

New Zealand Consumer Medicine Information

BISOLVON[®] Chesty

Tablets 8 mg

Bromhexine hydrochloride

What is in this leaflet

This leaflet answers some common questions about BISOLVON Chesty. It does not contain all available information, nor does it take the place of talking to your doctor or pharmacist.

Keep this information with your BISOLVON Chesty. You may need to read it again later.

To find out more about BISOLVON Chesty

You should ask your doctor or pharmacist if you have any questions about BISOLVON Chesty, or if you have any trouble before, during or after using BISOLVON Chesty.

What BISOLVON Chesty is used for

BISOLVON Chesty is used in conditions where breathing is difficult because there are a lot of secretions (also referred to as mucus) in your air passages making it easier to cough up. Such conditions include:

- common cold
- flu
- infections of the respiratory tract

BISOLVON Chesty contains bromhexine hydrochloride, which helps to clear the chest by thinning the mucus in your air passages.

Before you take BISOLVON Chesty

When you must not take BISOLVON Chesty

Do not take BISOLVON Chesty if you are allergic to bromhexine or to any of the other ingredients in BISOLVON Chesty. These ingredients are listed in full at the end of this leaflet.

Do not take BISOLVON Chesty if you have galactose intolerance. The maximum recommended adult daily dose of BISOLVON Chesty Tablets contains 444 mg of lactose.

If you are not sure if you have these allergies or this condition, you should raise those concerns with your doctor or pharmacist.

Do not use BISOLVON Chesty in children under 2 years of age.

You should not use BISOLVON Chesty after the EXPIRY DATE on the carton or container. If you take this medicine after the expiry date, it may not work as well. Do not use BISOLVON Chesty if the packaging is torn or shows signs of tampering.

Before you start to take BISOLVON Chesty

If you have a persistent or chronic cough such as coughs occurring with smoking, asthma, chronic bronchitis, emphysema or cough accompanied by excess phlegm, consult your doctor before taking BISOLVON Chesty.

Before taking BISOLVON Chesty, you must tell your doctor or pharmacist if you have, or have had, any of the following conditions:

- liver problems
- kidney problems
- stomach ulcers
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If you are not sure if you have, or have had, any of these conditions, you should raise those concerns with your doctor or pharmacist.

Before using BISOLVON Chesty, it is important to tell your doctor or pharmacist if you are taking any other medicines, obtained with or without a doctor's prescription. BISOLVON Chesty may increase the amount of antibiotic penetration. Antibiotics are medicines used to treat infections.

Pregnancy

Ask for your doctor's advice if you are pregnant, or likely to become pregnant during your course of medication. Special care is recommended during pregnancy. The benefits of BISOLVON Chesty must be assessed against any risks. Your doctor will discuss the risks and benefits of using BISOLVON Chesty while you are pregnant. The use of BISOLVON Chesty during the first trimester is not recommended.

Breastfeeding

Ask for your doctor's advice if you are breastfeeding, or likely to breastfeed during your course of medication. BISOLVON Chesty is expected to enter the breast milk. It is not recommended that BISOLVON Chesty be taken by women who are breastfeeding.

Children

BISOLVON Chesty Tablets should not be used in children under 6 years of age.

BISOLVON Chesty Forte Oral Liquid is available for children between 2 to 6 years of age who have trouble swallowing tablets. Do not use BISOLVON Chesty Forte Oral Liquid in children under 2 years.

Taking BISOLVON Chesty

Recommended dose

BISOLVON Chesty Tablets are not recommended for children under 6 years of age. The recommended doses for BISOLVON Chesty Tablets in adults and children are stated below:

Adults: 1 tablet three times a day. This dose can be increased to 2 tablets three times a day for the first 7 days.

Children over 6 years: 1 tablet three times a day.

Ask your doctor or pharmacist for more information if you have been advised to take a different dose.

If you have taken too much BISOLVON Chesty

Seek medical advice if you have taken more than the recommended or prescribed dose of BISOLVON Chesty. Advice can be provided by a doctor, pharmacist or Poisons Information Centre (telephone 0800 764 766).

While you are taking BISOLVON Chesty

When you take BISOLVON Chesty, you may notice an increase in mucus from your air passages. This is common when you take BISOLVON Chesty and is due to the way BISOLVON Chesty works, helping to remove mucus by making it easier to cough up.

Things you must do

If your symptoms persist, you should contact your doctor for further advice. Your doctor will assess your condition and decide if you should continue to take BISOLVON Chesty or if a new treatment plan is needed.

Stop taking BISOLVON Chesty and contact your doctor immediately if you experience any skin reaction with severe blisters and bleeding in the lips, eyes, mouth, nose or genitals. These may be symptoms of a severe allergic reaction that requires urgent medical attention.

There have been very rare reports of severe skin reactions such as Stevens Johnson Syndrome and Lyell's Syndrome with products containing bromhexine.

Effects on ability to drive or operate machinery

When used as recommended, and when there are no side effects, BISOLVON Chesty is not known to have any effect on the ability to drive or operate machinery.

Side effects

You should be aware that all medicines carry some risks and that all possible risks may not be known at this stage despite thorough testing.

Ask for the advice of your doctor or pharmacist if you have any concerns about the effects of taking BISOLVON Chesty. Side effects from BISOLVON Chesty include:

- nausea
- diarrhoea
- vomiting
- stomach pain
- other mild stomach problems
- headache
- dizziness
- sweating
- temporary rise in some liver enzyme levels

Serious allergic reactions have occurred with the use of BISOLVON Chesty. Symptoms of allergic reactions may include:

- skin rashes, including pinkish, itchy swellings (also called hives)
- difficulty in breathing
- swelling of the face, lips, mouth, tongue or throat which may cause difficulty swallowing or breathing

Tell your doctor or pharmacist as soon as possible if you experience any side effects during or after taking BISOLVON Chesty, so that these may be properly treated. In addition, unexpected effects, not listed above, can occur with any medicine. You should tell your doctor or pharmacist if you notice anything unusual, during or after taking BISOLVON Chesty.

After taking BISOLVON Chesty

Storage

BISOLVON Chesty Tablets should be kept in a cool dry place where the temperature stays below 25°C. Do not store in direct sunlight or heat. For example, do not leave it in the car on hot days.

Keep BISOLVON Chesty where children cannot reach it.

Product Description

What is BISOLVON Chesty

BISOLVON Chesty is the brand name of your medicine. The tablets are round, white and bevel-edged. One side is scored and impressed with '51B' on both sides of the score. The other is impressed with the company logo.

BISOLVON Chesty Tablets are available in blister packs of 50 tablets.

Ingredients

Each BISOLVON Chesty tablet contains bromhexine hydrochloride 8 mg. BISOLVON Chesty Tablets also contain:

- lactose
- maize starch
- magnesium stearate

Manufacturer

BISOLVON Chesty Tablets are made in France.

BISOLVON Chesty Tablets are supplied in New Zealand by:

Boehringer Ingelheim NZ Limited
PO Box 76-216
Manukau City
Auckland
Ph 0800 802461

This leaflet was prepared on 13 August 2010.

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