

GLYTRIN Spray

Glyceryl Trinitrate Spray 400mcg per spray dose

What is in this leaflet

Please read this leaflet carefully before you start to use your medicine. It answers some common questions about GLYTRIN Spray.

Keep the leaflet with the medicine. You may need to read it again.

This leaflet only applies to GLYTRIN Spray.

What the GLYTRIN Spray is used for and how it works

Your medicine is called GLYTRIN Spray. The active ingredient is glyceryl trinitrate. Glyceryl trinitrate is one of a group of medicines called nitrates which relax the muscle walls of the blood vessels and reduce the workload of the heart.

You may use GLYTRIN Spray to relieve the pain of an angina attack once it has started, or to prevent it starting by using immediately before events which may set off your angina, for instance physical effort, emotional stress or exposure to cold.

Advice before using GLYTRIN Spray

Make sure it is safe for you to use GLYTRIN Spray. Read the following questions carefully:

- Have you previously had an allergic reaction to nitrates or any other ingredient such as peppermint oil? (an allergic reaction may include rash, itching, swelling or breathing difficulties).
- Are you pregnant or intend to become pregnant?
- Are you currently breast feeding?
- Do you have a very low blood pressure or heart rate, severe anaemia (low levels of red blood cells), abnormality of the heart valves or heart muscle, head injury, bleeding from the brain or fluid on the lungs?
- Are you taking any other medicine, particularly heart, blood pressure, water tablets or Viagra[®] (sildenafil for male erectile dysfunction)?

If you answer YES to any of the above questions or are not sure, do not start treatment. Talk to your doctor or pharmacist first.

If Viagra[®] (sildenafil) is used by patients taking nitrate preparations such as GLYTRIN Spray, a severe and possibly dangerous fall in blood pressure can occur. This would result in collapse, unconsciousness and could be fatal. You should NOT take Viagra[®] whilst on GLYTRIN Spray.

How to use GLYTRIN Spray properly

Use your medicine as instructed by your doctor or pharmacist.

1. If possible, it is recommended that you sit down to use your medicine.

2. Remove the cap.
3. Hold the canister upright with the forefinger on top of the white button. There is no need to shake the canister.
4. Open your mouth and bring the GLYTRIN spray nozzle as close as possible, aiming it under your tongue.
5. Press the button firmly, directing the spray UNDER YOUR TONGUE while holding your breath.
6. Keep the button held down until all the dose has been released.
7. Close your mouth immediately but **do not inhale** the spray.
8. If necessary, repeat for a second time following the steps above. No more than two doses are recommended at one time.
9. Always replace the cap after use.
10. If you use GLYTRIN spray during an attack, sit down and rest until the pain disappears.

Make sure you have a GLYTRIN Spray with you at all times. Make sure you get a new one before the old one runs out. Ideally, keep a spare handy.

This medicine is for you. Never give it to others. It may harm them, even if their symptoms are the same as yours.

Side effects

GLYTRIN Spray may occasionally cause headache, facial flushing, faintness, abnormal heart rate, dizziness and nausea. Rarely an allergic skin rash or fainting may occur. These symptoms may be worse if you have been drinking alcohol or are taking prescribed medicine for high blood pressure.

Consult your doctor if the effects persist or are bothersome. Other side effects that are not listed above may also occur in some patients. If you notice any other side effects, check with your doctor or pharmacist.

Storage conditions

Store below 25°C. Keep GLYTRIN Spray away from frost and direct sources of heat including sunlight.

Keep GLYTRIN Spray out of the reach of children.

Do not keep/use this medicine when no longer needed or after its expiry date. Do not attempt to puncture, break or burn the canister, even if it appears empty.

List of other ingredients

Besides glyceryl trinitrate, GLYTRIN Spray also contains the inactive ingredients: peppermint oil, ethanol and 1,1,1,2-tetrafluoroethane.

If you want to know more

If you are concerned about any aspect of your treatment with GLYTRIN Spray, talk to your doctor or pharmacist.

GLYTRIN Spray is distributed in New Zealand by:

AFT Pharmaceuticals Ltd, PO Box 33-203, Takapuna, Auckland
for Bioglan Laboratories Ltd, Hitchin, Herts. United Kingdom.

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Pharmacy Medicine

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