1. PROBENECID-AFT, Probenecid 500 mg film coated tablets

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2 QUALITATIVE AND QUANTITATIVE COMPOSITION

Each tablet contains 500 mg Probenecid
For full list of excipients, see section 6.1

3 PHARMACEUTICAL FORM

Probenecid-AFT tablets are yellow capsule-shaped, film coated tablets, bisected on one side and plain on the other.

4 CLINICAL PARTICULARS

4.1 Therapeutic indications

Gout
Probenecid is a uricosuric agent for the treatment of hyperuricaemia in all stages of gout and gouty arthritis except a presenting acute attack. Asymptomatic hyperuricaemia seems to occur in a significant percentage of relatives of gouty patients. Probenecid may be given prophylactically to these people to forestall gouty attacks and urate deposition in tissues. By virtue of its effective uricosuric activity, probenecid may be used to control the hyperuricaemia induced or aggravated by many diuretics employed for the treatment of oedema and hypertension (e.g. thiazides and similar diuretics).

B-Lactam Antibiotic Therapy
Probenecid is indicated for the elevation and prolongation of plasma levels by whatever route the antibiotic is given. A two-to-fourfold increase in plasma levels has been demonstrated for penicillin G or V, the synthetic penicillins, ampicillin, methicillin, oxacillin, cloxacillin, nafcillin, carbenicillin, and for the cephapenicins, cefoxitin sodium, and the cephalosporins, cephalothin, cephalaxin and cephaloglycin.
4.2 Dose and method of administration

Gout
Probenecid therapy should not be initiated until an acute gouty attack has subsided. Should an acute attack be precipitated during therapy, the drug may be continued without changing the dosage, and therapeutic doses of colchicine, indomethacin, or other appropriate therapy may be administered to control the acute attack.

Adult
The recommended dose for adults is 250 mg (½ tablet) twice a day for one week, followed by 500 mg (1 tablet) twice a day thereafter. As some degree of renal impairment is common in patients with gout, a daily dosage of 1000 mg may be adequate for many patients. The daily dosage may be increased, if necessary, by increments of 500 mg every four weeks, but usually not beyond 2000 mg daily, if symptoms of gouty arthritis are not controlled or the 24-hour urate excretion is not above 700 mg.
In chronic renal insufficiency particularly when the glomerular filtration rate is 30 mL/minute or less probenecid may not be effective. Gastric intolerance may be indicative of overdosage. This may be corrected by reducing the dose without losing the required therapeutic response. Probenecid should be continued at a dosage that will maintain a normal serum uric acid level. When acute attacks have been absent for six months or more and serum uric acid levels remain within normal limits, the daily dosage may be decreased by one tablet every six months to a minimum effective dose. The maintenance dosage should not be reduced to the point where serum uric acid levels tend to rise.

Therapy of Uncomplicated Gonorrhoea
For the treatment of uncomplicated gonorrhoea in men or women, a single 1000 mg dose of Probenecid (2 tablets) may be given with adequate doses of oral ampicillin, intramuscularly injected aqueous procaine penicillin G or cefoxitin. If oral ampicillin is used, probenecid should be administered simultaneously. If a parenteral antibiotic is administered, the dose of probenecid should be given preferably at least 30 minutes before the injection.

General Beta-lactam Antibiotic Therapy
The adult recommended dosage is 2000 mg (4 tablets) daily in divided doses, reduced in older patients suspected of having renal impairment. Due to its mechanism of action, Probenecid is not recommended for concurrent use with a β-lactam antibiotic in the presence of known renal impairment.

Special populations

Pediatric population
For two years of age or older the recommended dosage is 25 mg/kg (or 0.7 g/m² body surface) of body weight initially, followed by 40 mg/kg (or 1.2 g/m² body surface) daily in...
divided doses every six hours. For children weighing more than 50 kilograms the adult dose is recommended.

The phenolsulphonphthalein (PSP) excretion test may be used to determine the effectiveness of probenecid in retarding penicillin excretion and maintaining therapeutic levels. When the dose of probenecid is adequate, the renal clearance of PSP is reduced to about one-fifth of the normal rate.

This product is not able to deliver all approved dose regime.

**Method of administration**

Tablets for oral administration.

### 4.3 Contraindications

- Hypersensitivity to probenecid or to any of the excipients listed in section 6.1
- Persons with known blood dyscrasias
- Persons with uric acid kidney stones
- Children under 2 years of age
- Therapy with Probenecid should not be started until an acute gouty attack has subsided.

### 4.4 Special warnings and precautions for use

Use with caution in patients with a history of peptic ulcer.

The appearance of hypersensitivity reactions requires cessation of probenecid therapy. If probenecid is given with methotrexate, the dosage of methotrexate should be reduced and serum levels may need to be monitored.

Haematuria, renal colic, costovertebral pain, and formation of urate stones associated with the use of probenecid in gouty patients may be prevented by alkalisation of the urine and a liberal fluid intake. Sufficient sodium bicarbonate (3g to 7.5g daily) or potassium citrate (7.5g daily) is recommended to maintain alkaline urine. With such quantities of alkali, the acid-base balance of the patient should be watched.

Alkalisation of the urine is recommended until the serum acid level returns to normal (upper normal limit in males is about 6mg/100ml and in females, about 5mg/100ml) and tophaceous deposits disappear, i.e., during the period when urinary excretion of urates is at a high level. After the miscible pool of uric acid decreases to normal (about 1g) and deposited urates are re-sorbed and eliminated, alkalisation of the urine probably is unnecessary, since the urinary urate concentration is lower and less likely to cause crystallisation.

Exacerbation of gout during therapy with probenecid may occur; in such cases, a therapeutic dosage of indomethacin, colchicine or other appropriate therapy should be added.
4.5 Interaction with other medicines and other forms of interaction

In patients on probenecid the use of acetylsalicylic acid in either small or large doses is contraindicated because it antagonises the uricosuric action of probenecid. In patients on probenecid who require a mild analgesic agent the use of paracetamol rather than small doses of salicylates would be preferred.

Caution should be used if probenecid is administered simultaneously with methotrexate. Probenecid has been reported to decrease the tubular secretion of methotrexate and to potentiate toxicity.

Probenecid increases the mean plasma elimination half-life of a number of other medicines which can lead to increased peak plasma concentrations. These medicines include acetaminophen, naproxen, indomethacin, ketoprofen, meclofenamate, lorazepam, rifampin, acyclovir, ganciclovir and zidovudine. The clinical significance of this effect on plasma elimination half-life is not known; however, adjustment in the usual dosage of these medicines may be required.

Since probenecid decreases the renal excretion of conjugated sulfonamides, plasma concentrations of the latter should be determined from time to time when a sulfa medicine and probenecid are co-administered for prolonged periods. Probenecid may prolong or enhance the action of oral sulfonylureas and thereby increase the risk of hypoglycaemia.

The uricosuric action of probenecid is antagonised by pyrazinamide.

In animals, the renal tubular re-absorption of erythromycin is inhibited by probenecid and the renal excretion of sodium acetrizoate is decreased.

Because of its mechanism of action, probenecid is not recommended in conjunction with a β-lactam antibiotic in the presence of known renal impairment.

In addition to its effect on the excretion of uric acid, the β-lactam antibiotics (other than cephaloridine) probenecid decreases the urinary excretion of p-aminosalicylic acid (PAS), p-aminohippuric acid (PAH), phenolsulfonphthalein (PSP), pantothenic acid, 17-ketosteroids, sodium iodomethamate and related iodinated organic acids, probenecid decreases both hepatic and renal excretion of sulfobromophthalein (BSP). The renal tubular re-absorption of phosphorus is inhibited in hypoparathyroid but not in euparathyroid individuals.

A reducing substance may appear in the urine of patients receiving probenecid which may produce a false-positive Benedict's test leading to the possibility of a false diagnosis of glycosuria. However, this disappears with discontinuance of therapy.

Falsely high readings for theophylline have been reported in an in vitro study, using the Schack and Waxler technique, when therapeutic concentrations of theophylline and probenecid were added to human plasma.

4.6 Fertility, pregnancy and lactation

Category B2

Probenecid crosses the placental barrier and appears in cord blood. The use of any medicine in women of childbearing potential requires that the anticipated benefit be weighed against possible hazards.

Reproduction studies in the rabbit and the rat at doses up to 10 times the recommended human dose have shown no evidence of teratogenic effects to the foetus due to
probenecid. Because animal reproduction studies are not always predictive of human response, probenecid should be used during pregnancy only if clearly needed.

It is not known whether the medicine is excreted in human milk. Because many medicines are excreted in human milk, caution should be exercised when probenecid is administered to a nursing mother.

4.7 Effects on ability to drive and use machines

Although this medicine is unlikely to affect your ability to drive or operate machinery, a few people may be impaired and care should be taken.

4.8 Undesirable effects

**Central Nervous System:**
Headache, dizziness

**Gastrointestinal**
Nausea, anorexia, vomiting

**Genitourinary**
Urinary frequency, in gouty patients exacerbation of gout, and uric acid stones with or without haematuria, renal colic, or costovertebral pain, have been observed, nephrotic syndrome occurs rarely

**Hypersensitivity reactions**
Anaphylaxis, dermatitis, pruritus, urticaria, fever and Stevens-Johnson syndrome.

**Haematological**
Anaemia, haemolytic anaemia which in some instances could be related to genetic deficiency of glucose-6-phosphate dehydrogenase in red blood cells, leucopenia and aplastic anaemia occur rarely.

**Other**
Exacerbation of gout, sore gums, flushing, alopecia, with toxic epidermal necrolysis reported rarely after combination therapy of colchicine and probenecid.

Reporting of suspected adverse reactions
Reporting suspected adverse reactions after authorisation of the medicine is important. It allows continued monitoring of the benefit/risk balance of the medicine. Healthcare professionals are asked to report any suspected adverse reactions [https://nzphvc.otago.ac.nz/reporting/](https://nzphvc.otago.ac.nz/reporting/)
4.9 Overdose

In the event of overdosage, symptomatic and supportive measures should be employed along with gastric lavage. If signs of central nervous excitation are present, a short-acting barbituate may be given parentally.

For advice on the management of overdose please contact the National Poisons Centre on 0800 POISON (0800 764766).

5 PHARMACOLOGICAL PROPERTIES

5.1 Pharmacodynamic properties

Pharmacotherapeutic group: Antigout preparations  ATC code: M04AB01

Probenecid is a uricosuric and renal tubular blocking agent. It inhibits the tubular reabsorption of urate, thus increasing the urinary excretion of uric acid and decreasing serum urate levels. Effective uricosuria reduces the miscible urate pool, retards urate deposition, and promotes resorption of urate deposits.

Despite pronounced uricosuric activity, time is required to achieve clinical results. Acute attacks of gout may occur during the early phase of therapy in spite of the return to normal of the serum uric acid level. However, with continued use for some months, attacks of acute gout become less frequent and less intense.

As urate deposits in periarticular and articular structures are reabsorbed, joint pain is relieved, greater articular mobility is achieved, and further joint destruction may be averted.

As urate deposits are mobilised from the gouty kidney, renal function may improve and further destructive changes may be prevented.

Probenecid inhibits the tubular reabsorption of phosphorus in hypoparathyroid but not in euparathyroid individuals.

5.2 Pharmacokinetic properties

Absorption

Probenecid is completely absorbed after oral administration. Peak plasma levels are reached in two to four hours.

Distribution

Between 85 and 95% of probenecid is bound to plasma albumin; the apparent volume of distribution of the drug is 11 litres.

Metabolism

Metabolism involves oxidation of alkyl side chains and glucuronide conjugation. The major metabolite, probenecid acyl glucuronide, accounts for close to 50% of the dose.
Approximately equal amounts (10 - 15%) of mono-n-propyl, secondary alcohol and carboxylic acid metabolites are excreted. The primary alcohol metabolite is not found in measurable amounts. The plasma half-life is between six and twelve hours, and increases with increasing dose (over the therapeutic dosage range) due to non-linear disposition.

**Elimination**

Probenecid is excreted both by glomerular filtration (unbound fraction only) and by active secretion by the proximal renal tubule. Following oral administration, 75 - 88% of the dose is found in the urine mainly as metabolites and as lesser amounts of unchanged drug. The urinary excretion of unchanged probenecid is dependent on both the pH and flow rate of urine.

5.3 Preclinical safety data

Not data available

6 PHARMACEUTICAL PARTICULARS

6.1 List of excipients

Maize starch
Microcrystalline cellulose(102)
Sodium Starch glycollate
Colloidal anhydrous silica
Magnesium stearate
Povidone K-30
Stearic acid (micronised)
Opadry yellow YS-1-2063
Opadry clearYS-1-7006

6.2 Incompatibilities

Not applicable

6.3 Shelf life

3 years

6.4 Special precautions for storage

Store below 30°C
6.5 Nature and contents of container and special equipment for use, administration or implantation

Probenecid Tablet 500 mg is packed in Milky White 100 cc HDPE Bottles & Milky White 38 mm HDPE caps with induction wad, which is labeled with Printed Sticker Labels. Silica Gel Bags is used in packing as a preventive measure to absorb excess of moisture.

6.6 Special precautions for disposal and other handling

Not applicable

7 MEDICINE SCHEDULE

Prescription Medicine

8 SPONSOR

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9 DATE OF FIRST APPROVAL

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10 DATE OF REVISION OF THE TEXT

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