

GLYTRIN Sublingual Spray

Each dose contains 400 micrograms Glyceryl Trinitrate **CFC Free**

What is in this leaflet?

Please read this carefully before you start to use your medicine. It answers some common questions about Glytrin.

Keep the leaflet with the medicine.

You may need to read it again.

This leaflet only applies to Glytrin.

What the GLYTRIN Spray is used for and how it works

Your medicine is called Glytrin. The active ingredient is glyceryl trinitrate. Glyceryl trinitrate is one of a group of medicines called nitrates which relax the muscle walls of the blood vessels and reduce the workload of the heart.

You may use Glytrin to relieve the pain of an angina attack once it has started, or to prevent it starting by using immediately before events which may set off your angina, for instance physical effort, emotional stress or exposure to cold.

Advice before using Glytrin

Make sure it is safe for you to use Glytrin. Read the following questions carefully.

- Have you previously had an allergic reaction to nitrates or any other ingredient such as peppermint oil? (An allergic reaction may include rash, itching, swelling or breathing difficulties).
- Are you pregnant or intend to become pregnant?
- Are you currently breast-feeding?
- Do you have a very low blood pressure or heart rate, severe anaemia (low levels of red blood cells), abnormality of the heart valves or heart muscle, head injury, bleeding from the brain or fluid on the lungs?
- Are you taking any other medicine, particularly heart, blood pressure, water tablets or medicines for male erectile dysfunction?

If you answer YES to any of the above questions or are not sure, do not start treatment. Talk to your doctor or pharmacist first.

If medicines for male erectile dysfunction are used by patients taking nitrate preparations such as Glytrin, a severe and possibly dangerous fall in blood pressure can occur. This would result in collapse, unconsciousness and could be fatal. You should NOT take medicines for male erectile dysfunction whilst on Glytrin.

How to use Glytrin properly

Use your medicine as instructed by your doctor or pharmacist.

If possible, it is recommended that you sit down to use your medicine.

Remove the cap. Hold the canister upright with the forefinger on top of the white button. There is no need to shake the canister.

Open your mouth and bring the Glytrin nozzle as close as possible, aiming it under the tongue.

Press the button firmly, directing the spray UNDER THE TONGUE while holding your breath. Keep the button held down until all the dose has been released. Close your mouth immediately but **do not inhale** the spray.

If necessary, repeat for a second time following the steps above.

No more than two doses are recommended at one time.

Always replace the cap after use.

If you use Glytrin during an attack, sit down and rest until the pain disappears.

Make sure you have Glytrin with you at all times. Make sure you get a new one before the old one runs out. Ideally, keep a spare handy.

This medicine is for you. Never give it to others. It may harm them, even if their symptoms are the same as yours.

Side effects

Glytrin may occasionally cause headache, facial flushing, faintness, abnormal heart rate, dizziness and nausea. Rarely an allergic skin rash or fainting may occur.

These symptoms may be worse if you have been drinking alcohol or are taking prescribed medicine for high blood pressure.

Glytrin may also cause some allergic skin reactions (such as rash, itching and swelling), burning sensation, stinging sensation in the mouth and tongue blistering.

Tongue oedema or swelling may occur as a symptom of hypersensitivity.

Consult your doctor if the effects persist or are bothersome. Other side effects that are not listed above may also occur in some patients. If you notice any other side effects, check with your doctor or pharmacist.

Storage conditions

Store below 25°C. Keep Glytrin away from frost and direct sources of heat including sunlight.

Keep Glytrin out of the reach of children.

Do not keep/use this medicine when no longer needed or after its expiry date. Do not attempt to puncture or burn the canister, even if it appears empty.

List of other ingredients

Besides glyceryl trinitrate, Glytrin also contains the inactive ingredients: peppermint oil, ethanol and 1,1,1,2-tetrafluoroethane.

If you want to know more

If you are concerned about any aspect of your treatment with Glytrin, talk to your doctor or pharmacist.

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