

# Clotrimaderm Vaginal Cream 1% & 2%

Clotrimazole Vaginal cream USP, 1% & 2%

## What is in this leaflet

Please read this leaflet carefully before you start to use your medicine. It answers some common questions about CLOTRIMADERM.

Keep the leaflet with the medicine.

You may need to read it again.

This leaflet only applies to CLOTRIMADERM.

## What CLOTRIMADERM Vaginal Cream is used for and how it works

CLOTRIMADERM is for the treatment of vulvovaginal candidiasis (vaginal yeast infection or thrush). CLOTRIMADERM relieves the vaginal itching, burning and discharge associated with vaginal yeast infections and cures most vaginal yeast (candida) infections when used for the full treatment period.

The active ingredients are Clotrimazole 1% in the 6 day treatment (CLOTRIMADERM 1%) and Clotrimazole 2% in the 3 day treatment (CLOTRIMADERM 2%).

CLOTRIMADERM works by killing the fungus (yeast).

## Advice before using CLOTRIMADERM

Do not use CLOTRIMADERM if you are:

- Pregnant except on the advice of a doctor
- Breastfeeding except on the advice of a doctor
- Sensitive to any of the ingredients

Use only if you have already had a vaginal yeast infection diagnosed by a doctor and you have the same symptoms now, otherwise consult your physician.. These symptoms include itching and burning of the vagina and, sometimes, a white discharge.

Consult a doctor if you have abdominal pain, fever or foul-smelling vaginal discharge before or during use of this medicine.

If you are at risk of for sexually transmitted diseases, have multiple partners or change partners often, consult a doctor before starting each treatment.

CLOTRIMADERM should only be used under medical supervision in children aged under 12.

## How to use CLOTRIMADERM properly

Always check the label for directions on how to use your medicine. Your pharmacist will help if you are not sure.

### **1. Loading the applicator**

Depress the plunger fully into the barrel of the applicator. Remove the cap from the tube, pierce the sealed end of the tube with the back of the cap and push the applicator onto the tube.

Load the applicator by squeezing the tube from the bottom until the applicator is full of cream. Separate the applicator from the tube.

### **2. Inserting the cream**

While lying on your back, insert the filled applicator into the vagina as far as it will go comfortably.

Holding the applicator in place, slowly press the plunger until it stops. Withdraw and dispose of the applicator.

Local treatment of the vulva and perianal region twice daily for up to 6 days with CLOTRIMADERM 1% or 3 days with CLOTRIMADERM 2% is recommended for relief of external vulvar itching associated with a yeast infection. Squeeze a small amount of cream onto your finger and gently spread the cream on the irritated area of the vulva.

### ***Care of Applicator***

After each use, pull the applicator apart and wash with soap and warm water. Place in boiling water for 3 minutes if desired. To reassemble, gently push the plunger back into the cylinder as far as it will go.

If there is no improvement in 3 days or if the symptoms have not disappeared within 6 days (1% strength) or 3 days (2% strength), then consult a doctor as not all vaginal infections are caused by yeast.

If symptoms recur within 2 months consult a doctor.

This medicine is for you. Never give it to others. It may harm them, even if their symptoms are the same as yours.

### **Side effects**

CLOTRIMADERM is generally well tolerated but may infrequently cause side effects. These include:

- Irritation of the skin
- Rash, redness or blistering of the skin

If you experience these side effects or any other ill effects, tell your pharmacist or doctor and ask if you should continue with your medication.

### **Storage conditions**

Store below 30°C, do not refrigerate.

FOR EXTERNAL USE ONLY

Keep your medicine out of the reach of children.

Do not keep/use this medicine when no longer needed or after its expiry date.

### **List of other ingredients**

CLOTRIMADERM contains 2-octyldodecanol, benzyl alcohol, cetostearyl alcohol, cetyl esters wax, polysorbate 60 and sorbitan monostearate.

### **If you want to know more**

If you are concerned about any aspect of your treatment with CLOTRIMADERM, talk to your doctor or pharmacist.

### **Distributor in New Zealand**

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Pharmacist Only Medicine

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