

# EUMOVATE<sup>®</sup> Cream

Clobetasone butyrate 0.05% cream

## Consumer Medicine Information

### What is in this leaflet

Please read this leaflet carefully before you start using EUMOVATE Eczema and Dermatitis Cream. This leaflet answers some common questions about EUMOVATE. It does not contain all the available information and does not take the place of talking to your healthcare professional.

All medicines have risks and benefits. Your healthcare professional has weighed the risks of you using EUMOVATE against the benefits they expect it will have for you.

Use EUMOVATE as instructed and follow the advice given in this leaflet.

**If you have any concerns about using this medicine, ask your healthcare professional.**

Keep this leaflet with the medicine. You may need to read it again.

### What EUMOVATE is used for

EUMOVATE is used to treat eczema and dermatitis. It can help you to control patches of dry, red, itchy, flaky or inflamed skin caused by eczema and dermatitis.

### How EUMOVATE works

EUMOVATE contains clobetasone butyrate. Clobetasone butyrate is a topical corticosteroid. It is used to control inflammation on the skin. EUMOVATE works to stop the

skin's over-reaction to the triggers that cause skin flare-ups. It suppresses the inflammation that causes eczema or dermatitis. EUMOVATE' cream base also has moisturising properties

### Before using EUMOVATE

#### **When you must not use EUMOVATE**

**Do not use if you have an allergy to EUMOVATE or any of the ingredients listed at the end of this leaflet.**

**Do not use the cream on the wrong skin conditions.** It could make it worse.

If you are not sure what is causing your skin problem, ask your pharmacist or doctor.

Do not use this cream (or any other corticosteroid) on:

- **Broken or infected skin:** like cold sores, herpes, chicken pox, impetigo, ringworm, athlete's foot or thrush.
- **Psoriasis:** this needs to be managed by your doctor.
- **Acne:** spots or pimples
- **Seborrhoeic dermatitis:** this involves areas of skin where this cream should not be used.
- **Ulcerated skin, or if you suffer from poor circulation in the area of skin to be treated.**
- **In or near the eyes**
- **For more than 7 days unless a doctor has told you to**
- **Under waterproof bandages**

**If you have any of these conditions, ask your healthcare professional for advice.**

Do not use other corticosteroids (like hydrocortisone) on the skin while you are using this cream. You would be doubling the dose.

**Do not use EUMOVATE after the expiry date (EXP) printed on the pack.** If you use this medicine after the expiry date has passed, it may not work as well or it may give an entirely unexpected effect.

Do not give EUMOVATE to anyone else, even if they have similar symptoms to you.

#### **Do not use EUMOVATE:**

- **on children under 12 years of age**
- **if you are pregnant or may be pregnant**
- **if you are breastfeeding**
- **to treat any other conditions other than eczema and dermatitis unless advised by your doctor**

**Do not use EUMOVATE if the packaging is torn or shows signs of tampering.**

#### **Before you start to use EUMOVATE**

**Tell your healthcare professional if you have allergies to:**

- any medicines
- any substances, such as foods, preservatives or dyes

**if you are pregnant or intend to become pregnant.**

**if you are breastfeeding or plan to breastfeed.**

Your **healthcare professional** will discuss the possible risks and benefits of using EUMOVATE during pregnancy or breastfeeding.

**Do not use EUMOVATE on certain areas of the body.**

**Don't use the cream:**

- on your face (but it's OK on the neck and ears)
- on the groin and genital area
- between your toes
- Be especially careful that you don't get cream in your eyes.

**USE THE CREAM:**

- on other parts of the body
- on patches of red, dry, itchy or flaky skin caused by eczema and dermatitis

### ***Taking other medicines***

Tell your healthcare professional about any other medicines you are taking including medicines that you buy without a prescription, in a pharmacy, supermarket or health food shop.

These medicines may affect the way EUMOVATE works.

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## **Using EUMOVATE**

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### ***How to use EUMOVATE***

Follow all directions given to you by your healthcare professional carefully.

They may differ from the information contained in this leaflet.

**If you do not understand the instructions on the carton, ask your healthcare professional for help.**

**Adults or children over 12 years of age:**

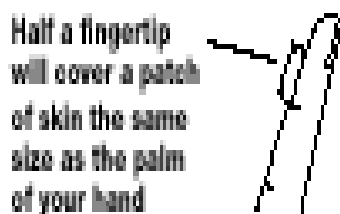
Use the cream twice a day for up to 7 days.

- Wash your hands and dry them
- Squeeze out the correct amount of cream onto your index finger. The picture below gives you an idea of how much to use.

- Gently rub cream onto the patch of skin you are treating.
- Wash your hands again (unless it is your hands you are treating).

### ***How much to use***

- Squeeze out the cream along the top of your index finger (see picture).
- From the crease in the finger, squeeze the cream halfway to your fingertip. This will cover a patch of skin the same size as the palm of your hand.
- Use the fingertip unit as a guide. For smaller areas, use a smaller amount. This cream is not meant to treat large areas.



- Don't cover the treated patch of skin with anything (bandages, dressings, gloves or plastic wrap). It can cause more of the medicine to pass through the skin.

### ***If you forget to use EUMOVATE***

**If you forget to use EUMOVATE or miss an application, use it when you remember.**

If you have any questions about this, ask your **healthcare professional**.

Do not try to make up for missed applications by using the cream more often as this may increase the chance of you getting a side effect.

If you have trouble remembering when to use your medicine, ask your **healthcare professional** for some hints.

### ***If you use too much (overdose)***

**If you use a bit too much of the cream by mistake, don't worry but try to keep to the fingertip**

**unit. Using corticosteroids on the skin continuously over many weeks or months can cause skin thinning and permanent skin damage.**

**If you or anyone swallow EUMOVATE; Immediately telephone your doctor or Poisons Information Centre for advice (in Australia telephone 13 11 26, in New Zealand telephone 03 474 7000) or go to Accident & Emergency at your nearest hospital, even if there are no signs of discomfort or poisoning. You may need urgent medical attention.**

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## **While you are using EUMOVATE**

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### ***Things you must do***

**Inform any other healthcare professionals who are treating you that you are using EUMOVATE.**

**If you start on any new medicine, tell your healthcare professional that you are using EUMOVATE.**

**If your rash/ irritation gets better but then comes back.**

Don't treat the same patch more than twice without taking advice from your doctor. It is possible that you are treating the wrong skin condition or that your skin may still be reacting to something that it is coming in contact with. Some of the common triggers are:

- Ear rings or studs – especially gold-plated ear rings
- Other jewellery
- Coins
- Watch buckles, metal straps or the metal back of a watch
- Metal studs or fastenings on jeans, bras or underwear

All of these may have a metal in them called nickel that is a very common trigger. If you react badly to nickel, all of the triggers in the list could be a problem.

Other common triggers include rubber and pine tree sap, which are

used in things we touch every day. You might find triggers:

- **In the home:** such as plasters, furniture polish, varnishes, rubber gloves or elastic in clothes.
- **In substances you use at work:** like glues, oils, lubricants or cement.
- **In the garden:** certain plants and weeds, gardening gloves.

Even if it is not practical to avoid triggers, there are often practical steps you can take to minimise possible irritation.

**EUMOVATE is meant to control skin conditions that improve within a week of treating yourself.** If you think you need further treatment after that, see a doctor for advice. Do not keep on using it.

**If your skin gets worse or it does not improve within a week,** stop using the cream and see your doctor.

**If your skin condition clears up in less than a week,** stop using the cream. Think about emollient (moisturising) products to help stop it coming back.

Skin specialists often advise people with eczema or dermatitis to use emollient (or moisturising) skin products, including creams and bath oils, to keep moisture in the skin. This can make your skin more resistant to flare-ups. Avoid using soap and heavily scented products. Ask your **healthcare professional** for further information.

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## Side effects

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**EUMOVATE, like all medicines, may cause unwanted side effects in some people.**

Tell your **healthcare professional** as soon as possible if you do not feel well while you are taking EUMOVATE.

This cream is very unlikely to cause any problems **as long as you follow the advice in this leaflet.**

If your skin gets worse during treatment, you may have a skin infection or a trigger you have not recognised or even an allergy to the cream.

Stop using the cream and see your doctor as soon as possible.

Side effects reported by some people using EUMOVATE include: rash, stinging, local irritation, skin thinning, skin bleaching or increased skin pigmentation and hair disorders. Exacerbation of eczema or dermatitis symptoms has also been reported.

**Using more than the correct amount of cream may cause changes to your skin e.g. thinning or allow the active ingredient to pass through the skin and affect other parts of the body. This is not a problem if you use the right amount of cream and for the correct period of time.**

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## After using EUMOVATE

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### Storage

**Keep your medicine in a cool dry place where the temperature stays below 25°C.**

**Do not store EUMOVATE or any other medicine in the bathroom or near a sink.**

**Do not leave the medicine in the car on hot days or on a window sill.**

**Keep EUMOVATE out of reach of children.**

**Do not use the medicine after the expiry date on the tube end or carton.**

### Disposal

**If your healthcare professional tells you to stop using EUMOVATE or the medicine has passed the expiry date, dispose of it safely.**

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## Product Description

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### ***What is in your EUMOVATE CREAM***

### ***Ingredients***

The active ingredient in EUMOVATE is clobetasone butyrate. It is present at a concentration of 0.05%w/w.

The inactive ingredients are:

- Glycerol
- Glyceryl monostearate
- Cetostearyl alcohol
- Beeswax substitute 6621
- Arlacel 165
- Dimethicone 20
- Chlorocresol
- Sodium citrate
- Citric acid monohydrate
- Water-purified

### ***Identification***

EUMOVATE can be identified by the Australian Register Number AUST R 116959 that is found on the label.

### ***Pack sizes***

EUMOVATE is available in tubes containing 15 g and 30 g\* of cream. \* Marketed pack size.

### ***Where to go for more information***

If you have any questions about your treatment with EUMOVATE, ask your **healthcare professional**.

Or you may call the toll-free INFOLINE:

In Australia: 1800 033 109

In New Zealand: 0800 808 500

### ***Manufacturer and supplier***

EUMOVATE is made in the UK and supplied:

In Australia by:

GlaxoSmithKline Australia Pty Ltd  
Level 4

436 Johnston Street  
Abbotsford  
Victoria 3067

In New Zealand by:

GlaxoSmithKline NZ Ltd  
(Pharmaceuticals)  
Level 8, AMP Centre  
Cnr Customs & Albert Streets  
Downtown Auckland

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This leaflet was prepared in  
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