

## New Zealand Consumer Medicine Information

### **BISOLVON<sup>®</sup> Chesty Forte**

Oral Liquid

*Bromhexine hydrochloride*

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#### **What is in this leaflet**

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This leaflet answers some common questions about BISOLVON Chesty Forte. It does not contain all available information, nor does it take the place of talking to your doctor or pharmacist.

Keep this information with your BISOLVON Chesty Forte. You may need to read it again later.

#### ***To find out more about BISOLVON Chesty Forte***

You should ask your doctor or pharmacist if you have any questions about BISOLVON Chesty Forte, or if you have any trouble before, during or after using BISOLVON Chesty Forte.

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#### **What BISOLVON Chesty Forte is used for**

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BISOLVON Chesty Forte is used in conditions where breathing is difficult because there are a lot of secretions (also referred to as mucus) in your air passages. Such conditions include:

- common cold
- flu
- infections of the respiratory tract.
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BISOLVON Chesty Forte contains bromhexine hydrochloride, which helps to clear the chest by thinning the mucus in your air passages.

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#### **Before you take BISOLVON Chesty Forte**

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##### ***When you must not take BISOLVON Chesty Forte***

Do not take BISOLVON Chesty Forte if you are allergic to bromhexine or to any of the other ingredients in BISOLVON Chesty Forte. These ingredients are listed in full at the end of this leaflet.

Do not take BISOLVON Chesty Forte if you have fructose intolerance.

If you are not sure if you have these allergies or this condition, you should raise those concerns with your doctor or pharmacist.

Do not use BISOLVON Chesty Forte in children under 2 years of age.

You should not use BISOLVON Chesty Forte after the EXPIRY DATE on the carton or bottle.

### ***Before you start to take BISOLVON Chesty Forte***

If you have a persistent or chronic cough such as coughs occurring with smoking, asthma, chronic bronchitis, emphysema or cough accompanied by excess phlegm, consult your doctor before taking BISOLVON Chesty Forte.

Before taking BISOLVON Chesty Forte, you must tell your doctor or pharmacist if you have, or have had, any of the following conditions:

- liver problems
- kidney problems
- stomach ulcers
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If you are not sure if you have, or have had, any of these conditions, you should raise those concerns with your doctor or pharmacist.

Before using BISOLVON Chesty Forte, it is important to tell your doctor or pharmacist if you are taking any other medicines, obtained with or without a doctor's prescription.

BISOLVON Chesty Forte may increase the amount of antibiotic penetration. Antibiotics are medicines used to treat infections.

### ***Pregnancy***

Ask for your doctor's advice if you are pregnant, or likely to become pregnant during your course of medication. Special care is recommended during pregnancy. The benefits of BISOLVON Chesty Forte must be assessed against possible effects on your child.

### ***Breastfeeding***

Ask for your doctor's advice if you are breastfeeding, or likely to breastfeed during your course of medication. BISOLVON Chesty Forte is expected to enter the breast milk. Therefore, it is not recommended that BISOLVON Chesty Forte be taken by women who are breastfeeding.

### ***Children***

BISOLVON Chesty Forte should not be used in children under 2 years of age.

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## **Taking BISOLVON Chesty Forte**

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### ***Recommended dose***

Do not use in children under 2 years of age.

The recommended doses for BISOLVON Chesty Forte Oral Liquid in adults and children are stated below:

Adults: 5 ml three times a day. This dose can be increased to 10 ml three times a day for the first 7 days.

Children over 3 years of age: 5 ml three times a day.

Children 2-3 years: 2.5 ml three times a day.

Ask your doctor or pharmacist for more information if you have been advised to take a different dose.

### ***If you have taken too much BISOLVON Chesty Forte***

Seek medical advice if you have taken more than the recommended or prescribed dose of BISOLVON Chesty Forte. Advice can be provided by a doctor, pharmacist or Poisons Information Centre (telephone 0800 764 766).

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## **While you are taking BISOLVON Chesty Forte**

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When you take BISOLVON Chesty Forte, you may notice an increase in mucus from your air passages. This is common when you take BISOLVON Chesty Forte and is due to the way BISOLVON Chesty Forte work, helping to remove mucus by making it easier to cough up.

The maximum recommended daily dose of BISOLVON Chesty Forte for children 2-3 years of age (7.5 mL) contains at least 1.88 g of maltitol and up to 0.3 g of sorbitol.

The maximum recommended daily dose of BISOLVON Chesty Forte for children over 3 years of age (15 mL) contains at least 3.75 g of maltitol and up to 0.6 g of sorbitol.

The maximum recommended adult daily dose (30 ml) of BISOLVON Chesty Forte Oral Liquid contains at least 7.5 g of maltitol and up to 1.2 g of sorbitol.

Products containing maltitol and sorbitol may have a laxative effect or cause diarrhoea in some people. This is more likely if several products containing maltitol, sorbitol or related substances are consumed at the same time.

### ***Things you must do***

If your symptoms persist, you should contact your doctor for further advice. Your doctor will assess your condition and decide if you should continue to take BISOLVON Chesty Forte or if a new treatment plan is needed.

Stop taking BISOLVON Chesty Forte and contact your doctor immediately if you experience any skin reaction with severe blisters and bleeding in the lips, eyes, mouth, nose or genitals. These may be symptoms of a severe allergic reaction that requires urgent medical attention.

There have been very rare reports of severe skin reactions such as Stevens Johnson Syndrome and Lyell's Syndrome with products containing bromhexine.

### ***Effects on ability to drive or operate machinery***

When used as recommended, and when there are no side effects, BISOLVON Chesty Forte is not known to have any effect on the ability to drive or operate machinery.

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## **Side effects**

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You should be aware that all medicines carry some risks and that all possible risks may not be known at this stage despite thorough testing. Ask for the advice of your

doctor or pharmacist if you have any concerns about the effects of taking BISOLVON Chesty Forte.

Side effects from BISOLVON Chesty Forte include:

- nausea
- diarrhoea
- vomiting
- stomach pain
- other mild stomach problems
- headache
- dizziness
- sweating
- temporary rise in some liver enzyme levels.

Serious allergic reactions have occurred with the use of BISOLVON Chesty Forte. Symptoms of allergic reactions may include:

- skin rashes, including pinkish, itchy swellings (also called hives)
- difficulty in breathing
- swelling of the face, lips, mouth, tongue or throat which may cause difficulty swallowing or breathing.

Tell your doctor or pharmacist as soon as possible if you experience any side effects during or after taking BISOLVON Chesty Forte, so that these may be properly treated.

In addition, unexpected effects, not listed above, can occur with any medicine. You should tell your doctor or pharmacist if you notice anything unusual, during or after taking BISOLVON Chesty Forte.

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## **After taking BISOLVON Chesty Forte**

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### ***Storage***

BISOLVON Chesty Forte should be kept in a cool dry place where the temperature stays below 25°C. Do not store in direct sunlight or heat. For example, do not leave it in the car on hot days.

Keep BISOLVON Chesty Forte where children cannot reach it.

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## **Product Description**

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### ***What is BISOLVON Chesty Forte***

BISOLVON Chesty Forte is the brand name of your medicine. The Oral Liquid is a clear to almost clear and colourless to almost colourless solution with an aroma of chocolate and cherry.

BISOLVON Chesty Forte is available in bottles containing 200 ml, with a tamper-evident cap.

### ***Ingredients***

Each 5 ml of BISOLVON Chesty Forte contains bromhexine hydrochloride 8 mg. The other ingredients contained in BISOLVON Chesty Forte are:

- maltitol solution
- sucralose
- benzoic acid
- menthol
- chocolate flavour 96534-33
- cherry flavour 96323-33
- purified water.

***Manufacturer***

BISOLVON Chesty Forte is made in France. BISOLVON Chesty Forte is supplied in New Zealand by:

Boehringer Ingelheim NZ Limited  
PO Box 76-216  
Manukau City  
Auckland  
Ph 0800 802461

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