

# DRIXINE<sup>®</sup> NASAL SPRAYS

DRIXINE<sup>®</sup> DECONGESTANT NASAL SPRAY

DRIXINE<sup>®</sup> NO DRIP FORMULA ORIGINAL PUMP MIST NASAL SPRAY

DRIXINE<sup>®</sup> NO DRIP FORMULA MOISTURISING PUMP MIST NASAL SPRAY

DRIXINE<sup>®</sup> NO DRIP FORMULA MENTHOL AROMA PUMP MIST NASAL SPRAY

Oxymetazoline Hydrochloride 0.5 mg/mL

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## What is in this leaflet

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The medicine you have purchased contains Oxymetazoline Hydrochloride.

This leaflet is intended to provide information on the active ingredient oxymetazoline hydrochloride which is contained in DRIXINE Nasal Sprays.

The packaging of the medicine you have bought should be read carefully. This leaflet provides additional information on DRIXINE Nasal Sprays.

Please read this Consumer Medicine Information and the packaging of the medicine you purchased carefully before you start using DRIXINE Nasal Sprays.

This leaflet answers some common questions about DRIXINE Nasal Sprays. It does not contain all of the available information. It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits.

**If you have any concerns about taking this medicine, ask your doctor or pharmacist.**

Keep this leaflet with the medicine. You may need to read it again.

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## What DRIXINE<sup>®</sup> NASAL SPRAYS are used for

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DRIXINE Nasal Sprays contain oxymetazoline hydrochloride.

Oxymetazoline is a nasal decongestant that clears blocked noses.

DRIXINE Nasal Sprays are used to relieve nasal congestion associated with common cold and flu, hayfever, allergies and sinusitis. DRIXINE Nasal Sprays provide 12 hours relief.

DRIXINE Nasal Sprays can be used in adults and children aged six and over.

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## **Before you use DRIXINE<sup>®</sup> NASAL SPRAYS**

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### **When you must not use Drixine Nasal Sprays**

#### **Do not use DRIXINE Nasal Sprays:**

- If you are allergic (hypersensitive) to active substance oxymetazoline hydrochloride or any of the other ingredients of DRIXINE Nasal Sprays
- If you are taking monoamine oxidase inhibitors (MAO inhibitors, used in the treatment of Parkinson's disease and depression). MAO inhibitors may increase the hypertensive effects of oxymetazoline
- If you have narrow angle glaucoma
- If you have had trans-sphenoidal hypophysectomy
- If you have inflammation of the skin and mucosa of the nasal vestibule and encrustation (rhinitis sicca)
- If you have acute coronary disease or cardiac asthma

#### **Do not use DRIXINE Nasal Sprays in children under 6 years of age (see section How to take DRIXINE Nasal Sprays)**

If you are not sure whether you should use DRIXINE Nasal Sprays, talk to your doctor or pharmacist.

### **Before you start to use Drixine Nasal Sprays**

Consult your doctor or pharmacist if you have:

- Coronary artery disease
- Hypertension
- Hyperthyroidism
- Diabetes mellitus
- Difficulty in urination due to enlargement of the prostate gland

#### **Consult your doctor or pharmacist before using this product in children 6 – 12 years.**

### **Pregnancy and Breastfeeding**

If you are pregnant or breastfeeding, you should only use DRIXINE Nasal Sprays during pregnancy or breast feeding if recommended by your doctors.

### Taking other medicines

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription.

The hypertensive effects of oxymetazoline may increase when used together with:

- Some types of antidepressants: tricyclic antidepressants, maprotiline, monoamine oxidase inhibitors (MAO inhibitors)

Consult a doctor or pharmacist before using DRIXINE Nasal Sprays if you use any of the medicines listed above. (see also 'Do not use Drixine Nasal Sprays' section)

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## How to use DRIXINE<sup>®</sup> NASAL SPRAYS

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Always use Drixine Nasal Sprays exactly as directed on the packaging of the product you have purchased. If you do not understand the instruction on the packaging, ask your doctor or pharmacist for help.

### How much to use

#### Dosage

DRIXINE Decongestant Nasal Spray:

Age	How much	How often	Maximum
6 years - Adult	2 – 3 sprays in each nostril	Every 12 hours when necessary	Two doses within 24 hours

DRIXINE No Drip Formula Nasal Sprays:

Age	How much	How often	Maximum
6 years and over	2 – 3 sprays in each nostril	Every 10 – 12 hours as necessary	2 doses in 24 hours

Do not exceed the recommended dose.

### How long to use it

Drixine Nasal Sprays should not be used for longer than 3 days. If used over longer period DRIXINE Nasal Sprays may cause a blocked nose. Contact your doctor or pharmacist if symptoms worsen or do not improve after 3 days

## ***How to use it***

DRIXINE Decongestant Nasal Spray:

- Blow nose gently to clear
- Insert nozzle into nostril and squeeze bottle firmly while sniffing deeply.
- Withdraw nozzle and repeat in other nostril. 2 – 3 spray in each nostril.
- After use wipe nozzle clean and replace cap.
- Each pack should be used by only one person, for reason of hygiene.

DRIXINE No Drip Formula Nasal Sprays:

- Shake well before use,
- Before using the first time remove the protective cap from the tip and prime metered pump by depressing pump firmly several times.
- Blow nose gently to clear.
- To spray, hold bottle with thumb at base and nozzle between first and second fingers. Without tilting head, insert nozzle into nostril.
- Fully depress rim with a firm, even stroke 2 – 3 spray in each nostril and inhale deeply.

## ***If you forget to use Drixine Nasal Sprays***

Do not take a double dose to make up for a forgotten dose.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

## ***If you use too much (overdose)***

Immediately telephone your doctor or the National Poison Centre (telephone 0800POISON or 0800 764 766) for advice, or go to accident and emergency at your nearest hospital, if you think that you or anyone else may have taken too much DRIXINE Nasal Sprays contact your doctor or go to hospital immediately and take the bottle with you.

Do this even if there are no signs of discomfort or poisoning.

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# **While you are using DRIXINE<sup>®</sup> NASAL SPRAYS**

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## ***Things you must do***

Tell all the doctors, dentists and pharmacists who are treating you that you are taking Drixine Nasal Sprays.

Tell your doctor or pharmacist if you become pregnant while you are using DRIXINE Nasal Sprays.

### **Things you must not do**

Do not give DRIXINE Nasal Sprays to anyone else, even if their symptoms seem similar to yours.

Do not give to children under 6 years of age

Do not give to children under 12 years of age without medical advice.

Do not use it to treat any other complaints unless your doctor or pharmacist says to.

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## **SIDE EFFECTS**

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Like all medicines, Drixine Nasal Sprays can cause side effects, although not everybody gets them.

Possible side effects are:

**Uncommon:** sneezing, dryness or irritation in the nose, mouth or throat.

**Rare:** anxiety, fatigue, irritability, disturbed sleep in children, rapid heart beat, palpitations, raised blood pressure, blocked nose, swelling of the nasal lining, headache, nausea, flushing, rash and visual disturbances.

In addition, some of the ingredients in Drixine Nasal Sprays can cause side effects. Benzalkonium chloride (a preservative) is an irritant and may cause skin reactions. Propylene glycol may cause skin irritation.

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

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## **After using DRIXINE<sup>®</sup> NASAL SPRAYS**

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After each use wipe nozzle and replace cap.

### **HOW TO STORE DRIXINE Nasal Sprays**

DRIXINE Decongestant Nasal Spray: Store below 30°C.

DRIXINE No Drip Formula Nasal Sprays: Store below 25°C.

Do not use Drixine Nasal Sprays after the expiry date which is stated on the outer pack and on immediate container: The expiry date refers to the last day of that month.

Store in the original package.

Keep out of the reach and sight of children.

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## **Product description**

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### **What DRIXINE Nasal Sprays looks like:**

DRIXINE DECONGESTANT NASAL SPRAY – A clear, colourless solution in a 15 mL white low density plastic bottle fitted with a spray nozzle.

DRIXINE No Drip Formula Nasal Sprays are white to off white gel like solution in a white light-resistant 15 ml high density plastic bottle with a white plastic pump.

### **What Drixine Nasal Sprays contain:**

#### **DRIXINE Decongestant Nasal Spray**

The active substance is oxymetazoline hydrochloride 0.5 mg/mL

The other ingredients are:

Benzalkonium chloride

Disodium edetate

Hydrochloric acid

Propylene glycol

Sodium hydroxide

Sodium phosphate monobasic monohydrate

Water- purified

#### **DRIXINE NO Drip Formula Original Pump Mist Nasal Spray**

The active substance is oxymetazoline hydrochloride 0.5 mg/mL

The other ingredients are:

Lemon flavour

Benzalkonium chloride

Benzyl alcohol

Cellulose – dispersible

Disodium edetate

Macrogol 1450

Povidone

Sodium phosphate - dibasic anhydrous

Sodium phosphate - monobasic monohydrate

Water- purified

#### **DRIXINE NO Drip Moisturising Pump Mist Nasal Spray**

The active substance is oxymetazoline hydrochloride 0.5 mg/mL

The other ingredients are:

Lemon flavour  
Benzalkonium chloride  
Benzyl alcohol  
Cellulose – dispersible  
Disodium edetate  
Glycerol  
Macrogol 1450  
Povidone  
Sodium phosphate - dibasic anhydrous  
Sodium phosphate - monobasic monohydrate  
Water- purified

**DRIXINE NO Drip Menthol Aroma Pump Mist Nasal Spray**

The active substance is oxymetazoline hydrochloride 0.5 mg/mL

The other ingredients are:

Benzalkonium chloride  
Benzyl alcohol  
Camphor  
Cellulose – dispersible  
Cineole  
Disodium edetate  
Macrogol 1450  
Menthol  
Povidone  
Propylene glycol  
Sodium phosphate - dibasic anhydrous  
Sodium phosphate - monobasic monohydrate  
Water - purified

**Supplier**

Merck Sharp & Dohme (New Zealand) Limited  
Level 3, 109 Carlton Gore Rd  
PO Box 99851 Newmarket, Auckland 1149

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**Date of Preparation**

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05 December 2011