

# FLIXONASE 24-HOUR™

Fluticasone propionate 50mcg per actuation, Aqueous Nasal Spray

Consumer Medicine Information

---

## What is in this leaflet?

Please read this leaflet carefully before taking Flixonase 24-Hour.

This leaflet answers some common questions about Flixonase 24-Hour. It does not contain all of the available information.

It does not take the place of talking to your doctor or pharmacist.

**If you have any concerns about using this medicine, ask your doctor or pharmacist.**

**Keep this leaflet with the medicine.**

You may need to read it again.

---

## What Flixonase 24-Hour is used for

Flixonase 24-Hour contains a steroid called fluticasone propionate, which treats inflamed tissue.

Flixonase 24-Hour works by reducing swelling inside your nose. This makes breathing easier.

Flixonase 24-Hour is used to treat seasonal allergies including hay fever. It is available from your pharmacist although you may have been prescribed Flixonase 24-Hour by your doctor.

Flixonase 24-Hour is not addictive. In most cases, Flixonase 24-Hour will control your seasonal allergy symptoms, however in some instances you may need additional therapy, especially to control eye symptoms.

---

## Before you use Flixonase 24-Hour

### **When you must not use Flixonase 24-Hour**

- **Do not use Flixonase 24-Hour if you have ever had an allergic reaction to fluticasone propionate or any of the ingredients listed at the end of this leaflet.**

Read the side effects section to find out the symptoms of an allergic reaction to Flixonase 24-Hour.

- **Do not use Flixonase 24-Hour if you are pregnant, trying to become pregnant or breastfeeding, unless your doctor or pharmacist says you should.**
- **Do not use Flixonase 24-Hour after the expiry date (EXP) printed on the pack.**
- **If you use the product after the expiry date has passed, it may not work as well.**
- **Do not use Flixonase 24-Hour if the packaging is torn or shows signs of tampering.**

If you're not sure whether you should be using Flixonase 24-Hour, talk to your doctor or pharmacist.

### **Before you start using Flixonase 24-Hour**

You must tell your doctor or pharmacist if:

- **You have an infection in your nose or sinuses**
- **You have had nasal surgery**
- **You have been treated with steroid injections, or taken steroid tablets.**
- **You are allergic to foods, dyes, preservatives or any other medicine**

### **Taking other medicines**

- **Tell your doctor or pharmacist if you are taking any other**

**medicines, including medicines you buy without a prescription from a pharmacy, supermarket or health food shop.**

Some medicines may affect the way other medicines work. Your doctor or pharmacist will be able to tell you what to do when using Flixonase 24-Hour with other medicines.

### **Use in children**

Flixonase 24-Hour is not recommended for use in patients under 12 years of age.

---

## How to use Flixonase 24-Hour

### **How much to use**

Two sprays into each nostril once a day, preferably in the morning, unless your doctor or pharmacist tells you otherwise.

Your doctor/pharmacist will advise you what to do if only one nostril is affected.

The maximum amount of sprays per day must not be more than 2 sprays (200 mcg) into each nostril.

You may not feel the maximum benefit from your medicine straight away, but it is important that you continue to use it regularly. It may take a few days until you get maximum relief from your medicine.

### **How long do I need to use the product for?**

Continue to use Flixonase 24-Hour regularly for as long as your doctor or pharmacist tells you to.

### **If you forget to use it**

If it is almost time for your next dose, skip the dose you missed and use

your next dose when you are meant to. Otherwise, use the product as soon as you remember, then go back to using the product as you would normally.

Do not use a double dose to make up for the dose that you missed.

### ***If you use too much (overdose)***

Immediately telephone your doctor or Poisons Information Centre for advice (03 474 7000), if you think you or anyone else may have used too much Flixonase 24-Hour, even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Keep telephone numbers for these places handy.

If you are not sure what to do, contact your doctor or pharmacist.

---

## **While you are using Flixonase 24-Hour**

---

### ***Things you must do***

Tell your doctor or pharmacist that you are using Flixonase 24-Hour if you are about to be started on any new medicines.

Tell your doctor or pharmacist if, for any reason, you have not used your medicine exactly as instructed.

Otherwise, your doctor or pharmacist may think that it was not effective and change your treatment unnecessarily.

Use Flixonase 24-Hour only in your nose.

### ***Things you must not do***

Do not give this medicine to anyone else, even if their symptoms seem similar to yours.

Do not use Flixonase 24-Hour to treat any other complaints unless your doctor or pharmacist says to.

---

## **Side-Effects**

---

Check with your doctor or pharmacist as soon as possible if you have any problems while using Flixonase 24-Hour, even if you do not think the problems are connected with the medicine or are not listed in this leaflet.

Like other medicines, Flixonase 24-Hour can cause some side effects. If they occur, they are most likely to be minor and temporary. However, some may be serious and need medical attention.

The most commonly reported side-effects are:

- **sneezing**
- **irritation or dryness in the nose or throat**
- **bad taste or smell**
- **nose bleed**
- **skin rash**
- **Swelling of the face or tongue**

Rare side effects include:

- **wheezing and shortness of breath**
- **breakdown of tissue inside the nose (nasal septal perforation)**

If any of these side effects persist, or are troublesome, see your doctor or pharmacist.

Ask your doctor or pharmacist to answer any questions you may have.

If you think you are having an allergic (hypersensitivity) reaction to Flixonase 24-Hour, TELL YOUR DOCTOR IMMEDIATELY or go to the emergency department at your nearest hospital.

Symptoms usually include some or all of the following:

- **wheezing**
- **swelling of the lips/mouth**
- **difficulty in breathing**
- **hay fever**
- **lumpy rash ("hives")**
- **fainting**

This is not a complete list of all possible side effects. Others may occur in some people and there may be some side effects not yet known.

**Tell your doctor or pharmacist if you notice anything else that is making you feel unwell, even if it is not on this list.**

**Ask your doctor or pharmacist if you don't understand anything in this list.**

**Do not be alarmed by this list of possible side effects. You may not experience any of them.**

---

## **After using Flixonase 24-Hour**

---

### ***Storage***

**Keep this medicine where young children cannot reach it.**

A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

**Store your Flixonase 24-Hour upright below 25 °C.**

**Protect the bottle from direct sunlight.**

**Do not put the bottle in the freezer.**

**Do not store the medicine, in a bathroom or near a sink.**

**Do not leave the spray bottle in the car or on window sills.**

Heat and dampness can destroy some medicines.

**Keep your product in its pack until it is time to use it.**

If you take the product out of its packaging it may not keep well.

### ***Disposal***

If you stop using Flixonase 24-Hour, or the product has passed its expiry date, ask your pharmacist what to do with any product left over.

---

## Product description

---

### **What Flixonase 24-Hour looks like**

Flixonase 24-Hour comes in an amber glass bottle fitted with a pump, nasal adaptor and dust cover. Each bottle provides approximately 120 sprays, when used as recommended.

### **Ingredients**

Flixonase 24-Hour contains the active ingredient fluticasone propionate. The Product also contains the following inactive ingredients: Dextrose (anhydrous), microcrystalline cellulose and carboxymethylcellulose sodium, phenylethyl alcohol, benzalkonium chloride, polysorbate 80, dilute hydrochloric acid and purified water.

### **Supplier**

Your Flixonase 24-Hour is supplied by:

Glaxo Wellcome New Zealand Limited  
Quay Tower  
Cnr Albert and Customs St  
Private Bag 106600  
Downtown Auckland  
New Zealand

Ph: (09) 367 2900  
Fax (09) 367 2910

### **Further Information**

This is not all the information that is available on Flixonase 24-Hour. If you have any more questions or are not sure about anything, ask your doctor or pharmacist.

Pharmaceutical companies are not in a position to give people an individual diagnosis or medical advice. Your doctor or pharmacist is the best person to give you advice on the treatment of your condition. Ψου μαψ αλσο βε αβλε το φινδ γενεραλ ινφορματιον αβουτ ψουρ δισεασε ανδ ιτσ τρεατμεντ φρομ βοοκς

, φορ εξαμπλε ιν πυβλιχ λιβραριεσ.

Δο νοτ τηρωω τηισ λεαφλετ αωαψ.  
Ψου μαψ νεεδ το ρεαδ ιτ αγα ιν.

Τηε ινφορματιον προπιδεδ αππλιεσ ονλψ το: Φλιξονασε 24-Ηουρ <sup>TM</sup>.

<sup>TM</sup>Flixonase 24-Hour is a trademark of the GlaxoSmithKline Group of Companies.

This leaflet is copyrighted to GlaxoSmithKline and may be reproduced but not altered in any way.

Version 1.0, July 2000