# NEW ZEALAND DATA SHEET

# **1. PRODUCT NAME**

ACARIZAX<sup>®</sup> American house dust mite extract and European house dust mite extract 12 SQ-HDM sublingual tablet

# 2. QUALITATIVE AND QUANTITATIVE COMPOSITION

ACARIZAX<sup>®</sup> tablets contain 12 SQ-HDM standardised allergen extract from the house dust mites (HDM) *Dermatophagoides farinae and Dermatophagoides pteronyssinus*.

The unit SQ-HDM has been defined to measure the potency of ACARIZAX<sup>®</sup> and is based on a standardised amount of allergens from each species. Each tablet contains 6 SQ-HDM of *D. farinae* and 6 SQ-HDM of *D. pteronyssinus* for a total of 12 SQ-HDM.

For full list of excipients, see section 6.1.

# 3. PHARMACEUTICAL FORM

Sublingual tablet. White to off-white freeze-dried debossed tablets.

# 4. CLINICAL PARTICULARS

# 4.1 Therapeutic indications

ACARIZAX<sup>®</sup> is indicated for the treatment of adults diagnosed with:

- house dust mite (HDM) allergic rhinitis not well controlled despite use of symptom relieving medication or
- HDM allergic asthma not well controlled by inhaled corticosteroids and associated with HDM allergic rhinitis.

Patients' asthma status should be carefully evaluated before the initiation of treatment.

# 4.2 Dose and method of administration

Treatment with ACARIZAX<sup>®</sup> should be initiated by a clinician with experience in treatment of allergies. Patients should have a confirmed clinical history and a positive test of house dust mite sensitisation (specific IgE and/or skin prick test) prior to treatment.

The recommended dose for adults is one tablet (12 SQ-HDM) daily.

It is recommended that the first tablet is taken under medical supervision and that the patient is monitored for 30 minutes, to enable discussion and possible treatment of any immediate side effects. See also section **4.4 Special warnings and precautions for use**.

The tablet should be taken with dry fingers from the blister unit immediately after opening the blister and placed under the tongue, where it will disperse. Swallowing should be avoided for approximately 1 minute. Food and beverage should not be consumed for the following 5 minutes.

Onset of the clinical effect is to be expected 8-14 weeks after initiation of treatment. No efficacy data is available for >18 months of treatment with ACARIZAX<sup>®</sup>. If no improvement is observed during the first year of treatment with ACARIZAX<sup>®</sup> there is no indication for continuing treatment.

ACARIZAX<sup>®</sup> is not recommended for use in children below 18 years of age due to insufficient data on safety and efficacy in this population. See also **CLINICAL EFFICACY AND SAFETY** in section **5**. **PHARMACOLOGICAL PROPERTIES**.

If treatment with ACARIZAX® is interrupted for a period of up to 7 days, treatment can be resumed by the

patient. If treatment is interrupted for more than 7 days, it is recommended to seek medical advice before continuing treatment.

Refer to treatment guidelines for recommendations on the duration of patient treatment. International treatment guidelines refer to a treatment period of 3 years for allergy immunotherapy to achieve disease modification. Efficacy data is available for 18 months of treatment with ACARIZAX® from the clinical trial MT-04 (MITRA) conducted in adults with HDM allergic asthma. Long-term efficacy has not been established.

# 4.3 Contraindications

ACARIZAX<sup>®</sup> is contraindicated in patients:

- with a known hypersensitivity to any of the excipients
- with  $FEV_1 < 70\%$  of predicted value (after adequate pharmacological treatment) at initiation of treatment
- who have experienced a severe asthma exacerbation within the last 3 months
- with asthma and experiencing an acute respiratory tract infection, initiation of ACARIZAX<sup>®</sup> treatment should be postponed until the infection has resolved.
- with active or poorly controlled autoimmune diseases, immune defects, immunodeficiencies, immunosuppression or malignant neoplastic disease with current disease relevance
- with acute severe oral inflammation or oral wounds (see section **4.4 Special warnings and precautions for use**).

## 4.4 Special warnings and precautions for use

#### Asthma

Patients should be advised that ACARIZAX<sup>®</sup> is not intended to treat acute asthma exacerbations. In the event of an acute asthma exacerbation, a short-acting bronchodilator should be used. If short-acting bronchodilator treatment is ineffective or there is a need for more inhalations than usual, medical attention must be sought.

ACARIZAX<sup>®</sup> <sup>®</sup> should initially be used as add on therapy and not be used as a substitute of pre-existing asthma medication. Abrupt discontinuation of asthma controller medication after initiation of ACARIZAX<sup>®</sup> treatment is not recommended. Decreases in asthma controller medication should be gradual and performed under medical supervision.

Asthma is a known risk factor for severe systemic allergic reactions.

Patients must be advised to seek urgent medical attention should their asthma deteriorate suddenly.

## Local allergic reactions

When treated with ACARIZAX<sup>®</sup> the patient is exposed to the allergen that causes the allergic symptoms. Therefore, local allergic reactions are to be expected during the treatment period (see section **4.8 Undesirable effects**). The use of anti-allergic medication (e.g. antihistamines) should be considered for any potential significant local adverse reactions to ACARIZAX<sup>®</sup>. These reactions are usually mild or moderate; however, more severe oropharyngeal reactions may occur.

## Severe systemic allergic reactions

Treatment with ACARIZAX<sup>®</sup> should be discontinued immediately and urgent medical attention sought in cases of severe systemic allergic reactions, severe asthma exacerbation, angioedema, difficulty in swallowing, difficulty in breathing, changes in voice, hypotension or feeling of fullness in the throat. The onset of systemic symptoms may include flushing, pruritus, sense of heat, general discomfort and agitation/anxiety.

Although side effects are more likely to occur within the first two months of commencing ACARIZAX<sup>®</sup>, they can occur at any time throughout the therapy.

Initiation of ACARIZAX<sup>®</sup> in patients who have previously had a systemic allergic reaction to subcutaneous HDM immunotherapy should be carefully considered, and measures to treat any potential

adverse reactions should be available. This is based on post-marketing experience from a corresponding sublingual tablet product for grass pollen immunotherapy which indicates that the risk of a severe allergic reaction may be increased for patients who have previously experienced a systemic allergic reaction to a subcutaneous grass pollen immunotherapy.

Severe systemic allergic reactions may be treated with adrenaline. The effects of adrenaline may be potentiated in patients treated with tricyclic antidepressants, mono amino oxidase inhibitors (MAOIs) and/or Catechol-O-methyl transferase (COMT)inhibitors with possible fatal consequences. The effects of adrenaline may be reduced in patients treated with beta-blockers.

Patients with cardiac disease who suffer a systemic allergic reaction may be at increased risk of a severe systemic allergic reaction. Clinical experience with the use of ACARIZAX<sup>®</sup> in patients with cardiac disease is limited.

This should be taken into consideration prior to initiating allergy immunotherapy.

#### Oral inflammation

In patients with severe oral inflammation (e.g. oral lichen planus, mouth ulcers or thrush), oral wounds or following oral surgery, including dental extraction, or following tooth loss, initiation of ACARIZAX<sup>®</sup> treatment should be postponed and any ongoing treatment should be temporarily interrupted to allow healing of the oral cavity (see section **4.2 Dose and method of administration**).

#### Eosinophilic oesophagitis

Cases of eosinophilic oesophagitis have been reported in association with ACARIZAX<sup>®</sup> treatment. Initiation of ACARIZAX<sup>®</sup> in patients with known eosinophilic oesophagitis should be carefully considered, and the possibility of exacerbating existing disease should be assessed. In patients with severe or persisting gastro-oesophageal symptoms such as dysphagia, abdominal pain or dyspepsia, ACARIZAX<sup>®</sup> should be interrupted and medical evaluation must be sought.

#### Autoimmune diseases in remission

Limited data is available on treatment with allergy immunotherapy in patients with autoimmune diseases in remission. ACARIZAX<sup>®</sup> should therefore be prescribed with caution in these patients.

## Paediatric use

ACARIZAX<sup>®</sup> is not recommended for use in children below 18 years of age. Only limited data are available from patients 5-11 years of age (from the phase 1 trial MT-03 which investigated safety and tolerability in subjects 5-14 years of age with HDM allergic asthma). No data on treatment with ACARIZAX<sup>®</sup> in children below 5 years of age exist. See also **CLINICAL EFFICACY AND SAFETY** in section **5**. **PHARMACOLOGICAL PROPERTIES**.

## Use in the elderly

Special studies in the geriatric population have not been performed; however, ACARIZAX<sup>®</sup> has been administered to 13 subjects  $\geq$  65 years of age. No overall differences in safety and effectiveness were observed between these subjects and younger subjects.

## Genotoxicity

Results from genotoxicity testing indicate that ACARIZAX<sup>®</sup> does not pose any genotoxic risk to humans.

## Carcinogenicity

Dedicated carcinogenicity studies with the tablet have not been conducted.

## Effect on laboratory tests

ACARIZAX<sup>®</sup> has no effect on laboratory tests.

# 4.5 Interaction with other medicines and other forms of interaction

No interaction trials have been conducted in humans and no potential drug interactions have been identified from any source.

## 4.6 Fertility, pregnancy and lactation

#### **Effects on fertility**

There is no data available regarding fertility and use of ACARIZAX<sup>®</sup>. While dedicated fertility studies have not been conducted, histopathological assessment performed as part of the 26 week repeat dose toxicity study in mice showed no effects on the reproductive organs attributable to ACARIZAX<sup>®</sup>.

#### Use in pregnancy (Category B2)

There is no data available regarding use of ACARIZAX<sup>®</sup> during pregnancy. No adverse effects were observed in an embryo-fetal development study in mice with doses approximately 680 times greater than clinical doses.

Treatment with ACARIZAX<sup>®</sup> should not be initiated during pregnancy. If pregnancy occurs during treatment, the treatment may continue after evaluation of the general condition (including lung function) of the patient and reactions to previous administration of ACARIZAX<sup>®</sup>.

Close supervision during pregnancy is recommended for patients with pre-existing asthma.

#### Use in lactation

No clinical data are available for the use of ACARIZAX<sup>®</sup> during lactation. Studies in animals to investigate excretion of ACARIZAX<sup>®</sup> into milk were not conducted. No effects on the breastfed infants are anticipated.

Initiation of allergy immunotherapy while breast feeding is not recommended. However, if breast feeding is required during treatment, patients should be closely monitored.

## 4.7 Effects on ability to drive and use machines

Treatment with ACARIZAX<sup>®</sup> has no or negligible influence on the ability to drive or use machines.

## 4.8 Undesirable effects

Subjects taking ACARIZAX<sup>®</sup> should primarily expect mild to moderate local allergic reactions to occur within the first few days and subsiding again with continued treatment (1-3 months) (see 4.4 Special Warnings and Precautions for Use). For the majority of events, the reaction is expected to start within 5 minutes after intake of ACARIZAX<sup>®</sup> on each day of occurrence and abate after minutes to hours. More severe oropharyngeal allergic reactions may occur (see 4.4 Special Warnings and Precautions for Use).

**Isolated cases of severe acute worsening of asthma symptoms have been reported. Patients with known risk factors should not initiate treatment with ACARIZAX<sup>®</sup> (see 4.3 Contraindications). In the pooled Phase I-III ACARIZAX<sup>®</sup> studies, the percentage of adult subjects administered ACARIZAX<sup>®</sup> with at least 1 TEAE was 72%. This was higher when compared with the placebo group (44%).** 

The majority of subjects in all treatment groups in the pooled all Phase I-III ACARIZAX<sup>®</sup> studies experienced TEAEs that were mild to moderate in intensity.

The most frequently reported TEAEs (defined as those occurring in  $\geq 5\%$  of subjects in any active group) are summarised by system organ class (SOC) in **Table 1**.

Sustan angen	Placebo	ACARIZAX <sup>®</sup> 12 SQ- HDM
System organ	(N=2014)	(N=1883)
class/preferred term	n (%)	N (%)
Ear and labyrinth		
disorders		
Ear pruritus	85 (4%)	426 (23%)
Gastrointestinal disorders		
Abdominal pain upper	46 (2%)	100 (5%)
Glossodynia	24 (1%)	111 (6%)
Lip swelling	19 (<1%)	156 (8%)
Mouth swelling	12 (<1%)	127 (7%)
Nausea	56 (3%)	126 (7%)
Oedema mouth	2 (<1%)	100 (5%)
Oral discomfort	17 (<1%)	101 (5%)
Oral pruritus	122 (6%)	615 (33%)
Paraesthesia oral	31 (2%)	162 (9%)
Swollen Tongue	14 (<1%)	132 (7%)
Infections and		
infestations		
Nasopharyngitis	411 (20%)	377 (20%)
Pharyngitis	111 (6%)	128 (7%)
Upper respiratory tract		
infection	111 (6%)	97 (5%)
Respiratory, thoracic and		
mediastinal disorders		
Asthma	104 (5%)	103 (5%)
Pharyngeal oedema	17 (<1%)	114 (6%)
Throat irritation	164 (8%)	611 (32%)

Table 1. TEAEs in at least 5% of adult subjects in the ACARIZAX<sup>®</sup> Phase I-III studies (safety population)

N: number of subjects in pool

n: number of subjects with event

The most common TEAEs included oral pruritus, throat irritation, ear pruritis and nasopharyngitis, (reported by 33%, 32%, 23% and 20% of subjects (Table 1). In the pooled Phase I-III studies, time to onset from first administration for oral pruritus, throat irritation and oedema mouth was typically fast (median onset 2 minutes, 2 minutes and 1 minute after first administration respectively). See also section **4.4 Special warnings and precautions for use.** 

Adverse reactions reported in clinical trials with < 5% frequencies are listed below. Adverse reactions noted in pooled data from Phase I-III clinical trials at >5% are also noted below, as reported in current Company Core Safety Information.

Adverse reactions are divided into groups according to the MedDRA convention frequencies: Very common ( $\geq 1/10$ ), common ( $\geq 1/100$  to <1/10), uncommon ( $\geq 1/1,000$  to <1/10), rare ( $\geq 1/10,000$  to <1/1,000), very rare (<1/10,000).

#### Immune system disorders

Uncommon: Anaphylactic reaction

#### Nervous system disorders Common: Dysgeusia

**Eye disorders** Common: Eye pruritus

#### Ear and labyrinth disorders

Uncommon: Ear discomfort

#### Respiratory, thoracic and mediastinal disorders

Common: Cough\*, dysphonia, dysphoea, oropharyngeal pain, pharyngeal oedema Uncommon: Nasal congestion, rhinorrhoea, sneezing, throat tightness Rare: Laryngeal oedema

#### Gastrointestinal disorders

Very common: Lip oedema, Common: Abdominal pain, diarrhoea, dyspepsia, gastroesophageal reflux disease, glossitis, glossodynia, lip pruritus, mouth ulceration, tongue pruritus, nausea, oral discomfort, oral mucosal erythema, paraesthesia oral, stomatitis, tongue oedema, vomiting Uncommon: dysphagia, oesophageal irritation, oral mucosal blistering Rare: Eosinophilic oesophagitis

#### Skin and subcutaneous tissue disorders

Common: Pruritus, urticaria Uncommon: Angioedema, erythema

#### General disorders and administration site conditions

Common: Chest discomfort, fatigue Uncommon: Sensation of foreign body

#### Post marketing experience

The following adverse reactions have been identified during post-approval use of ACARIZAX<sup>®</sup>.

Respiratory, thoracic and mediastinal disorders: cough.

Gastrointestinal disorders: eosinophilic oesophagitis.

Immune system disorders: serious systemic allergic reactions, including anaphylaxis.

Systemic allergic reactions, including anaphylaxis, are considered a class effect for allergy immunotherapy. Medical supervision at first tablet intake is therefore recommended (see section **4.2 Dose and method of administration**). In some cases, the serious systemic allergic reaction has occurred at doses subsequent to the initial dose (see 4.4 Special Warnings And Precautions For Use).

## **Reporting of suspected adverse reactions**

Reporting suspected adverse reactions after authorisation of the medicine is important. It allows continued monitoring of the benefit/risk balance of the medicine. Healthcare professionals are asked to report any suspected adverse reactions https://nzphvc.otago.ac.nz/reporting/

# 4.9 Overdose

There have been no cases of overdosage reported.

If doses higher than the recommended daily dose are taken, the risk of undesirable effects, including systemic side effects or severe local adverse reactions, may increase. In case of severe reaction such as angioedema, difficulty in swallowing, difficulty in breathing, changes in voice, or feeling of fullness in the throat, immediate medical evaluation is needed. These reactions should be treated with relevant symptomatic medication.

In the event of an overdose, the adverse effects should be treated symptomatically.

For advice on the management of overdose please contact the National Poisons Centre on 0800 POISON

# 5. PHARMACOLOGICAL PROPERTIES

# 5.1 Pharmacodynamic properties

Pharmacotherapeutic group: Allergen extracts, house dust mite. ATC Code: V01AA03

ACARIZAX<sup>®</sup> is allergy immunotherapy. Allergy immunotherapy with allergen products is the repeated administration of allergens to allergic individuals with the purpose of modifying the immunological response to allergen to provide sustained underlying protection during subsequent allergen exposure. The immune system is the target for the pharmacodynamic effect of allergy immunotherapy, but the complete and exact mechanism of action is not fully understood.

ACARIZAX<sup>®</sup> is for the treatment of patients with specific IgE-mediated allergy symptoms induced by HDMs such as allergic rhinitis and/or allergic asthma. Treatment with ACARIZAX<sup>®</sup> has been shown to induce a systemic antibody response with an increase in HDM-specific IgG4 that is likely to compete with IgE in the binding of HDM allergens. This effect is observed after 4 weeks of treatment.

ACARIZAX<sup>®</sup> works by modifying the immune response to HDM (*D. farinae and D. pteronyssinus*) allergens and provides specific desensitization. Clinical effect during treatment has been demonstrated for both upper and lower airways (see **Clinical Efficacy and Safety**). The underlying protection provided by ACARIZAX<sup>®</sup> leads to improvement in disease control and improved quality of life demonstrated through symptom relief, reduced need for other medications and a reduced risk for exacerbation.

## CLINICAL EFFICACY AND SAFETY

#### Adults

## Allergic asthma

The efficacy and safety of ACARIZAX<sup>®</sup> in adults with partly controlled HDM allergic asthma despite daily use of inhaled corticosteroid (ICS) has been investigated in a Phase III randomised, double-blind, placebo-controlled, parallel-group, multicentre study (MT-04, MITRA)(n=834).

This trial comprised 2 phases. In the first phase (treatment maintenance), subjects were randomised to receive ACARIZAX<sup>®</sup> 12 SQ-HDM, 6 SQ-HDM or placebo once daily in addition to inhaled corticosteroids (ICS; corresponding to 400-1200 mcg budesonide) and short acting beta agonists (SABA; salbutamol 200 mcg/dose). The duration of the treatment maintenance period was 7-12 months (this varied as efficacy measurements were initiated outside of major pollen seasons to minimise confounding from other allergies). The second phase (ICS reduction/withdrawal) ran for a total of 6 months. Subjects continued to take ACARIZAX<sup>®</sup> 12 SQ-HDM, 6 SQ-HDM or placebo once daily throughout the ICS reduction/withdrawal period. In the first 3 months of the ICS reduction/withdrawal period, each subject's ICS dose was reduced by 50%, and in the last 3 months ICS was withdrawn completely. Use of SABA was permitted throughout the ICS reduction/withdrawal period if needed.

The primary endpoint was the time to the first moderate or severe asthma exacerbation during the reduction/withdrawal period. The definitions of moderate and severe asthma exacerbations are provided in **Table 2**.

The results for the primary endpoint are summarised in **Table 2**. Both ACARIZAX<sup>®</sup> 12 and 6 SQ-HDM demonstrated statistical significance compared to placebo for time to first asthma exacerbation (**Table 3**). The results for ACARIZAX<sup>®</sup> 12 SQ-HDM also met the pre-specified criterion for clinical relevance compared to placebo [i.e. Hazard Ratio (HR)  $\leq$  0.70]. See also **Figure 1**.

Asthma exacerbation	Definition
Moderate asthma exacerbation	Subject experienced one or more of the 4 following criteria and it led to change in treatment: Nocturnal awakening(s) due to asthma requiring short- acting $\beta_{2}$ - agonist (SABA) for two consecutive nights or increase of $\geq 0.75$ from baseline in daily symptom score on two consecutive days Increase from baseline in occasions of SABA use on two consecutive days (minimum increase: 4 puffs/day) $\geq 20\%$ decrease in PEF from baseline on at least two consecutive mornings/ evenings or $\geq 20\%$ decrease in FEV <sub>1</sub> from baseline Visit to the emergency room / trial site for asthma treatment not
	requiring systemic corticosteroids
Severe asthma exacerbation	<ul> <li>Subject experienced at least one of the following criteria:</li> <li>Need for systemic corticosteroids for ≥ 3 days</li> <li>Emergency room visit requiring systemic corticosteroids or hospitalisation for ≥ 12h</li> </ul>

 Table 2. Definitions of moderate and severe asthma exacerbations (clinical trial MT-04)

	6 SQ-HDM vs placebo			12 SQ-HDM vs placebo		
Primary endpoint						
	HR [CI 95%]	% risk reduction <sup>a</sup>	p-value	HR [CI 95%]	% risk reduction	p-value
Time to first asthma exacerbation (FAS-MI) <sup>a, b</sup> (n=834)	0.72 [0.52, 0.99]	28%	0.0447	0.69 [0.50, 0.96]	31%	0.0271
Time to first asthma exacerbation (FAS) <sup>c</sup> (n=742)	0.69 [0.49, 0.96]	31%	0.0238	0.66 [0.47, 0.93]	34%	0.0170
Pre-defined ana	lyses of compone	ents of the prima	ry endpoint			
Time to first asthma exacerbation with deterioration in asthma symptoms <sup>c, d</sup>	0.72 [0.49, 1.07]	28%	0.1069	0.64 [0.42; 0.96]	36%	0.0312
Time to first asthma exacerbation with increased SABA use <sup>c</sup>	0.62 [0.36, 1.07]	38%	0.0857	0.52 [0.29; 0.94]	48%	0.0293
Time to first asthma exacerbation with deterioration in lung function <sup>c</sup>	0.60 [0.38, 0.95]	40%	0.0297	0.58 [0.36; 0.93]	42%	0.0221
Time to first severe exacerbation <sup>c</sup>	0.79 [0.40, 1.55]	21%	0.4887	0.49 [0.23; 1.08]	51%	0.076

## Table 3. Efficacy outcomes for ACARIZAX® Phase III clinical trial MT-04 (MITRA)

a: Estimated by hazard ratio (HR). Clinical relevance pre-specified as HR  $\leq$  0.70.

b: Full analysis set (FAS) with multiple imputations (FAS-MI) - analysis treats all subjects who discontinued from the trial prior to ICS reduction as placebo subjects.

c: Full analysis set (FAS) – analysis uses all available data used to its full extent, i.e. subjects who provided data during the efficacy assessment period.

d: Criterion included daily asthma symptom score and nocturnal awakenings requiring SABA

Figure 1. Kaplan-Meier plot of the probability of having a first moderate or severe asthma exacerbation (FAS)



Time=0 equals the time of ICS reduction, time=90 is the approximate time of ICS withdrawal. The numbers at the bottom are the numbers of subjects still at risk in each treatment group at each time point.

#### Allergic rhinitis

The efficacy and safety of ACARIZAX<sup>®</sup> in adults with persistent moderate-to-severe HDM-allergic rhinitis despite use of symptom-relieving medication has been investigated in a Phase III randomised, double-blind, placebo-controlled, parallel-group, multicentre study (MT-06, MERIT) (n=992). The definition of persistent and moderate to severe allergic rhinitis is provided in **Table 4**.

classification of allergic rhinitis	Definition
Persistent	<ul> <li>Subject experienced at least one of the following criteria:</li> <li>Clinical history of moderate to severe HDM allergic rhinitis for at least 1 year prior to the trial</li> <li>Moderate to severe HDM allergic rhinitis symptoms during the baseline period defined as a daily total rhinitis score of at least 6 or a score of at least 5 with one symptom being severe, during at least 8 days of the 15 days baseline period</li> <li>Use of symptomatic medication for treatment of HDM allergic rhinitis during at least 8 of the 15 days baseline</li> </ul>
Moderate to severe	<ul> <li>Subject experienced at least one or more of the following items:</li> <li>Use of symptomatic medication for treatment of HDM allergic rhinitis during at least 8 of the 15 days baseline period</li> <li>Sleep disturbance</li> <li>Impairment of daily activities, leisure and/or sport</li> <li>Impairment of school or work</li> </ul>

Table 4: Definitions of persistent and moderate to severe	e allergic rhinitis (clinical trial MT-06
---	---

Subjects were randomised to receive ACARIZAX<sup>®</sup> 12 SQ-HDM, 6 SQ-HDM or placebo once daily for 12 months. Use of nasal steroids (budesonide 64 mcg/dose), oral antihistamines (desloratadine tablets, 5 mg), and antihistamine eye drops (azelastine 0.05%) was permitted as needed.

The primary endpoint was the average daily total combined rhinitis score (TCRS) evaluated during the  $10^{10}$ 

last 8 weeks of treatment. The TCRS was the sum of the rhinitis symptoms score and the rhinitis medication score (maximum total possible score 24). The rhinitis symptoms score evaluated 4 nasal symptoms (runny nose, blocked nose, itching nose, sneezing) daily on a 0-3 scale (no, mild, moderate, severe symptoms) for a maximum total possible score of 12. The rhinitis medication score was the sum of the score for nasal steroid intake (2 points per puff, max. 4 puffs/day) and oral antihistamine intake (4 points/tablet, max. 1 tablet/day) for a maximum total possible score of 12.

The results for the primary endpoint are summarised in **Table 5**. Both ACARIZAX<sup>®</sup> 12 and 6 SQ-HDM demonstrated a statistically significant reduction in TCRS compared to placebo. The results for both ACARIZAX<sup>®</sup> 12 and 6 SQ-HDM also met the pre-specified criterion for clinical relevance compared to placebo (i.e. TCRS  $\geq$  1) commencing from 14 weeks of treatment and continuing for the duration of the trial.

	Treatment group	Adjusted mean TCRS [95% CI]	Absolute difference to placebo <sup>c</sup> [95% CI]	p-value
FAS-MI <sup>a</sup> (n=992)	Placebo	6.81 [6.48, 7.13]	-	-
	6 SQ-HDM	5.74 [5.42, 6.05]	1.07 [0.34; 1.80]	0.004
	12 SQ-HDM	5.71 [5.40, 6.02]	1.09 [0.35; 1.84]	0.004
FAS with	Placebo	6.76 [5.94, 7.63]	-	-
observations <sup>b</sup>	6 SQ-HDM	5.58 [4.81, 6.40]	1.18 [0.45; 1.91]	0.002
(n=879)	12 SO-HDM	5.53 [4.77, 6.35]	1.22 [0.49; 1.96]	0.001

Table 5. Efficacy outcomes for ACARIZAX® Phase III clinical trial MT-06 (MERIT)

a: Full analysis set with multiple imputations (FAS-MI) - analysis treats all subjects who discontinued from the trial prior to the efficacy evaluation period as placebo subjects

b: Full analysis set (FAS) with observations – all randomised subjects with observations of the endpoint of interest c: Clinical relevance pre-specified as absolute difference in TCRS between active and placebo  $\geq 1$ 

#### Paediatric population

The SQ HDM SLIT-tablet has been administered to 212 subjects between 5 and 17 yrs of age in Phase I-II/III clinical trials. In these trials, all subjects had HDM allergic asthma and/or HDM allergic rhinitis. No overall differences in safety, tolerability and/or effectiveness were observed between subjects aged 5-17 years compared to subjects  $\geq$  18 years of age. However, the data are currently not sufficient to support use in children. ACARIZAX<sup>®</sup> is not recommended for use in children below 18 years of age. See sections **4.2 Dose and method of administration** and **4.4 Special warnings and precautions for use**.

**Table 6** summarises the efficacy outcomes from paediatric subjects aged 14-17 years of age (n=39) and adults  $\geq$  18 years of age (n=565) from the supportive Phase II/III clinical trial MT-02 (n=604). Overall, 67% of subjects 14-17 years of age administered 6 SQ-HDM once daily for 1 year demonstrated reduction in ICS use compared to 45% of subjects administered placebo.

Table 6. H	Efficacy outcomes	from Phase II/II	I clinical trial MT-	-02 (FAS)
------------	-------------------	------------------	----------------------	-----------

	Subjects 14-17 years of age			Subjects ≥ 18 years of age				
	Placebo (N=11)	1 SQ- HDM <sup>a</sup> (N=7)	3 SQ- HDM <sup>a</sup> (N=12	6 SQ- HDM <sup>b</sup> (N=9)	Placebo (N=132)	1 SQ- HDM <sup>a</sup> (N=139)	3 SQ- HDM <sup>a</sup> (N=147)	6 SQ- HDM <sup>b</sup> (N=147)
Mean ICS use at baseline (µg/day) <sup>c</sup>	409	314	350	433	470	445	439	464
Mean ICS use after 12 months treatment (year 1) (µg/day)	191	171	233	233	355	288	323	260
Mean % reduction of ICS	36%	48%	47%	58%	13%	35%	26%	41%
Percentage of subjects with a decrease in ICS at year 1	45%	71%	67%	67%	53%	59%	52%	70%

FAS: Full analysis set

a: 1 SQ-HDM and 3 SQ-HDM doses did not show statistically significant difference from placebo in the primary efficacy analysis.

b: The 6 SQ-HDM dose showed a statistically significant difference from placebo in the primary efficacy analysis. c: Prior to treatment with HDM allergen extract, subjects were switched from their normal ICS treatment to inhaler treatment with budesonide. The dose of budesonide prescribed was equipotent to their normal dose of ICS. This was done in order to standardise the steroid treatment.

Of the 212 paediatric subjects administered the SQ HDM SLIT-tablet, 74 subjects received ACARIZAX<sup>®</sup> 12 SQ-HDM. Table 6 summarises the pooled safety data from clinical trials for paediatric subjects aged 5-17 years of age administered ACARIZAX<sup>®</sup>. The most common TEAEs included oral pruritus, throat irritation, oedema mouth and lip swelling (see **Table 7**). Similar TEAEs were also commonly reported for subjects  $\geq$  18 years of age (see section **4.8 Undesirable effects**).

	Paediatrics aged 5-17 years <sup>a</sup>			
System organ class/preferred term	Placebo (N=83)	ACARIZAX <sup>®</sup> (12 SQ-HDM) (N=74)		
	n (%)	n (%)		
All events	45 (54%)	46 (62%)		
Oral Pruritus	9 (11%)	17 (23%)		
Throat irritation	4 (5%)	16 (22%)		
Lip swelling	NR	7 (9%)		
Oedema mouth	NR	9 (12%)		

Table 7. Most common TEAEs in paediatrics aged 5-17 years

NR: not reported

a: Includes studies MT-03 and P008.

## 5.2 Pharmacokinetic properties

No clinical studies investigating the pharmacokinetic profile and metabolism of ACARIZAX® have been conducted. The effect of allergy immunotherapy is mediated through immunological mechanisms, and there is limited information available on the pharmacokinetic properties.

The active molecules of an allergen extract are composed primarily of proteins. For sublingually administered allergy immunotherapy (SLIT) products, studies have shown that no passive absorption of

the allergen through the oral mucosa occurs. Evidence points towards the allergen being taken up through the oral mucosa by dendritic cells, in particular Langerhans cells. Allergen which is not absorbed in this manner is expected to be hydrolysed to amino acids and small polypeptides in the lumen of the gastrointestinal tract.

# 5.3 Preclinical safety data

Not applicable

# 6. PHARMACEUTICAL PARTICULARS

# 6.1 List of excipients

Gelatin (fish) Mannitol Sodium hydroxide (for pH-adjustment)

# 6.2 Incompatibilities

Not applicable.

# 6.3 Shelf life

ACARIZAX<sup>®</sup> 12 SQ-HDM tablet has a shelf-life of 36 months when stored below 25°C. Protect from light.

# 6.4 Special precautions for storage

Not applicable.

# 6.5 Nature and contents of container

Packs contain 10, 30 and 90 tablets supplied in aluminium blister foils. Not all pack sizes may be available.

# 6.6 Special precautions for disposal

No special requirements.

# 7. MEDICINE SCHEDULE

Prescription Only Medicine

# 8. SPONSOR

Seqirus (NZ) Ltd PO Box 62 590 Greenlane Auckland 1546 0800 502 757

# 9. DATE OF FIRST APPROVAL

14 June 2018

# 10. DATE OF REVISION OF THE TEXT

# 21 February 2022

ACARIZAX® is a registered trademark of ALK-Abelló A/S, used under licence.

# Summary Table of Changes

Section changes	Summary of new information
4.3, 4,4, 4.8, & 4.9	Updated to reflect new safety information from Acarizax Company Core Safety Information, version 8
1, 4.2 & 4.4	Text alignment between the Australia Product Information and New Zealand Data Sheet
2, 4.2, 4.4, 4.6, & 5.1	Minor editorial updates.