision blurred
	Gastrointestinal disorders	Constipation Dyspepsia Vomiting ²¹
	General disorders and administration site conditions	Mild asthenia Peripheral oedema Irritability Pyrexia
	Investigations	Elevations in serum transaminases (ALT, AST) ⁴ Neutrophil count decreased ^{1,7} Blood glucose increased to hyperglycaemic level ^{1,8} Elevations in serum prolactin ¹⁴

Frequency	System Organ Class	Event
	Nervous system disorders Metabolism and nutrition disorders Respiratory, thoracic, and mediastinal disorders Vascular disorders Psychiatric disorders	Decreases in Total T ₄ ²⁰ Decreases in Free T ₄ ²⁰ Decreases in Total T ₃ ²⁰ Increases in TSH ²⁰ Syncope ^{1,5,16} Extrapyrarnidal symptoms ^{1,15} Dysarthria Increased appetite Rhinitis Dyspnoea ¹⁹ Orthostatic hypotension ^{1,5,16} Abnormal dreams and nightmares
Uncommon (≥ 0.1% - < 1%)	Blood and lymphatic system disorders Immune system disorders Investigations Nervous system disorders	Eosinophilia Hypersensitivity Elevations in gamma-GT levels ⁴ Platelet count decreased ¹³ Decreases in Free T ₃ ²⁰ Seizure ¹ Restless legs syndrome Tardive dyskinesia ¹
Rare (0.01% - < 0.1%)	General disorders and administration site conditions Investigations Psychiatric disorders Reproductive system and breast disorders	Neuroleptic malignant syndrome ¹ Hypothermia Elevations in blood creatine phosphokinase ¹² Somnambulism and other related events Priapism Galactorrhoea
Very Rare (< 0.01%)	Immune system disorders	Anaphylactic reaction ⁶

1. See WARNINGS AND PRECAUTIONS.

2. Somnolence may occur, usually during the first two weeks of treatment and generally resolves with the continued administration of quetiapine.

3. Based on ≥ 7% increase in body weight from baseline. Occurs predominantly during the early weeks of treatment in adults.

4. Asymptomatic elevations in serum transaminase (ALT, AST) or gamma-GT levels have been observed in some patients administered quetiapine. These elevations were usually reversible on continued quetiapine treatment.

5. As with other antipsychotics with alpha₁ adrenergic blocking activity, quetiapine may induce orthostatic hypotension, associated with dizziness, tachycardia and, in some patients, syncope, especially during the initial dose-titration period.

6. The inclusion of anaphylactic reaction is based on post-marketing reports.

7. In all short-term placebo-controlled monotherapy trials among patients with a baseline neutrophil count ≥ 1.5 x 10⁹/L, the incidence of at least one occurrence of neutrophil count < 1.5 x 10⁹/L, was 1.9% in patients treated with quetiapine, compared to 1.3% in placebo-treated patients. The incidence ≥ 0.5 - < 1.0 x 10⁹/L was 0.2% in patients treated with quetiapine and 0.2% in placebo-treated patients. In clinical trials conducted prior to a protocol amendment for discontinuation of patients with treatment-emergent neutrophil count < 1.0 x 10⁹/L, among patients with a baseline neutrophil count ≥ 1.5 x 10⁹/L, the incidence of at least one occurrence of neutrophil count < 0.5 x 10⁹/L was 0.21% in patients treated with quetiapine and 0% in placebo treated patients.

8. Fasting blood glucose \geq 126 mg/dL or a non fasting blood glucose \geq 200 mg/dL on at least one occasion.
9. In acute placebo-controlled, monotherapy clinical trials, which evaluated discontinuation symptoms, the aggregated incidence of discontinuation symptoms after abrupt cessation was 12.1% for quetiapine and 6.7% for placebo. The aggregated incidence of the individual adverse events (eg, insomnia, nausea, headache, diarrhoea, vomiting, dizziness and irritability) did not exceed 5.3% in any treatment group and usually resolved after 1 week post-discontinuation.
10. Triglycerides \geq 200 mg/dL (patients \geq 18 years of age) or \geq 150 mg/dL (patients < 18 years of age) on at least one occasion.
11. Cholesterol \geq 240 mg/dL (patients \geq 18 years of age) or \geq 200 mg/dL (patients < 18 years of age) on at least one occasion.
12. Based on clinical trial adverse event reports of blood creatine phosphokinase increase not associated with neuroleptic malignant syndrome.
13. Platelets \leq $100 \times 10^9/L$ on at least one occasion.
14. Prolactin levels (patients \geq 18 years of age): > 20 mcg/L males; > 30 mcg/L females at any time.
15. See text below.
16. May lead to falls.
17. HDL cholesterol: < 40 mg/dL males; < 50 mg/dL females at any time.
18. Decreased haemoglobin to \leq 13 g/dL males, \leq 12 g/dL females on at least one occasion occurred in 11% of quetiapine patients in all trials including open label extensions. In short term placebo controlled trials, decreased haemoglobin to \leq 13 g/dL males, \leq 12 g/dL females on at least one occasion occurred in 8.3% of quetiapine patients compared to 6.2% of placebo patients.
19. These reports often occurred in the setting of tachycardia, dizziness, orthostatic hypotension, and/or underlying cardiac/respiratory disease.
20. Based on shifts from normal baseline to potentially clinically important value at anytime post-baseline in all trials. Shifts in total T_4 , free T_4 , total T_3 and free T_3 are defined as < 0.8 x LLN (pmol/L) and shift in TSH is > 5 mIU/L at any time.
21. Based on the increased rate of vomiting in elderly patients (\geq 65 years of age).

Extrapyramidal Symptoms

In short-term, placebo-controlled clinical trials in schizophrenia and bipolar mania the aggregated incidence of extrapyramidal symptoms was similar to placebo (schizophrenia: 7.8% for quetiapine and 8.0% for placebo; bipolar mania: 11.2% for quetiapine and 11.4% for placebo).

Diabetes Mellitus

Exacerbation of pre-existing diabetes mellitus, and diabetic ketoacidosis, have occurred very rarely with quetiapine therapy. The causal association with quetiapine has not been established (see WARNINGS AND PRECAUTIONS).

Thyroid Levels

Quetiapine treatment was associated with dose-related decreases in thyroid hormone levels. In short term placebo-controlled clinical trials, the incidence of potentially clinically significant shifts in thyroid hormone levels were: total T_4 : 3.4% for quetiapine versus 0.6% for placebo; free T_4 : 0.7% for quetiapine versus 0.1% for placebo; total T_3 : 0.54% for quetiapine versus 0.0% for placebo and free T_3 : 0.2% for quetiapine versus 0.0% for placebo. The incidence shifts in TSH was 3.2% for quetiapine versus 2.7% for placebo. In short term placebo-controlled monotherapy trials, the incidence of reciprocal, potentially clinically significant shifts in T_3 and TSH was 0.0% for both quetiapine and placebo and 0.1% for quetiapine versus 0.0% for placebo for shifts in T_4 and TSH. These changes in thyroid hormone levels are generally not associated with clinically symptomatic hypothyroidism. The reduction in total and free T_4 was maximal within the first six weeks of

quetiapine treatment, with no further reduction during long-term treatment. In nearly all cases, cessation of quetiapine treatment was associated with a reversal of the effects on total and free T₄, irrespective of the duration of treatment. In eight patients, where TBG was measured, levels of TBG were unchanged.

QT Prolongation

Cases of QT prolongation, ventricular arrhythmia, sudden unexplained death, cardiac arrest and torsades de pointes have been reported very rarely with the use of neuroleptics and are considered class effects.

Venous Thromboembolism

Cases of venous thromboembolism, including cases of pulmonary embolism and cases of deep vein thrombosis have been reported with antipsychotic drugs – frequency unknown.

Children and Adolescents (10 to 17 years of age)

The same ADRs described above for adults should be considered for children and adolescents. The following table summarises ADRs that occur in a higher frequency category in children and adolescent patients (10-17 years of age) than in the adult population or ADRs that have not been identified in the adult population.

Frequency	System Organ Class	Event
Very Common (≥ 10%)	Metabolism and nutrition disorders	Increased appetite
	Investigations	Elevations in prolactin ¹ Increases in blood pressure ² Weight gain ³
	Nervous system disorders	Extrapyramidal symptoms ³

1. Prolactin levels (patients < 18 years of age): > 20 mcg/L (> 869.56 pmol/L) males; > 26 mcg/L (> 1130.428 pmol/L) females at any time. Less than 1% of patients had an increase to a prolactin level > 100 mcg/L.

2. Based on shifts above clinically significant thresholds (adapted from the National Institutes of Health criteria) or increases > 20 mmHg for systolic or > 10 mmHg for diastolic blood pressure at any time in two acute (3-6 weeks) placebo-controlled trials in children and adolescents.

3. See text below.

Weight Gain in Children and Adolescents (10 to 17 years of age)

In one 6-week, placebo-controlled trial in adolescent patients (13-17 years of age) with schizophrenia, the mean increase in body weight, was 2.0 kg in the quetiapine group and -0.4 kg in the placebo group. Twenty one percent of quetiapine-treated patients and 7% of placebo-treated patients gained ≥ 7% of their body weight.

In one 3-week, placebo-controlled trial in children and adolescent patients (10-17 years of age) with bipolar mania, the mean increase in body weight was 1.7 kg in the quetiapine group and 0.4 kg in the placebo group. Twelve percent of quetiapine-treated patients and 0% of placebo-treated patients gained ≥ 7% of their body weight.

In the open-label study that enrolled patients from the above two trials, 63% of patients (241/380) completed 26 weeks of therapy with quetiapine. After 26 weeks of treatment the mean increase in body weight was 4.4 kg. Forty five percent of the patients gained ≥ 7% of their body weight, not adjusted for normal growth. In order to adjust for normal growth over 26 weeks an increase of at least 0.5 standard deviation from baseline in BMI was used as a measure of a clinically significant change; 18.3% of patients on quetiapine met this criterion after 26 weeks of treatment.

Extrapyramidal Symptoms in Children and Adolescent Population (10 to 17 years of age)

In a short-term placebo-controlled monotherapy trial in adolescent patients (13-17 years of age) with schizophrenia, the aggregated incidence of extrapyramidal symptoms was 12.9% for quetiapine and 5.3%

for placebo, though the incidence of the individual adverse events (eg, akathisia, tremor, extrapyramidal disorder, hypokinesia, restlessness, psychomotor hyperactivity, muscle rigidity, dyskinesia) was generally low and did not exceed 4.1% in any treatment group. In a short-term placebo-controlled monotherapy trial in children and adolescent patients (10-17 years of age) with bipolar mania, the aggregated incidence of extrapyramidal symptoms was 3.6% for quetiapine and 1.1% for placebo.

Interactions

Given the primary central nervous system effects of quetiapine, QUETAPEL should be used with caution in combination with other centrally acting medicines and alcohol.

Caution should be exercised when quetiapine is used concomitantly with medicines known to cause electrolyte imbalance or to increase QT interval (see WARNINGS AND PRECAUTIONS).

The pharmacokinetics of lithium were not altered when co-administered with quetiapine.

The pharmacokinetics of sodium valproate and quetiapine were not altered to a clinically relevant extent when co-administered.

The pharmacokinetics of quetiapine were not significantly altered following co-administration with the antipsychotics risperidone or haloperidol. However, co-administration of quetiapine and thioridazine caused increases in the clearance of quetiapine.

Quetiapine did not induce the hepatic enzyme systems involved in the metabolism of antipyrine. However, in a multiple dose trial in patients to assess the pharmacokinetics of quetiapine given before and during treatment with carbamazepine (a known hepatic enzyme inducer), co-administration of carbamazepine significantly increased the clearance of quetiapine. This increase in clearance reduced systemic quetiapine exposure (as measured by AUC) to an average of 13% of the exposure during administration of quetiapine alone; although a greater effect was seen in some patients. As a consequence of this interaction, lower plasma concentrations can occur, and hence, in each patient, consideration for a higher dose of QUETAPEL, depending on clinical response, should be considered. It should be noted that the recommended maximum daily dose of QUETAPEL is 750 mg/day, for the treatment of acute and chronic psychoses including schizophrenia, and 800 mg/day for the treatment of manic episodes associated with bipolar disorder. Continued treatment at higher doses should only be considered as a result of careful consideration of the benefit risk assessment for an individual patient. Co-administration of QUETAPEL with another microsomal enzyme inducer, phenytoin, also caused increases in the clearance of quetiapine. Increased doses of QUETAPEL may be required to maintain control of psychotic symptoms in patients co-administered QUETAPEL and phenytoin and other hepatic enzyme inducers (e.g. barbiturates, rifampicin etc.). The dose of QUETAPEL may need to be reduced if phenytoin or carbamazepine or other hepatic enzyme inducers are withdrawn and replaced with a non-inducer (e.g. sodium valproate).

CYP3A4 is the primary enzyme responsible for cytochrome P450 mediated metabolism of quetiapine. The pharmacokinetics of quetiapine were not altered following co-administration with cimetidine, a known P450 enzyme inhibitor. The pharmacokinetics of quetiapine were not significantly altered following co-administration with the antidepressants imipramine (a known CYP2D6 inhibitor) or fluoxetine (a known CYP3A4 and CYP2D6 inhibitor). In a multiple-dose trial in healthy volunteers to assess the pharmacokinetics of quetiapine given before and during treatment with ketoconazole, co-administration of ketoconazole resulted in an increase in mean C_{max} and AUC of quetiapine of 235% and 522%, respectively, with a corresponding decrease in mean oral clearance of 84%. The mean half-life of quetiapine increased from 2.6 to 6.8 hours, but the mean t_{max} was unchanged. Due to the potential for an interaction of a similar magnitude in a clinical setting, the dosage of QUETAPEL should be reduced during concomitant use of quetiapine and potent CYP3A4 inhibitors (such asazole antifungals, macrolide antibiotics and protease inhibitors).

There have been reports of false positive results in enzyme immunoassays for methadone and tricyclic antidepressants in patients who have taken quetiapine. Confirmation of questionable immunoassay screening results by an appropriate chromatographic technique is recommended.

Overdosage

In clinical trials, survival has been reported in acute overdoses of up to 30 grams of quetiapine. Most patients who overdosed reported no adverse events or recovered fully from the reported events. Death has been reported in a clinical trial following an overdose of 13.6 grams of quetiapine alone.

In post-marketing experience, there have been very rare reports of overdose with quetiapine alone resulting in death or coma.

In post-marketing experience there were cases reported of QT prolongation with overdose.

Patients with pre-existing severe cardiovascular disease may be at increased risk of the effects of overdose (See WARNINGS AND PRECAUTIONS).

In general, reported signs and symptoms were those resulting from an exaggeration of the drug's known pharmacological effects, i.e. drowsiness and sedation, tachycardia and hypotension.

Management of Overdose

There is no specific antidote to quetiapine. In cases of severe intoxication, the possibility of multiple drug involvement should be considered, and intensive care procedures are recommended, including establishing and maintaining a patent airway, ensuring adequate oxygenation and ventilation, and monitoring and support of the cardiovascular system.

In cases of quetiapine overdose, refractory hypotension should be treated with appropriate measures such as intravenous fluids and/or sympathomimetic agents (adrenaline and dopamine should be avoided, since beta stimulation may worsen hypotension in the setting of quetiapine-induced alpha blockade).

Close medical supervision and monitoring should be continued until the patient recovers.

Pharmaceutical Precautions

Storage Conditions

Store at or below 25°C.

List of Excipients

Core

- Lactose monohydrate
- Microcrystalline cellulose
- Povidone
- Magnesium stearate
- Sodium starch glycolate
- Calcium hydrogen phosphate dihydrate

Coating

- Opadry pink 03B34603 (25 mg)
- Opadry yellow 03F32266 (100 mg)
- Opadry yellow 16B32293 (150 mg)
- Opadry white YS-1R-7003 (200 & 300 mg)

Medicine Classification

Prescription Medicine.

Package Quantities

QUETAPEL 25 mg, 100 mg, 150 mg (not currently marketed), 200 mg & 300 mg tablets are available in foil blister packs containing 90 tablets.

Further Information

Acute Toxicity Studies

Quetiapine has low acute toxicity. Findings in mice and rats after oral (500 mg/kg) or intraperitoneal (100 mg/kg) dosing were typical of an effective neuroleptic agent and included decreased motor activity, ptosis, loss of righting reflex, fluid around the mouth and convulsions.

Repeat-dose Toxicity Studies

In multiple-dose studies in rats, dogs and monkeys, anticipated central nervous system effects of an antipsychotic drug were observed with quetiapine (e.g. sedation at lower doses and tremor, convulsions or prostration at higher exposures).

Hyperprolactinaemia, induced through the dopamine D₂ receptor antagonist activity of quetiapine or its metabolites, varied between species but was most marked in the rat, and a range of effects consequent to this were seen in the 12-month study, including mammary hyperplasia, increased pituitary weight, decreased uterine weight and enhanced growth of females.

Reversible morphological and functional effects on the liver, consistent with hepatic enzyme induction, were seen in mouse, rat and monkey.

Thyroid follicular cell hypertrophy and concomitant changes in plasma thyroid hormone levels occurred in rat and monkey.

Pigmentation of a number of tissues, particularly the thyroid, was not associated with any morphological or functional effects.

Transient increases in heart rate, unaccompanied by an effect on blood pressure, occurred in dogs.

Posterior triangular cataracts seen after 6 months in dogs at 100 mg/kg/day were consistent with inhibition of cholesterol biosynthesis in the lens. No cataracts were observed in Cynomolgus monkeys dosed up to 225 mg/kg/day, nor in rodents. Monitoring in clinical studies did not reveal drug-related corneal opacities in man (see PHARMACODYNAMICS).

No evidence of neutrophil reduction or agranulocytosis was seen in any of the toxicity studies.

Carcinogenicity Studies

In the rat study (doses 0, 20, 75 and 250 mg/kg/day) the incidence of mammary adenocarcinomas was increased at all doses in female rats, consequential to prolonged hyperprolactinaemia.

In male rat (250 mg/kg/day) and mouse (250 and 750 mg/kg/day), there was an increased incidence of thyroid follicular cell benign adenomas, consistent with known rodent-specific mechanisms resulting from enhanced hepatic thyroxine clearance.

Reproduction Studies

Effects related to elevated prolactin levels (marginal reduction in male fertility and pseudopregnancy, protracted periods of diestrus, increased precoital interval and reduced pregnancy rate) were seen in rats, although these are not directly relevant to humans because of species differences in hormonal control of reproduction.

Quetiapine had no teratogenic effects.

Mutagenicity Studies

Genetic toxicity studies with quetiapine show that it is not a mutagen or clastogen.

Name and Address

Mylan New Zealand Ltd
PO Box 11-183
Ellerslie
AUCKLAND
Telephone: 09-579-2792

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