

MAXICLEAR HAYFEVER & SINUS RELIEF

Phenylephrine hydrochloride 10 mg & Loratadine 2.5 mg tablets

What is in this leaflet

This leaflet answers some common questions about MAXICLEAR HAYFEVER & SINUS RELIEF tablets. It does not contain all the information available on this medicine. It does not replace talking to your pharmacist or doctor. Your doctor or pharmacist will have further information regarding this product. Speak to your doctor or pharmacist if you have any questions before, during and after taking your medicine.

Read all of this leaflet carefully because it contains important information for you.

Keep this leaflet, you may need to read it again. Ask your doctor or pharmacist if you have any concerns about this medicine.

What MAXICLEAR HAYFEVER & SINUS RELIEF tablets are used for

This medicine contains phenylephrine hydrochloride, a decongestant, which acts to relieve a blocked nose. The medicine also contains loratadine, which belongs to a class of medicines known as antihistamines. Antihistamines help reduce allergic symptoms by preventing the effects of a substance called histamine, which is produced by the body.

Maxiclear Hayfever & Sinus Relief tablets are used for the temporary relief of nasal and sinus congestion and symptoms of hayfever such as runny nose, watery and itchy eyes and sneezing.

Your doctor or pharmacist, however, may prescribe MAXICLEAR HAYFEVER & SINUS RELIEF tablets for another purpose. Ask your doctor or pharmacist if you have any questions about why Maxiclear Hayfever & Sinus Relief tablet has been prescribed for you.

There is no evidence that Maxiclear Hayfever & Sinus Relief tablet is addictive.

Before you take your medicine

When you must not take MAXICLEAR HAYFEVER & SINUS RELIEF tablets

- ⚠ If you are allergic to phenylephrine, loratadine or any of the tablet ingredients listed at the end of this leaflet. If you have an allergic reaction, you may get a skin rash, or experience difficulty in breathing or faintness
- ⚠ If you have heart or circulatory problems
- ⚠ If you have high blood pressure
- ⚠ If you have diabetes, glaucoma or an overactive thyroid gland
- ⚠ If you are taking monoamine oxidase inhibitors (for depression), or have taken them within the last 14 days

- ⚠ If you have an intolerance to some sugars, unless your doctor tells you to (this medicine contains lactose)
- ⚠ If you are a man with prostate problems
- ⚠ If you are pregnant or breastfeeding, unless you and your doctor or pharmacist have discussed the risks and benefits involved.

You must tell your doctor or pharmacist if:

- ⚠ you have circulation problems such as Raynaud's Disease (a problem which causes cold hands and feet)
- ⚠ you are allergic to any other medicines, especially other antihistamines
- ⚠ you have liver disease or any other medical conditions.

If you take other medicines

This medicine contains phenylephrine and loratadine. Do not take with any other medicines that contain phenylephrine or loratadine.

Before you take these tablets, make sure that you tell your pharmacist about ANY other medicines you might be using at the same time, particularly the following:

- ⚠ Digoxin (for heart problems)
- ⚠ Medicines for high blood pressure
- ⚠ Tricyclic antidepressants
- ⚠ Other decongestants

If you are unsure about interactions with any other medicines, talk to your pharmacist. This includes medicines prescribed by your doctor and medicine you have bought for yourself, including herbal and homeopathic remedies.

Ability to drive or operate machinery:

Maxiclear Hayfever & Sinus Relief tablets are unlikely to make you drowsy. Make sure you know how you react to Maxiclear Hayfever & Sinus Relief tablets before you drive a car or operate machinery.

If you are drowsy, do not drive a car or work with machinery.

Do not drink alcohol (wine, beer, spirits) whilst taking this medicine.

How to take MAXICLEAR HAYFEVER & SINUS RELIEF tablets

How much to take

Check the foil is not broken before use. If it is, do not take that tablet.

For adults and children over 12 years of age, take 1 tablet 4 times daily.

Swallow the tablet with water.

Do not give to children under 12 years.
Do not take more than the amount recommended above.
If symptoms do not go away talk to your doctor or pharmacist.

If you take too much (overdose)

Immediately telephone New Zealand Poison Centre on 0800-POISON or go to the Accident and Emergency at the nearest hospital, if you think that you or anyone else may have taken too many MAXICLEAR HAYFEVER & SINUS RELIEF tablets. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are taking MAXICLEAR HAYFEVER & SINUS RELIEF tablets

Things to be careful of

Tell all doctors, dentists and pharmacists who are treating you that you are taking MAXICLEAR HAYFEVER & SINUS RELIEF tablets.

Tell your doctor or pharmacist if you become pregnant while you are taking MAXICLEAR HAYFEVER & SINUS RELIEF tablets.

Do not give MAXICLEAR HAYFEVER & SINUS RELIEF tablets to anyone else, even if his or her symptoms seem similar to yours.

Do not use it to treat any other complaints unless your doctor or pharmacist says so.

Side effects

Tell your doctor or pharmacist as soon as possible if you do not feel well while you are using MAXICLEAR HAYFEVER & SINUS RELIEF tablets.

MAXICLEAR HAYFEVER & SINUS RELIEF tablets give temporary relief of nasal and sinus congestion, Hayfever, runny nose, watery and itchy eyes and sneezing, but like other medicines, may cause unwanted side effects in a few people. If any side effects occur, they are most likely to be minor and temporary. However, some may be serious and require medical attention.

If you get any of these serious side effects, stop taking the tablets. See a doctor at once.

- ⚠ Difficulty in breathing, swelling of the face, neck, tongue or throat (severe allergic reactions)

These other side effects are less serious. If they bother you talk to your pharmacist or doctor.

- ⚠ Skin rash
- ⚠ Feeling tired, feeling sick, being sick, headache
- ⚠ Stomach ache
- ⚠ Fast or irregular heartbeat, high blood pressure

⚠ Occasionally, difficulty in passing urine (in men)

If any side effect becomes severe, or you notice any side effect not listed here, please tell your pharmacist or doctor.

After taking MAXICLEAR HAYFEVER & SINUS RELIEF tablets

Storage

Store at or below 30°C.

Store in the original package.

Keep this medicine in a safe place out of the sight and reach of children, preferably in a locked cupboard.

Do not leave your medicine in the car.

Keep your tablets in the blister pack until it is time to take them. If you take your tablets out of the blister pack they will not keep well.

Do not take MAXICLEAR HAYFEVER & SINUS RELIEF after the expiry date. The expiry date of the medicine can be found on the packaging.

Disposal

If your doctor or pharmacist tells you to stop taking MAXICLEAR HAYFEVER & SINUS RELIEF tablets, ask your pharmacist what to do with any medicine left over.

Product description

What it looks like

MAXICLEAR HAYFEVER & SINUS RELIEF tablets are light yellow coloured, round, flat bevel-edged uncoated tablets plain on both sides.

Ingredients

Each tablet contains phenylephrine hydrochloride 10 mg & loratadine 2.5 mg.

Each tablet also contains Lactose monohydrate, Magnesium stearate, Maize starch, Pregelatinized starch, Purified talc, Colour lake quinoline yellow CI 47005

Sponsor

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