

# Duro-Tuss™ Chesty Cough Liquid Regular

## *Bromhexine hydrochloride*

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### Consumer Medicine Information

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#### What is in this leaflet

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This leaflet answers some common questions about this medicine. It does not contain all the available information. It does not take the place of talking to your pharmacist or doctor.

All medicines have risks and benefits. Your pharmacist or doctor has weighed the risks of you taking these medicines against the benefits they expect it will have for you.

**If you have any concerns about taking this medicine, ask your doctor or pharmacist.**

**Keep this leaflet.**  
You may need to read it again.

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#### What Duro-Tuss Chesty Cough Liquid is used for

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Bromhexine is used to clear chest congestion.

Bromhexine helps to clear the chest by thinning the mucus in your air passages.

**Ask your pharmacist or doctor if you have any questions about this medicine.**

Your pharmacist or doctor may have given it for another reason.

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#### Before you take Duro-Tuss Chesty Cough Liquid Regular

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##### *When you must not take it*

**Do not take this medicine if you have an allergy to:**

- any medicine containing Bromhexine
- any of the ingredients listed at the end of this leaflet.

Some of the symptoms of an allergic reaction may include:

- shortness of breath
- wheezing or difficulty breathing
- swelling of the face, lips, tongue or other parts of the body
- rash, itching or hives on the skin.

**Do not take this medicine after the expiry date printed on the pack or if the packaging is damaged or shows signs of tampering.**

If it has expired or is damaged, return it to your pharmacist for disposal.

**If you are not sure whether you should start taking this medicine, talk to your pharmacist or doctor.**

##### *Before you start to take it*

**Tell your pharmacist if you have allergies to any other medicines, foods, preservatives or dyes.**

**Tell your pharmacist if you have or have had any of the following medical conditions:**

- liver problems
- kidney problems
- stomach ulcers

**Tell your pharmacist or doctor if you are pregnant or plan to become pregnant.**

Your pharmacist or doctor will discuss the benefits and possible risks of taking the medicine during pregnancy.

**Ask your pharmacist or doctor about taking Bromhexine if you are breastfeeding.**

It is not known whether Bromhexine passes into the breast milk. Your pharmacist or doctor will discuss the

potential benefits and risks of taking this medicine if you are breastfeeding.

**If you have not told your pharmacist or doctor about any of the above, tell him/her before you start taking this medicine.**

##### *Taking other medicines*

**Tell your pharmacist or doctor if you are taking any other medicines, including any that you get without a prescription or that are herbal from your pharmacy, supermarket or health food shop.**

Some medicines and Duro-Tuss Chesty Cough Liquid Regular may interfere with each other.

**Ask your pharmacist or doctor if you are unsure about whether you should take Duro-Tuss Chesty Cough Liquid Regular.**

Your pharmacist or doctor will have more information on medicines to be careful with or avoid while taking this medicine.

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#### How to take Duro-Tuss Chesty Cough Liquid Regular

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**Follow all directions on the label or those given to you by your pharmacist or doctor carefully.**

**If you do not understand the instructions on the bottle, ask your pharmacist or doctor for help.**

## How much to take

Duro-Tuss Chesty Cough Liquid  
Regular

Adults & children over 12 years:	15 mL
Before use, seek healthcare professional advice	
Children 6-12 years:	5-10 mL
Children 2-5 years:	2-5 mL
Children under 2 years:	Do not use

## When to take it

Take your medicine every 8 hours, if required.

The maximum dose is 3 times a day.

## If you take too much (overdose)

Immediately telephone your doctor or the Poisons Information Centre for advice, or go the Accident and Emergency at the nearest hospital, if you think that you or anyone else may have taken too much Duro-Tuss Phenylephrine PE Dry Cough + Nasal Decongestant. Do this even if there are no signs of discomfort or poisoning.

**Poisons Information Australia:**  
Tel. 13 11 26

**Poisons Information New Zealand:**  
0800 POISON (0800 764 766)

## While you are using Duro-Tuss Chesty Cough Liquid Regular

### Things you must do

Talk to your pharmacist or doctor if your symptoms do not improve.

Your pharmacist or doctor will assess your condition and decide if you should continue to take the medicine.

### Things you must not do

Do not take Duro-Tuss Chesty Cough Liquid Regular to treat any

other complaints unless your pharmacist or doctor tells you to.

Do not give your medicine to anyone else, even if they have the same condition as you.

Do not take more than the recommended dose unless your pharmacist or doctor tells you to.

Do not use this medicine in children under 2 years of age.

## Things to be careful of

Be careful driving or operating machinery until you know how Duro-Tuss Chesty Cough Liquid Regular affects you.

This medicine may cause dizziness in some people. If this happens, do not drive or operate machinery.

## Side effects

Tell your pharmacist or doctor as soon as possible if you do not feel well while you are taking this medicine.

This medicine helps most people, yet it may have unwanted side effects in a few people. All medicines can have side effects. Sometimes they are serious, most of the time they are not. You may need medical attention if you get some of the side effects.

Do not be alarmed by the following list of possible side effects. You may not experience any of them.

Ask your pharmacist or doctor to answer any questions you may have.

Tell your pharmacist or doctor if you notice any of the following and they worry you:

- dizziness
- nausea
- diarrhoea
- indigestion
- abdominal fullness
- headache
- sweating

The above list includes the more common side effects of your medicine. They are usually mild.

Tell your pharmacist or doctor as soon as possible if you notice any of the following:

- shortness of breath
- wheezing or difficulty breathing
- swelling of the face, lips, tongue or other parts of the body
- skin rashes

The above list includes serious side effects that may require medical attention. Serious side effects are rare.

Tell your pharmacist or doctor if you notice anything that is making you feel unwell.

Other side effects not listed above may also occur in some people.

## Before and after using Duro-Tuss Chesty Cough Liquid Regular

### Storage

Keep your medicine in the original pack until it is time to take it.

Keep your medicine in a cool dry place where the temperature stays below 30°C.

Do not store these medicines or any other medicine in the bathroom or near a sink. Do not leave it on a window sill or in the car.

Heat and dampness can destroy some medicines.

Keep it where children cannot reach it.

A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

### Disposal

Ask your pharmacist what to do with any medicine that is left over, or if the expiry date has passed.

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## Product description

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### ***What it looks like***

Duro-Tuss Chesty Cough Liquid Regular is a clear solution and has a forest fruit flavour.

It comes in 100 mL and 200 mL bottles.

### ***Ingredients***

Every 15 mL of Duro-Tuss Chesty Cough Liquid Regular contains:

- Bromhexine hydrochloride 12 mg

as the active ingredient.

It also contains:

- Methylhydroxybenzoate
- Citric acid
- Forestberry
- Glycerol
- Hydroxyethylcellulose
- Menthol
- Polysorbate 20
- Sorbitol

### ***Supplier***

Duro-Tuss Chesty Cough Liquid Regular is made and supplied in Australia by:

**iNova Pharmaceuticals (Australia)  
Pty Limited**  
9-15 Chilvers Road  
Thornleigh NSW 2120

Distributed in New Zealand by:  
Douglas Pharmaceuticals Limited,  
Auckland.

<sup>TM</sup> = Trademark

[www.inovapharma.com](http://www.inovapharma.com)

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