

MAREVAN™ Tablets

Warfarin BP 1mg, 3mg and 5mg

Consumer Medicine Information

Please read all of the leaflet carefully before you take your medicine

What is in this leaflet?

This leaflet answers some common questions about *Marevan*. It does not contain all of the available information.

Reading this leaflet does not take the place of talking to your doctor or pharmacist.

If you have any concerns about taking *Marevan* ask your doctor or pharmacist.

Keep this information. You may want to read it again.

This leaflet provides information about *Marevan*. The statements that are made in this leaflet cannot be applied to any other medicine, even those that are similar or appear to contain the same ingredients.

What *Marevan* tablets are used for

Marevan is used for the treatment and management of conditions whereby the formation of blood clots has prevented free-flow of blood, especially in the veins.

Blood clots in the body can reduce the amount of oxygen and nutrients delivered to body tissues and organs as well as affect the removal of waste from tissues and organs. This affects body functions.

Marevan is used in conditions such as:

- Coronary occlusions (blockage in blood vessels of the heart)
- Deep vein thrombosis (clots in veins)

- Pulmonary embolism (blocking of blood vessels in the lungs)
- Peripheral vascular thromboembolic states (blockage of blood vessels in different parts of the body)
- Mesenteric and retinal thromboembolism (blockage of blood vessels in the eye and abdomen)

How does *Marevan* work?

Marevan contains an active ingredient called warfarin. It is a synthetic, anticoagulant agent which belongs to the coumarin family of anticoagulants. Anticoagulants decrease the clotting ability of the blood and help prevent a harmful clot (thrombus) from forming in the blood vessels. Anticoagulants are used as treatment for certain blood vessel, heart and lung conditions.

Marevan interferes with the function of certain factors, which are responsible for blood clotting.

These factors require a vitamin called Vitamin K in order to function. The amount of Vitamin K in your body influences how well your blood clots.

Your doctor or pharmacist may advise you on your diet as some foods such as large amounts of leafy green vegetables, dairy products fortified with vitamin K, fats and oils, contain vitamin K.

Your doctor or pharmacist will be able to provide you with more information.

Before you use *Marevan*

When you must not take *Marevan*

Marevan is not suitable for everyone.

Do not take *Marevan*:

- If you are allergic to Warfarin (the active ingredient in *Marevan*) or any other ingredient listed at the end of this leaflet.
- If you are pregnant, or become pregnant while using *Marevan*, or are breastfeeding.
- If you drink large amounts of alcohol.

If you suffer from:

- A kidney or liver condition
- A blood clotting condition
- Uncontrolled or severe high blood pressure
- If you are about to undergo surgery or give birth.

***Marevan* interacts with other medications. You must tell your doctor or pharmacist if you are taking any other medication including medicines that you buy without a prescription from a pharmacy, supermarket or health food shop.**

Your doctor or pharmacist will have a more complete list of the medicines that may cause problems when taken with *Marevan*.

- Do not use *Marevan* after the expiry date printed on the pack.
- Do not use *Marevan* if the packaging shows signs of tampering

- Do not use *Marevan* to treat any other conditions unless advised by your doctor.
- Do not give *Marevan* to anyone else, even if their symptoms seem similar to yours.

Using *Marevan*

Take *Marevan* as directed by your doctor or pharmacist. Never change the dose yourself.

Your doctor and pharmacist will be able to tell you:

- how many tablets to take at each dose.
- how many doses to take each day.
- when to take each of your doses.

The label on the pack that the tablets were supplied in will give the same information. If there is something that you do not understand ask either your doctor or pharmacist.

The usual starting dose of *Marevan* is 10 to 15mg daily, depending on your age and weight.

Elderly people may require smaller doses as they are more sensitive to the effects of warfarin.

Your doctor will do some blood tests in order to check how well your blood is clotting in order to determine how much *Marevan* you need to take.

If you have any questions about the dose that you have been prescribed you should ask your doctor or pharmacist.

How to take *Marevan*

Your *Marevan* tablets may be swallowed whole with a glass of water.

If you have just missed your scheduled dose, take it as soon as

you remember and continue as before.

If you have forgotten to take one dose of *Marevan* and it is almost time to take your next scheduled dose, then skip the dose you have missed, and continue taking your *Marevan* as directed by your doctor or pharmacist.

If you have forgotten to take more than one dose contact your doctor or pharmacist for advice.

Do not take a double dose to make up for the dose that you have missed.

In case of overdose

Immediately contact your doctor or Poisons Information Centre for advice (0800 764 766) or go to the Emergency Department at your nearest hospital, if you think that you may have taken too much, or if anyone else has taken any *Marevan*. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention. Keep telephone numbers for these places handy.

When to stop taking *Marevan*

Do not stop taking *Marevan*.

Your doctor will advise you when to stop taking *Marevan*.

If you are unsure whether you should stop taking *Marevan* talk to your doctor or pharmacist.

While you are using *Marevan*

Your doctor or pharmacist will be able to tell you whether there are any special instructions while you are taking *Marevan*.

See your doctor if you feel that your condition is not improving or getting worse.

Side-Effects

All medicines can have some side effects. Sometimes they are serious. Most of the time they are not.

Be sure that your doctor or pharmacist knows as soon as possible if you do not feel well while you are taking *Marevan*.

If you think you are having an allergic (hypersensitivity) reaction to *Marevan*, TELL YOUR DOCTOR IMMEDIATELY. Symptoms include:

- Severe skin rash, itching or hives
- Swelling of the face, lips, mouth or throat
- Difficulty breathing and swallowing
- Fever
- Low blood pressure

Other side effects reported with *Marevan* are:

- skin rash
- hair loss
- diarrhoea
- “blue” or “purple” coloured toes or you feel a pain in the toes.
- bruising or purplish areas on the skin
- fever
- nausea and vomiting
- nose bleeds
- stomach cramps

Tell your doctor if you experience any of these symptoms.

***Marevan* interacts with many other medicines. This can affect your blood clotting which means that you could experience an increase in bleeding time or increased risk of clotting.**

Tell your doctor if you have any signs of unusual bleeding, as this may mean that your body is getting more medicine than it needs.

Ask your doctor or pharmacist to answer any questions you may have.

Ask your doctor or pharmacist if you don't understand anything in this list.

Do not be alarmed by this list of possible side-effects. You may not experience any of them.

After using *Marevan*

If your doctor advises you to stop taking *Marevan* ask your pharmacist what to do with any remaining tablets.

Storage

Keep your tablets in the pack that they were supplied in.

Keep *Marevan* in a cool, dark and dry place where the temperature stays below 25°C.

Do not store *Marevan* in the bathroom or near a sink. Heat and dampness may affect the tablets.

Keep *Marevan*, and all other medicines, where children cannot reach them.

Do not leave *Marevan* in the car on hot days.

Product description

What *Marevan* looks like

Marevan 1mg tablets are brown, uncoated, flat, circular tablets, engraved DF/M1 on one side.

Marevan 3mg tablets are blue, uncoated flat circular tablets, engraved DF/M3 on one side.

Marevan 5mg tablets are pink, uncoated, flat circular tablets, engraved DF/M5 on one side.

Ingredients

Marevan contains either 1,3 or 5 mg of warfarin sodium.

Marevan also contains:

- Lactose
- Maize Starch
- Pregelatinised Maize Starch
- Dye
- Magnesium Stearate
- Sodium Starch Glycolate

Manufacturer

Marevan tablets are supplied by:
GlaxoSmithKline NZ Limited
Private Bag 106600
Downtown Auckland 1143
New Zealand

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