

CMI for Dipeptiven

Dipeptiven[®]

Alanylglutamine

Consumer Medicine Information

What is in this leaflet

This leaflet answers some common questions about Dipeptiven. It does not contain all the available information. It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits. Your doctor has weighed the risks of you being given Dipeptiven against the benefits this medicine is expected to have for you.

If you have any concerns about this medicine, ask your doctor or pharmacist.

Keep this leaflet. You may need to read it again.

What is Dipeptiven used for and how does it work

Dipeptiven is an amino acid/dipeptide intravenous infusion, which is given as part of intravenous nutritional therapy. When the intake of nutrients or food into the mouth or directly into the gut is not possible or it is not enough to supply the body's needs then intravenous nutrients or foods can be given. This is especially important for people whose bodies are under physical stress from illness or recent surgery. During illness or after surgery the body requires nutrition or food. Amino acids are the building blocks used by the body to make proteins. Dipeptiven is usually given as a supplement to amino acid solutions or an amino acid containing infusion regimen as

part of a complete intravenous diet.

Your doctor may have prescribed Dipeptiven for another reason. Ask your doctor if you have any questions about why Dipeptiven has been prescribed for you.

Before you are given Dipeptiven

When should you **NOT** be given Dipeptiven ?

You should NOT be given Dipeptiven if:

- You have an allergy to Dipeptiven or any of the ingredients listed at the end of this leaflet.
- You have severe liver failure.
- You have severe kidney failure (if dialysis facilities are not available).
- You have too much acid in your blood, also called metabolic acidosis.

If you are not sure whether any of these apply to you, check with your doctor.

You must tell your doctor before being given Dipeptiven;

- If you have any allergies to any other medicines or any other substances, such as foods, preservatives or dyes.
- If you are pregnant or intend to become pregnant. Your doctor will discuss the risks and

benefits of using Dipeptiven during pregnancy.

- If you are breastfeeding or plan to breastfeed. Your doctor will discuss the risks and benefits of using Dipeptiven when breastfeeding.
- If you are under 18 years old.

If you have not told your doctors about any of the above, tell them before you are given Dipeptiven.

Use in Children

There is currently not enough information to recommend the use of Dipeptiven in patients less than 18 years of age.

Taking other medicines.

Some medicines can interact or interfere with each other. There are currently no known medicines, which can interfere or be affected by Dipeptiven.

How is Dipeptiven given

Dipeptiven is given as a continuous infusion into a central vein. An electronic pump may be used to control the speed of the infusion. Dipeptiven is usually given as a mixture with glucose, fats, salts, trace elements and vitamins. Dipeptiven must only be given by a doctor or nurse.

How much is given

Your doctor will decide what dose you will receive. This will

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depend on your condition, any other diseases you may have and your body weight.

How long it is given

The infusion will be continued for as long as your condition requires. At the moment there is no experience with the use of Dipeptiven for more than 3 weeks.

Side Effects

Dipeptiven, like all other nutrient solutions which are given intravenously, may cause side effects in some people. All the side effects associated with Dipeptiven may not yet have been detected. Reports of side effects caused by Dipeptiven are extremely rare.

If you are given too much (overdose)

This rarely happens as Dipeptiven is administered under the care of a trained professional in a hospital or clinic setting. However, if you are given Dipeptiven too quickly or too much, you may experience the following side effects: feeling sick (nausea and vomiting), or chills.

Your doctor has information on how to recognise and treat an overdose. Ask your doctor if you have any concerns. Otherwise, immediately contact the Poisons Information Centre in your country.

Australia: 13 11 26

New Zealand: 0800 764 766

While you are using Dipeptiven

Your doctor will order blood and urine tests while you are given Dipeptiven to monitor your progress. From the results, your dose of Dipeptiven may be adjusted.

Storage

Dipeptiven will be stored in the pharmacy or on the ward. The

infusion solution is kept in a cool dry place, where the temperature stays below 25°C.

Product Description

Dipeptiven is a clear, colourless solution, which is supplied in glass bottles.

It may be supplied from the pharmacy as a mixture of Dipeptiven, glucose, fats and vitamins. In this case it would be a milky white mixture in a plastic bag.

Dipeptiven comes in three pack sizes 50mL, 100mL and 250mL.

Ingredients

100mL contains 20g N(2)-L-alanyl-L-glutamine and water for injections.

Dipeptiven does not contain gluten, lactose, sucrose, tartrazine or any other azo dyes

Further Information

If you have any more questions or are not sure about anything, please ask your doctor or pharmacist.

Sponsor

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Date of Information

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