

SCOPOLAMINE TRANSDERMAL SYSTEM

1. Product Name

Scopolamine Transdermal System, 1.45 mg, transdermal patch.

2. Qualitative and Quantitative Composition

Each transdermal patch contains 1.45 mg of scopolamine base (Hyoscine).

Each transdermal patch releases approximately 1 mg of scopolamine over 3 days.

3. Pharmaceutical Form

A round opaque transdermal system (TDS) with a peach-coloured backing printed with "Scopolamine 1 mg/3 days" in brown ink on an oversized removable release liner and with a clear overlay. The TDS is contained in a square pouch with printed paper on both sides. The pouch is labelled with the lot number and expiration date.

4. Clinical Particulars

4.1 *Therapeutic indications*

Scopolamine Transdermal System is indicated to prevent symptoms of motion sickness, such as nausea, vomiting and vertigo.

4.2 *Dose and method of administration*

Dose

To obtain an optimum protective effect, a single scopolamine transdermal patch should be applied about 5 – 6 hours before embarking on a journey (or on the evening before the journey) to a clean, dry, hairless area of skin behind the ear. Application of one scopolamine transdermal patch is sufficient to ensure protection over a period of 72 hours; but if the patch is only needed for a shorter time, it should be removed at the end of the journey.

Should more prolonged protection be required, the scopolamine transdermal patch must be removed after 72 hours and a fresh patch applied behind the other ear.

If the scopolamine transdermal patch becomes accidentally detached, it should be replaced by a fresh patch if ongoing treatment is needed.

To prevent traces of active substance from entering the eyes the patient should always wash the hands after contact with the patch and wash the site of application after its removal (see section 4.4).

Special populations

Elderly

Scopolamine should be used with caution in the elderly (see section 4.4).

Hepatic and renal impairment

Scopolamine should be used with caution in patients with impaired hepatic or renal function (see section 4.4).

Paediatric

Scopolamine can be used in children aged 10 years or above. Safety in children under 10 years has not been established and its use is not recommended.

Method of application

Select a hairless area of skin behind one of your ears. Avoid areas on your skin that may have cuts, pain or tenderness and wipe the area of your skin with a clean, dry tissue. Apply the adhesive surface of scopolamine TDS firmly to the dry area of skin behind your ear. Wear only one scopolamine TDS at any time.

4.3 Contraindications

Scopolamine is contraindicated in patients with hypersensitivity to scopolamine, or to any of the excipients listed in section 6.1; and in patients with glaucoma.

4.4 Special warnings and precautions for use

General

Scopolamine has anticholinergic effects (see section 5.1). Idiosyncratic reactions may occur with ordinary therapeutic doses.

Side effects may persist for 24 hours or longer after the patch has been removed (see section 5.2).

Do not apply more than one patch at a time.

Elderly

The elderly may be at increased risk of adverse reactions due to the anticholinergic effects of scopolamine (see section 4.8). Scopolamine should be used with caution in elderly patients.

Hepatic and renal impairment

Scopolamine should be used with caution in patients with metabolic disorders or with impaired hepatic or renal function as its use has not been studied in these populations.

Neuropsychiatric effects

Cases of confusion and/or visual hallucinations have occurred due to the anticholinergic effects of scopolamine. If this occurs, scopolamine transdermal patch should be removed immediately. If symptoms persist despite removal of the patch appropriate therapeutic measures should be taken. In severe cases, administration of physostigmine should be considered, e.g. 1 - 4mg (in children 0.5mg), by slow intravenous injection to be repeated if necessary.

Gastrointestinal and urinary disorders

Scopolamine can decrease gastrointestinal motility and cause urinary retention due to its anticholinergic effects. Scopolamine should be used with caution in patients with pyloric stenosis, intestinal obstruction, or urinary obstruction (e.g. in diseases of the prostate).

Raised intraocular pressure

Scopolamine can increase intra-ocular pressure due to its anticholinergic effects. In patients with suspected raised intra-ocular pressure (e.g. pressure pain, blurred vision, glaucomatous halo), scopolamine should only be used after an ophthalmological examination rules this out (see section 4.3).

Seizures

An increase in seizure frequency in epileptic patients has been reported. Scopolamine should be used with caution in patients with a history of seizures.

Blurred vision

After applying, removing, or handling the scopolamine transdermal patch, the hands (and application site if patch is removed) should be thoroughly washed. This is to prevent traces of active substance from entering the eyes, which might lead to temporary blurring of vision and dilatation of the pupils (sometimes in one eye only).

Medical scans

Due to presence of aluminium in one of the layers of the patch, it should be removed before medical scans.

4.5 Interaction with other medicines and other forms of interaction

Scopolamine should be employed with caution in patients taking drugs which act on the central nervous system. This applies particularly to patients under treatment with drugs displaying anticholinergic activity, e.g. belladonna alkaloids, antihistamines, tricyclic antidepressants (such as amitriptyline and imipramine), amantadine, quinidine.

Patients should refrain from consuming alcohol during use of scopolamine.

4.6 Fertility, pregnancy and lactation

Pregnancy

There are no controlled studies on the potential effects of scopolamine in pregnant women. Non-clinical studies in mice and rats have revealed no adverse reproductive or development effects at doses comparable to the recommended clinical dose (see section 5.3).

Scopolamine readily crosses the placenta. Pregnant patients should talk to a healthcare professional before using scopolamine. Scopolamine should only be used during pregnancy if the expected benefits to the mother outweigh the potential risks to the foetus.

Breastfeeding

There are no controlled studies on the potential effects of scopolamine in lactating women. Scopolamine is excreted in human milk in traces amounts. Breastfeeding patients should talk to a healthcare professional before using scopolamine.

Fertility

There are no controlled studies on the potential effects of scopolamine on human fertility. Non-clinical studies in female rats revealed no evidence of impaired fertility (see section 5.3).

4.7 Effects on ability to drive and use machines

Scopolamine can cause drowsiness or visual impairment, and in rare cases can also give rise to other side effects (see section 4.8), which may adversely affect the patient's reactions.

Patients should therefore be warned of this possibility and cautioned against engaging in activities that require mental alertness, such as driving a vehicle or operating machinery.

4.8 Undesirable effects

Adverse reactions are listed below by system organ class and frequency. Frequencies are defined as: very common ($\geq 1/10$); common ($\geq 1/100$ to $< 1/10$); uncommon ($\geq 1/1,000$ to $< 1/100$); rare ($\geq 1/10,000$ to $< 1/1,000$); very rare ($< 1/10,000$), or not known (cannot to be

estimated from available data). Within each frequency grouping, adverse reactions are presented in order of decreasing seriousness.

Table 1 List of Adverse Reactions		
MedDRA SOC	Adverse Reaction	Frequency
Psychiatric disorders	Disorientation, confusion and hallucinations	Rare
Nervous system disorders	Somnolence, dizziness	Very common
	Memory impairment, disturbance in attention, restlessness.	Rare
	Agitation	Not known
	Coordination Abnormalities	Not known
	Headache	Not known
Eye disorders	Disturbances of visual accommodation (cycloplegia) including blurred vision, and mydriasis (sometimes unilateral).	Very common
	Angle closure glaucoma	Very rare
Gastrointestinal disorders	Dryness of the mouth	Very common
Skin and subcutaneous tissue disorders	Skin irritation	Common
	Rash generalized	Very rare
	Application site reactions including rash, pruritus, erythema and burning	Not known
Renal and urinary disorders	Urinary retention	Rare

Adverse effects after withdrawal of scopolamine transdermal patch

After discontinuation of treatment, in rare cases usually after several days of use, symptoms such as dizziness, nausea, vomiting, headache, and disturbances of balance have been reported.

Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of the medicine is important. It allows continued monitoring of the benefit/risk balance of the medicine. Healthcare professionals are asked to report any suspected adverse reactions <https://pophealth.my.site.com/carmreportnz/s/>.

4.9 Overdose

Symptoms

Scopolamine overdose can result in anticholinergic toxicity. Signs and symptoms of overdose can include dry flushed skin, dry mouth, visual disturbance, tachycardia, supraventricular arrhythmias, decreased bowel sounds, urinary retention, hypertension, hyperthermia, lethargy, somnolence, agitation, confusion, and hallucinations. At very high doses seizures, coma, respiratory depression, and circulatory collapse can occur.

Treatment

Remove all patches immediately, as some overdose symptoms may persist for 24 hours or longer even after patch removal.

The most effective antidote is physostigmine, which, depending on the severity of the poisoning, should be injected slowly IV in doses of 1 - 4mg (0.5mg in children). Since physostigmine is rapidly metabolized, symptoms may recur within 1 - 2 hours, and repeated injections may be needed.

Diazepam may be used to manage excitation states and convulsions, but large doses should be avoided in view of the possibility of worsening respiratory depression. In severe cases artificial

respiration may be necessary. In the event of hyperthermia, urgent action should be taken to dissipate heat (cold baths). Other appropriate supportive measures should be used as required.

For further advice on management of overdose please contact the National Poisons Information Centre (0800 POISON or 0800 764 766).

5. Pharmacological Properties

5.1 *Pharmacodynamic properties*

Pharmacotherapeutic group: Antiemetics and antinauseants, ATC code: A04AD01

Mechanism of action

It has been suggested that the ability of scopolamine to prevent nausea and vomiting due to motion sickness may be related to inhibition of cholinergic impulse conduction from the vestibular nucleus to the higher centres of the central nervous system, as well as from the reticular formation to the vomiting centre.

Scopolamine is a naturally occurring belladonna alkaloid, the pharmacological properties of which are well known. As a parasympatholytic agent it competitively antagonises acetylcholine (or other direct parasympathomimetics) at the muscarinic receptor. This means that its effect can be abolished by high doses of a parasympathomimetic agent. The effect of scopolamine depends on the sensitivity of the target organs and on the size of the dose employed. In therapeutic doses scopolamine depresses motor function, causes drowsiness, inhibits the secretion of saliva and sweat, and dilates the pupils.

5.2 *Pharmacokinetic properties*

Absorption

Following application of the scopolamine transdermal patch, equilibrium between the quantity of active substance absorbed and eliminated is reached after about 6 hours. The transdermal therapeutic system produces steady plasma concentrations of scopolamine in the range of 0.17 – 0.33nmol/litre. Provided the system is not removed, the equilibrium is maintained for 72 hours.

Distribution

Little data about the distribution of scopolamine is available; however, the drug distributes well and reaches the central nervous system. Scopolamine seems to be bound to plasma proteins in a reversible manner.

Biotransformation

The metabolism of scopolamine has not been fully characterized. The drug appears to be metabolized in the liver (glucuronide or sulfate conjugation).

Elimination

After removal of the scopolamine transdermal patch, the quantity of active substance in the body diminishes slowly within the following 24 hours to approx. one-third, because scopolamine still present in the skin continues to enter the bloodstream.

Excretion

Scopolamine is excreted in urine. The urinary excretion rate of free and total (free plus conjugated) scopolamine was about 0.7 and 3.8 micrograms/hour, respectively after the application of a single transdermal scopolamine patch. Less than 10% of the total dose is excreted in urine as unchanged drug and its metabolites over 108 hours.

Half life

Following a single application of two scopolamine transdermal patches, the average elimination half-life of the drug (free scopolamine) was 9.5 hours.

5.3 Preclinical safety data

Non-clinical information

Non-clinical safety data for scopolamine have not revealed findings which are of relevance to the recommended dosage and use of the product.

Fertility

Fertility studies performed in female rats revealed no evidence of impaired fertility following daily subcutaneous administration of scopolamine hydrobromide. Body weights were reduced in females of the highest dose-group. Plasma levels in females of this group were approximately 500-fold greater than the level achieved in humans using scopolamine transdermal patch.

Reproductive and development toxicity

A marginal embryotoxic effect was seen in rabbits with scopolamine hydrobromide administered by daily intravenous injection at doses that were approximately 100 times the level achieved with TDS. No adverse effects were recorded in reprotoxicity studies following IV administration in rats.

In a prenatal developmental toxicity study, scopolamine hydrobromide trihydrate was administered to mice on days 6 through 15 of gestation at doses of 0, 10, 100, 450 and 900mg/kg/day (0.8, 8, 36, or 72mg/kg/day human equivalent dose; 77-, 777-, 3495-, or 6990-fold greater than the highest clinical dose). Caesarean sections were performed on gestation day 17. Treatment up to 900mg/kg/day (72mg/kg/day human equivalent dose; 6990-fold greater than the highest clinical dose) had no adverse effect on prenatal viability and produced no evidence of teratogenesis. A marginal reduction in foetal body weight was observed at doses of 450 and 900mg/kg/day (36, or 72mg/kg/day human equivalent dose; 3495-, or 6990-fold greater than the highest clinical dose) which also caused marginal maternal toxicity. Under the conditions of this study, the no observed adverse effect level (NOAEL) was 100mg/kg/day (8mg/kg/day human equivalent dose; 777-fold greater than the highest clinical dose) for both maternal and foetal toxicity.

In another prenatal developmental toxicity study, scopolamine hydrobromide trihydrate was administered to CD rats on days 6 through 15 of gestation at doses of 0, 10, 100, 450 and 900 mg/kg/day (1.6, 16, 72, or 144mg/kg/day human equivalent dose; 155-, 1553, 6990-, or 13980-fold greater than the highest clinical dose). A marginal reduction in foetal body weight was noted at doses of 100mg/kg/day (16mg/kg/day human equivalent dose; 1553-fold greater than the highest clinical dose) and greater. There was a significant increase in the incidence of short ribs at doses of 450mg/kg/day (72mg/kg/day human equivalent dose; 6990-fold greater than the highest clinical dose) and greater. These effects were accompanied by a significant dose-related maternal toxicity. Marginal evidence of intrauterine growth retardation and a non-dose-related trend toward an increase in the incidence of malformations was observed only at doses that caused significant maternal toxicity.

Under the conditions of this study, the NOAEL was 10mg/kg/day (1.6mg/kg/day human equivalent dose; 155-fold greater than the highest clinical dose) for both maternal and foetal toxicity.

6. Pharmaceutical Particulars

6.1 *List of excipients*

Scopolamine Transdermal System transdermal patch also contains:

- polyethylene/polyester film
- polypropylene
- povidone
- silicone adhesive
- brown imprinting ink

6.2 *Incompatibilities*

Not applicable.

6.3 *Shelf life*

24 months.

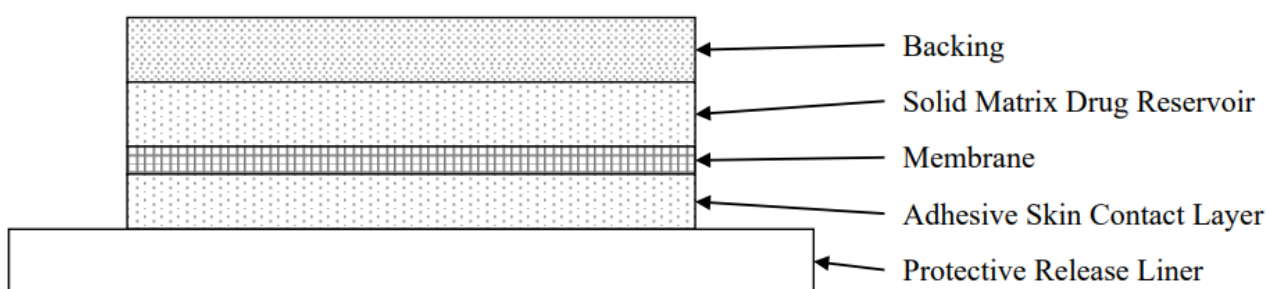
6.4 *Special precautions for storage*

Store at 25°C.

6.5 *Nature and contents of container*

Scopolamine Transdermal System are supplied in packs of 2, 4 or 10 pouches.

Proceeding from the visible surface towards the surface attached to the skin, there are four consecutive layers: (1) a backing layer of pigmented polyethylene/polyester film printed with "Scopolamine 1 mg/3 days" in brown ink; (2) a solid matrix drug reservoir of scopolamine base (hyoscine), povidone, and silicone adhesive; (3) a micro-porous polypropylene membrane; (4) an adhesive skin contact layer of silicone adhesive, scopolamine base (hyoscine) and povidone.



Not to scale

Not all pack sizes are marketed.

6.6 *Special precautions for disposal*

After removing Scopolamine Transdermal System, be sure to wash hands and the area behind ear thoroughly with soap and water. Fold the used Scopolamine Transdermal System in half with the sticky side together and dispose it in household trash out of reach of children, pets or others.

7. Medicines Schedule

Pharmacy Only Medicine.

8. Sponsor Details

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9. Date of First Approval

04 April 2024

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Summary table of changes

Section	Summary of new information
All	New data sheet.