

# DATA SHEET

## Resolve Plus 1.0% Cream

EGO

Hydrocortisone 1% w/w, Miconazole nitrate 2% w/w

### Presentation

A white glossy cream containing hydrocortisone, 1% w/w and miconazole nitrate, 2% w/w.

### Uses

#### *Actions*

Resolve Plus 1.0% Cream is a broad spectrum anti-fungal and anti-inflammatory cream.

Miconazole nitrate is an antifungal agent and acts by altering the permeability of the cell membrane in sensitive fungi.

Hydrocortisone is an anti-inflammatory agent the topical application of which often produces dramatic suppression of skin diseases in which inflammation is a prominent feature.

#### *Pharmacokinetics*

The absorption of miconazole is not significant when applied topically.

When applied topically, hydrocortisone is absorbed through the skin allowing penetration to deeper layers. Absorption is aided by use of occlusive dressings due to the hydration of the skin layers that results.

#### *Indications*

Inflamed or itchy fungal skin infections such as:

- inflamed or itchy tinea;
- thrush;
- seborrhoeic dermatitis;
- otitis externa;
- thrush infected napkin rash;
- intertriginous eruptions;
- inflamed fungal infections where bacterial infection may be present

### Dosage and administration

A small amount should be applied to the infected skin and surrounding area ensuring complete coverage.

The dose should be applied twice daily until the infection and inflammation has disappeared. Treatment should be continued for one week after condition clears.

## **Contraindications**

- Sensitivity to miconazole nitrate, hydrocortisone or phenethyl alcohol;
- herpes and other viral diseases of the skin (vaccinia, small pox, chicken pox), perioral dermatitis and tuberculous, syphilitic skin disorders or ulcerative skin conditions.

## **Warnings and precautions**

For external use only.

Avoid contact with eyes.

Long term corticosteroid use may increase the risk of hypothalamic-pituitary axis suppression, especially under occlusion. Use for longer than 4 weeks can cause atrophic striae, prolonged use on flexures and in intertriginous areas is undesirable.

### *Pregnancy and Lactation*

Hydrocortisone and miconazole nitrate are Category A drugs as defined in 'Medicines in Pregnancy' approved by the Australian Drug Evaluation Committee. Category A drugs are those which have been taken by a large number of pregnant women of child-bearing age without any proven increase in the frequency of malformations or other direct or indirect harmful effects on the foetus having been observed.

## **Adverse effects**

Rarely, local sensitivity may occur requiring discontinuation of treatment.

## **Interactions**

Nil.

## **Overdosage**

Nil

## **Pharmaceutical precautions**

Store below 25°C.

## **Medicine classification**

Pharmacist Only Medicine.

## **Package quantities**

Resolve Plus 1.0% Cream: 10g and 30 g

## **Further information**

Resolve Plus 1.0% Cream contains phenethyl alcohol as preservative.

**Name and address***Manufacturer*

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