

CMI for Structolipid 20%

# Structolipid<sup>®</sup> 20%

Long Chain, Medium Chain Triglycerides

## Consumer Medicine Information

### What is in this leaflet

This leaflet answers some common questions about Structolipid. It does not contain all the available information. It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits. Your doctor has weighed the risks of you taking Structolipid against any benefits they expect it will have for you.

Please read this leaflet carefully before using Structolipid 20%. If you have any questions or are unsure about anything, please ask your doctor or pharmacist. Keep this leaflet with the medicine. You may need to read it again.

### What is Structolipid used for and how does it work

Structolipid is a sterile fat emulsion, which provides your body with energy and fatty acids. The active ingredient in Structolipid is purified structured triglyceride. It also contains other ingredients like egg lecithin which is isolated from egg yolk, glycerol and water for injections.

Structolipid provides the energy and fatty acids in patients who require intravenous nutrition.

### Before you are given Structolipid

If the answer to any of the following questions is YES, you should tell your doctor BEFORE using Structolipid.

- Are you allergic to soya oil, eggs, peanuts or any of the ingredients listed at the end of this leaflet?
- Are you pregnant or trying to become pregnant?
- Are you breastfeeding?
- Do you have liver or kidney disease?
- Are you a diabetic?
- Do you have a disease of the pancreas?
- Do you have a disorder of the thyroid gland?
- Are you taking anticoagulants (medicines for preventing blood clotting)?
- Are you taking any other medicines including any that you buy without a prescription from your pharmacy, supermarket or health food shop. These medicines may affect the action of Structolipid or may affect how well Structolipid works.

### How is Structolipid given

The dose of Structolipid which you will require will be determined by your doctor or pharmacist. Your doctor will supervise your treatment with Structolipid.

### Side Effects

Structolipid, like all other nutrient solutions which are given intravenously, may cause side effects in some people. All the side effects associated with Structolipid may not yet have been detected.

The common (this occurs in more than 1% of people who used it) side effects are nausea, headache and rises in your body temperature.

Other side effects (in less than 1% of people who used it) that have occurred during treatment with Structolipid are lower back pain, breathing difficulties (rapid breathing, shortness of breath); increased blood pressure; shivering, dizziness, diarrhoea, rapid pulse, vomiting and rash.

If you have these or any other side effects during treatment, tell your doctor.

### In case of Overdosage

The symptoms of overdose include fever, abnormalities in blood results, blood clotting disturbances, enlarged spleen and coma. These symptoms are usually reversible if the infusion of the fat emulsion is discontinued.

If you think you or anyone else have been given too much Structolipid, telephone your doctor or contact the Poisons Information Centre - New Zealand: 0800 764 766.

### Storage

## **CMI for Structolipid 20%**

The expiry date of Structolipid is on the label of the pack. Structolipid should not be used if the expiry date has passed.

Structolipid should be stored below 25°C, but not frozen. Do not use Structolipid if it has been frozen.

The contents of each bag of Structolipid are for single infusion only. Any unused Structolipid should be discarded. Do not use Structolipid if it is discoloured.

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## **Product Description**

### **List of other ingredients**

Structolipid also contains other ingredients such as glycerol, egg lecithin and water for injections.

Structolipid does not contain any preservative.

### **Pack sizes**

Structolipid comes in a 250mL and 500mL bag.

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## **Further Information**

More detailed information is available from your doctor or pharmacist. Therefore, if you have any concerns about the information or about Structolipid ask your doctor or pharmacist.

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## **Sponsor**

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### **Date of information**

This leaflet was prepared in March, 2010.