

ZINNAT TABLETS

Cefuroxime axetil Tablets, 250mg

What is in this leaflet?

Please read this leaflet carefully.

This leaflet answers some common questions about Zinnat Tablets. It does not contain all of the available information.

It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits. Your doctor has weighed the risks of you being administered Zinnat Tablets against the benefits this medicine is expected to have for you.

If you have any concerns about using this medicine, ask your doctor or pharmacist.

Keep this leaflet. You may need to read it again.

What Zinnat is taken for

Zinnat Tablets contain an antibiotic called cefuroxime, which treats infections caused by bacteria, in different parts of the body.

Zinnat Tablets belong to a group of antibiotics called cephalosporins. These antibiotics work by either killing the bacteria that cause the infections or stopping their growth.

Zinnat will not work against infection caused by viruses such as colds or the flu (influenza).

Ask your doctor if you have any questions or if you aren't sure why Zinnat has been prescribed for you.

Zinnat is only available with a doctor's prescription.

Zinnat is not addictive.

Before you take Zinnat

When you must not take it

Do not take Zinnat if you have ever had an allergic reaction to Zinnat or other cephalosporins.

Before you start taking Zinnat

You must tell your doctor if:

- you have had any type of allergic reaction to penicillin or cephalosporin antibiotics. You may have an increased chance of being allergic to Zinnat if you are allergic to these medicines.
- you are pregnant, trying to become pregnant or breastfeeding

Taking other medicines with Zinnat

Tell your doctor if you are taking any other medicines including medicines you buy without a prescription from a pharmacy, supermarket or health food shop

Some medicines may affect the way others work. Your doctor or pharmacist will be able to tell you what to do when taking Zinnat with other medicines.

How do I take Zinnat?

- The dosage depends on the type of infection that you are suffering from. Your doctor or pharmacist will usually tell you how many Zinnat tablets to take and how often to take them. You will also find this information on the label of your medicine.
 - Do not** take extra tablets.
 - Do not** take the tablets more often than you have been told.
 - Take all the tablets your doctor has prescribed for you, even if you feel better.
- Zinnat should not be given to children less than 3 months of age.

When should I take Zinnat?

Zinnat is usually taken twice a day. Follow the directions of your doctor or see the label of your medicine.

It works best if taken with food.

How should I take Zinnat?

Swallow Zinnat tablets whole, and take with a glass of water.

Do not chew, crush or split Zinnat tablets – this will make the treatment less effective.

How long should I take Zinnat?

Depending on the type of infection you have, Zinnat tablets are normally taken for seven days. Follow the directions of your doctor.

Even if you feel better, finish the course of Zinnat. Otherwise the infection may come back.

If too much Zinnat is given (overdose)

You may experience symptoms such as convulsions. Tell your doctor if you are feeling unwell. In the event of an overdose you should contact your nearest Poisons Information Centre (0800 POISON or 0800 764 766), doctor or hospital emergency department.

While you are using Zinnat

Things you must do

- Tell your doctor if your infection symptoms don't improve or they become worse.
- Tell your doctor if you become pregnant or you are breastfeeding.
- Tell your doctor what medications you are taking. Zinnat may interfere with the results of some blood tests.

Things you must not do

Do not give this medicine to anyone else, even if their symptoms seem similar to yours.

What should I do if I miss my dose?

If you forget to take your Zinnat, take another as soon as possible, unless it is nearly time for the next dose. Do not take a double dose to make up for the missed one.

Things to be careful of

- Do not stop taking your tablets because you are feeling better, unless advised by your doctor.

If you do not complete the full course prescribed by your doctor, all of the bacteria causing your infection may not be killed. These bacteria may continue to grow and multiply so that your infection may not clear completely or it may return.

- Do not use Zinnat to treat any other complaints unless your doctor tells you to.
 - Zinnat can make you dizzy and have other side effects that make you less alert. Don't drive or use machines unless you're feeling well.
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Side-Effects

Tell your doctor or pharmacist as soon as possible if you have any problems while using Zinnat even if you do not think the problems are connected with the medicine or are not listed in this leaflet.

Like other medicines, Zinnat can cause some side effects. If they occur, they are most likely to be minor and temporary. However, some may be serious and need medical attention.

Some reported side effects are:

- White, furry, sore tongue and mouth (oral thrush)
- Sore, itchy vagina and/or discharge (vaginal thrush)
- Diarrhoea, feeling sick, vomiting, abdominal pain
- Headache
- Dizziness

If any of these side effects persist, or are troublesome, see your doctor or pharmacist.

More Serious Effects

Tell your doctor immediately if you notice any of the following:

- yellowing of the skin and eyes (jaundice).
- symptoms such as fever, severe chills, sore throat or mouth ulcers which can be a sign of lack of white blood cells
- rash – even if it starts a few days or more after starting Zinnat
- itchy or burning skin – even if it starts a few days or more after starting Zinnat

Serious side effects are rare.

If you think you are having an allergic (hypersensitivity) reaction to Zinnat, TELL YOUR DOCTOR IMMEDIATELY. Symptoms include:

- Severe skin rash, itching or hives
- Swelling of the face, lips, mouth or throat
- Difficulty breathing and swallowing
- Fever
- Low blood pressure

Tell your doctor immediately if you notice any of the following side effects, particularly if they occur several weeks after stopping treatment with Zinnat:

- severe abdominal cramps or stomach cramps
- watery and severe diarrhoea, which may also be bloody
- fever, in combination with one or both of the above

These are rare but serious side effects. You may have a serious condition affecting your bowel. Therefore, you may need urgent medical attention. However, this side effect is rare.

Do not take any diarrhoea medicine without first checking with your doctor.

Ask your doctor or pharmacist to answer any questions you may have.

This is not a complete list of all possible side effects. Others may occur in some people and there may be some side effects not yet known.

Tell your doctor if you notice anything else that is making you feel unwell, even if it is not on this list.

Ask your doctor or pharmacist if you don't understand anything in this list.

Do not be alarmed by this list of possible side effects. You may not experience any of them.

After using Zinnat

Storage

Zinnat should be stored in a cool, dry place, below 30°C.

Protect the medicine from direct sunlight.

Do not put the medicine in the freezer.

Do not store the medicine, in a bathroom or near a sink.

Keep your medicine in its pack until it is time to use it.

If you take the medicine out of its packaging it may not keep well.

Product description

What Zinnat looks like

Zinnat 250mg tablets are white, film coated, capsule shaped tablets. They are engraved with GXES7 on one side and are plain on the other. They are foil-wrapped and packed in boxes of 50 tablets.

Ingredients

Zinnat Tablets contain cefuroxime axetil and the following inactive ingredients: Microcrystalline cellulose, croscarmellose sodium, hypromellose, sodium lauryl sulphate, hydrogenated vegetable oil, silicon dioxide, propylene glycol, methylhydroxybenzoate (E218), propylhydroxybenzoate (E216), titanium dioxide (E171), sodium benzoate (E211).

Supplier

Your Zinnat Tablets are supplied by:
Sandoz New Zealand Limited
12 Madden Street
Auckland 1010
New Zealand

Tel: 0800 726 369

Further Information

This is not all the information that is available on Zinnat. If you have any more questions or are not sure about anything, ask your doctor or pharmacist.

Pharmaceutical companies are not in a position to give people an individual diagnosis or medical advice. Your doctor or pharmacist is the best person to give you advice on the

treatment of your condition. You may also be able to find general information about your disease and its treatment from books, for example in public libraries.

Do not throw this leaflet away. You may need to read it again.

The information provided applies only to Zinnat

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